Spring and Summer 2024

# SoWashCo

## COMMUNITY EDUCATION

AFTON | COTTAGE GROVE | DENMARK | GREY CLOUD ISLAND | NEWPORT | ST. PAUL PARK | WOODBURY

Woodbury MAGAZINE WINNER BEST OF '23

**REGISTER ONLINE**
FOR ADULT & YOUTH CLASSES
SOWASHCO.CE.ELEYO.COM

Visit commed.sowashco.org

**Plan Your Summer!**
View Summer classes for youth starting on page 25.

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## Contact Us


**General Community Education** 651-425-6600
District Program Center
8400 E. Point Douglas Rd. S, Cottage Grove, MN 55016
Email: CommunityEducation@sowashco.org
Website: commed.sowashco.org


# generations CAFE

## Check out what's brewing.

**Coffee | Tea | Soup**
**Espresso | Baked Goods**

District Program Center
8400 E. Point Douglas Rd. S
Cottage Grove, MN 55016
651-425-6650

**HOURS**

Monday-Friday | 8 a.m.-1:30 p.m.
*Friday hours may vary.*

**commed.sowashco.org/gencafe**

*A Great Rivers Adult Education Consortium initiative, providing essential job training for adult English language learners.*

**Scan to view the full menu or order online.**

## Advertise with Us!

The Community Education catalog is mailed three times a year to over 50,000 households and businesses in Afton, Cottage Grove, Denmark, Grey Cloud Island, Newport, St. Paul Park and Woodbury.

**Contact us:** CommunityEducation@sowashco.org

**More information:**
commed.sowashco.org/catalogs

**FALL 2024**
**Reserve your ad space by June 7!**

**Ask About Reduced Rates for Non-Profits**

**Full Page $950 | Half Page $600 | Quarter Page $350**

*SoWashCo Community Education reserves the right to refuse any advertisement for any reason, including similar programming and/or services as SoWashCo Community Education.*

**Media Consent:** *Media taken within SoWashCo Community Education classes, programs, events and activities, including activities sponsored or in partnership with SoWashCo Community Education, may be included in district publications. Media includes, but is not limited to, interviews, photos and videos. Please notify our office at 651-425-6600 if you wish to opt-out.*

# ADULTS 50+ ACTIVITIES

SoWashCo Community Education offers programming designed to meet the social, educational, health and human service needs of people age 50 and over.

**Memberships are available** for just $15 per year which includes a variety of 50+ programming.

"My doctor said to me, 'If you go to the Senior Center, it will change your life.' And it did. Best thing I ever did!"-Marlys

**Become a Member**
$15 per year

## Weekly games include:

- **500 Cards**
- **BINGO**
- **Bunco**
- **Farkle**
- **Mah Jongg**
- **Dominoes**
- **Hand and Foot**
- **Cribbage**
- **Chess**

## Questions

Call 651-425-6650 or visit commed.sowashco.org/seniors

**Monthly calendars** are available at the District Program Centerin Cottage Grove.

## Adult 50+ Monthly Potluck Sign Up

Please sign up and let us know what you are bringing.

| | | | |
|---|---|---|---|
| **SA10551** | DPC | 12-1 p.m. | 2nd Wed |

## Landmark Tours Travel Show

Are you dreaming of adventure?! Discover exciting overseas and U.S. travel opportunities from Landmark Tours.

| | | | |
|---|---|---|---|
| **SA30821** | DPC | 3:15-4:15 p.m. | Wed, Apr. 17 |

## Arthritis Foundation Exercise Program (AFEP)

The program features range-of-motion and endurance-building activities and relaxation techniques.

| | | | |
|---|---|---|---|
| **SA10221** | DPC | 3:30-4:15 p.m. | Tue/Thu |

## SAIL Fitness-Stay Active and Independent for Life

Maintain your independence and reduce the risk of falling with exercises to improve your strength, balance and fitness.

| | | | |
|---|---|---|---|
| **SA10261** | The Grove Church | 3:30-4:15 p.m. | Mon/Wed |

## Social Clubs and Support Groups

***Open Craft Time***

| | | | |
|---|---|---|---|
| **SA10751** | DPC | 9:30 a.m.-12 p.m. | Tue |

***Book Club Discussion***

| | | | |
|---|---|---|---|
| **SA10121** | DPC | 1-2:30 p.m. | 2nd Tue |

***Men's Group-Coffee and Conversation***

| | | | |
|---|---|---|---|
| **SA10301** | DPC | 10:30-11:30 a.m. | Thu |

***Caregiver Support Group***

| | | | |
|---|---|---|---|
| **SA20741** | DPC | 12:30-1:45 p.m. | 2nd Thu |

***Diabetes Support Group***

| | | | |
|---|---|---|---|
| **SA10141** | DPC | 6:30-8 p.m. | 3rd Tue |

***Grief Support Group***

| | | | |
|---|---|---|---|
| **SA10041** | KOK Funeral Home | 6:30-8 p.m. | 3rd Mon |

***Lighten Up (Weight Loss) Group***

| | | | |
|---|---|---|---|
| **SA10101** | DPC | 8:30-9:30 a.m. | Tue |

## 4-hour Driver Discount Refresher Class *Age 55+*

*Taught by the MN Highway and Safety Research Center*

To register, call 1-888-234-1294. Adults age 55 and older who complete this course may qualify for a 10% discount on their auto insurance premiums for three years.

*First time participants must complete an initial eight hour training.*

1 session in Cottage Grove (Location TBD) • $24

Tuesday, Apr. 23 ..... 1-5 p.m.
Thursday, May 23 ..... 4-8 p.m.
Wednesday, June 12 ..... 1-5 p.m.
Tuesday, July 23 ..... 1-5 p.m.
Tuesday, Aug. 27 ..... 1-5 p.m.

## Foot Care

To schedule an appointment, call 651-425-6650. The cost is $26 for a 40-minute appointment.

**Pickleball** lessons and drop in and play on page 9.

**Add some local color and adventure to your life.** Visit our website for a list of our upcoming **trips and tours** at commed.sowashco.org/seniors

# COOK

## Easy Ethiopian/Eritrean Cooking *Age 15+*

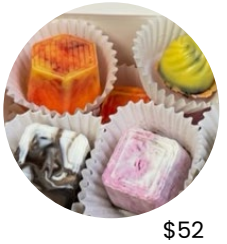
*Instructor: Mimi Selam Asfaha*

Learn to cook light, healthy and flavorful Ethiopian/Eritrean food, ranging from very spicy to very mild. Discover exotic spices paired with vegetables, beans and lentils or different types of meat.

| | | | |
|---|---|---|---|
| **AD38881** | DPC | 1 session | $65 |
| 6:30-8:30 p.m. | Mon | Apr. 1 | |

## Amazing Truffles *Age 15+*

*Instructor: Diana Hirte*



Make beautiful truffles using chocolate and aged-balsamic vinegars flavored with raspberry, strawberry, blackberry and black cherry. Take home 24 truffles to enjoy or gift to someone special.

| | | | |
|---|---|---|---|
| **AD38251** | DPC | 1 session | $52 |
| 6:30-8:30 p.m. | Mon | Apr. 8 | |

## Date Night Crepes: The "Do Ahead Wrap" *Age 15+*

*Instructor: Laurel Severson*

Learn to prepare this easy, impressive do-ahead dish. Our menu will include Chicken Divan, Cheese Blintzes with apricot sauce and Mushroom Crepes with sherry sauce. For dessert we'll make Orange Crepe Suzette, Italian and Sicilian Cannoli, Flaming Crepes and more.

| | | | |
|---|---|---|---|
| **AD38241** | DPC | 1 session | $39 |
| 6-9 p.m. | Mon | Apr. 15 | |

## Adult/Child Cooking Classes *Age 5+*

*Instructor: Mimi Selam Asfaha*

Spend quality time together in these hands-on cooking classes. Chef Mimi will guide you and one partner (age 5-15) in creating these delicious dishes.

*Fee is for one adult and one child.*

### *Homemade Egg Rolls & Samosas*

| | | | |
|---|---|---|---|
| **AD48821** | ERHS | 1 session | $65 |
| 6:30-8:30 p.m. | Thu | June 27 | |

### *Handmade Pasta with Red and Cream Sauces*

| | | | |
|---|---|---|---|
| **AD48911** | ERHS | 1 session | $65 |
| 6:30-8:30 p.m. | Thu | July 11 | |

### *Chicken Pad Thai*

| | | | |
|---|---|---|---|
| **AD48821** | ERHS | 1 session | $65 |
| 6:30-8:30 p.m. | Thu | Aug. 29 | |

## Savor, Stroll and Experience Hudson on a Guided Food and Walking Tour *Age 18+*

*Instructor: Katie Elwood, Hudson Food Tour*

Learn about Hudson's rich history, stroll along the banks of the scenic St. Croix River and make stops at six popular downtown destinations to get a taste of American and Latin-inspired dishes, craft beer and cocktails, as well as stunning desserts and handmade chocolates.

*For a list of destinations and where to meet, visit sowashco.ce.eleyo.com.*

| | | | |
|---|---|---|---|
| **AD39021** | Hudson, WI | 1 session | $55 |
| 1:30-4:30 p.m. | Thu | Apr. 25 | |
| **AD39022** | Hudson, WI | 1 session | $55 |
| 1:30-4:30 p.m. | Thu | May 16 | |
| **AD49022** | Hudson, WI | 1 session | $55 |
| 1:30-4:30 p.m. | Fri | June 14 | |

## Quiches-Light Fare for the Sunny Seasons *Age 15+*

*Instructor: Jan Zita Grover*

Join Jan for the basics of quiche making. Bake and bring home a quiche with fresh herbs, asparagus, cheese and other springtime delights. If you have a quiche pan, bring it!

| | | | |
|---|---|---|---|
| **AD38611** | ERHS | 1 session | $49 |
| 6-9 p.m. | Thu | Apr. 18 | |

## Pad Thai *Age 15+* *Instructor: Mimi Selam Asfaha*

Indulge yourself in this popular Chicken Pad Thai cooking class. You'll get hands-on experience as Chef Mimi guides you step-by-step in recreating this classic dish.

| | | | |
|---|---|---|---|
| **AD38901** | ERHS | 1 session | $65 |
| 6:30-8:30 p.m. | Thu | May 23 | |

## Fun and Fancy Cupcakes *Age 15+*

*Instructor: Diana Hirte*

Learn basic decorating skills to make beautiful cupcakes including Hydrangeas and Roses. We'll experiement with fancy flower tips too. Take home 12 boxed decorated cupcakes.

*Supply fee of $12 payable to instructor at class.*

| | | | |
|---|---|---|---|
| **AD42131** | ERHS | 1 session | $39 |
| 6-8 p.m. | Mon | July 15 | |

"Mimi was amazing. Love her restaurant experience."

-Anne

Mimi's Pad Thai class

# CREATE

## Photo Organization-Print and Digital *Age 15+*
*Instructor: Kathy Povolny*

Find any photo in seconds! Learn to organize, preserve and repair photos, slides, movies and memorabilia using scanners, cloud storage, photo book software and more.

| | | | |
|---|---|---|---|
| **AD36401** | LMS | 1 session | $19 |
| 6:30-8:30 p.m. | Wed | Apr. 3 | |

## Alcohol Ink Silk Scarves *Age 15+*
*Instructor: Terese M Oleson*

Craft three unique, vibrantly colored scarves using alcohol inks. Perfect for Mother's Day or to treat yourself.

| | | | |
|---|---|---|---|
| **AD35191** | LMS | 1 session | $39 |
| 6:30-8:30 p.m. | Wed | Apr. 3 | |

## Acrylic Pouring *Age 15+*
*Instructor: Lisa Van Wyk*

Discover the world of acrylic pouring! Using fluid acrylics and pouring medium, produce beautiful abstract artwork.

### *Up North*
Choose between a 12" wooden cut-out of a Minnesota outline, bear or fish design.

| | | | |
|---|---|---|---|
| **AD33552** | LMS | 1 session | $49 |
| 7-8:30 p.m. | Wed | Apr. 3 | |

### *Beach Wave*
Create ocean inspired art on two 8" x 8" canvases.

| | | | |
|---|---|---|---|
| **AD33551** | DPC | 1 session | $49 |
| 7-8:30 p.m. | Mon | May 20 | |

## Home Landscape Design *Age 15+*
*Instructor: Master Gardeners Doreen Gow and Lynn Vernon*

Develop an overall design that can be implemented in stages or all at once. Learn about basic landscape design principles and methods for working through constraints, needs and wants.

| | | | |
|---|---|---|---|
| **AD37281** | ERHS | 1 sessions | $35/person |
| 6:30-9 p.m. | Thu | Apr. 18-25 | $55/couple |

## Potter's Wheel-Open Studio for All Levels *Age 15+*
*Instructor: Crysta Bedard*

Open studio for past and new students with throwing demos and one-on-one instructor assistance. Tools, clay and glazes included.

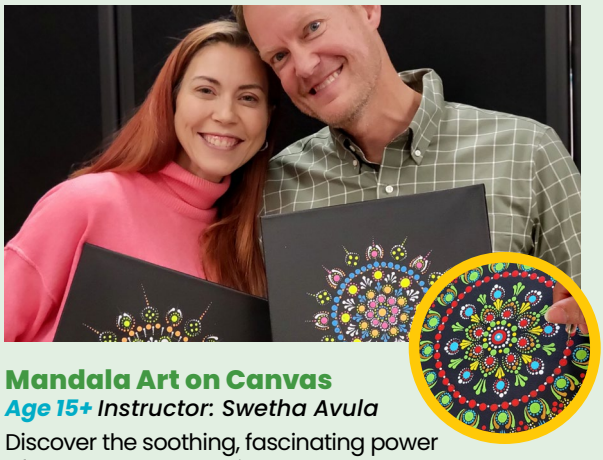
*The last class will be from 5:30-9 p.m. to complete your projects.*

| | | | |
|---|---|---|---|
| **AD33312** | PHS | 6 sessions | $149 |
| 6-8:30 p.m. | Tue | Apr. 23-May 28 | |
| **AD33323** | WHS | 4 sessions | $99 |
| 6-8:30 p.m. | Mon | Apr. 29-May 20 | |
| **AD43311** | PHS | 6 sessions | $149 |
| 6-8:30 p.m. | Tue | June 4-July 9 | |

## Henna Workshop *Age 15+* *Instructor: Swetha Avula*

Discover the rich culture of henna, a temporary body art created with dye prepared from henna leaves. Learn and practice the basics of henna tattoos.

| | | | |
|---|---|---|---|
| **AD33691** | DPC | 1 session | $39 |
| 6-8 p.m. | Mon | May 13 | |



## Mandala Art on Canvas
*Age 15+ Instructor: Swetha Avula*

Discover the soothing, fascinating power of Mandala art. You'll instantly relax as you create a vibrant and colorful design on a 12" x 12" canvas.

| | | | |
|---|---|---|---|
| **AD35211** | LMS | 1 session | $39 |
| 5:30-7:30 p.m. | Wed | June 5 | |

## Improve Your Everyday Photos of People and Pets -For DSLR Users *Age 15+* *Instructor: Kent Johnson*

Learn to master the art of portrait photography. Capture classic portraits or candid moments. Covers camera settings, lighting and composition.

*DSLR cameras only. Please bring your camera manual and fully charged battery.*

| | | | |
|---|---|---|---|
| **AD36371** | ERHS | 3 sessions | $59 |
| 5:45-7:45 p.m. | Tue | Apr. 23-May 7 | |

## Fused Glass Garden Stake
*Adult and Child Age 10+*
*Instructor: Theresa Charpentier*

Work together as you design your own garden stakes! Each adult and child will select and hand cut special glass, then design two stakes for use in a garden or a potted plant.

*The stakes will be fused in a high-temperature kiln at the artist's studio and be available for pick up at a later date.*

| | | | |
|---|---|---|---|
| **AD35121** | ERHS | 1 session | $55/pair |
| 3:30-5:30 p.m. | Thu | Apr. 18 | |

## Fused Glass *Age 15+*
*Instructor: Theresa Charpentier*

Have fun with your friends and learn how to make your own fused glass works of art! Select and hand cut special glass, then get designing.

*Projects will be fused in a high-temperature kiln at the artist's studio and be available for pick up at a later date.*

### *Large Bowl or Plate (8" x 8")*

| | | | |
|---|---|---|---|
| **AD35141** | ERHS | 1 session | $79 |
| 6:30-8:30 p.m. | Thu | May 23 | |

### *Pendant and Earrings*

| | | | |
|---|---|---|---|
| **AD35131** | LMS | 1 session | $49 |
| 6-7:30 p.m. | Wed | June 5 | |

**CREATE CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# FEEL GREAT

### Tackling Stress So You Can Be the Best Dad You Can Be *Age 15+*

*Instructor: Steve Anderson*

Learn three strategies based on neuroscience to control stress. Leave with a specific plan that fits your life to reduce the negative effects of stress and build resilience to tackle the challenges we face as dads.

| | | | |
|---|---|---|---|
| **AD37941** | LMS | 1 session | $20 |
| 7-8:30 p.m. | Wed | Apr. 3 | |

### National Diabetes Prevention Program (National DPP) *Age 18+* *Instructor: Jena J Radan*

The Diabetes Prevention Program is a lifestyle change program, created by the CDC and proven to help reduce your risk of developing Type 2 Diabetes.

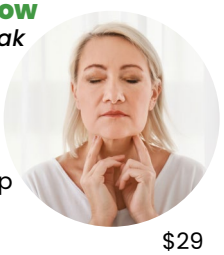
An information session will be held from 4:45-5:45 p.m., Wednesday, March 20. Please visit the website to register.

**The National DPP is a covered benefit under Medicare and Medicaid. There is a $100 program fee for participation if your insurance does not provide coverage. You must register to hold your spot.*

| | | | |
|---|---|---|---|
| **AD34151** | DPC | 24 sessions | $100* |
| 4:45-5:45 p.m. | Wed | Apr. 3-May 21 | |

### Thyroid-Things You Need to Know

ONLINE *Age 15+* *Instructor: Janice Novak*



Discover how thyroid function can make illness worse; the 5 things that need to be measured, but usually aren't; why the #1 thyroid replacement may not be helping you; foods that help or hinder; and much more.

| | | | |
|---|---|---|---|
| **OL34811** | Online | 1 session | $29 |
| 6-7:30 p.m. | Tue | May 7 | |

### Group Hypnosis *Instructor: Mary Fischer*

Beat cravings, overeating and snacking with hypnosis. Receive a reinforcement CD and a lifetime guarantee for free future seminars. 15-minute check-in, 1-hour introduction, 45-minute Weight Loss/Control hypnosis session and 45-minutes Stop Smoking/Chewing hypnosis session.

***Stop Smoking/Stop Chewing***

| | | | |
|---|---|---|---|
| **AD34531** | LMS | 1 session | $59 |
| 5:45-8:45 p.m. | Wed | May 15 | |

***Weight Loss/Weight Control***

| | | | |
|---|---|---|---|
| **AD34541** | LMS | 1 session | $59 |
| 5:45-8:45 p.m. | Wed | May 15 | |

> "The day I took your class was the day I quit smoking! I highly recommend the class Quit Smoking Through Hypnosis – it definitely works!"
>
> -Diana B.

### Sound Bath and Healing Frequencies

*Age 15+* *Instructor: Theresa Charpentier*

Experience a therapeutic practice using sound to promote physical, emotional and spiritual healing. Crystal bowls and other instruments provide a soothing and meditative sound that helps reduce stress, anxiety and tension.

| | | | |
|---|---|---|---|
| **AD37881** | ERHS | 1 session | $29 |
| 6:15-8:15 p.m. | Thu | Apr. 18 | |

### Women, Weight and Hormones ONLINE *Age 15+*

*Instructor: Janice Novak*

Discover concrete solutions for controlling appetite and cravings to safely break the cycle of hormone-related weight gain. Topics include boosting metabolism, and the affects of heart rate and birth control pills.

| | | | |
|---|---|---|---|
| **OL34571** | Online | 1 session | $29 |
| 6-7:30 p.m. | Mon | June 3 | |

### Radiant Relationships: Your Guide to Summer Parenting Bliss *Age 15+* *Instructor: Merri Guggisberg*

Join this 6-part lunch and learn to gain practical strategies and tools to achieve summer parenting bliss. Get answers to your parenting questions and make new connections.

*Designed primarily for families with children ages 8-13. Please bring your own lunch or snack.*

| | | | |
|---|---|---|---|
| **AD49461** | Jerry's Market | 6 sessions | $75 |
| 12-1 p.m. | Tue | June 11-July 16 | |

# FITNESS

### Wellness Routines That You Can Do Now! *Age 15+*

*Instructor: Theresa Charpentier*

Ayurveda wellness is the sister science to Yoga. Learn routines including body rolling, foot massages, lymphatic release, dry brushing, tongue scraping and use of essential oils to improve your self-care routine and overall wellness.

| | | | |
|---|---|---|---|
| **AD37781** | ERHS | 1 session | $29 |
| 4-6 p.m. | Thu | May 23 | |

**FEEL GREAT AND FITNESS CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# FITNESS

## Golf Intro for Adults and Teens *Age 15+*

*Instructor: TGA Premier Sports*

Learn the game of golf! Practice putting, chipping, a half swing and L-swing with irons, and full swing with fairway clubs and drivers. Learn golf rules and etiquette and how to build confidence through mental game. Beginner-friendly.

| | | | |
|---|---|---|---|
| **AD39331** | BES | 4 sessions | $195 |
| 6:30-8 p.m. | Thu | Apr. 11-May 9 | |
| **AD39332** | BES | 4 sessions | $195 |
| 6:30-8 p.m. | Thu | May 16-June 6 | |

## Nutrition & Exercise Challenge *Age 12+*

*Start Any Time!*

Exercise and nutrition are the pillars for getting healthier, having more energy, and loving your body and mind. Join this 3-week challenge before May 31 and get a specific plan for exercise and healthy eating, three 1-on-1 personal sessions and a 3-week gym membership.

*Register online, then call 651-209-6778 to schedule your first two training sessions and let the changes begin!*

| | | |
|---|---|---|
| **AD31791** | UpLift Guided Fitness | $75/3 weeks |

## Chisel ONLINE *Age 15+*

*Instructor: T Salmonson*

Start your weekend off with a great workout! Tone your body and burn lots of calories. This fun class alternates between cardio and strength training and targets all major muscle groups!

| | | | |
|---|---|---|---|
| **OL31531** | Online | 7 sessions | $63 |
| 6-6:50 a.m. | Fri | Apr. 5-May 17 | |

## EMOM: Every Minute on the Minute ONLINE

*Age 15+ Instructor: T Salmonson*

60 seconds will fly by! We'll switch exercises every minute on the minute. You pick your number of reps and how long you get to rest for each 60 second period. Develop strength, muscle and endurance.

| | | | |
|---|---|---|---|
| **OL33551** | Online | 5 sessions | $40 |
| 6-6:30 a.m. | Thu | Apr. 18-May 16 | |

## POUND-Rockout. Workout. *Age 10+*

*Instructor: Sara Monson*

Get ready to sweat and tone during this heart-pounding cardio jam session! Using lightly-weighted drumsticks, you will be guided by upbeat music and upwards of 15,000 stick strikes to the ground and overhead!

*Children ages 10-14 must be accompanied by a registered adult (aged 15 or older). Teens 15+ can register alone.*

| | | | |
|---|---|---|---|
| **AD31881** | PHS* | 6 sessions | $54 |
| 6-7 p.m. | Wed | May 1-June 5 | |

**May 22 class will be held at Cottage Grove Middle School.*

| | | | |
|---|---|---|---|
| **AD31882** | PHS | 6 sessions | $54 |
| 6-7 p.m. | Wed | July 10-Aug. 14 | |

## Come Hit Big Drums (Play Taiko!) *Age 15+*

*Instructor: Wendy Jo Gertjejanssen*

Stand loud and proud when you play drums ... taiko style! Originally a Japanese art, taiko is social, physical, mental, musical, LOUD, and just loads of fun! Beginners are welcome!

| | | | |
|---|---|---|---|
| **AD39861** | PHS | 6 sessions | $149 |
| 6:55-7:55 p.m. | Tue | Apr. 2-May 7 | |

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UNLIMITED 45 MINUTE WORKOUTS
COMPLIMENTARY CHILDWATCH
SUPPORTIVE COMMUNITY

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# FITNESS

## Zumba® *Age 15+* *Instructor: Megan Knowles*

There are no right or wrong moves in Zumba! Join this high-energy, calorie-burning, dance-based fitness class with Latin, Hip-hop, Pop and International music.

| | | | |
|---|---|---|---|
| **AD37801** | LMS | 6 sessions | $54 |
| 6:30-7:30 p.m. | Mon | Apr. 22-June 3 | |
| **AD47801** | LMS | 6 sessions | $54 |
| 6:30-7:30 p.m. | Mon | June 10-July 15 | |
| **AD47802** | LMS* | 6 sessions | $54 |
| 6:30-7:30 p.m. | Mon | July 22-Aug. 26 | |

**Aug. 12 class will be held at Red Rock Elementary.*

## 30/30 Zumba® *Age 15+* *Instructor: Megan Knowles*

Start with 30 minutes of Zumba then tone and sculpt using weighted toning sticks or light hand weights.

| | | | |
|---|---|---|---|
| **AD37902** | LMS* | 6 sessions | $54 |
| 6:30-7:30 p.m. | Wed | Apr. 24-May 29 | |

**May 8 class will be held at Red Rock Elementary.*

| | | | |
|---|---|---|---|
| **AD47901** | LMS | 6 sessions | $54 |
| 6:30-7:30 p.m. | Wed | June 12-July 24 | |
| **AD47902** | LMS | 5 sessions | $45 |
| 6:30-7:30 p.m. | Wed | July 31-Sept 4. | |

## Yoga-Level 1 *Age 15+* *Instructor: Jill Hawthorne*

This flow-style yoga class strengthen your muscles and enhances flexibility with basic poses. Modifications are offered for personalized practice.

### *In-person*

*Nov. 7 will be a pre-recorded lesson provided via email.*

| | | | |
|---|---|---|---|
| **AD31981** | DPC | 6 sessions | $54 |
| 5:15-6:15 p.m. | Tue | Apr. 30-June 4 | |

### *Online* ONLINE ON-DEMAND

*Receive weekly recorded classes via email for flexible viewing and practice at your convenience.*

| | | | |
|---|---|---|---|
| **OL321981** | Recording | 6 sessions | $54 |
| 4:15-5:15 p.m. | Tue | Apr. 30-June 4 | |
| **OL421981** | Recording | 6 sessions | $54 |
| 4:15-5:15 p.m. | Tue | July 16-Aug. 20 | |

## Therapeutic Yoga for Releasing Stress *Age 15+*

*Instructor: Dr. Tamara Kraft*

Improve your overall wellness. Utilize breath and mindful movement to reduce stress, enhance body strength and quiet your mind.

### *Level 1-Foundations*

| | | | |
|---|---|---|---|
| **AD37771** | BES | 8 sessions | $85 |
| 7:30-8:45 p.m. | Thu | Apr. 11-May 30 | |

### *Level 2-Build and Challenge*

| | | | |
|---|---|---|---|
| **AD37751** | BES | 8 sessions | $95 |
| 7-8:30 p.m. | Wed | Apr. 10-May 29 | |

### *Level 1 and 2 combined for new and returning students*

| | | | |
|---|---|---|---|
| **AD47771** | BES | 8 sessions | $85 |
| 7:45-9 p.m. | Thu | June 20-Aug. 15 | |

## Gentle Therapeutic Yoga for Releasing Stress

*Age 15+* *Instructor: Dr. Tamara Kraft*

Learn the foundations of the physical practice, our nervous system, and tools to enhance our ability to stay regulated and balanced. Suitable for beginners or those seeking a gentler, stress-reducing practice.

| | | | |
|---|---|---|---|
| **AD37761** | BES | 8 sessions | $75 |
| 6:15-7:15 p.m. | Thu | Apr. 11-May 30 | |
| **AD47761** | BES | 8 sessions | $85 |
| 6:15-7:30 p.m. | Thu | June 20-Aug. 15 | |

## Mat Pilates *Age 15+*

*Instructor: Annie Thompson*

Pilates focuses on strengthening and lengthening muscles while improving coordination, balance, and posture through a series of full-body exercises. It can be modified to work with all fitness levels.

| | | | |
|---|---|---|---|
| **AD31621** | CGMS | 6 sessions | $60 |
| 4-5 p.m. | Mon | Apr. 15-May 20 | |
| **AD31622** | CGMS | 6 sessions | $60 |
| 6-7 p.m. | Mon | June 3-July 8 | |

## The Feldenkrais Method ONLINE

*Age 15+* *Instructor: Maggie Vogel-Martin*

The Feldenkrais Method® utilizes the extraordinary power of the brain and nervous system to quickly improve functioning and comfort! Enhance your posture, flexibility and relieve tension, pain and stress through guided movements.

| | | | |
|---|---|---|---|
| **OL31471** | Online | 5 sessions | $49 |
| 6-7 p.m. | Wed | Apr. 3-May 1 | |
| **OL31472** | Online | 6 sessions | $59 |
| 6-7 p.m. | Wed | May 22-June 26 | |
| **OL41471** | Online | 6 sessions | $59 |
| 6-7 p.m. | Wed | July 10-Aug. 14 | |
| **OL41472** | Online | 5 sessions | $49 |
| 6-7 p.m. | Wed | Aug. 21-Sept. 18 | |

## Improve Neck and Shoulder Pain Using Feldenkrais

ONLINE *Age 15+* *Instructor: Maggie Vogel-Martin*

The Feldenkrais Method® is based on awareness through movement (paying attention to yourself as you move). While seated in chairs, we'll focus on improving the movement and overall feeling in your neck and shoulders.

| | | | |
|---|---|---|---|
| **OL31481** | Online | 5 sessions | $49 |
| 10-11 a.m. | Thu | Apr. 4-May 2 | |

## Neighborhood Yoga (Free!) *All Ages*

*Instructor: Sandy LeMay*

Meet us under the shade tree at 98 St. South and Hamlet Ave. in Cottage Grove. During our outdoor practice we'll work on balance and elongating our muscles to gain strength and flexibility. No experience is necessary.

*Kids of all ages are welcome to participate and must be supervised. Bring a mat and water bottle. Class will be canceled if it is raining or the temperature is 52 degrees Fahrenheit or below.*

| | | | |
|---|---|---|---|
| **AD41181** | Cottage Grove | 17 sessions | Free |
| 6-7 p.m. | Tue | June 4-Sept. 24 | |

## Wedding Dance Workshop *Instructor: Monica Mohn*

Get ready for your special day! In this 2-hour workshop Monica Mohn, nominated by MNBride for "Best Wedding Dance Instruction" will have you feeling comfortable and looking great! Couples only please.

| | | | |
|---|---|---|---|
| **AD31351** | PHS | 1 session | $39 |
| 7-9 p.m. | Thu | Apr. 11 | |

## Line Dancing *Age 6+*

*Instructor: Monica Mohn*

All ages are welcome to this family-friendly activity!

*Children ages 6-14 must be accompanied by a registered adult (aged 15 or older).*

### *Celebration Line Dance*

Learn 3 popular lines dances: Electric Slide, Cha Cha Slide and the Cupid Shuffle.

| | | | |
|---|---|---|---|
| **AD31231** | PHS | 1 session | 6-7 p.m. |
| Thu | Apr. 11 | | |

Per adult (age 15+) ..... $15
Per child (age 6-14) ..... $8

### *Mamma Mia "Dancing Queen" Line Dance*

Join us for a delightful evening of line dancing to this toe-tapping ABBA classic.

| | | | |
|---|---|---|---|
| **AD31232** | RRES | 1 session | 6:30-7:30 p.m. |
| Tue | May 21 | | |

Per adult (age 15+) ..... $15
Per child (age 6-14) ..... $8

## Easy Partner Dancing for All Occasions *Age 15+*

*Instructor: Deanna Constantine*

No matter the occasion, you'll be prepared to dance! Learn easy-to-remember mini-routines danceable to all your favorite songs. No experience necessary.

| | | | |
|---|---|---|---|
| **AD31251** | RRES* | 4 sessions | $65 |
| 7-8:30 p.m. | Tue | Apr. 23-May 14 | |

**Apr. 30 class will be held at Royal Oaks Elementary.*

## Swing into Summer Dance Workshop

*Instructor: Monica Mohn*

Learn fancy swing moves that will keep you on your toes! Designed to be easy and fun with patterns you can use for a lifetime. Beginner-friendly. Couples only.

| | | | |
|---|---|---|---|
| **AD31291** | RRES | 1 session | $39 |
| 7:30-9 p.m. | Tue | May 21 | |

## Pickleball Drop-in and Play *Age 18+*

Drop in with a friend or pair up at the courts. Game experience and knowledge of the rules is necessary. Register at **sowashco.ce.eleyo.com**.

| | | |
|---|---|---|
| **SA10321** | DPC | $3/pass |
| 4-8 p.m. | Mon, Wed, Fri | |

## Pickleball Lessons *Age 15+* *Instructor: Linda Kauss*

### *Beginner*

Learn about the equipment used, how the game is played, and then practice a series of skills and drills.

| | | | |
|---|---|---|---|
| **AD39301** | DPC | 4 sessions | $79 |
| 7:15-8:15 p.m. | Thu | Apr. 4-25 | |
| **AD39302** | DPC | 4 sessions | $79 |
| 5:15-6:15 p.m. | Thu | Apr. 4-May 16 | |
| **AD39303** | DPC | 4 sessions | $79 |
| 7:15-8:15 p.m. | Thu | May 2-30 | |

### *Advanced Beginner*

We'll go beyond the basics, including developing stroke technique on the serve, volley and drive shots and movement and comfort at the non-volley zone.

| | | | |
|---|---|---|---|
| **AD39361** | DPC | 4 sessions | $79 |
| 6:15-7:15 p.m. | Thu | Apr. 4-May 16 | |

### *Pickleball Intermediate Drill Sessions*

Work on your third shot drop, transition zone shots and dinking with purpose and strategy.

| | | | |
|---|---|---|---|
| **AD39351** | DPC | 4 sessions | $59 |
| 8:15-9 p.m. | Thu | Apr. 4-25 | |
| **AD39352** | DPC | 4 sessions | $59 |
| 8:15-9 p.m. | Thu | May 2-30 | |

**FITNESS CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

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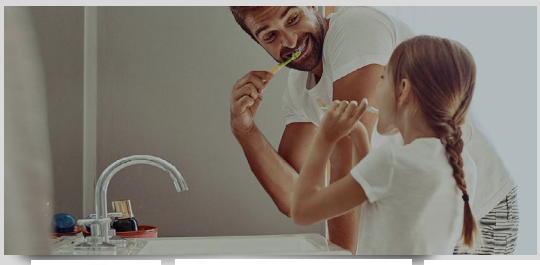

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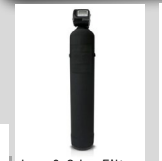

Iron & Odor Filter

Reverse Osmosis

Whole House Filter

Water Softener

# GAIN SKILLS

## South Washington County Community Band
***All Ages*** *Instructor: Sharon Gunder*

The Community Band of South Washington County has been going strong for over 25 years! All ages and instruments are welcome. Improve your skills, make friends and play for local audiences. Join anytime!

### *Community Band - Spring*

| | | | |
|---|---|---|---|
| **AD13930** | LMS* | 9 sessions | $30/Adult |
| 7-9 p.m. | Tue | Mar. 12-May 28 | $15/Student |

**May 7 class will be held at Oltman Middle School.*

### *Community Band – Summer (Free!)*

| | | | |
|---|---|---|---|
| **AD43871** | LMS | 12 sessions | Free |
| 7-9 p.m. | Tue. | June 4-Aug. 27. | |

## Chess-Open Play *Age 15+* *Organizer: Berry Conway*

Advanced beginners and seasoned players are welcome. No instruction given, so you must know the basics.

| | | | |
|---|---|---|---|
| **SA10701** | DPC | Ongoing | Free |
| 10:30-11:30 a.m. | Tuesdays | | |

## Intro to the Power of Story ONLINE *Age 15+*
*Instructor: Arthur Crowell*

Build interpersonal skills and deepen authentic connections. Learn how stories carry a powerful influence, and how we can reframe our own stories through conscious intentionality.

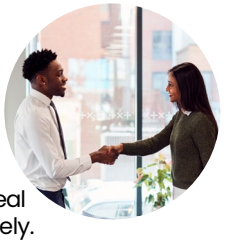
| | | | |
|---|---|---|---|
| **OL39751** | Online | 3 sessions | $79 |
| 6-7:30 p.m. | Mon | Apr. 8-22 | |
| **OL39752** | Online | 3 sessions | $79 |
| 8-9:30 p.m. | Fri | Apr. 12-26 | |
| **OL39753** | Online | 3 sessions | $79 |
| 6-7:30 p.m. | Tue | May 7-21 | |
| **OL39754** | Online | 3 sessions | $79 |
| 6-7:30 p.m. | Wed | June 5-19 | |
| **OL49752** | Online | 3 sessions | $79 |
| 6-7:30 p.m. | Thu | July 11-25 | |
| **OL49753** | Online | 3 sessions | $79 |
| 6-7:30 p.m. | Fri | Aug. 9-23 | |

## Resume Writing *Age 15+* *Instructor: Paul Fisk*

Stand out as the best candidate and land an interview. Learn how to craft effective resumes as well as tips and tactics for career advancement.

| | | | |
|---|---|---|---|
| **AD36651** | ERHS | 1 session | $20 |
| 6:30-7:30 p.m. | Thu | Apr. 18 | |

## Interviewing Skills *Age 15+*
*Instructor: Paul Fisk*



Bring out your best during an interview. Master interviewing skills including how to navigate difficult questions and demonstrate confidence. Learn to spot ideal employers and how to negotiate effectively.

| | | | |
|---|---|---|---|
| **AD36671** | ERHS | 1 session | $20 |
| 6:30-7:30 p.m. | Thu | May 23 | |

## Answering the Difficult Questions of Caring for Seniors *Age 15+* *Instructor: Kathy Sullivan*

Avoid confusion and chaos. Get your questions answered and be prepared for the dilemmas families face when caring for aging adults.

| | | | |
|---|---|---|---|
| **AD39761** | DPC | 1 session | $10 |
| 6:30-8 p.m. | Mon | Apr. 1 | |

## Introduction to Improv-Techniques for Everyday Life *Age 15+*
*Instructor: Amy Stedman, Just Kidding Improv*

Receive a broad overview for improvisational comedy. We'll play games that work on the basics-trust, agreement, give and take, and short scenes with fun guidance.

| | | | |
|---|---|---|---|
| **AD34251** | DPC | 1 session | $29 |
| 6:30-8 p.m. | Mon | Apr. 8 | |

## Theodore Roosevelt, Husband and Father *Age 15+*
*Instructor: Steve Anderson*

Join an entertaining and educational session to learn more about Theodore "Teddy" Roosevelt. Using his personal letters and photographs, discover the family side of one of America's most famous presidents.

| | | | |
|---|---|---|---|
| **AD37942** | ERHS | 1 session | $20 |
| 7-8:30 p.m. | Thu | Apr. 18 | |

## Knowing Your Muslim Neighbors *Age 15+*
*Instructor: Mashood Yunus*

Learn about basic beliefs and practices of the religion of Islam. We'll also discuss the role of women and family, social justice and Shariah law. Includes discussion and Q&A.

| | | | |
|---|---|---|---|
| **AD35271** | DPC | 2 sessions | $20 |
| 6:30-9 p.m. | Mon | May 6-13 | |

## Attachment: The Vital Relationship Between Primary Caregiver and Infant *Age 15+*
*Instructor: Julie Whitford*

Learn practical ways to nurture little ones during the critical developmental years of birth to age 5; you'll build in a sense of safety and connection that will last a lifetime.

| | | | |
|---|---|---|---|
| **AD35811** | LMS | 1 session | $19 |
| 6:30-8 p.m. | Wed | May 15 | |

## Photography Lessons *Age 15+* *Instructor: Kent Johnson*

Learn to use a Digital Single Lens Reflex (DSLR) camera.
*DSLR camera required.*

### *Level 1: Essential Elements*

A photograph tells the story of our adventures and our lives. Perfect your visual storytelling by mastering photography basics including composition, exposure, metering and shooting modes.

| | | | |
|---|---|---|---|
| **AD36411** | ERHS | 5 sessions | $99 |
| 5:45-7:45 p.m. | Thu | Apr. 18-May 16 | |
| **AD46411** | ERHS | 5 sessions | $99 |
| 5:45-7:45 p.m. | Thu | June 27-Aug. 1 | |

### *Level 2-More Essential Elements*

Expand your knowledge. Gain hands-on experience with metering, exposure, composition and auto focus modes.

| | | | |
|---|---|---|---|
| **AD36041** | ERHS | 5 sessions | $99 |
| 5:45-7:45 p.m. | Thu | May 23-June 20 | |

## Adult Spanish Conversation ~ ¡Vamos a charlar! Let's chat! ONLINE *Age 18+*
*Instructor: Juliann Hoffman, Futura Language Professionals*

Engage in real-life conversation scenarios. Practice everyday Spanish including useful vocabulary and conversation components that can be applied to the home, workplace, travel, leisure, etc. New and returning students are welcome!

| | | | |
|---|---|---|---|
| **OL49441** | Online | 4 sessions | $95 |
| 6-7 p.m. | Tue | June 4-25 | |

## Home Basics *Instructor: Ray F Lehman*

Save money by learning to do maintenance and minor repairs and knowing when to call a professional.

### *Plumbing*

Understand your plumbing system, fixtures and fittings.

| | | | |
|---|---|---|---|
| **AD36061** | ERHS | 1 session | $29 |
| 5:45-7:45 p.m. | Thu | Apr. 18 | |

### *Electrical*

Take the mystery and fear out of home electrical repairs.

| | | | |
|---|---|---|---|
| **AD36051** | LMS | 1 session | $29 |
| 5:45-7:45 p.m. | Wed | May 15 | |

## DIY Flooring-Vinyl (Luxury Vinyl Plank, LV Tile and Sheet Vinyl) *Age 15+*

*Instructor: Javier Celis*

Learn the basics of flooring installation and potentially save hundreds of dollars! Find out how to prep your floors, measure accurately so you order the right amount of product, understand tools needed and participate in a hands-on installation simulation. No experience necessary.

| | | | |
|---|---|---|---|
| **AD35231** | DPC | 1 session | $79 |
| 6:30-8:30 p.m. | Mon | Apr. 22 | |

## Recycling Food Scraps at Home with the Food Scraps Pickup Program *Age 15+*

*Instructor: Hannah Keller*

20% of trash is food waste! Learn about this innovative and accessible program that allows you to put your food scraps right into a separate bag inside your regular trash bag! Learn tips for success and how you can get started.

| | | | |
|---|---|---|---|
| **AD39471** | DPC | 1 session | Free |
| 6:30-7:30 p.m. | Mon | Apr. 29 | |

## How to Earn Money with Your Voice ... Getting Started in Voiceovers ONLINE *Age 15+*

Explore a career in voiceovers in a 90-minute, one-on-one video-chat class. Learn industry trends, tools and receive coaching tips to improve your delivery. Choose a time that best fits your schedule.

| | | | |
|---|---|---|---|
| **OL19401** | Online | 1 session | $49 |

## Life with a Dog in Cozy Spaces-Townhome/Condo/Apartment *Age 16+*

*Instructor: Erin O'Donnell*

Learn to manage small living spaces with your dog. Minimize common issues like barking, house training and resource guarding. Keep your dog and neighbors happy.

*Class is for humans only, please leave your furry friend at home.*

| | | | |
|---|---|---|---|
| **AD35251** | DPC | 1 session | $29 |
| 6-7:30 p.m. | Mon | Apr. 8 | |

## Multi-Dog Households: How to Control the Chaos! *Age 16+* *Instructor: Erin O'Donnell*

Learn how to navigate multi-dog household dynamics, common pitfalls, helpful behaviors and resources to turn the chaos into community.

| | | | |
|---|---|---|---|
| **AD35241** | DPC | 1 session | $29 |
| 6-7:30 p.m. | Mon | May 20 | |

## Secrets to a Happy Cat *Age 18+*

*Instructor: Joey Lusvardi*

Happy cats are well behaved cats. Learn to meet your cat's needs to prevent problems with litter box usage, aggression, cat conflict and more.

| | | | |
|---|---|---|---|
| **OL39451** | Online | 1 session | $29 |
| 6:30-8:30 p.m. | Tue | Apr. 23 | |

**GAIN SKILLS CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

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8:00-9:30 a.m. - Held at the Cottage Grove City Hall Training Room

UPCOMING SPEAKERS

Mar 15 ..... Tarah Beyer, Good Dog Marketing & Design
Apr 19 ..... Heather Boschke, Vogel Venture
May 17 ..... Shepard Farm
Jun 21 ..... Tami Hedrick, Your Success with Tami

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# MANAGE MONEY

### How Wills and Trusts Can and Cannot Help You

***Age 15+*** *Instructor: Jeffrey Scott*

What exactly is estate planning and who needs it? Learn estate planning essentials including how a property should be titled to avoid probate, wills vs. trusts and the probate process.

| | | | |
|---|---|---|---|
| **AD36701** | LMS | 1 session | $19 |
| 6-7:30 p.m. | Wed | Apr. 3 | |

### What Happens If I Need a Nursing Home? *Age 15+*

*Instructor: Jeffrey Scott*

Gain essential information for those with loved ones in or considering nursing homes. Learn about asset protection, Medicare vs. Medicaid, and veterans' benefits. Prepare for the future. Get the information you need now!

| | | | |
|---|---|---|---|
| **AD34791** | LMS | 1 session | $19 |
| 6-7:30 p.m. | Wed | May 15 | |

### Understanding Your Budget and Debt *Age 15+* *Instructor: Paul Fisk*

Gain control of your finances by understanding day-to-day spending, prioritizing expenses, reducing debt, and creating financial goals for a more secure and confident future.

| | | | |
|---|---|---|---|
| **AD36641** | LMS | 3 sessions | $59 |
| 6:30-7:30 p.m. | Wed | Apr. 3- 17 | |

### How to Win with Investment Properties *Age 15+*

*Instructor: John Mazzara*

Explore real estate investment in the Twin Cities, covering property analysis, taxes, leasing, buying, selling and renting. Learn about all aspects of becoming a landlord from buying, selling and renting.

| | | | |
|---|---|---|---|
| **AD36601** | DPC | 1 session | $15 |
| 7-9 p.m. | Mon | Apr. 22 | |

### 10 Secrets & Tips for Successfully Buying a Home or Investment Property *Age 15+*

*Instructor: John Mazzara*

Enhance your real estate success with insights on purchase agreements, offer strategies, loan programs, and home sale tips. Includes a no-obligation property evaluation.

| | | | |
|---|---|---|---|
| **AD37551** | DPC | 1 session | $15 |
| 7-9 p.m. | Mon | Apr. 29 | |

### Introduction to Senior Housing *Age 15+*

*Instructor: John Mazzara*

Discover housing alternatives beyond single-family living, including cooperatives, apartments, and care continuum housing. Get answers to make the best choice for your needs.

| | | | |
|---|---|---|---|
| **AD37511** | DPC | 1 session | $15 |
| 7-9 p.m. | Mon | May 6 | |

### Unlocking Financial Freedom: Understanding Reverse Mortgages *Age 15+*

*Instructors: Barbara D Phillips and Tammy Wagner*

Learn how a Home Equity Conversion/Reverse Mortgage can help fund the retirement you've always dreamed of. Go beyond the biases and misconceptions to discover how you can unlock the full equity potential of your home in retirement.

*Home Equity Conversion/Reverse Mortgage borrowers must be at least 62 years of age or older.*

| | | | |
|---|---|---|---|
| **AD36692** | DPC | 1 session | Free |
| 3:15-5:15 p.m. | Mon | Apr. 22 | |
| **AD36691** | DPC | 1 session | Free |
| 6-8 p.m. | Mon | May 13 | |

### Retirement Planning Today *Age 15+*

*Instructor: Jeff Clark*

Discover how to plan a secure retirement. Learn to build wealth, align your money with your values, manage risks, understand new tax laws, leverage your company retirement plan and estate plan under new laws.

| | | | |
|---|---|---|---|
| **AD36612** | ERHS | 2 sessions | $49 |
| 6:30-9:30 p.m. | Tue | Apr. 30-May 7 | |
| **AD36611** | ERHS | 2 sessions | $49 |
| 6:30-9:30 p.m. | Thu | May 2-9 | |

### Prepare Your Own Will *Age 15+* *Instructor: Adam Altman*

Ensure your wishes are carried out. Receive everything you need to prepare a completed legal Will during class, including a notary public.

*Couples must register individually.*

| | | | |
|---|---|---|---|
| **AD36711** | DPC | 1 session | $49 |
| 6:30-8:30 p.m. | Mon | May 20 | |

### Practical Personal Finance for Young Adults *Age 15+*

*Instructor: Olusola Dada*

Discover how to manage your money to make it work for you! Learn to set goals, reach financial freedom, and have financial stability. Includes how to maintain excellent credit while paying off debt.

| | | | |
|---|---|---|---|
| **AD36731** | ERHS | 2 sessions | $39 |
| 6-7 p.m. | Thu | May 23-30 | |

**MANAGE MONEY CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# ADULTS WITH DEVELOPMENTAL DISABILITIES

Opportunities for adults with developmental disabilities to learn and engage with others and become active citizens in their communities.

The Community Bridge Consortium facilitates the participation of adults with disabilities in all aspects of Community Education programming by providing reasonable support and accommodations.

*The consortium is sponsored by the school districts of South Washington County, Mahtomedi, North St. Paul-Maplewood-Oakdale, Roseville Area and White Bear Lake Area.*

### The Community Bridge Consortium:

- Designed for teens and adults with developmental cognitive disabilities
- Customized education and enrichment classes for adults with developmental disabilities
- Opportunities to socialize with peers and friends
- Fine arts experiences
- Sign language interpreters
- Resources for disabilities awareness and education
- Adapted materials and equipment
- Registration assistance

### To Register:

Visit **isd622.ce.eleyo.com** or call 651-748-7232 to request the latest brochure.

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**commed.sowashco.org/greatrivers**

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We work with students to achieve their personal and educational goals.

## FREE CLASSES FOR ADULTS

- Learn English
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- Prepare for the GED
- Take an Official GED Test

### Join Our Programs

You can join our FREE program if you're 17 or older, not in high school, and need help with reading, math, writing, or speaking English below the 12th-grade level.

We offer morning, afternoon and evening classes in Cottage Grove, Hastings and Woodbury.

### Locations:

**District Program Center**
8400 East Point Douglas Rd. S
Cottage Grove, MN 55016

**Central Park**
8595 Central Park Pl.
Woodbury, MN 55125

**Tilden Community Center**
310 River St.
Hastings, MN 55033

### No English?

Please text 651-270-3266 or email, in your own language, for information about our FREE programs.

**651-425-6634 | greatrivers@sowashco.org**

Envíe un mensaje de texto o correo electrónico, en su propio idioma, para solicitar información sobre nuestros programas GRATUITOS.

> This program has proved invaluable in helping me create a better future for myself and my family.

### Pursue Higher Education

- Master foundational reading, writing and math skills
- Attain your high school diploma
- Prepare for the high school equivalency test
- Take an official GED test at one of our two official Pearson Vue Testing Centers
- Explore higher education options

### Advance Your Career

- Practice interviewing
- Explore career options
- Find employment opportunities
- Prepare for the ParaPro Assessment
- Achieve stability and independence

### Gain Computer and Online Skills

- Develop basic computer skills
- Learn to use email and the Internet
- Learn to use Microsoft Word, Excel, PowerPoint and Outlook

### Learn English

- Learn to read, speak and write in English
- Increase your English language proficiency
- Improve your pronunciation

### Connect with the Community

- Navigating systems within the community
- County services
- College application process
- Employer benefits packages
- Public school system
- Prepare for your citizenship exam

## VOLUNTEER WITH US

We are looking for volunteers to:

- Assist in the classroom
- Work one-on-one with students in reading, writing, speaking, math and more.
- Become a conversation partner with students to practice English skills
- Mentor students in various career focuses

For more information email us at greatrivers@sowashco.org

# AQUATICS

SoWashCo Community Education Aquatics program offers swimming lessons, specialty classes, fitness and recreational opportunities starting at 12 months of age through adult.

All class sessions can be viewed online

Course offerings typically include:

### Swimming Lessons

- Toddler
- Preschool
- Beginner
- Intermediate
- Advanced
- Adult Beginner
- Special Needs
- Semi Private
- Private
- Diving

**Don't know which class level to sign up for next?**

Register them for the level they are currently in,. Based on the student's progression, our staff will adjust their placement if necessary.

For course information and registration policies visit website, **commed.sowashco.org/aquatics**. Register or view class times and locations at **sowashco.ce.eleyo.com**.

# MIDDLE SCHOOL

### Middle School Track *Grade 6-8*

Emphasizes skill development and team play. Students are instructed in the fundamentals of the sport and will participate in a few meets within the South Washington County Schools (SoWashCo Schools) district.

**Transportation is not provided.**

*CGMS/OMS athletes will combine and form a team that will practice at CGMS each day. LMS/WMS student athletes will also combine to form a team and will practice at LMS each day.*

**Cottage Grove and Oltman Middle Schools**

***Boys Grade 6-7***

| | | | |
|---|---|---|---|
| **JA3110** | CGMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

***Boys Grade 8***

| | | | |
|---|---|---|---|
| **JA3112** | CGMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

***Girls Grade 6-7***

| | | | |
|---|---|---|---|
| **JA3111** | CGMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

***Girls Grade 8***

| | | | |
|---|---|---|---|
| **JA3113** | CGMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

**Lake and Woodbury Middle Schools**

***Boys Grade 6-7***

| | | | |
|---|---|---|---|
| **JA3114** | LMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

***Boys Grade 8***

| | | | |
|---|---|---|---|
| **JA3116** | LMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

***Girls Grade 6-7***

| | | | |
|---|---|---|---|
| **JA3115** | LMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

***Girls Grade 8***

| | | | |
|---|---|---|---|
| **JA3117** | LMS | 24 sessions | $165 |
| 2:45-4:30 p.m. | Mon-Thu | Apr. 8-May 16 | |

**Please note:** Due to the national bus driver shortage, there will be **no transportation** provided for middle school athletics. Parents will need to transport their child to and from practices and games/matches.

***All participants MUST have a sports physical on file** at their respective school's health office. All forms can be found at **commed.sowashco.org/athletics** under "Middle School Athletics".

# CAMPS AND CLINICS

## Skyhawks Sports

Skyhawks Sports provides game-based and skill-based camps, classes and enrichment programs for kids age 2-14. Skyhawks is committed to their mission of teaching life skills through sports.

### Skyhawks Pickleball

***Ages 6-8***

| | | | |
|---|---|---|---|
| **C325**<br>4:30-5:15 p.m. | BES<br>Mon | 4 sessions<br>Mar. 18-Apr. 8 | $79 |

***Ages 9-12***

| | | | |
|---|---|---|---|
| **C326**<br>5:25-6:10 p.m. | BES<br>Mon | 4 sessions<br>Mar. 18-Apr. 8 | $79 |

### Skyhawks Multi-Sport Camp

***Ages 6-10***

| | | | |
|---|---|---|---|
| **C327**<br>9 a.m.-3:30 p.m. | CGES<br>Fri | 1 session<br>Apr. 26 | $79 |

### Skyhawks Baseball Tots Camp

***Ages 2-3***

| | | | |
|---|---|---|---|
| **C328**<br>4:30-5 p.m. | BES<br>Mon | 4 sessions<br>Apr. 22-May 13 | $69 |

### Skyhawks Spring Baseball

***Ages 5-7***

| | | | |
|---|---|---|---|
| **C329**<br>5:10-5:50 p.m. | BES<br>Mon | 4 sessions<br>Apr. 22-May 13 | $79 |

***Ages 8-10***

| | | | |
|---|---|---|---|
| **C330**<br>6:05-6:50 p.m. | BES<br>Mon | 4 sessions<br>Apr. 22-May 13 | $79 |

### Skyhawks 1st Down Tots Camp

***Ages 2-3***

| | | | |
|---|---|---|---|
| **C331**<br>9-9:30 a.m. | CGMS<br>Sat | 4 sessions<br>Apr. 27-May 18 | $79 |

***Ages 4-5***

| | | | |
|---|---|---|---|
| **C332**<br>9:40-10:10 a.m. | CGMS<br>Sat | 4 sessions<br>Apr. 27-May 18 | $79 |

### Skyhawks Flag Football Camp

***Ages 6-8***

| | | | |
|---|---|---|---|
| **C333**<br>10:20-11:20 a.m. | CGES<br>Sat | 4 sessions<br>Apr. 27-May 18 | $89 |

***Ages 9-12***

| | | | |
|---|---|---|---|
| **C334**<br>11:30 a.m.-12:30 p.m. | CGES<br>Sat | 4 sessions<br>Apr. 27-May 18 | $89 |

## My7on7 Football Passing League *Grade K-8*

Welcome to the future of football! This co-ed, minimal contact (touch) league is for youth in Kindergarten-grade 8. Learn and develop football skills in a dynamic, fast-paced environment.

*Soft shell helmets are* **MANDATORY** *and are available for purchase or rent during registration.*

***Schedule (all grade levels):***

- **Kickoff Day** 2-7 p.m., Saturday, Apr. 13, ERHS
- **Skills training and games** 2-7 p.m., Sundays, Apr. 14-27, ERHS
- **My7on7 State Championship** will be held on Sunday, May 5 at a metro location (TBD).

***Kindergarten***

**C351** 5 sessions.....$55

***Grade 1-8***

**C350** 5 sessions
Register between Dec. 1-Mar. 15.....$125
Late Registration after Mar. 15.....$175
**Based on availability*

## Happy Feet

Happy Feet uses imaginative play and play-to-learn concepts to teach real deceptive dribbling skills on the move. Athletes will engage in fun activities and scrimmages.

### Happy Feet Little Toes *Age 2-4*

| | | | |
|---|---|---|---|
| **C390**<br>6-6:30 p.m. | GCES<br>Tue | 4 sessions<br>Apr. 2-23 | $59 |
| **C393**<br>6-6:30 p.m. | GCES<br>Tue | 4 sessions<br>May 7-28 | $59 |

### Happy Feet Big Toes *Age 4-6*

| | | | |
|---|---|---|---|
| **C391**<br>6:30-7 p.m. | GCES<br>Tue | 4 sessions<br>Apr. 2- 23 | $59 |
| **C394**<br>6:30-7 p.m. | GCES<br>Tue | 4 sessions<br>May 7-28 | $59 |

### Happy Feet Academy *Age 6-8*

| | | | |
|---|---|---|---|
| **C392**<br>7-7:40 p.m. | GCES<br>Tue | 4 sessions<br>Apr. 2-23 | $59 |
| **C395**<br>7-7:40 p.m. | GCES<br>Tue | 4 sessions<br>May 7-28 | $59 |

## Sign Up for Summer Session!

View summer Athletics at
**sowashco.ce.eleyo.com**

# CAMPS AND CLINICS

## Soccer Shots *Grades K-2*

Soccer Shots offers a high energy, fun and age-appropriate introduction to the game of soccer. Kids will be challenged through fun games and team competitions.

| | | | |
|---|---|---|---|
| **C710**<br>3:55-4:40 p.m. | BES<br>Fri | 7 sessions<br>Apr. 5-May 24 | $197 |
| **C711**<br>3:15-4 p.m. | HES<br>Fri | 7 sessions<br>Apr. 5-May 24 | $197 |
| **C712**<br>2:30-3:15 p.m. | RRES<br>Fri | 7 sessions<br>Apr. 5-May 24 | $197 |
| **C713**<br>3:55-4:40 p.m. | NFSI<br>Fri | 7 sessions<br>Apr. 5-May 24 | $197 |
| **C714**<br>3:50-4:35 p.m. | VCES<br>Fri | 7 sessions<br>Apr. 5-May 24 | $197 |

Learn about Summer Athletics on page 25

## DASH Sports

DASH Sports offers well organized, structured, and fun skill-based sports programs for kids. Led by people with over 20,000 hours of coaching experience.

### DASH Sports No School Multi-Sport Camp *Grades K-5*

| | | | |
|---|---|---|---|
| **C360**<br>9 a.m.-4 p.m. | OMS<br>Fri | 1 session<br>Apr. 26 | $95 |

### DASH Sports Baseball Camp *Grades K-5*

| | | | |
|---|---|---|---|
| **C362**<br>2:30-3:30 p.m. | RRES<br>Mon | 4 sessions<br>Apr. 1- 22 | $89 |
| **C363**<br>3:55-4:55 p.m. | BES<br>Mon | 4 sessions<br>Apr. 1- 22 | $89 |
| **C364**<br>2:30-3:30 p.m. | CES<br>Tue | 4 sessions<br>Apr. 9- 30 | $89 |
| **C365**<br>3:55-4:55 p.m. | NFSI<br>Tue | 4 sessions<br>Apr. 9- 30 | $89 |
| **C366**<br>3:55-4:55 p.m. | LRES<br>Wed | 4 sessions<br>Apr. 10-May 1 | $89 |
| **C367**<br>3:50-4:50 p.m. | VCES<br>Thu | 4 sessions<br>Apr. 11-May 2 | $89 |
| **C368**<br>3:15-4:15 p.m. | GCES<br>Fri | 4 sessions<br>Apr. 5-May 3 | $89 |
| **C369**<br>3:15-4:15 p.m. | MES<br>Fri | 4 sessions<br>Apr. 5-May 3 | $89 |

### DASH Sports T-ball Tykes Camp

***Ages 2-3*** *Parent participation is required.*

| | | | |
|---|---|---|---|
| **C370**<br>5:10-5:40 p.m. | VCES<br>Thu | 4 sessions<br>Apr. 11-May 2 | $79 |

***Ages 4-6*** *Parent participation is recommended when necessary.*

| | | | |
|---|---|---|---|
| **C371**<br>5:50-6:35 p.m. | VCES<br>Thu | 4 sessions<br>Apr. 11-May 9 | $89 |

### DASH Sports Track and Field Camp *Grades K-5*

| | | | |
|---|---|---|---|
| **C372**<br>2:30-3:30 p.m. | RRES<br>Mon | 4 sessions<br>Apr. 29-May 20 | $89 |
| **C373**<br>3:55-4:55 p.m. | BES<br>Mon | 4 sessions<br>Apr. 29-May 20 | $89 |
| **C374**<br>2:30-3:30 p.m. | CES<br>Tue | 4 sessions<br>May 7-28 | $89 |
| **C375**<br>3:55-4:55 p.m. | NFSI<br>Tue | 4 sessions<br>May 7-28 | $89 |
| **C376**<br>3:55-4:55 p.m. | LRES<br>Wed | 4 sessions<br>May 8-29 | $89 |
| **C377**<br>3:50-4:50 p.m. | VCES<br>Thu | 4 sessions<br>May 9-30 | $89 |
| **C378**<br>3:15-4:15 p.m. | GCES<br>Fri | 4 sessions<br>May 10-31 | $89 |
| **C379**<br>3:15-4:15 p.m. | MES<br>Fri | 4 sessions<br>May 10-31 | $89 |

### DASH Sports Track and Field Tykes

***Ages 2-3*** *Parent participation is required.*

| | | | |
|---|---|---|---|
| **C382**<br>5:10-5:40 p.m. | VCES<br>Thu | 4 sessions<br>May 9-30 | $79 |

***Ages 4-6*** *Parent participation is recommended when necessary.*

| | | | |
|---|---|---|---|
| **C383**<br>5:50-6:35 p.m. | VCES<br>Thu | 4 sessions<br>May 9-30 | $89 |

### DASH Sports Soccer Tykes Camp

***Ages 2-3*** *Parent participation is required.*

| | | | |
|---|---|---|---|
| **C380**<br>5:15-5:45 p.m. | LRES<br>Wed | 4 sessions<br>May 8-29 | $79 |

***Ages 4-6*** *Parent participation is recommended when necessary.*

| | | | |
|---|---|---|---|
| **C381**<br>5:55-6:40 p.m. | LRES<br>Wed | 4 sessions<br>May 8-29 | $89 |

# GYMNASTICS

It is our goal to teach in a positive, fun and safe environment. We strive to develop self-esteem and physical fitness. Our program is suited for recreational, developmental and competitive gymnasts.

We offer year-round evening and weekend classes for girls and boys ages 18 months-18 years old at East Ridge, Park and Woodbury high schools.

## Park Gymnastics

**Park High School Gymnastics Center**
8040 80th Street South
Cottage Grove, MN 55016

For questions, contact
**Coach Kristy Clarke**
kclarke2@sowashco.org

## East Ridge Gymnastics

**East Ridge High School Gymnastics Center**
4200 Pioneer Drive
Woodbury, MN 55129

For questions, contact
**Coach Caroline Urgo**
curgo0@sowashco.org

## Woodbury Gymnastics

**Woodbury High School Gymnastics Center**
2665 Woodlane Drive
Woodbury, MN 55125

For questions, contact
**Coach Julie Remackel**
jremackel@sowashco.org

### More Information

For gymnastics schedules, course information, registration dates and policies visit our website at commed.sowashco.org/gymnastics.

### Financial Assistance

Financial assistance is available. Details on page 50 or visit our website.

**REGISTER ONLINE**
**FOR SPRING AND SUMMER SESSIONS**
**SOWASHCO.CE.ELEYO.COM**

# RECREATION

## YEL Fencing *Grade 2-12*

Experience YEL's Teach It, Practice It, Play It® approach. Fencers learn new skills in each class, practices those skills in kid-friendly fencing games, and encourages students to use those skills in fencing bouts.

***Grade 2-5***

| | | | |
|---|---|---|---|
| **YE3324** | DPC | 8 sessions | $130 |
| 6-7 p.m. | Tue | Mar. 26-May 14 | |

***Grade 6-12***

| | | | |
|---|---|---|---|
| **YE3325** | DPC | 8 sessions | $170 |
| 7:05-8:35 p.m. | Tue | Mar. 26-May 14 | |

## Minnesota Sword Play Fencing *Grade 2-12*

Fencing is a vigorous sport that develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. Learn fencing strategies, build confidence and develop your analytical skills.

***Grade 2-7***

| | | | |
|---|---|---|---|
| **YE3401** | BES | 6 sessions | $88 |
| 6:30-7:30 p.m. | Wed | Apr. 10-May 15 | |

***Grade 5-12***

| | | | |
|---|---|---|---|
| **YE3402** | BES | 6 sessions | $88 |
| 7:35-8:35 p.m. | Wed | Apr. 10-May 15 | |

## Serenity Farm Horse Camp *Ages 6-12*

Spark Equestrian's day camps at Serenity Farm teach kids the basics of horse care, grooming, and riding.

| | | | |
|---|---|---|---|
| ***Serenity Farm*** | | 1 session | $125 |
| **YE3326** | 9 a.m.-2 p.m. | Fri | Apr. 26 |
| **YE3327** | 9 a.m.-2 p.m. | Mon | May 27 |

## Volleyball Camp Taught in Spanish *Age 8-9*

Learn all skills and aspects of volleyball: passing, setting, hitting, serving, blocking, offense, defense and game play. For beginning and intermediate players.

| | | | |
|---|---|---|---|
| **YE3301** | NFSI | 3 sessions | $110 |
| 5:30-7 p.m. | Tue-Thu | Apr. 9-11 | |

## Leadership Skills Taught in Spanish *Age 8-10*

Participate in activities to develop communication, socio emotional learning and physical training to gain leadership skills.

| | | | |
|---|---|---|---|
| **YE3302** | NFSI | 8 sessions | $155 |
| 3:50-5 p.m. | Mon/Thu | Apr. 15-May 13 | |

## Miss Laura's Little Athlete's Gym Class *Ages 1-5*

With a little help, kids can build strong, healthy bodies and minds through play. Engage in music, movement, and play activities that encourages a lifelong habit of fitness.

*Children must be accompanied by their caregivers.*

| | | | |
|---|---|---|---|
| **YE3751** | All Saints Lutheran | 5 sessions | $75 |
| 9 a.m.-9:55 a.m. | Wed | Mar. 27-Apr. 24 | |
| **YE3755** | All Saints Lutheran | 5 sessions | $75 |
| 10 a.m.-10:55 a.m. | Wed | Mar. 27-Apr. 24 | |
| **YE3753** | All Saints Lutheran | 4 sessions | $60 |
| 9 a.m.-9:55 a.m. | Wed | May 1-22 | |
| **YE3757** | All Saints Lutheran | 4 sessions | $60 |
| 10 a.m.-10:55 a.m. | Wed | May 1-22 | |

## Bowling Club *Grade 1-7*

Spare, split, strike! Learn the skills and techniques of bowling including how to keep score, proper etiquette and more. No experience necessary. Join us to learn more about bowling and meet new friends.

| | | | |
|---|---|---|---|
| **YE275** | Park Grove Bowl | 6 sessions | $84 |
| 11 a.m.-12 p.m. | Sat | Apr. 6-May 11 | |

## Come Hit Big Drums (Play Taiko!) *Grade 3-8*

Beginners welcome! Originally a Japanese art, taiko is social, physical, mental, musical, LOUD, and just loads of fun! Play around with rhythms and learn a song to perform the last class.

| | | | |
|---|---|---|---|
| **YE3303** | PHS | 6 sessions | $149 |
| 6-6:45 p.m. | Tue | Apr. 2-May 7 | |

# MUSIC

## 30-minute Private Music Lessons

One-on-one instruction with an experienced musician. Register time slot that best fits your schedule.

***String, piano, voice, etc. with Michelle Dunkirk-Age 8+***

| | | |
|---|---|---|
| Tuesdays | 10 sessions | $350 |
| Wednesdays | 9 sessions | $315 |

***Guitar or banjo with George McCorkell-Grade 4-12***

| | | |
|---|---|---|
| Tuesdays | 9 sessions | $279 |

## Mommy & Me Miss Laura's A Little Music In Me *Ages 1-5*

With a little help and music, children can improve their vocabulary, memory, cognitive abilities, listening and auditory processing skills, rhythm and more. We'll focus on singing, keeping a steady beat, coordination and listening.

*Children must be accompanied by their caregivers.*

| | | | |
|---|---|---|---|
| **YE3853** | All Saints Lutheran | 5 sessions | $75 |
| 9 a.m.-9:55 a.m. | Thu | Mar. 28-Apr. 25 | |
| **YE3851** | All Saints Lutheran | 5 sessions | $75 |
| 10 a.m.-10:55 a.m. | Thu | Mar. 28-Apr. 25 | |
| **YE3855** | All Saints Lutheran | 4 sessions | $60 |
| 9 a.m.-9:55 a.m. | Thu | May 2-23 | |
| **YE3855** | All Saints Lutheran | 4 sessions | $60 |
| 10 a.m.-10:55 a.m. | Thu | May 2-23 | |

# PERFORMING ARTS

## IMPROV: Acting without a Script

Come out and play! Develop communication skills, self-confidence and respect towards other's ideas while playing improv games and learning theater basics.

***Grade 3-5***

| | | | |
|---|---|---|---|
| **YE3321**<br>6-7 p.m. | ERHS<br>Tue | 8 sessions<br>Apr. 2-May 21 | $130 |

***Grade 6-9***

| | | | |
|---|---|---|---|
| **YE3322**<br>6-7:15 p.m. | ERHS<br>Wed | 8 sessions<br>Apr. 3-May 22 | $162 |

# CREATE

## Young Rembrandts Art Studio *Grade K-5*

Draw dynamic figures and action-filled scenes and add humor and personality to your characters. We'll draw dinosaurs, anime characters, floral-inspired characters and animals of all shapes and sizes.

| | | | |
|---|---|---|---|
| **YE3503**<br>3:15-4:15 p.m. | GCES<br>Tue | 6 sessions<br>Mar. 12-Apr. 16 | $82 |
| **YE3505**<br>3:15-4:15 p.m. | MES<br>Wed | 6 sessions<br>Mar. 20-Apr. 24 | $82 |
| **YE3506**<br>2:30-3:30 p.m. | RRES<br>Thu | 6 sessions<br>Mar. 21-Apr. 25 | $82 |
| **YE3501**<br>3:15-4:15 p.m. | HES<br>Mon | 6 sessions<br>Mar. 25-Apr. 29 | $82 |
| **YE3508**<br>2:30-3:30 p.m. | ROES<br>Fri | 5 sessions<br>Apr. 5-May 24 | $68 |
| **YE3502**<br>3:15-4:15 p.m. | PHES<br>Mon | 6 sessions<br>Apr. 15-May 20 | $82 |
| **YE3504**<br>3:50-4:50 p.m. | VCES<br>Tue | 6 sessions<br>Apr. 16-May 21 | $82 |
| **YE3507**<br>3:15-4:15 p.m. | CGES<br>Thu | 6 sessions<br>Apr. 25-May 30 | $82 |

## Comic Strip Design-Young Rembrandts *Grade 3-6*

Create your own comic with awesome characters and fantastic expressions. This beginner-friendly workshop will lay the foundations to make your short stories EPIC.

| | | | |
|---|---|---|---|
| **YE3512**<br>6:30-7:30 p.m. | ERHS<br>Tue | 4 sessions<br>Mar. 26-Apr. 16 | $56 |
| **YE3513**<br>6:30-7:30 p.m. | CGMS<br>Mon | 4 sessions<br>Apr. 1-22 | $56 |
| **YE3511**<br>6:30-7:30 p.m. | ERHS<br>Thu | 4 sessions<br>Apr. 4-25 | $56 |

## Drawing Made Easy with Kidcreate Studio *Grade K-5*

In this class, we make drawing easy and fun! Learn simple step-by-step methods to draw well-dressed llamas, cute kittens, adorable pandas and more!

| | | | |
|---|---|---|---|
| **YE3093**<br>3:50-4:50 p.m. | BES<br>Tue | 4 sessions<br>Apr. 9-30 | $71 |
| **YE3092**<br>3:50-4:50 p.m. | LRES<br>Tue | 4 sessions<br>Apr. 16-May 7 | $71 |
| **YE3091**<br>3:50-4:50 p.m. | NFSI<br>Wed | 4 sessions<br>Apr. 17-May 8 | $71 |

## Creative Sewing *Age 8-12*

Learn to sew, including basic sewing techniques, sewing tools, different types of stitches and practice with a sewing machine. Create new projects each month.

| | | | |
|---|---|---|---|
| **YE3600**<br>4-6 p.m. | Nena's Designs<br>Wed | 4 sessions<br>Apr. 3-24 | $118 |
| **YE3602**<br>4-6 p.m. | Nena's Designs<br>Wed | 4 sessions<br>May 1-22 | $118 |

## Intensive Sewing Camp *Grade 4-8*

Create two projects from scratch while gaining basic sewing knowledge including hand and machine sewing techniques.

| | | | |
|---|---|---|---|
| **YE31208**<br>9 a.m.-1 p.m. | Nena's Designs<br>Fri | 1 session<br>Apr. 26 | $96 |

## Art Academy with Kidcreate Studio *Age 2-6*

Experiment with a variety of creative techniques, materials and styles as we make snow globes, paint on canvas, create clay characters and more!

| | | | |
|---|---|---|---|
| **YE3075**<br>6:30-7:30 p.m. | ERHS<br>Wed | 4 sessions<br>Apr. 17-May 8 | $71 |

## Super Duper Messy with Kidcreate Studio *Age 2-6*

Get hands-on with super-duper messy works of art. Paint, sculpt, scribble and giggle while making a huge mess!

*Children must be accompanied by a caregiver.*

| | | | |
|---|---|---|---|
| **YE3107**<br>9:30-10:15 a.m. | Kidcreate Studio<br>Tue | 5 sessions<br>Apr. 23-May 21 | $110 |
| **YE3108**<br>9:30-10:15 a.m. | Kidcreate Studio<br>Wed | 5 sessions<br>Apr. 24-May 22 | $110 |
| **YE3109**<br>9:30-10:15 a.m. | Kidcreate Studio<br>Sat | 5 sessions<br>Apr. 27-May 25 | $110 |

## Partner Painting-Adult and Child Paint Date

Team up to creating a painting together. Guided by a professional artist each partner will work on a different side of a canvas. At the end of class join the two sides to create one complete artwork.

***Spring Field-Age 8+***

| | | | |
|---|---|---|---|
| **YE3172**<br>5:30-7:30 p.m. | ERHS<br>Wed | 1 session<br>May 1 | $63 |

## Sign Up for Summer Session!

View summer Recreation classes on page 26.
View summer Create classes on page 26.
View summer Music classes on page 29.
View summer Performing Arts classes on page 29.

# STEM

## Final District Chess Tournament *Grade 1-12*

Elementary and secondary chess players are invited to participate. Tournament etiquette and procedures will be explained for players new to tournament play. Players are not eliminated. Everyone plays in each round unless there are an odd number of participants.

*Supervision will be provided. Guardians are allowed to stay, but are asked to wait outside of the playing area during matches.*

| | | | |
|---|---|---|---|
| **YE3078** | PHS | 1 session | $27 |
| 9 a.m.-12:30 p.m. | Fri | Apr. 26 | |

## YEL Grandmasters of Chess *Grade K-5*

Progress through 60+ chess lessons and thousands of puzzles and guided games. The session concludes with an in-class tournament.

*Includes ChessKid.com membership for the session.*

### *Spring session-Intermediate and Advanced Concepts*

| | | | |
|---|---|---|---|
| **YE3426** | NFSI | 7 sessions | $109 |
| 3:55-4:55 p.m. | Fri | Mar. 22-24 | |
| **YE3427** | VCES | 8 sessions | $123 |
| 3:50-4:50 p.m. | Thu | Mar. 28-16 | |
| **YE3428** | RRES | 8 sessions | $123 |
| 2:30-3:30 p.m. | Thu | Mar. 28-16 | |

## Young Engineers STEAM Program

Learn about STEAM concepts and be challenged to build motorized Engineering models using patented building kits.

### *Transportation Machines-Grade 1-5*

Learn about Aviation principles, Power and Speed Gears and Elastic energy. Build up to six (6) different motorized models.

| | | | |
|---|---|---|---|
| **YE3054** | NFSI | 6 sessions | $145 |
| 3:50-5:20 p.m. | Tue | Mar. 12-Apr. 23 | |
| **YE3052** | VCES | 6 sessions | $145 |
| 3:50-5:20 p.m. | Wed | Mar. 13-Apr. 24 | |
| **YE3053** | LRES | 6 sessions | $145 |
| 3:50-5:20 p.m. | Thu | Mar. 14-May 2 | |
| **YE3055** | GCES | 6 sessions | $145 |
| 3:50-5:20 p.m. | Fri | Mar. 15-May 10 | |
| **YE3051** | RRES | 6 sessions | $145 |
| 2:30-4 p.m. | Mon | Apr. 8-May 13 | |

### *Valley Fair Park Machines-Grade 1-6*

Learn about aerodynamics, renewable energy, elastic energy and more. Build up to four (4) motorized models.

| | | | |
|---|---|---|---|
| **YE3059** | CGMS | 4 sessions | $100 |
| 6:30-8 p.m. | Wed | Apr. 17-May 8 | |
| **YE3058** | ERHS | 4 sessions | $100 |
| 6:30-8 p.m. | Thu | Apr. 18-May 9 | |

## Multiplayer Minecraft ONLINE *Grade 1-5*

Team up with others in Minecraft!

*Requires a Windows PC or MacBook, the software will not work on Chromebook, tablets or phones.*

### *City Builder-Grade 1-5*

Collaborate with fellow students to construct a city!

| | | | |
|---|---|---|---|
| **YE3115** | Online | 2 sessions | $75 |
| 8-10 a.m. | Sat | Apr. 6-Apr. 13 | |

### *NEW! Master Builders-Grade 1-5*

Work together to complete building challenges.

| | | | |
|---|---|---|---|
| **YE3145** | Online | 1 session | $38 |
| 6-8 p.m. | Thu | Apr. 18 | |

## Dungeons & Dragons 101: One Shot Minecraft Adventure ONLINE *Grade 2-5*

Learn the basics of Dungeon and Dragons. Pick and develop your character and join us for a Minecraft one shot campaign.

*Requires a Windows PC or MacBook, the software will not work on Chromebook, tablets or phones.*

| | | | |
|---|---|---|---|
| **YE3125** | Online | 2 sessions | $56 |
| 6-7:30 p.m. | Wed | Apr. 10-17 | |

## Virtual Reality Coding NEW ONLINE *Grade 3-6*

Design, develop and create 3D Virtual Reality environments and characters using Metaverse's Hatch for kids.

*Requires a Windows PC or MacBook, the software will not work on Chromebook, tablets or phones.*

| | | | |
|---|---|---|---|
| **YE3132** | Online | 2 sessions | $75 |
| 10:30 a.m.-12:30 p.m. | Sat | Apr. 6-13 | |

## Coding: Hacking Java Games ONLINE *Grade 4-8*

Learn Java coding skills while modifying classic games. Coding beginners and more experienced students will love this class.

*Requires a Windows PC or MacBook, the software will not work on Chromebook, tablets or phones. Good keyboarding skills are required.*

| | | | |
|---|---|---|---|
| **YE3116** | Online | 1 session | $56 |
| 9 a.m.-12 p.m. | Sat | Apr. 20 | |

## Code Championship Tournament Series | Virtual Computer Coding Competition *Grade 3-9*

Build a computer bot to play head-to-head against other coders! No experience necessary. The series is made up of four tournaments in four weeks hosted online using Google Meet and the Code Championship website.

*Requires knowing how to navigate the Internet and basic typing and mouse control.*

| | | | |
|---|---|---|---|
| **YE3101** | Online | 4 sessions | $74 |
| 9-11 a.m. | Sat | Apr. 27-May 18 | |

## Sign Up for Summer Session!

View summer STEM classes on page 31.

# SKILLS AND DEVELOPMENT

## Advantage ACT Prep Course *Grade 9-12*

Improve test-taking skills and overall ACT scores. Includes ACT format introduction, subject area instruction, test strategies, overcoming test anxiety and time management.

| | | | |
|---|---|---|---|
| **YE36501** | WHS | 4 sessions | $180 |
| 9:15 a.m.-12:15 p.m. | Sat | Apr. 27-May 18 | |
| **YE36551** | ERHS | 4 sessions | $180 |
| 5:45-8:45 p.m. | Thu | May 2-23 | |

## Virtual Advantage ACT Prep Class ONLINE *Grade 9-12*

An alternative for students unable to attend an in-person class, but still prefers an interactive class. Instructors teach and answer questions live via virtual classroom.

| | | | |
|---|---|---|---|
| **YE36925** | Online | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Sat | May 4-June 1 | |

## Driver Education *Age 14-18*

Community Education offers teen driver's education in partnership with Safeway Driving School. Classroom instruction prepares the student to take the Minnesota permit test and begin the responsibility of driving. The 30 hours of classroom is structured into 10 independent lessons. After class is completed, students who are 15 years old are eligible to take their permit test at any Minnesota exam center. Behind-the-wheel instruction includes six hours of driving in three, two-hour private lessons. All driving is done in a Safeway car on city streets, highways and freeways with a responsible, licensed Safeway instructor.

| | | | |
|---|---|---|---|
| **DE31001** | ERHS | 10 sessions | $419 |
| 3:20-6:20 p.m. | Mon-Thu | Apr. 15-30 | |
| **DE33001** | PHS | 10 sessions | $419 |
| 3:30-6:30 p.m. | Mon-Thu | Apr. 15-30 | |
| **DE34001** | WHS | 10 sessions | $419 |
| 3:20-6:20 p.m. | Mon-Thu | Apr. 15-May 1 | |
| **DE31002** | ERHS | 10 sessions | $419 |
| 3:20-6:20 p.m. | Mon-Thu | May 13-29 | |
| **DE33002** | PHS | 10 sessions | $419 |
| 3:30-6:30 p.m. | Mon-Thu | May 13-30 | |
| **DE34002** | WHS | 10 sessions | $419 |
| 3:20-6:20 p.m. | Mon-Thu | May 13-29 | |

## Driver Education ONLINE *Age 14-18*

A distance learning option with the same content as our in-person course. Classroom instruction is conducted through a secure Zoom platform. Safeway will email the classroom handouts and the MN Driver's Manual in PDF format. **The curriculum should be printed and available to the student for use during class.**

*See in person Driver Education for behind-the-wheel details.*

| | | | |
|---|---|---|---|
| **DE349001** | Online | 10 sessions | $419 |
| 4-7 p.m. | Mon-Thu | Apr. 15-30 | |
| **DE349002** | Online | 10 sessions | $419 |
| 4-7 p.m. | Mon-Thu | May 13-29 | |

**Please note:** The State of Minnesota requires that drivers education distance learning be conducted in a face-to-face platform, which requires that students have video camera and audio capabilities on a laptop, tablet or desktop computer.

**Students will be required to be in front of the camera and interactive for the full three-hour class.**

**Sign Up for Summer Session!**
View summer Skills and Development classes on page 39.

## Try Out Cub Scouting *Grade 2*

Explore topics ranging from the outdoors to STEM! Get prepared for life as you experience a full year of second grade-level Cub Scouts, including three off-site trips.* View details at sowashco.ce.eleyo.com.

| | | | |
|---|---|---|---|
| **YE3411** | CGES* | 15 sessions | $205 |
| 3:15-4:45 p.m. | Tue, Thu, Sat | Mar. 19-May 11 | |

**Off-site trips will be held on Saturday mornings (Apr. 27, May 4 and May 11). Transportation is not provided.*

Paid Advertisement

All BOYS and GIRLS grades K-5 are invited to join

CUB SCOUTS

Scan to JOIN TODAY!

What is Cub Scouts all about?
Outdoor adventures, camping, family outings, games with friends, and character development

Scholarships available. No child will be turned away due to inability to pay.

Learn more at GoScouting.org

NORTHERN STAR SCOUTING

Paid Advertisement

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**ChiroWay of Cottage Grove - 7750 Harkness Ave S #105, Cottage Grove, MN 55016**
**ChiroWay of Woodbury - 650 Commerce Dr #155, Woodbury, MN 55125**

# CAMPS AND CLINICS

Youth athletics emphasizes skill development, team play and active learning in a positive, fun and safe environment.

We offer camps and clinics for children from preschool-grade 12 with varying abilities throughout the year. Our programs are led by certified coaches, licensed teachers and knowledgable staff. Our summer session offers many opportunities to learn from SoWashCo high school athletics coaches and meet players from the East Ridge Raptor, Park Wolfpack and Woodbury Royals athletics programs.

**Offerings may include:**

- Adaptive Recreation
- Basketball
- Baseball
- Flag Football
- Football
- Golf
- Gymnastics
- Multi-sports Camp
- Soccer
- Speed and Strength
- Sports Activity Camp
- Swimming
- Tennis
- Track and Field
- Volleyball

**ATHLETICS CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

## View Summer Camps and Clinics at sowashco.ce.eleyo.com

# RECREATION

## Intro to Ninja *Age 5-13*

Develop strength, flexibility, problem-solving and coordination while learning how to master all obstacles!

| | | | |
|---|---|---|---|
| **YE4262** 5:30-6:30 p.m. | Conquer Ninja Gym Mon | 4 sessions June 3-24 | $95 |
| **YE4261** 5:30-6:30 p.m. | Conquer Ninja Gym Mon | 8 sessions July 8-Aug. 26 | $190 |

## Ninja Summer Camp *Age 6-13*

Give your child an American Ninja Warrior Experience! Develop strength and agility during this camp by learning different styles and techniques to master all obstacles!

| *Conquer Ninja Gym* | | 4 sessions | $175 |
|---|---|---|---|
| **YE4271** | 9-11 a.m. | Mon-Thu | June 10-13 |
| **YE4272** | 9-11 a.m. | Mon-Thu | June 17-20 |
| **YE4273** | 9-11 a.m. | Mon-Thu | June 24-27 |
| **YE4274** | 9-11 a.m. | Mon-Thu | July 8-11 |
| **YE4275** | 9-11 a.m. | Mon-Thu | July 15-18 |
| **YE4276** | 9-11 a.m. | Mon-Thu | July 22-25 |
| **YE4277** | 9-11 a.m. | Mon-Thu | July 29-Aug. 1 |
| **YE4278** | 9-11 a.m. | Mon-Thu | Aug. 5-8 |
| **YE4279** | 9-11 a.m. | Mon-Thu | Aug. 12-15 |
| **YE4280** | 9-11 a.m. | Mon-Thu | Aug. 19-22 |
| **YE4281** | 9-11 a.m. | Mon-Thu | Aug. 26-29 |

## Conquer Ninja Rec Team *Age 6-13*

Develop confidence, strength, endurance, balance, and friendships with a fun, unique sport! This course consists of 6 practices and 2 competitions.

| *Conquer Ninja Gym* | | 8 sessions | $199 |
|---|---|---|---|
| **YE4265** | 5-6 p.m. | Wed | July 10-Aug. 28 |
| **YE4266** | 9-10 a.m. | Fri | July 12-Aug. 30 |
| **YE4267** | 5-6 p.m. | Fri | July 12-Aug. 30 |

## Parent Child Ninja Class *Age 5+*

You and your ninja will work together to tackle ninja obstacles and problem-solve courses while building self-esteem!

**YE4264** Sat — Conquer Ninja Gym, 4 sessions, 9-10 a.m., June 8-29
Parent + 1 child ..... $139
Additional family member ..... $100

**YE4263** Sat — Conquer Ninja Gym, 8 sessions, 9-10 a.m., July 13-Aug. 31
Parent + 1 child ..... $275
Additional family member ..... $100

## Bowling Club *Grade 1-7*

Learn the skills and techniques of bowling and to meet new friends. No experience necessary.

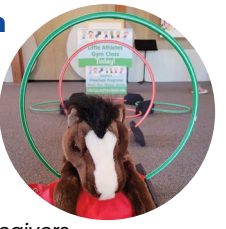
| | | | |
|---|---|---|---|
| **YE275** 11 a.m.-12 p.m. | Park Grove Bowl Sat | 6 sessions June 15-July 27 | $84 |

## Serenity Farm Horse Camp *Age 6-12*

Spark Equestrian's day camps at Serenity Farm teach kids the basics of horse care, grooming and riding.

| *Serenity Farm* | | 1 session | $125 |
|---|---|---|---|
| **YE4526** | 9 a.m.-2 p.m. | Wed | June 12 |
| **YE4527** | 9 a.m.-2 p.m. | Wed | June 19 |
| **YE4528** | 9 a.m.-2 p.m. | Wed | June 26 |
| **YE4529** | 9 a.m.-2 p.m. | Wed | July 10 |
| **YE4530** | 9 a.m.-2 p.m. | Wed | July 17 |
| **YE4531** | 9 a.m.-2 p.m. | Wed | July 24 |
| **YE4532** | 9 a.m.-2 p.m. | Wed | July 31 |
| **YE4533** | 9 a.m.-2 p.m. | Wed | Aug. 7 |
| **YE4534** | 9 a.m.-2 p.m. | Wed | Aug. 14 |
| **YE4535** | 9 a.m.-2 p.m. | Wed | Aug. 21 |
| **YE4536** | 9 a.m.-2 p.m. | Wed | Aug. 28 |

## Miss Laura's Little Athlete's Gym Class *Ages 1-5*



With a little help, kids can build strong, healthy bodies and minds through play. Engage in music, movement, and play activities that encourages a lifelong habit of fitness.

*Children must be accompanied by their caregivers.*

| | | | |
|---|---|---|---|
| **YE4751** 9 a.m.-9:55 a.m. | All Saints Lutheran Wed | 7 sessions June 5-July 24 | $105 |
| **YE4755** 10 a.m.-10:55 a.m. | All Saints Lutheran Wed | 7 sessions June 5-July 24 | $105 |

**RECREATION CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# CREATE

## Sewing with Nena's Designs

Learn sewing basics, hand and machine sewing techniques and the fashion world from experienced apparel designer Nena Rivas. Create projects from start to finish.

### Creative Sewing *Age 8-12*

| | | | |
|---|---|---|---|
| **YE4600** 4-6 p.m. | Nena's Designs Wed | 4 sessions June 5-26 | $118.00 |
| **YE4601** 4-6 p.m. | Nena's Designs Wed | 4 sessions July 10-24 | $118.00 |
| **YE4602** 4-6 p.m. | Nena's Designs Wed | 4 sessions Aug. 7-28 | $118.00 |

### Intensive Sewing Camp *Grade 4-8*

| | | | |
|---|---|---|---|
| **YE41208** 9 a.m.-1 p.m. | Nena's Designs Mon | 1 session June 24 | $96 |
| **YE41209** 9 a.m.-1 p.m. | Nena's Designs Mon | 1 session July 22 | $96 |
| **YE41210** 9 a.m.-1 p.m. | Nena's Designs Mon | 1 session Aug. 19 | $96 |

## Young Rembrandts - The Power of Drawing

Young Rembrandts offers drawing classes that help increase academic skills, fine motor skills, social skills, hand and eye coordination and confidence.

### YR Baby Animals *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4105** | LMS | 4 sessions | $161 |
| 9 a.m.-12 p.m. | Tue-Fri | June 11-14 | |

### Pastel Drawing Workshop-Across the Continents *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4106** | CGMS | 4 sessions | $161 |
| 9 a.m.-12 p.m. | Mon, Tue, Thu, Fri | June 17-18, 20-21 | |

### Funny Kitchen Cartoons *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4107** | LMS | 5 sessions | $194 |
| 9 a.m.-12 p.m. | Mon-Fri | June 24-28 | |

### Mysterious World of Egypt *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4108** | CGMS | 3 sessions | $124 |
| 9 a.m.-12 p.m. | Mon-Wed | July 1-3 | |

### Anime Fashionista *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4109** | CGMS | 5 sessions | $193 |
| 9 a.m.-12 p.m. | Mon-Fri | July 8-12 | |

### Fashion Runway 2: Tween Style *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4110** | LMS | 5 sessions | $193 |
| 1-4 p.m. | Mon-Fri | July 15-19 | |

### Favorite Apps and Video Games Art *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4111** | LMS | 5 sessions | $193 |
| 1-4 p.m. | Mon-Fri | July 22-26 | |

### Summerween *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4112** | CGMS | 4 sessions | $161 |
| 9 a.m.-12 p.m. | Mon-Thu | July 29-Aug. 1 | |

### Pastel Drawing Workshop-Ocean Life *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4113** | CGMS | 4 sessions | $161 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 5-8 | |

### Fantasy Forest *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4114** | LMS | 4 sessions | $161 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 12-15 | |

### WORLD of S.T.E.A.M. *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4115** | LMS | 4 sessions | $161 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 12-15 | |

**CREATE CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

## Partner Painting *Adult and Child Paint Date*

Team up to create a painting together. Guided by a professional artist each partner will work on a different side of a canvas. At the end of class join the two sides to create one complete artwork.

### *"Love you Always"-Grades K-5*

| | | | |
|---|---|---|---|
| **YE4251** | ERHS | 1 session | $50 |
| 5:30-7:30 p.m. | Tue | June 11 | |

### *"Camp Night"-Ages 10+*

| | | | |
|---|---|---|---|
| **YE4252** | ERHS | 1 session | $62 |
| 5:30-7:30 p.m. | Mon | July 8 | |

## Abrakadoodle

Remarkable art for kids! Explore artists, techniques and world cultures as you use a wide variety of materials, such as paints, wire, clays and more.

### "I Love to Draw" Drawing Camp *Grades 1-5*

| | | | |
|---|---|---|---|
| **YE4103** | LMS | 4 sessions | $124 |
| 12:30-2:30 p.m. | Mon-Thu | July 15-18 | |

### Cartoons, Clay and Crafts *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4104** | LMS | 4 sessions | $124 |
| 10 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

### Adventures in Art *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4101** | LMS | 4 sessions | $124 |
| 10 a.m.-12 p.m. | Mon-Thu | July 29-Aug. 1 | |

### Abrakadoodle Fabulous *Grades K-5*

| | | | |
|---|---|---|---|
| **YE4102** | LMS | 4 sessions | $124 |
| 12:30-2:30 p.m. | Mon-Thu | July 29-Aug. 1 | |

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Looking for an alternative to PCA?

PICS handles the details of self-direction for individuals with disabilities and older adults who receive waiver funds to remain in their own homes and communities.

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PICS is a subsidiary of Lutheran Social Service of Minnesota.

# CREATE

## Kidcreate Studio

Specializes in children's art classes that inspire kids to create fridge-worthy masterpieces, learn art concepts, and experiment with many different art materials.

**Our Favorite Friends** *Ages 3-6*

| | | | |
|---|---|---|---|
| **YE4410** | CGMS | 3 sessions | $150 |
| 9 a.m.-12 p.m. | Tue-Thu | June 11-13 | |

**Slime-Tastic Art** *Age 5-12*

| | | | |
|---|---|---|---|
| **YE4421** | CGMS | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Tue-Fri | June 11-14 | |

**The How To's of Drawing** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4422** | CGMS | 4 sessions | $180 |
| 1-4 p.m. | Tue-Fri | June 11-14 | |

**Mini Mania** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4428** | LMS | 1 session | $47 |
| 1-4 p.m. | Tue | June 11 | |

**Dino Day!** *Ages 3-6*

| | | | |
|---|---|---|---|
| **YE4413** | CGMS | 1 session | $47 |
| 9 a.m.-12 p.m. | Fri | June 14 | |

**STEAM-sational Art** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4427** | LMS | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Mon, Tue, Thu, Fri | June 17-18, 20-21 | |

**Succulent Garden Making** *Ages 9-14*

| | | | |
|---|---|---|---|
| **YE4434** | LMS | 1 session | $31 |
| 10:30 a.m.-12 p.m. | Tue | June 18 | |

**Pikachu & His Pokemon Pals** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4424** | LMS | 1 session | $47 |
| 1-4 p.m. | Thu | June 20 | |

**Reveal Candle Making** *Ages 9-14*

| | | | |
|---|---|---|---|
| **YE4433** | CGMS | 1 session | $31 |
| 10:30 a.m.-12 p.m. | Thu | June 20 | |

**Pink, Purple and Cute as Can Be** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4414** | LMS | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Mon-Thu | June 24-27 | |

**Introductory Drawing** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4423** | LMS | 1 session | $112 |
| 9 a.m.-3 p.m. | Mon | June 24 | |

**Scent-sational Art** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4411** | CGMS | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |

**Slime Time with Minnie and Mickey** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4416** | CGMS | 1 session | $47 |
| 9 a.m.-12 p.m. | Fri | July 12 | |

**Tie Dye Party** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4425** | LMS | 1 session | $47 |
| 9 a.m.-12 p.m. | Fri | July 12 | |
| **YE4426** | CGMS | 1 session | $47 |
| 1-4 p.m. | Thu | Aug. 8 | |

**IlluminArt** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4412** | LMS | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

**Squishy Squashmallows** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4418** | LMS | 1 session | $47 |
| 9 a.m.-12 p.m. | Fri | July 19 | |

**Beyond Pokemon** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4415** | LMS | 3 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Wed | July 22-24 | |

**Mario Mushroom** *Ages 4-9*

| | | | |
|---|---|---|---|
| **YE4417** | LMS | 1 session | $47 |
| 1-4 p.m. | Thu | July 25 | |

**Nailed It!** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4419** | CGMS | 4 sessions | $180 |
| 1-4 p.m. | Mon-Thu | July 29-Aug. 1 | |

**Advanced Drawing-Anime** *Ages 7-12*

| | | | |
|---|---|---|---|
| **YE4431** | CGMS | 1 session | $112 |
| 9 a.m.-3 p.m. | Tue | July 30 | |

**Advanced Watercolor Techniques** *Ages 9-14*

| | | | |
|---|---|---|---|
| **YE4432** | CGMS | 1 session | $112 |
| 9 a.m.-3 p.m. | Wed | July 31 | |

**Modern Masters in Clay** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4420** | LMS | 4 sessions | $180 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 5-8 | |

**Masters in the Morning-Picasso** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4429** | LMS | 1 session | $47 |
| 9 a.m.-12 p.m. | Mon | Aug. 5 | |

**State Fair Food** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4430** | LMS | 1 session | $47 |
| 1-4 p.m. | Mon | Aug. 5 | |

## KidScientific from Kidcreate Studio

Let your imagination soar and your love for science blossom. KidScientific aims to cultivate the next generation of scientists, innovators, and thinkers who will shape the world

**Foam, Slime & Potions** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4435** | LMS | 2 sessions | $109 |
| 9 a.m.-12 p.m. | Thu-Fri | June 20-21 | |

**LED's, Circuits & Conductivity** *Ages 5-12*

| | | | |
|---|---|---|---|
| **YE4436** | LMS | 2 sessions | $109 |
| 9 a.m.-12 p.m. | Mon-Tue | July 1-2 | |

**CREATE CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# PERFORMING ARTS

## IMPROV: Acting without a Script

Learn communication skills, self-confidence and respect towards other's ideas while playing improv games and learning theater basics. Come out and play!

***Grade 3-5***

| | | | |
|---|---|---|---|
| **YE4131** | LMS | 5 sessions | $162 |
| 10 a.m.-12 p.m. | Mon-Fri | July 22-26 | |

***Grade 6-9***

| | | | |
|---|---|---|---|
| **YE4130** | LMS | 5 sessions | $162 |
| 10 a.m.-12 p.m. | Mon-Fri | July 15-19 | |

***Grade 5-8***

| | | | |
|---|---|---|---|
| **YE4132** | LMS | 5 sessions | $162 |
| 10 a.m.-12 p.m. | Mon-Fri | Aug. 5-9 | |

## Character Kids

Learn the basics of acting, singing and musical theater dance while having fun.

*Family and friends are invited to a special performance on the last day of camp.*

**Disney Drama** ***Grade 2-6***

Explore iconic songs and scenes from Disney musicals.

| | | | |
|---|---|---|---|
| **YE4140** | CGMS | 5 sessions | $169 |
| 9 a.m.-12 p.m. | Mon-Fri | June 10-14 | |

**Songs and Scenes from Frozen** ***Grade 2-6***

Learn songs and scenes from this popular Disney musical.

| | | | |
|---|---|---|---|
| **YE4141** | LMS | 5 sessions | $169 |
| 9 a.m.-12 p.m. | Mon-Fri | July 15-19 | |

## Locally Grown Theatre

Cultivate your inner artist as you sing, dance and act with this community theater program.

**The Little Mermaid** ***Grade 2-5***

A fresh twist on the classic tale of 'The Little Mermaid'.

| | | | |
|---|---|---|---|
| **YE4181** | PHS | 5 sessions | $200 |
| 9 a.m.-4 p.m. | Mon-Fri | June 24-28 | |

**Camelot and Camelittle** ***Grade 6-8***

Embark on an epic adventure with a spunky and fearless aspiring knight.

| | | | |
|---|---|---|---|
| **YE4182** | PHS | 10 sessions | $300 |
| 9 a.m.-4 p.m. | Mon-Fri | July 8-19 | |

**The Drowsy Chaperone** ***Age 14-19***

Immerse yourself in theatrical magic with this comedic ode to the golden age of musicals!

***Performers-Auditions will be held on the first day***

| | | | |
|---|---|---|---|
| **YE4183** | PHS | 10 sessions | $300 |
| 9 a.m.-4 p.m. | Mon-Fri | July 22-Aug. 2 | |

***Technical Crew-Work behind the scenes***

| | | | |
|---|---|---|---|
| **YE4184** | PHS | 10 sessions | $300 |
| 9 a.m.-4 p.m. | Mon-Fri | July 22-Aug. 2 | |

**Sprouts Camp: Pirates and Mermaids** ***Grade K-2***

Learn the art of acting, while exploring the magical worlds of pirates and mermaids.

| | | | |
|---|---|---|---|
| **YE4185** | PHS | 5 sessions | $200 |
| 10 a.m.-3 p.m. | Mon-Fri | Aug. 12-16 | |

# MUSIC

## 30-minute Private Music Lessons

One-on-one instruction with an experienced musician. Register time slot that best fits your schedule.

***String, piano, voice, etc. with Michelle Dunkirk-Age 8+***

| | | |
|---|---|---|
| Tuesdays | 10 sessions | $350 |
| Wednesdays | 9 sessions | $315 |

***Guitar or banjo with George McCorkell-Grade 4-12***

| | | |
|---|---|---|
| Tuesdays | 9 sessions | $279 |

## Mommy & Me Miss Laura's A Little Music In Me

***Ages 1-5***

With a little help and music, children can improve their vocabulary, memory, cognitive abilities, listening and auditory processing skills, rhythm and more. We'll focus on singing, keeping a steady beat, coordination and listening.

*Children must be accompanied by their caregivers.*

| | | | |
|---|---|---|---|
| **YE4851** | All Saints Lutheran | 7 sessions | $105 |
| 9 a.m.-9:55 a.m. | June 6-July 25 | | |
| **YE4853** | All Saints Lutheran | 7 sessions | $105 |
| 10 a.m.-10:55 a.m. | June 6-July 25 | | |

**PERFORMING ARTS AND MUSIC CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

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# STEM

## Robotic Builders *Grade K-3*

Learn about simple machines, engineering, programming, and more while building LEGO® Education models featuring working motors, tilt sensors, motion detectors and a LEGO® USB Robotics Hub.

***Marine Explorers Grade K-3***

| | | | |
|---|---|---|---|
| **YE4309** | CGMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Tue-Fri | June 11-14 | |

***Castles and Kingdoms Grade K-3***

| | | | |
|---|---|---|---|
| **YE4314** | LMS | 4 sessions | $150 |
| 1-4 p.m. | Mon, Tue, Thu, Fri | June 17-21 | |

***Space and Star Wars Grade K-4***

| | | | |
|---|---|---|---|
| **YE4323** | LMS | 3 sessions | $112 |
| 1-4 p.m. | Mon-Wed | July 1-3 | |

***Mighty Machines Grade K-3***

| | | | |
|---|---|---|---|
| **YE4331** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

***Battlebots Grade K-4***

| | | | |
|---|---|---|---|
| **YE4342** | LMS | 4 sessions | $150 |
| 1-4 p.m. | Mon-Thu | July 29-Aug. 1 | |

## Star Wars Jedi Movie Making & STEAM Camp *Grade 1-5*

Work on a stop-motion animated Star Wars short. Create and design out-of-this-world scenes, vehicles, starships and props. Then, learn the digital filmmaking process from start to finish.

*Basic reading skills are needed.*

| | | | |
|---|---|---|---|
| **YE4310** | CGMS | 4 sessions | $156 |
| 1-4 p.m. | Tue-Fri | June 11-14 | |

## Intro to Java NEW *Grade 4-7*

Dive into the world of a widely used and versatile programming language. Learn Java coding basics and develop creativity, critical-thinking and problem-solving skills with fun coding challenges and puzzles.

| | | | |
|---|---|---|---|
| **YE4311** | LMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Tue-Fri | June 11-14 | |

## Minecraft Game Designer: Custom Adventure Maps NEW *Grade 3-7*

Turn Minecraft from a game into a visual learning tool! Create your own themed adventure maps while earning about programming and game design concepts.

*Basic reading skills are needed.*

| | | | |
|---|---|---|---|
| **YE4312** | LMS | 4 sessions | $156 |
| 1-4 p.m. | Tue-Fri | June 11-14 | |

## X-Treme Build & Race! RC Cars using LEGO® *Grade K-3*

Take your Lego® building skills to next level! Build an amazing RC car and race against friends and join in other super fun activities too!

*LEGO® projects will NOT be taken home.*

| | | | |
|---|---|---|---|
| **YE4210** | CGMS | 4 sessions | $179 |
| 9-11:55 a.m. | Tue-Fri | June 11-14 | |

**STEM CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

## Camp Invention *Grade K-5*

Don't miss out on our all-new Camp Invention® program! During this nationally acclaimed program, you'll team up with friends for hands-on, open-ended STEM fun. Each experience is designed to spark curiosity, build persistence and create an unforgettable summer.

| | | | |
|---|---|---|---|
| **YE4918** | LMS | 5 sessions | $270 |
| 9 a.m.-3:30 p.m. | Mon-Fri | June 10-14 | |
| **YE4919** | CGMS | 5 sessions | $270 |
| 9 a.m.-3:30 p.m. | Mon-Fri | June 24-28 | |

## Hogwarts' Secret Magic Lab *Grade 1-5*

Immerse yourself in the magic world of wizards. Create a magic light-up wand, mix up fun concoctions, engineer your own locomotive, create your very own Golden Snitch™!

| | | | |
|---|---|---|---|
| **YE4211** | CGMS | 4 sessions | $179 |
| 9-11:55 a.m. | Tue-Fri | June 11-14 | |

## Drone Racing and Rocket Launching *Grade 2-5*

Race drones against your friends and learn the science behind flight, the basics of model rocketry and how to shoot rockets up to 300 feet and more up into "space"!

| | | | |
|---|---|---|---|
| **YE4212** | CGMS | 4 sessions | $185 |
| 1-4 p.m. | Tue-Fri | June 11-14 | |

## Candy Lab *Grade K-4*

Discover the amazing science and chemistry behind your favorite sweets. Blend awesome sugary mixes and design packing for your creations, including Gummy Bears, edible slime and so much more!

*Unsuitable for students with food allergies.*

| | | | |
|---|---|---|---|
| **YE4213** | CGMS | 4 sessions | $181 |
| 1-4 p.m. | Tue-Fri | June 11-14 | |

## GoSolar! Kidz

Explore the world of solar energy while learning how to problem solve and stretch your imagination. Build epic solar powered machines.

***Solar Car, Robot, and Machines-Grade K-6***

| | | | |
|---|---|---|---|
| **YE4303** | CGMS | 4 sessions | $199 |
| 9 a.m.-12 p.m. | Mon, Tue, Thu, Fri | June 17-21 | |

***Solar Power Your Drone-Grade K-6***

| | | | |
|---|---|---|---|
| **YE4304** | CGMS | 4 sessions | $199 |
| 1-4 p.m. | Mon, Tue, Thu, Fri | June 17-21 | |

## Pokemania STEAM Adventure *Grade 1-4*

Work on a stop-motion animated Pokémon-themed film. Pick your favorite characters to star in your mini-movie. The possibilities are endless!

*Basic reading skills are needed.*

| | | | |
|---|---|---|---|
| **YE4313** | LMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon, Tue, Thu, Fri | June 17-21 | |

# STEM

## Minecraft Coding: Redstone & Automation NEW

*Grade 3-7*

Unlock the secrets of Minecraft's redstone and take your in-game creations to the next level. You'll learn and apply engineering, automation and programming concepts.

| | | | |
|---|---|---|---|
| **YE4315** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon, Tue, Thu, Fri | | June 17-21 |

## Extreme Robotics *Grade 3-8*

Work in small teams to build remote-controlled robots while learning programming and engineering skills. Compete in robotic challenges or tournaments.

***Robot Wars-Grade 3-7***

| | | | |
|---|---|---|---|
| **YE4316** | CGMS | 4 sessions | $150 |
| 1-4 p.m. | Mon, Tue, Thu, Fri | June 17-21 | |

***Battlebots-Grade 4-8***

| | | | |
|---|---|---|---|
| **YE4330** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |

***NEW! Bionic Beasts & Creatures-Grade 4-8***

| | | | |
|---|---|---|---|
| **YE4340** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |

## Minecraft Pokémon Adventures *Grade 2-5*

Minecraft and Pokémon combined! Explore amazing Minecraft Pokémon Worlds. Take your adventure to the next level as you learn how to import mods and texture packs.

| | | | |
|---|---|---|---|
| **YE4214** | CGMS | 4 sessions | $185 |
| 9-11:55 a.m. | Mon, Tue, Thu, Fri | June 17-21 | |

## Minecraft World Edit *Grade 2-5*

Because YOU asked for it-we created this extraordinary Minecraft camp! Learn how to modify the way Minecraft is played as you explore awesome commands to build your very own project.

| | | | |
|---|---|---|---|
| **YE4215** | CGMS | 4 sessions | $185 |
| 1-4 p.m. | Mon, Tue, Thu, Fri | | June 17-21 |

## Build-A-Bot Camp *Grade 2-6*

Introduce yourself to the field of robotics. Learn about sensors, motors and coding by building and programming LEGO® robots in small groups. Complete challenges and work to improve your builds throughout the week

| | | | |
|---|---|---|---|
| **YE4171** | LMS | 4 sessions | $163 |
| 9 a.m.-12 p.m. | Mon, Tue, Thu, Fri | June 17-21 | |

## Computer Club *Grade 6-8*

Learn about computer parts, build a computer and research computer topics. Plus, learn from guest speaker(s) on topics ranging from Security and/or Artificial Intelligence/Machine Learning (AI/ML).

| | | | |
|---|---|---|---|
| **YE4081** | LMS | 2 sessions | $34 |
| 9 a.m.-12 p.m. | Mon, Tue | June 17-18 | |
| **YE4082** | LMS | 2 sessions | $34 |
| 9 a.m.-12 p.m. | Thu, Fri | June 20-21 | |

**STEM CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

## Battle Drones *Grade 3-8*

Work with a team to build robotic launchers designed to fling projectiles at your opponents' drones. Then join in an epic battle where you'll pilot your drone to safety while dodging projectiles and using your own launchers to take down your opponents' drones.

| | | | |
|---|---|---|---|
| **YE4305** | LMS | 3 sessions | 9 a.m.-12 p.m. |
| Mon-Wed | June 24-26 | | |

Registration only.....$99
Registration + take home drone..... $149

## Sky Lens Workshop *Grade 4-9*

Explore the realm of aerial imaging using photography drones. Learn drone piloting, how to capture stunning videos and pictures from the skies and digital editing on computers.

| | | | |
|---|---|---|---|
| **YE4306** | LMS | 3 sessions | 1-4 p.m. |
| Mon-Wed | June 24-26 | | |

Registration only.....$99
Registration + take home drone..... $149

## Multiplayer Minecraft

Team up with others in Minecraft. Beginners and experienced players will love these action-packed camps!

***City Builder-Grade K-4***

Collaborate with fellow students to construct a city!

| | | | |
|---|---|---|---|
| **YE4317** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | June 24-27 | |

***NEW! Block Hunter-Grade 1-5***

Work with others to find the hidden blocks and animals.

| | | | |
|---|---|---|---|
| **YE4332** | LMS | 4 sessions | $156 |
| 1-4 p.m. | Mon-Thu | July 15-18 | |

***NEW! Master Builders-Grade 1-5***

Learn basic and not so basic building techniques and complete building challenges.

| | | | |
|---|---|---|---|
| **YE4336** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |

***NEW! Survival Camp Grade 3-6***

Explore, overcome challenges and complete quests.

| | | | |
|---|---|---|---|
| **YE4343** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 29-Aug. 1 | |

***Theme Park Builder Grade K-4***

Create a custom theme park.

| | | | |
|---|---|---|---|
| **YE4352** | LMS | 4 sessions | $156 |
| 1-4 p.m. | Mon-Thu | Aug. 12-15 | |

## RC Robotics *Grade 2-6*

Explore robotic concepts. In small teams work step-by-step through projects and example programs. Learn about science, engineering, and technology while having FUN completing hands-on projects.

| | | | |
|---|---|---|---|
| **YE4319** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | June 24-27 | |

### Video Production for YouTube *Grade 1-5*

Practice storytelling and film production techniques for YouTube. Edit your video, add transitions, insert a soundtrack.

***NEW! Podcasting & Vlogging Grade 1-5***

Learn how to produce a video podcast! Explore ideas, make a script map and more.

| | | | |
|---|---|---|---|
| **YE4318** | CGMS | 4 sessions | $163 |
| 1-4 p.m. | Mon-Thu | June 24-27 | |

***NEW! YouTube Shorts, IG Reels & Tik Tok Grade 3-6***

Practice storytelling and film production techniques, including motion graphics and special effects.

| | | | |
|---|---|---|---|
| **YE4334** | CGMS | 4 sessions | $162 |
| 1-4 p.m. | Mon-Thu | July 15-18 | |

***NEW! "Top" List Creator Grade 1-4***

Learn tricks that pro filmmakers use to create top 10 or favorite list videos.

| | | | |
|---|---|---|---|
| **YE4347** | CGMS | 4 sessions | $162 |
| 1-4 p.m. | Mon-Thu | Aug. 5-8 | |

### Dungeons & Dragons STEAM Camp NEW *Grade 3-7*

Explore this classic role-playing game, create your own character, and embark on a short one-shot adventure. Participate in D&D-related STEAM activities, like creating your own D&D-inspired video game.

*Students should have basic reading skills.*

| | | | |
|---|---|---|---|
| **YE4320** | LMS | 4 sessions | $156 |
| 1-4 p.m. | Mon-Thu | June 24-27 | |

### Strategy Game Coding: Tower Defense NEW *Grade 5-9*

Embark on a journey as you create your own web-based strategy game. Using Construct 3, a user-friendly visual coding platform, you'll learn the fundamentals of programming while building a Tower Defense-style game.

| | | | |
|---|---|---|---|
| **YE4321** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | June 24-27 | |

### Glow-in-the Dark Engineering *Grade 1-4*

Explore glow in the dark pigments and learn the difference between fluorescent vs luminescent. We'll also use LED lights to create a handy flashlight, light up under water sea monsters, engineer a cool night lamp, and more!

| | | | |
|---|---|---|---|
| **YE4216** | LMS | 4 sessions | $179 |
| 9-11:55 a.m. | Mon-Thu | June 24-27 | |

### Ultimate YouTube Super Star *Grade 3-7*

Learn the ins and outs of producing YouTube videos, with invaluable tips on how to take your video to the next level. Create art for your channel, learn about fair use and copyright, and how to masterfully record, edit and upload videos.

| | | | |
|---|---|---|---|
| **YE4217** | LMS | 4 sessions | $185 |
| 9-11:55 a.m. | Mon-Thu | June 24-27 | |
| **YE4219** | CGMS | 4 sessions | $185 |
| 9-11:55 a.m. | Mon-Thu | July 8-11 | |

### Ultimate Pokémon STEAM Adventure *Grade 1-4*

Engineer your own Pokémon Light-Up Card, create a Pokémon-themed Night Lamp, tinker a marching Pokémon, build a Pokéball launcher and more. Bring your Pokémon Cards to trade with friends at the end of each day of camp!

| | | | |
|---|---|---|---|
| **YE4218** | LMS | 4 sessions | $179 |
| 1-4 p.m. | Mon-Thu | June 24-27 | |

### YEL Woodworking *Grade 4-7*

Build a picture frame, a race car, catapult and trophy display base. Learn to measure, cut, sand, paint and as you learn about basic tools (hammers, nails, screwdriver, measuring tape, t-square and more).

*Safety is our first priority. No power tools will be used in class.*

| | | | |
|---|---|---|---|
| **YE4125** | LMS | 4 sessions | $185 |
| 9 a.m.-12 p.m. | Mon-Thu | June 24-27 | |

### Intro to Video Game Design with Nintendo *Grade 1-4*

Create YOUR OWN VIDEO GAME! Choose your storyline with popular Nintendo characters as your stars. Add challenges and difficulty levels. You'll practice math, logic, and programming. Then share you game with others!

*Students should have basic reading skills*

| | | | |
|---|---|---|---|
| **YE4322** | LMS | 3 sessions | $118 |
| 9 a.m.-12 p.m. | Mon-Wed | July 1-3 | |

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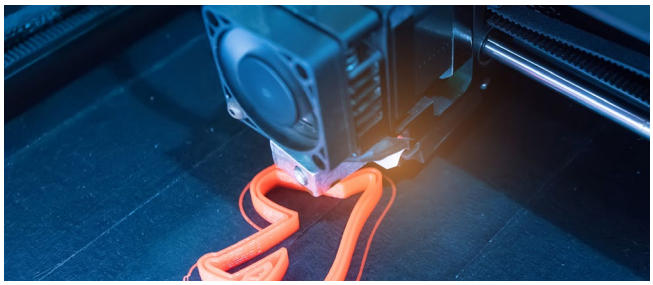
# STEM



## 3D Printing *Grade 2-7*

Bring your creations to life in this 3D printing class using TinkerCAD and 3D printers. Students will learn to build 2D and 3D models on the computer using CAD software.

***3D Printing: Jewelry Fabrication & Arts Grade 2-6***

Design and print a pair of earrings, a ring or a pendant.

| | | | |
|---|---|---|---|
| **YE4324** | CGMS | 3 sessions | $128 |
| 9 a.m.-12 p.m. | Mon-Wed | July 1-3 | |

***NEW! 3D Printing Dungeons & Dragons Grade 3-7***

Design and print custom 4-sided and 10-sided D&D dice.

| | | | |
|---|---|---|---|
| **YE4328** | LMS | 4 sessions | $169 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |

***NEW! 3D Printing: Harry Potter Grade 3-6***

Build a wand model. Create and print a magical pendant.

| | | | |
|---|---|---|---|
| **YE4354** | CGMS | 4 sessions | $169 |
| 1-4 p.m. | Mon-Thu | Aug. 12-15 | |

## Coding: Hacking Java Games *Grade 3-7*

Learn Java coding skills while modifying games such as Asteroids, Tetris, Snake, and more! Beginners and experienced coders will love this class.

*Requires keyboarding skills.*

| | | | |
|---|---|---|---|
| **YE4325** | CGMS | 3 sessions | $118 |
| 9 a.m.-12 p.m. | Mon-Wed | July 1-3 | |

## Intro to Digital Art *Grade 3-8*

Blend fun, skill development and your imagination while exploring the fundamentals of digital drawing. Apply what you learn to a real world application when you choose your favorite design to be printed on a canvas or T-shirt and shipped home after the camp!

| | | | |
|---|---|---|---|
| **YE4307** | CGMS | 3 sessions | $124 |
| 9 a.m.-12 p.m. | Mon-Wed | July 8-10 | |

## RC Wars *Grade 4-9*

Working in a team build Remote Control vehicles to race and battle against other teams. RC Wars will feature land and air races, obstacle courses and more as you learn mechanical and electrical building skills.

| | | | |
|---|---|---|---|
| **YE4308** | CGMS | 3 sessions | 1-4 p.m. |
| Mon-Wed | July 8-10 | | |

Registration only.....$99
Registration + take home drone..... $149

## Intro to Game Coding *Grade 1-3*

Learn to create an interactive 2D video game using your FAVORITE characters. Choose characters from Pokémon, Nintendo, Minecraft, and classic games like Donkey Kong, Pac-Man, Sonic, and Mario!

*Basic computer skills needed (keyboarding and mouse skills).*

| | | | |
|---|---|---|---|
| **YE4326** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |

## Minecraft Mod Dev NEW

***Grade 1-6***

Learn to make Java mods for Minecraft: Java Edition using MCreator. Share your mods with family and friends.

*Computer skills are needed (includes good keyboarding).*

***NEW! Custom Sword & Tools Grade 1-5***

Create a custom sword and tools.

| | | | |
|---|---|---|---|
| **YE4327** | CGMS | 4 sessions | $156 |
| 1-4 p.m. | Mon-Thu | July 8-11 | |

***New! Lucky Blocks & Ores Grade 3-6***

Learn how to make new blocks and ores.

| | | | |
|---|---|---|---|
| **YE4333** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

## Virtual Reality Coding NEW *Grade 3-6*

Design, develop and create 3D Virtual Reality environments and characters using Metaverse's Hatch for kids.

*Requires a Windows PC or MacBook, the software will not work on Chromebook, tablets or phones.*

| | | | |
|---|---|---|---|
| **YE4329** | LMS | 4 sessions | $162 |
| 1-4 p.m. | Mon-Thu | July 8-11 | |

## Glam Lab- Stunning Science

***Grade 1-4***

Back by popular demand! Join us at this glitz and glam camp and make your own Fizzy Bath Bombs, Shimmering Lip Balm, Soaps, Shower Dough, Glam Goo, Exfoliating Salt Scrub, and many more fun science experiments!

| | | | |
|---|---|---|---|
| **YE4220** | LMS | 4 sessions | $185 |
| 1-4 p.m. | Mon-Thu | July 8-11 | |

## YEL Chess Summer *Grade 1-5*

Battle summer brain drain as you progress through 60+ chess lessons and thousands of puzzles and guided games. The session concludes with an in-class tournament.

*Includes ChessKid.com membership for the session.*

| | | | |
|---|---|---|---|
| **YE4120** | LMS | 4 sessions | $141 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |

## Stock Market & Entrepreneur Camp *Grade 6-9*

Learn how the stock market works by analyzing real time data and trades using a stock market simulator. Make simulated trades, create 3 portfolios, learn about IPOs and gain valuable insight into how Mutual Funds work.

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|---|---|---|---|
| **YE4165** | LMS | 4 sessions | $194 |
| 1 p.m.-4 p.m. | Mon-Thu | July 8-11 | |

**STEM CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# STEM

## Space Exploration *Grade 2-6*

Explore the wonders of our solar system and the physics of spaceflight. Activities include building a glow in the dark constellation, making a planisphere for stargazing, a hanging DIY planet and model rockets.

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|---|---|---|---|
| **YE4172** | LMS | 4 sessions | $163 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |
| **YE4173** | CGMS | 4 sessions | $163 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |

## Robotics and STEM Program *Grade 1-6*

Develop logical thinking ability while learning about programming and STEM concepts. Build up to eight (8) different motorized Robotic and Engineering models with a Harvard and European Union recognized program.

### *Large Machines Grade 1-6*

Learn about Kinetic/Potential Energy, Chain Transmissions, Newton's Laws, Centrifugal force and more.

| | | | |
|---|---|---|---|
| **YE4301** | LMS | 4 sessions | $200 |
| 9 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

### *Special Machines Grade 1-6*

Learn about Moon missions, Radar sensors, Gear transmissions, science behind rhythm, Vibration and more.

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|---|---|---|---|
| **YE4302** | LMS | 4 sessions | $199 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |

## Artificial Intelligence and Machine Learning with Python NEW *Grade 5-9*

Curious about how computers can learn, make decisions, and even think like humans? Discover what AI is all about and explore its various applications in today's world.

*Requires basic computer skills and good keyboarding skills.*

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| **YE4335** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

## Crazy Concoctions and Insane Inventions *Grade K-4*

Messy? Slimy? Sticky? Explore chemical reactions while creating all kinds of ooey gooey, sticky, bouncy, slimly mixtures. You'll also solve fun engineering problems and more!

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|---|---|---|---|
| **YE4221** | CGMS | 4 sessions | $179 |
| 9-11:55 a.m. | Mon-Thu | July 15-18 | |

## Minecraft Robot Coding *Grade 2-5*

Master Minecraft as you learn how to program Bots to help you collect resources more easily!

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|---|---|---|---|
| **YE4222** | LMS | 4 sessions | $185 |
| 9-11:55 a.m. | Mon-Thu | July 15-18 | |

## Minecraft Escape Room *Grade 2-6*

Dig deep and get exploring in puzzle-filled maps! Use Minecraft EDU to make redstone mechanisms and program commands to design fun puzzles, engineer traps to trick your friends and make hidden rooms for your treasure!

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| **YE4223** | LMS | 4 sessions | $185 |
| 1-4 p.m. | Mon-Thu | July 15-18 | |

## FIRST LEGO League Robotics Camp *Grade 3-6*

Join the East Ridge Robotics Ominous Raptors (E.R. High School Robotics Team) for five days of fun! Learn to build and code using LEGO Spike Robots and the FIRST LEGO League Challenge Competition Set.

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| **YE4711** | LMS | 5 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Fri | July 15-19 | |
| **YE4712** | LMS | 5 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Fri | July 22-26 | |

## YEL Project Runway Summer 2.0 *Grade 4-8*

Make, showcase and take home all your projects. Learn hand and machine sewing techniques. Then show off your creations on the last day of class.

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| **YE4123** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | July 15-18 | |

## Dungeon Master Camp: World Building & More *Grade 6-9*

Learn how to be a better Dungeon Master! Work on bringing your imaginary worlds, environments, creatures, characters, equipment to life. Improve your storytelling. Learn fantasy cartography (map making) techniques.

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| **YE4166** | LMS | 4 sessions | $152 |
| 1-4 p.m. | Mon-Thu | July 8-11 | |

## 3D Engineering: Architectural & Structural Design *Grade K-3*

Become a master bricklayer using special architectural LEGO® kits to construct buildings, structures, towers and castles. Learn the principles of construction and the concept of 3-dimensions and their role in design.

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| **YE4337** | CGMS | 4 sessions | $144 |
| 1-4 p.m. | Mon-Thu | July 22-25 | |

## Video Production: Blockbuster Special Effects *Grade 3-6*

Learn film editing basics and how to use Hollywood-style special effects techniques. Examples include Star Wars animated lasers, Harry Potter spell-like effects and more.

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| **YE4338** | LMS | 4 sessions | $163 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |

## Minecraft YouTube Video Creation *Grade 3-7*

Create your very own YouTube videos! We'll use Minecraft as our gaming platform. Learn to record, edit, mix music and upload your sessions, as well as about fair use and copyright.

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| **YE4224** | CGMS | 4 sessions | $185 |
| 9-11:55 a.m. | Mon-Thu | July 22-25 | |

**STEM CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

### Video Game Design *Grade 3-6*

Get hands-on experience developing your own game. Create asteroids from scratch, using construct 3, a visual coding platform that teaches students the basics and structure of programming.

*Computer skills are needed, including good keyboard and mouse skills.*

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| **YE4339** | LMS | 4 sessions | $156 |
| 1-4 p.m. | Mon-Thu | July 22-25 | |

### Engineering using LEGO® Education Sets *Grade 1-4*

Take your building experience to the next level. Use the latest LEGO® education sets that are programmed using kid-friendly block coding. Build super cool machines with motors, sensors and awesome light-up bricks!

*LEGO® pieces and projects will NOT be taken home.*

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| **YE4225** | CGMS | 4 sessions | $179 |
| 1-4 p.m. | Mon-Thu | July 22-25 | |

### YEL Fencing Summer *Grade 2-5*

New and returning students invited. Your favorite instructors return with more knowledge, refined coaching skills and, of course, your favorite fencing games and arm bands.

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| **YE4121** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |
| **YE4122** | LMS | 4 sessions | $150 |
| 1-4 p.m. | Mon-Thu | July 22-25 | |

### Chess N' Motion *Grade K-6*

Challenge your mind and body this summer. We will learn & play chess to make our brains sweat and also play some physical games to make our bodies sweat.

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| **YE4163** | CGMS | 4 sessions | $152 |
| 9 a.m.-12 p.m. | Mon-Thu | July 22-25 | |

### Chess Camp, Tactics & Strategies for Beginners to Intermediate Players *Grade 6-9*

Goes beyond the basics for players that need the next level of challenge from their school club. Standard chess and variations will be used to improve your skills. .

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| **YE4164** | CGMS | 4 sessions | $152 |
| 1-4 p.m. | Mon-Thu | July 22-25 | |

### Intro to Game Design with Roblox NEW *Grade 1-4*

Learn the basics of game design as you create your own 3D games in Roblox Studio! Explore the different possibilities Roblox has to offer in creating awesome games.

*Students should have basic reading skills.*

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| **YE4341** | LMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 29-Aug. 1 | |

### Engineering: Rube Goldberg Machines *Grade 2-6*

Discover chain reactions! Working in pairs, students will learn about physics and engineering concepts such as velocity, projectiles, trajectories, force, motion and more to cause different chain reactions.

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| **YE4344** | CGMS | 4 sessions | $144 |
| 1-4 p.m. | Mon-Thu | July 29-Aug. 1 | |

Paid Advertisement

DODGE
NATURE CENTER

Shepard Farm

70th Street S &
Jamaica Avenue

Free trails
open every day,
sunrise to sunset

Nature programs
Garden plots
Beekeeping classes
Summer camps

DodgeNatureCenter.org/
Shepard-Farm

## Mobile Game and App Development NEW
*Grade 5-9*

Learn about the exciting process of mobile app development with this hands-on class. We'll use a visual coding platform to create a Flappy Bird game from beginning to end.

*Basic computer skills are needed including good keyboard and mouse skills.*

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| **YE4345** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | July 29-Aug. 1 | |

## Alien Ooze & Terrific Tech Lab *Grade K-3*

Be the lead scientist in charge of exploring alien technology and the properties of funky, gooey, gunky, gloppy slimes! Concoct an "erupting" alien, engineer a hovercraft, create your own planetary night lamp, and more!

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| **YE4226** | CGMS | 4 sessions | $179 |
| 9-11:55 a.m. | Mon-Thu | July 29-Aug. 1 | |

## Jr Engineer Battle Bots *Grade 1-4*

Spend the best summer engineering fantastic battle bots then battle other teams! Small teams will create a Battle bot, rescue bot, racing car and more! Battle your friends, improve your design and test again!

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|---|---|---|---|
| **YE4227** | LMS | 4 sessions | $179 |
| 9-11:55 a.m. | Mon-Thu | July 29-Aug. 1 | |

## Genius Gizmos & Gadgets Lab
*Grade 1-4*

Join us in this super-secret lab to design, experiment, and build your ultimate collection of Gizmos & Gadgets! Create your own rubber band shooter, robotic arm, slingshot rocket, personal fan, and levitating pencil!

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| **YE4228** | LMS | 4 sessions | $179 |
| 1-4 p.m. | Mon-Thu | July 29-Aug. 1 | |

## Awesome Robotics for Kids *Grade 1-4*

Explore logic, pattern recognition, and math concepts while building with the latest WeDo® 2.0 system from LEGO®. Develop basic programming techniques and use gears, axles and connector blocks in robotic challenges.

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| **YE4229** | CGMS | 4 sessions | $179 |
| 1-4 p.m. | Mon-Thu | July 29-Aug. 1 | |

## YEL Robotics: Scout Bots *Grade 1-5*

Build and code space rovers to scout out Mars, the moon, and other extraterrestrial environments. Also, create a dragster and volcano alarm to learn basic computer programming while having fun! Let's go!

| | | | |
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| **YE4124** | LMS | 4 sessions | $135 |
| 9 a.m.-12 p.m. | Mon-Thu | July 29-Aug. 1 | |

## Jr. Engineering: Games and Gadgets *Grade K-2*

Make, Experiment, and Play! Learn about physics and engineering concepts. Build machines that will whirl, flip, launch, or cruise. Every day will involve fun Lego challenges, puzzles, or game contests!

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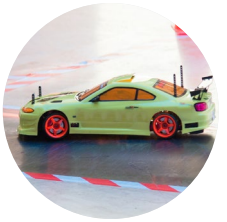
| **YE4346** | CGMS | 4 sessions | $144 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 5-8 | |

**STEM CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

## RC Robotics: Racing Dragsters
*Grade 2-6*



Explore the world of robotics and programming using LEGO®'s Systems. Build cars and dragsters with motors and sensors to explore the environment. On the last day compete in a racing tournament!

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| **YE4348** | LMS | 4 sessions | $150 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 5-8 | |

## Intro to Computer Science with Python *Grade 4-8*

Python's syntax allows programmers to express concepts in fewer lines of code than possible in languages such as C++ or Java, making it the perfect coding language for beginners.

*Basic computer skills and good keyboarding skills are needed.*

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| **YE4350** | LMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 5-8 | |

## Engineering in Minecraft NEW *Grade 3-6*

Discover Minecraft circuit-building and engineering concepts using Redstone. We will build different electrical contraptions in the PC/Java edition of Minecraft.

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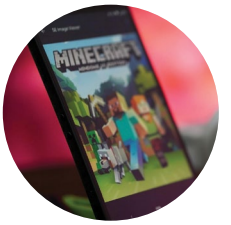
| **YE4349** | LMS | 4 sessions | $156 |
| 1-4 p.m. | Mon-Thu | Aug. 5-8 | |

## Master Minecraft Modder
*Grade 2-5*




It's adventure time! Learn to Mod Minecraft using Minecraft EDU. Learn the ins and outs of creating a custom adventure map, programming teleporters and using WordEdit to instantly create massive structures.

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| **YE4230** | LMS | 4 sessions | $181 |
| 9-11:55 a.m. | Mon-Thu | Aug. 5-8 | |

## Roblox Game Development *Grade 2-6*

In this advanced Roblox Game Design Camp, you'll learn to create and develop multiplayer games using the Roblox Studios Software. Use an asset library to create a Capture the Flag game.

*Basic Windows and keyboarding skills required.*

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| **YE4231** | LMS | 4 sessions | $181 |
| 1-4 p.m. | Mon-Thu | Aug. 5-8 | |

## Intro to Coding with Superheroes *Grade 1-3*

Create YOUR OWN VIDEO GAME! Choose your storyline with your favorite superheroes as your stars. Add challenges and difficulty levels. Then, share them by email or post them on the web to challenge family and friends.

*Students should have basic reading skills*

| | | | |
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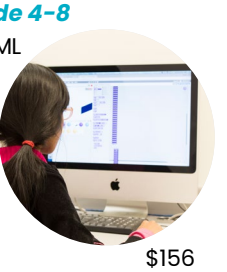
| **YE4351** | LMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 12-15 | |

## Web Design & Development *Grade 4-8*



Learn to create web pages! Create an HTML web page, learn various HTML tags, and experiment with design, JavaScript, and CSS. No experience is necessary!

*Basic computer skills needed including text-editing and understanding directory structures. Good keyboarding skills are required.*

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|---|---|---|---|
| **YE4353** | CGMS | 4 sessions | $156 |
| 9 a.m.-12 p.m. | Mon-Thu | Aug. 12-15 | |

# SKILLS AND DEVELOPMENT

## Advantage ACT Prep Course *Grade 9-12*

Improve test-taking skills and overall ACT scores. Includes ACT format introduction, subject area instruction, test strategies, overcoming test anxiety and time management.

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| **YE46101**<br>9 a.m.-12 p.m. | PHS<br>Sat | 4 sessions<br>July 27-Aug. 17 | $180 |
| **YE46151**<br>5:45-8:45 p.m. | ERHS<br>Thu | 4 sessions<br>Aug. 1-22 | $180 |

## Virtual Advantage ACT Prep Class ONLINE *Grade 9-12*

An alternative for students unable to attend an in-person class, but still prefers an interactive class. Instructors teach and answer questions live via virtual classroom.

| | | | |
|---|---|---|---|
| **YE46926**<br>9 a.m.-12 p.m. | Online<br>Sat | 4 sessions<br>Aug. 3-24 | $180 |

## Self-Paced Online Advantage ACT Prep Course ONLINE *Grade 10-12*

An alternative for any student unable to attend in-school classes or a student preferring to prepare for the ACT exam on their own and at their desired pace.

| | | |
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| **YE46777** | Online | $80 |

## Babysitting for Boys and Girls *Age 10.5+*

Learn leadership, safety, basic care, the business of babysitting, and first aid for breathing and bleeding emergencies from a certified instructor.

*Students must attend all 6 hours of class.*

Visit **sowashco.ce.eleyo.com** for class times, dates and locations.

## Ready To Be Home Alone *Age 7.5+*

Learn about CPR/First aid, home emergencies, medical emergencies, home safety checklist, what your parents expect check list, addressing problems, and handling the unexpected from a Red Cross instructor.

Visit **sowashco.ce.eleyo.com** for class times, dates and locations.

## Boat America 2024

Learn boating fundamentals in this in-depth boating safety course. Gain the knowledge needed to obtain a MN or WI boating certificate.

*Some insurance companies will also offer discounts on boating insurance after successfully completing this course.*

| | | |
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| **YE4020**<br>8 a.m.-3 p.m. | PHS<br>Sat | 1 session<br>June 15 |

First family member.....$50
Additional family member.....$7

## Driver Education *Age 14-18*

Community Education offers teen driver's education in partnership with Safeway Driving School. Classroom instruction prepares the student to take the Minnesota permit test and begin the responsibility of driving.

*The 30 hours of classroom is structured into 10 independent lessons. After class is completed, students who are 15 years old are eligible to take their permit test at any Minnesota exam center. Behind-the-wheel instruction includes six hours of driving in three, two-hour private lessons. All driving is done in a Safeway car on city streets, highways and freeways with a responsible, licensed Safeway instructor.*

| | | | |
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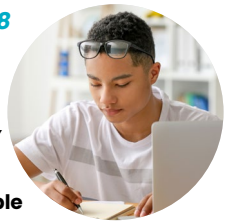
| **DE41001**<br>9 a.m.-12 p.m. | CGMS<br>Mon-Fri | 10 sessions<br>June 7-21 | $419 |
| **DE43001**<br>1-4 p.m. | LMS<br>Mon-Fri | 10 sessions<br>June 7-21 | $419 |
| **DE41002**<br>9 a.m.-12 p.m. | CGMS<br>Mon-Fri | 10 sessions<br>June 24-July 12 | $419 |
| **DE43002**<br>1-4 p.m. | LMS<br>Mon-Fri | 10 sessions<br>June 24-July 12 | $419 |
| **DE44001**<br>1-4 p.m. | LMS<br>Mon-Fri | 10 sessions<br>July 15-26 | $419 |
| **DE41003**<br>9 a.m.-12 p.m. | CGMS<br>Mon-Fri | 10 sessions<br>July 15-26 | $419 |
| **DE44002**<br>1-4 p.m. | LMS<br>Mon-Fri | 10 sessions<br>July 29-Aug. 9 | $419 |
| **DE41004**<br>9 a.m.-12 p.m. | CGMS<br>Mon-Fri | 10 sessions<br>July 29-Aug. 9 | $419 |

## Driver Education ONLINE *Age 14-18*



A distance learning option with the same content as our in-person course.

*Classroom instruction is conducted through a secure Zoom platform. Safeway will email the classroom handouts and the MN Driver's Manual in PDF format.* **The curriculum should be printed and available to the student for use during class.** *See in person Driver Education for behind-the-wheel details.*

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| **DE449001**<br>9 a.m.-12 p.m. | Online<br>Mon-Fri | 10 sessions<br>June 10-24 | $419 |
| **DE449004**<br>1-4 p.m. | Online<br>Mon-Fri | 10 sessions<br>June 10-24 | $419 |
| **DE449002**<br>9 a.m.-12 p.m. | Online<br>Mon-Fri | 10 sessions<br>July 8-9 | $419 |
| **DE449005**<br>1-4 p.m. | Online<br>Mon-Fri | 10 sessions<br>July 8-19 | $419 |
| **DE449003**<br>9 a.m.-12 p.m. | Online<br>Mon-Fri | 10 sessions<br>Aug. 5-16 | $419 |
| **DE449006**<br>1-4 p.m. | Online<br>Mon-Fri | 10 sessions<br>Aug. 5-16 | $419 |

**Please note:** *The State of Minnesota requires that drivers education distance learning be conducted in a face-to-face platform, which requires that students have video camera and audio capabilities on a laptop, tablet or desktop computer.*

**Students will be required to be in front of the camera and interactive for the full three-hour class.**

**SKILLS AND DEVELOPMENT CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

Paid Advertisement

# COTTAGE GROVE UNITED

## Recreational (in-house) Soccer Boys & Girls 2024 season

Great opportunity for social interaction with other players their own age and physical fitness aspects of the game! All games are held at Kingston Park in Cottage Grove. Girls play Monday & Wednseday, and Boys play Tuesday and Thursday.

**Player's Age and Team Level**
U4 (Pre-schooler) to U10 (4th Grader)

**Spring Session**
May 6 to June 11 (Kickoff: April 29 to May 2)

**Summer Session**
July 15 to August 15 (Kickoff: July 8 to July 11)

**Fall Session**
September 4 to October 5 (Kickoff: Aug 26 to Aug 29)

**Registration opens in February**
(for Spring, Summer & Fall Session)

**Inquiry**
Lynn Mitchell (Registrar/Rec Director)
registrar@cottagegrovesoccer.org

## Competitive (Traveling) Soccer Boys & Girls 2024/2025 season

All of our competitive teams play within the Twin City Soccer League.
Optional winter training is also offered for all players registered for competitive team.

**Player's Age and Team Level**
U9 (Birth Year 2016/2017) to U18 (Birth Year 2007)

**2024 Fall Season**
Mid August thru Mid October

**2025 Spring Season**
April thru Mid July

**Tryouts for 2024 / 2025 Season**
Mid July (U9-U11), End of July (U12+)
(Tryout registration opens in June)

**Inquiry**
Brian Hensel (Competitive Director)
cgucompdir@cottagegrovesoccer.org

COTTAGE GROVE UNITED

Cottage Grove United

cgusoccer

Visit our website for more information

SCAN ME

# SKILLS AND DEVELOPMENT

## Spanish Summer Camp: ¡Vamos a Imaginar! "Let's imagine!" *Grade 1-5*

Use your imagination and learn Spanish vocabulary, themes include superheroes, princesses, magic, dinosaurs, mermaids, unicorns, and more! Explore age-appropriate learning activities in Spanish!

***Live Virtual*** ONLINE ***-Grade 1-5***

| | | | |
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| **YE4401** | Online | 4 sessions | $75 |
| 4:15-5 p.m. | Mon-Thu | June 10-13 | |

***In-person-Grade 1-5***

| | | | |
|---|---|---|---|
| **YE4402** | LMS | 4 sessions | $162 |
| 9 a.m.-12 p.m. | Mon, Tue,Thu, Fri | June 17-21 | |

## Global Cooking *Grade 6-12*

Make eggrolls and samosas with zesty ginger and mint dipping sauces. Cook a rich, satisfying homemade pasta with garlic tomato and alfredo sauces. Complete camp to receive a cooking diploma and dessert!

*Wheat, gluten and dairy may be used in class.*

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| **YE4201** | ERHS | 3 sessions | $186 |
| 11 a.m.-2 p.m. | Tue-Thu | June 11-13 | |

## Cooking with Chemistry *Grade 4-9*

Learn how basic things in your kitchen are actually real chemicals and compounds that react with each other for delicious results!

| | | | |
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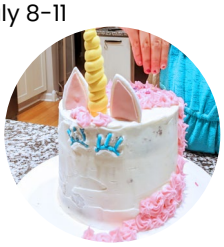
| **YE4162** | ERHS | 4 sessions | $194 |
| 9 a.m.-12 p.m. | Mon-Thu | July 8-11 | |

## Unicorn Cake Magic *Grade 3-5*



Make a Unicorn Cake to take home. We'll assemble the cake from two 6-inch cakes and then decorate with buttercream icing and fondant. It'll be a magical time!

| | | | |
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| **YE4206** | ERHS | 1 session | $40 |
| 10-12 p.m. | Tue | July 16 | |

## Pasta, Pad Thai and More! *Grade 6-12*

Make an eclectic assortment of dishes, from samosas and egg rolls to the perfect pasta and Chicken Pad Thai. Complete camp to receive a cooking diploma and dessert!

*Wheat, gluten, nuts and dairy may be used in class.*

| | | | |
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| **YE4202** | ERHS | 3 sessions | $236 |
| 11 a.m.-2 p.m. | Tues-Thu | July 23-25 | |

## Summer Cupcake Fun *Grade 5-9*

Decorate summertime themed cupcakes in this fun camp! You'll decorate and bring home 12 boxed cupcakes.

| | | | |
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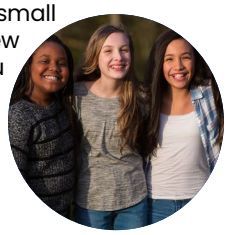
| **YE4207** | ERHS | 1 session | $40 |
| 10 a.m.-12p.m. | Tue | July 30 | |

## Project Knit *Grade 6-9*

Hats, scarfs, blankets and more! Keep yourself warm this year by learning to knit and crochet. Create a basic project to take home and use!

| | | | |
|---|---|---|---|
| **YE4161** | LMS | 4 sessions | $194 |
| 1-4 p.m. | Mon-Thu | July 29-Aug. 1 | |

## Fierce, Fearless, and Fabulous You *Age 9-11*



Join peers your age, in a fun interactive small group. you'll receive a journal to keep new ideas, strategies, and resources that you can build on in the school year ahead!

*Jacqueline Valek, MS, LPC, NCC, LSC has extensive experience working with children and teens in her role as a Licensed School Counselor and Therapist.*

***Be YOURSELF Age 9-11***

Dive into your mindset to discover what inspires you and motivates you to be the very best version of YOU.

| | | | |
|---|---|---|---|
| **YE4150** | LMS | 3 sessions | $150 |
| 8:30-10 a.m. | Tue-Thu | June 25-27 | |

***Be CONFIDENT Age 9-11***

Learn skills and strategies to help improve your relationships, build confidence and overcome feelings of social anxiety.

| | | | |
|---|---|---|---|
| **YE4151** | LMS | 3 sessions | $150 |
| 8:30-10 a.m. | Tue-Thu | July 16-18 | |

***Be MINDFUL Age 9-11***

Learn to calm your anxious feelings You'll develop coping strategies, ways to manage stress, and self-care strategies.

| | | | |
|---|---|---|---|
| **YE4152** | LMS | 3 sessions | $150 |
| 8:30-10 a.m. | Tue-Thu | Aug. 6-8 | |

## GRASP Math and Reading Skills *Grade K-8*

Maintain math and reading skills over summer break. Sign up for GRASP, a 9-week correspondence program. Weekly lessons take approximately one hour per week. For full program details visit **sowashco.ce.eleyo.com.**
**The registration deadline is April 26.**

| | | | |
|---|---|---|---|
| ***GRASP Math*** | **YE40401** | 9 weeks | $38 |
| ***GRASP Reading*** | **YE40400** | 9 weeks | $38 |

## Growing Readers - Summer Camp *Grades 1-5*

Help your student grow their reading skills and increase their confidence, curiosity and love for reading! Our individualized tutoring program uses systematic, multi-sensory reading interventions and practices based in research and Orton Gillingham methodologies. Growing Readers tutors are licensed special education teachers and/or licensed school psychologists with advanced training in evidenced-based reading interventions.

*Each session includes fifteen 55-minute tutoring lessons to be scheduled individually between the family and tutor to allow for flexibility with schedules. We recommend three lessons per week.*

| | | | |
|---|---|---|---|
| **Session 1** | LMS | June 10-July 12 | $825 |
| **Session 2** | LMS | July 15- Aug. 16 | $825 |

**SKILLS AND DEVELOPMENT CLASS DESCRIPTIONS**

Scan the QR code for detailed class descriptions and to register now!

# FACILITY RENTAL

South Washington County Schools (SoWashCo Schools) encourages the use of district buildings and schools by outside groups and community members. For your next meeting or event in Cottage Grove, Newport, St. Paul Park or Woodbury, consider your local school facilities.

### Why District Facilities?

- Affordable and close to home
- Large and small group accommodations
- Smoke free environment
- Handicap accessible facilities

### Spaces Available

- Conference rooms
- Lecture halls
- Gyms
- Auditoriums
- Cafeterias
- Classrooms
- Fields

Space is available for rent in the evenings and on weekends.

### Information and Reservations

Please contact the facilities scheduler at 651-425-6604 or visit the website at commed.sowashco.org/facility-rental

# Kids Club is Hiring!

Join our team to make a meaningful impact on a child's life. If hired, you will lead groups of children in grades K-5 as they participate in special events, activities, field trips and more!

**All positions are eligible for recruitment and retention bonuses throughout the year!**

## Full and Part-time Positions, M-F

**Paraprofessionals**
**Starting at $21.13 per hour**
Support students in developing skills in a safe learning environment.

**Inclusion Site Specialist**
**Starting at $22.50 per hour**
Provide an inclusive and educational learning environment for students across multiple sites.

**Site Supervisor**
**Starting at $21.93 per hour plus bonuses equal to $23.50 per hour**
Lead a team in planning and carrying out an educational and positive school-age child care program.

## Learn More and Apply Online

sowashco.org/careers
ctobin@sowashco.org
651-425-6612

"Seeing the children actively engaged in a variety of activities makes me proud of our program."
-Mary Kipka

Openings available!

2024-25
School Year Kids Club

Registration Begins in April

# Kids Club
## School-age Child Care

Kids Club is a school-age care program designed to meet the needs of working families in Afton, Cottage Grove, Denmark, Grey Cloud Island, Newport, St. Paul Park and Woodbury. Kids Club provides high-quality care before and after school, during the summer and on select non-school days for kids in grades K-5.

Kids Club is committed to supporting all kids. We acknowledge their individual differences and respect the right of the child and family to quality care. We create an environment that meets unique individuals needs, honors cultural diversity and supports the characteristics of each child.

### Key Learning Areas

We provide a weekly curriculum with a variety of theme-based activities. Children are offered options to participate in group and individual activities in eight key learning areas identified by our families, Kids Club staff and school day staff.

- Social Emotional Learning • Art • STEM • Literacy
- Health and Wellness • Physical Activity • Life Skills
- Language and culture

**CONVENIENT | SAFE | AFFORDABLE**

## Care Options

### Before and After School

Before and after school care for elementary students in grades K-5.

- Full or part-time schedules.
- Monday-Friday, 6:30 a.m. until the start of the school day-after school until 6 p.m.
- **Registration for the 2024-25 school year will be held in April.**
- Care on non-school days is available to current Kids Club participants at limited locations. Registration is required for non-school days. **Watch your email closely for important updates!**

### Summer

Full day summer care for students who have completed grades K-5.

- Full or part-time schedules.
- Monday-Friday, 6:30 a.m.-6 p.m.
- Held at consolidated locations.
- **Registration for summer 2024 was held in February.**

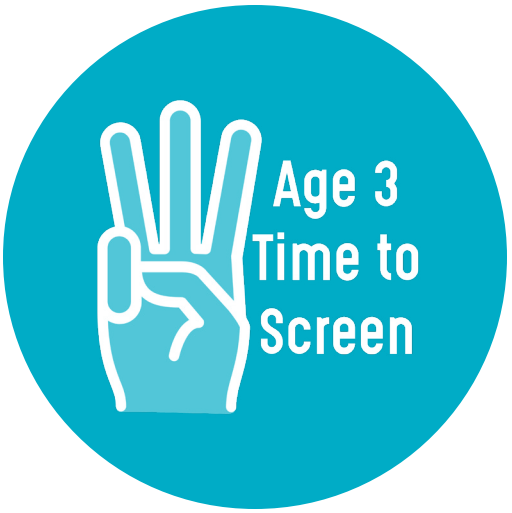
View schedules,fees and registration information at **commed.sowashco.org/kidsclub.**

If you have questions, please contact 651-425-6639 or **kidsclub@sowashco.org.**

# EARLY LEARNING

## Early Childhood Family Education (ECFE)

ECFE is a family education program unique to Minnesota and is offered in most school districts within Community Education programming. ECFE helps to support parents through community and early school connection and provides information and ideas that support children's growth and development from birth to kindergarten. Call 651-425-7181 or visit **commed.sowashco.org/ecfe** for more information.




**New ECFE classes!**

Learn more at
commed.sowashco.org/ecfe

> Thank you so much to all the teachers and staff that made this past school year possible. We feel confident in sending our child to kindergarten knowing he has the base knowledge and skills to succeed in the classroom.
>
> - Preschool Parent

## Early Childhood Screening

Early Childhood Screening is a free and simple check of how your child is growing and developing. Screening is recommended at age 3 and is required by the State of Minnesota for any child entering kindergarten in a public school.

**Why screen at age 3?**

- Find out how your child is growing and developing
- Have more time to provide support if needed
- Get connected to early education programs and resources
- Take care of it before Kindergarten begins

For further information or to schedule an appointment visit our website **sowashco.org/screening**.

## Have questions on your child's development?

No two children develop, grow and learn in the same way or at the same pace. However, children do develop in certain predictable ways. To review developmental milestones, encourage healthy development, and learn additional resources for your child, visit Help Me Grow at **www.helpmegrowmn.org.**

help me GROW

**If you are in need of enrollment assistance or have questions, please call our early learning office at 651-425-7160.**

## Preschool

Preschool supports a child's social-emotional growth while also increasing skills in language, literacy and physical development for future success. Preschool offers a great environment where children can create important social connections with their peers.

**2024-25 Preschool Registration**

Priority preschool registration took place Jan. 8-Feb.9, 2024. After Feb. 9, registrations will be taken on a first-come, first-served basis. Children must be 3 or 4 years old by Sept. 1, 2024 to register.

**For the latest information, please visit sowashco.org/early-learning**

## Families Learning Together

South Washington County Schools (SoWashCo Schools) Early Childhood Family Education (ECFE) program is now accepting registrations for the Families Learning Together (FLT) class.

This class is for multilingual/multicultural families with children birth to 5 years of age. In this class you can participate in supportive conversations with other parents and fun learning activities for you and your child. This class will include a parent discussion time, an early childhood education time, as well as parent/child time to learn and play together. Transportation may be available upon request.

**For more information,** contact Katie Van Overmeiren at 651-425-7181 or **kvanover@sowashco.org**

**$0**
**This class is FREE!**

## Home Based Support

Early Childhood Family Education (ECFE) Parent Consultations provide an opportunity for families with children birth to eight years of age, to ask parenting questions or share their concerns with a licensed parent educator. Parent consultations are provided in-person, by telephone, or virtually.

**Connect with us today for help with:**

- Supporting children's emotional well-being
- Answering developmental questions
- Adjusting to life with a new baby in the home
- Connecting with community resources and much more!

**Questions about ECFE Parent Consultations?**

Contact our ECFE Outreach Coordinator at 651-425-7163.

# COMMUNITY EDUCATION DIRECTORY

## Main Office

**District Program Center (DPC)**
8400 E. Point Douglas Road S
Cottage Grove, MN 55016

## Programs

**Aquatics**
651-425-6600

**Adults 50+ Activities**
651-425-6650

**Adult Enrichment**
651-425-6600

**Early Childhood Family Education**
651-425-7181

**Early Childhood Screening**
651-425-6175

**Elementary Intramurals (Grades 2-5)**
651-425-6600

**Facility Use**
651-425-6604

**Great Rivers Adult Education Consortium**
651-425-6634

**Gymnastics**
651-425-6600

**High School Programming**
651-425-6600

**Kids Club (School-Age Care)**
651-425-6639

**Middle School Athletics**
651-425-6600

**Preschool**
651-425-7160

**Youth Classes and Activities**
651-425-6600

## District Locations

**Armstrong Elementary (AES)**
8855 Inwood Ave. S
Cottage Grove, MN 55016

**Bailey Elementary (BES)**
4125 Woodlane Drive
Woodbury, MN 55129

**Cottage Grove Elementary (CGES)**
7447 65th Street S
Cottage Grove, MN 55016

**Cottage Grove Middle School (CGMS)**
9775 Indian Blvd.
Cottage Grove, MN 55016

**Crestview Elementary (CES)**
7830 80th Street S
Cottage Grove, MN 55016

**District Service Center (DSC)**
7362 E. Point Douglas Road S
Cottage Grove, MN 55016

**East Ridge High School (ERHS)**
4200 Pioneer Drive
Woodbury, MN 55129

**Grey Cloud Elementary (GCES)**
9525 Indian Blvd. S
Cottage Grove, MN 55016

**Hillside Elementary (HES)**
8177 Hillside Trail S
Cottage Grove, MN 55016

**Lake Middle School (LMS)**
3133 Pioneer Drive
Woodbury, MN 55129

**Liberty Ridge Elementary (LRES)**
11395 Eagle View Blvd.
Woodbury, MN 55129

**Liberty Ridge Site 2 (LR2)**
11283 Eagle View Blvd.
Woodbury, MN 55129

**Middleton Elementary (MES)**
9105 Lake Road
Woodbury, MN 55125

**Newport Elementary (NES)**
851 6th Ave.
Newport, MN 55125

**Nuevas Fronteras Spanish Immersion (NFSI)**
1020 Third Street,
St. Paul Park, MN 55071

**Oltman Middle School (OMS)**
6625 Goodview Ave. S
Cottage Grove, MN 55016

**Park High School (PHS)**
8040 80th Street S
Cottage Grove, MN 55016

**Pine Hill Elementary (PHES)**
9015 Hadley Ave. S
Cottage Grove, MN 55016

**Pullman Elementary (PES)**
1260 Selby Ave.
St. Paul Park, MN 55071

**Red Rock Elementary (RRES)**
3311 Commonwealth Ave.
Woodbury, MN 55125

**Royal Oaks Elementary (ROES)**
7335 Steepleview Road
Woodbury, MN 55125

**South Washington Alternative High School (SWAHS)**
8400 E. Point Douglas Road S
Cottage Grove, MN 55016

**Valley Crossing Elementary (VCES)**
9900 Park Crossing
Woodbury, MN 55125

**Woodbury Elementary (WES)**
1251 School Drive
Woodbury, MN 55125

**Woodbury High School (WHS)**
2665 Woodlane Drive
Woodbury, MN 55125

**Woodbury Middle School (WMS)**
1425 School Drive
Woodbury, MN 55125

## Off-Site Class Locations

**All Saints Lutheran Church**
8100 Belden Blvd..
Cottage Grove, MN 55016

**Central Park**
8595 Central Park Pl.
Woodbury, MN 55125

**Conquer Ninja Gym**
707 Commerce Drive, Suite 120
Woodbury, MN 55125

**The Grove Church**
8600 90th Street
Cottage Grove, MN 55016

**Kidcreate Studio**
1785 Radio Drive
Woodbury, MN 55125

**Kok Funeral Home**
7677 80th Street
Cottage Grove, MN 55016

**Nena's Designs**
434 Hale Ave. N, Suite 120
Oakdale, MN 55128

**Park Grove Bowl**
1020 Hastings Ave.
St Paul Park, MN 55071

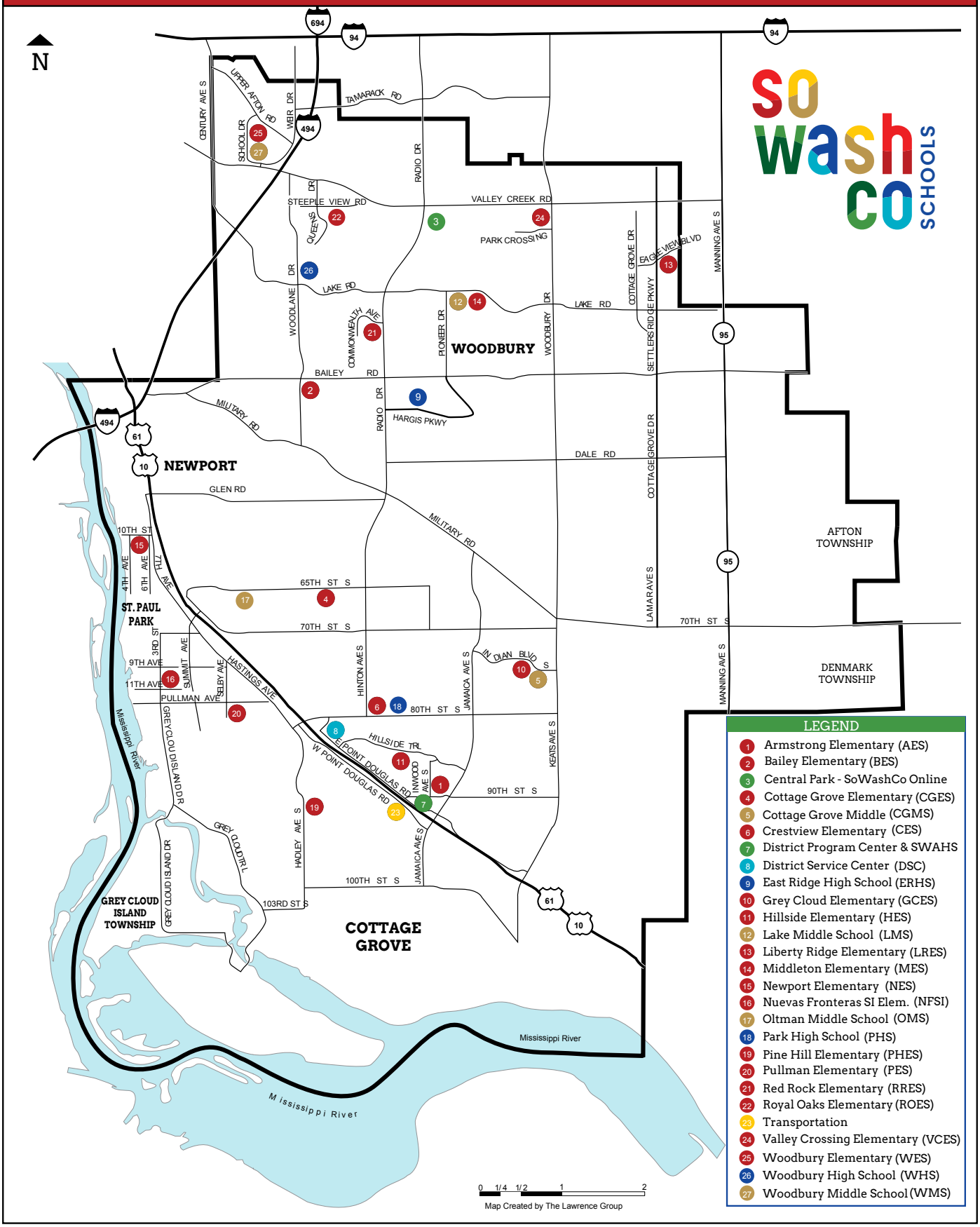
**Phipps Center for the Arts**
109 Locust Street
Hudson, WI 54016

**Serenity Horse Farm**
11490 Julianne Ave. N
Stillwater, MN 55082

**Tilden Community Center**
310 River Street
Hastings, MN 55003

**UpLift Guided Fitness**
257 Rivertown Drive
Woodbury, MN 55125

# South Washington County Schools




## LEGEND

1. Armstrong Elementary (AES)
2. Bailey Elementary (BES)
3. Central Park - SoWashCo Online
4. Cottage Grove Elementary (CGES)
5. Cottage Grove Middle (CGMS)
6. Crestview Elementary (CES)
7. District Program Center & SWAHS
8. District Service Center (DSC)
9. East Ridge High School (ERHS)
10. Grey Cloud Elementary (GCES)
11. Hillside Elementary (HES)
12. Lake Middle School (LMS)
13. Liberty Ridge Elementary (LRES)
14. Middleton Elementary (MES)
15. Newport Elementary (NES)
16. Nuevas Fronteras SI Elem. (NFSI)
17. Oltman Middle School (OMS)
18. Park High School (PHS)
19. Pine Hill Elementary (PHES)
20. Pullman Elementary (PES)
21. Red Rock Elementary (RRES)
22. Royal Oaks Elementary (ROES)
23. Transportation
24. Valley Crossing Elementary (VCES)
25. Woodbury Elementary (WES)
26. Woodbury High School (WHS)
27. Woodbury Middle School (WMS)

# Registration

## POLICIES & PROCEDURES

### Media Consent
Media taken within SoWashCo Community Education classes, programs, events and activities, including activities sponsored or in partnership with SoWashCo Community Education, may be included in district publications. Media includes, but is not limited to, interviews, photos and videos. Please notify our office at 651-425-6600 if you wish to opt-out.

### Accommodations
Community Education accommodates individuals with disabilities and believes in providing education and resources to community members regardless of race, color, religion, national origin, sex, age, disability, marital status, or socioeconomic status. Financial assistance is available to those who qualify.

### Financial Assistance
Families who qualify for Educational Benefits may request fee assistance to reduce the cost of Community Education activities and classes. Restrictions apply.

For more information, visit **commed.sowashco.org/financial-assistance** or call **651-425-6623**.

### UCare is not accecpted.

### General Cancellation and Refund Policy & Procedures
If you need to cancel your registration, seven or more days before the class start date, a per course processing fee will be deducted from your refund.

- If your course is between $5-$124, there will be a $5 processing fee.
- If the course cost is $125 or higher, there will be a $10 processing fee.
- Due to staffing considerations, no refunds will be given within 7 days of the beginning of a course or session.
  - Gymnastics and Aquatics courses-no refunds will be given after the registration deadline.

Please read full course descriptions online at **sowashco.ce.eleyo.com**. Special pricing and discount procedures may be listed for select courses. For registration assistance, please call **651-425-6600**.

### ECFE Cancellation Procedures
If you decide to cancel a class without enrolling in a replacement class, the following refund policy will apply:

- If you cancel a class before the start date, a processing fee will be deducted from your refund.
  - Class Fee Range $5-$112 = $5 processing fee
  - Class Fee Range $113-$240 = $10 processing fee
  - Cancellation for the ECFE Friends class will incur a $10 processing fee.
- If you cancel after classes begin, a pro-rated refund will be given up to four weeks into the class.
- No refunds will be given after the fourth week of classes.
- No refunds or class make-ups will be made when classes are canceled due to emergency school closures.

### Preschool Cancellation Procedures
Registrations fees are non-refundable after a student has been placed in a class. A two-week notice is required when withdrawing your child from class. Failure to do so may result in additional charges. All outstanding balances must be paid in full.

### Kids Club Withdrawal Procedures
Registration fees are non-refundable and non-transferable. A full two-week notification of the change to a contracted schedule or withdrawal is required. Withdrawal prior to the start of a season involves additional terms. Full information on our Contract Terms and Changes is available online in our Family Handbook at **commed.sowashco.org/kidsclub**.

### Low Enrollment Procedure
Classes must meet minimum number of participants to run. Community Education reserves the right to combine or cancel classes due to low enrollment.

SoWashCo COMMUNITY EDUCATION

# 3 WAYS TO REGISTER

## Register Online
Visit **sowashco.ce.eleyo.com**

## Questions
Call 651-425-6600 or email us at **CommunityEducation@sowashco.org**

## Register by Mail or Fax
Mail your form and payment to:

District Program Center
8400 East Point Douglas Rd. S
Cottage Grove, MN 55016

Or fax to 651-425-6620

## Register In-person
Drop-off your registration at the District Program Center, Monday-Friday, 7:30 a.m.-4 p.m.

Or leave your form in the secure drop box located to the left of the main doors.

# COMMUNITY EDUCATION REGISTRATION FORM

District Program Center, 8400 E. Point Douglas Road South, Cottage Grove, MN 55016-3324
Phone: 651-425-6600 | Fax: 651-425-6620 | Email: CommunityEducation@sowashco.org | Website: commed.sowashco.org

*Please complete a separate form for each participant with a different last name or address. Forms can be printed at commed.sowashco.org*

Participant's Name _____ Birth date _____
First Name Last Name

Address _____ Apt/Unit# _____ Home Phone (___) _____

City State Zip _____ State _____ Zip _____ Work or Cell (___) _____

E-mail _____

YOUTH REGISTRATION

Mother/Guardian _____ Work or Cell (___) _____

Father/Guardian _____ Work or Cell (___) _____

Grade in 23/24 _____ Special Needs* _____ Shirt Size or Instrument _____
*(If applicable)*

**Individuals with special needs are welcome to register for our classes and camps. Please note on your registration any needs your child may have or call 651-425-6600 if your child needs assistance to participate successfully and allow at least a two week notice for us to make assistance arrangements.*

| COURSE # | COURSE TITLE | CLASS DATE | CLASS FEE | DISCOUNT | FINAL FEE |
|---|---|---|---|---|---|
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| MAKE CHECKS PAYABLE TO DISTRICT 833 COMMUNITY EDUCATION | | | | TOTAL | $ |

**Swimming:** Please list your first two choices in order of preference. You will receive a confirmation email.

Charge my: ☐ VISA ☐ MasterCard ☐ DISCOVER

# _____ - _____ - _____ - _____

Exp. Date _____ Signature _____

Print Name _____

**FOR OFFICE USE ONLY**

DATE _____ AMOUNT PAID _____

MAIL _____ WALK-IN _____ FAX _____

CHECK # _____ CASH RECEIPT # _____

# Financial Assistance Application 2023-24
# South Washington County Schools
# Community Education Youth Programs

Please submit this application with your registration form and a copy of your current Educational Benefits letter for this school year. Only one copy of the notification letter is necessary. If you have already submitted your family's letter to SoWashCo Community Education this year, please indicate that it was submitted below. Financial Assistance applications and Community Education registration forms are available online at commed.sowashco.org/financial-assistance.

**Please complete a separate application form for each registration form.**

**Financial assistance MUST be requested ONE WEEK before the start of the class - late applications may be denied.**

- You must live within the boundaries of South Washington County Schools (SoWashCo Schools) ISD #833 to qualify for financial assistance.
- Financial assistance does not cover the cost of uniforms. Participants must pay for uniforms.
- If your family has been approved for free Educational Benefits the cost of a class is $15 or 25% of the program/class fee, whichever is greater.
- If your family has been approved for reduced Educational Benefits the cost of a class is $15 or 30% of the program/class fee, whichever is greater.
- District residents may apply for financial assistance up to **$250 per participant** (for the fiscal school year July 1-June 30).
- All information will be kept confidential.
- **Financial assistance CANNOT be processed online.**

Please complete all the information below:

| | | |
|---|---|---|
| Child's name | | |
| Address | | |
| City | State | Zip Code |
| School child currently attends | | Grade |
| Parent/Guardian name | | |
| Day phone | Evening phone | |
| Course number and name | | |
| Course start date | | |
| ❑ Free or ❑ Reduced Educational Benefits letter for 2023-24 is attached or was submitted to Community Education | | |

*To be completed by Community Education office staff:*

Total/Course Fee: $ _____

Amount from Participant: $ _____

Amount of Financial Assistance Awarded: $ _____

If you have questions regarding financial assistance please contact:
Mary Meier at 651-425-6616 or mmeier@sowashco.org

Revised 11/8/2023

# EDUCATIONAL BENEFITS

Apply in August through your **School Café** account

## Benefits In School

- Community Education
- Athletics
- Student Fees
- Kids Club
- Device Protection Plans
- Instrument Rentals
- Field Trips
- School Funding

## Benefits Out of School

- Some Energy Providers
- Some Internet Providers
- Some Phone Providers
- Public Transportation
- Theatres
- Zoos
- Museums
- More

SoWashCo SCHOOLS

SoWashCo SCHOOLS

# IMMEDIATE OPENINGS

## SoWashCo Schools has immediate openings for:

- School Bus Drivers
- Nutrition Services
- Paraprofessionals
- Kids Club
- Special Education
- Athletic and Activitiy Coaches

Work in the community you live in.

Apply at sowascho.org/careers

SoWashCo
COMMUNITY EDUCATION

8400 E. Point Douglas Rd. S.
Cottage Grove, MN 55016

NON-PROFIT ORG.
Permit #12
COTTAGE GROVE, MN
55016-3324

*Dates, times and locations may change. View the most up-to-date information online.*

## How to scan the QR code

Open camera app

Frame the QR

Click the pop-up

## Register Online at sowashco.ce.eleyo.com

# Skoolie

# Family Fun Nights

Skoolie is bringing free books, games, crafts and food to you!

Join us 5-6:30 p.m., Monday-Thursday, June 10-Aug. 15.
*No programming June 10 and July 2-5.*

**Mondays**, Pullman Elementary, St. Paul Park
**Tuesdays**, Newport Elementary, Newport
**Wednesdays**, Royal Oaks Elementary, Woodbury
**Thursdays**, Armstrong Elementary, Cottage Grove

**Please note** *the changes to the schedule for Pullman and Royal Oaks!*

Learn more at **commed.sowashco.org/skoolie**

## Join the Skoolie Squad.

Be a dynamic and positive role model for kids. Joining the Squad is a great opportunity for college students!

For more information or to apply visit **sowashco.org/careers.**

SoWashCo CARES
Community Action Reaching Every Student
EDUCATION FOUNDATION

Hosted by SoWashCo CARES Education Foundation and community partners.

Visit our website to learn how you can help or to become a Skoolie Sponsor.