

Physical Education Update



Ask your child this...

1. What is a healthy activity you can do outside of Physical Education class?

2. What was your favorite part of the healthy heart event?

This month at DPS we trained for the healthy heart jump the snake competition!







we then put our skills to the test for the whole school Healthy Heart Event!!



what is coming up next...

Striking Juggling

Please let me know how your child did with these skills

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