

# South Whidbey Food Service Monthly Summary

## October Spotlight 2022

A lot has happened this month! First, we rolled out new smoothies! We served 7 different varieties over the month at both schools during breakfast. They were so well received that we added them to our lunch offerings at the high school! We partnered with General Mills to collect data on these new recipes and in exchange were given over \$1500 worth of equipment!

### Highlights:

- We have served 13,685 meals to students since we opened the doors!
- Purchased 367 lbs of produce from the Garden so far this year.
- Sandy Poolman has transferred to the High School Team!



Next, we collaborated with the ASB and leadership students at the high school in deciding what new a la carte items to add. We were able to add six new drinks including vitamin water, soda and iced tea. We also talked about adding more items to the lunch menu which will likely happen in November.

We started to mark our menu boards at the high school to identify what items are vegetarian, vegan and chef made in house. We have found that many students at the 7-12 grade level don't check the menu online so this was a good way for students to easily get the information.

Finally, we freshened up the Elementary School cafeteria window! The wall was repainted and new signage was purchased and hung.



Before



After



We are looking forward to our nutrition classes starting in November at the K4 campus. We are also planning to bring back the HARVEST FEAST on November 17.

**Sincerely,**  
**Rachael Mathews**