



South Whidbey School District

Food Service Newsletter

January 2024



Fun Days

We love celebrating fun days! Last month we had Bagel Day on Dec. 7 (Pizza Bagels for Breakfast) and Cookie Day on Dec. 4 (Chocolate Chip Cookie with each School Lunch).



This month we are looking forward to Spaghetti Day on January 4th, as well as, Cheese Day on January 19 where we will serve a Cheese Lasagna made from Scratch at our High School Kitchen.



Coming This Month

We have exciting new things coming this month! At the Middle and High School we will test out Buffalo Chicken Taquitos on January 11. Burgers will be served daily on Mondays again and

Make your Own Deli Sandwiches will be available on January 18. We also have new flavored sparkling waters for sale at the High School.



Chicken Strips (Made from Scratch) will be offered at both schools on January 24. Our staff starts with Raw Chicken Breasts, dredge them in an egg and milk mixture before coating the Chicken in a Whole Grain Breading and Baking them in our ovens.



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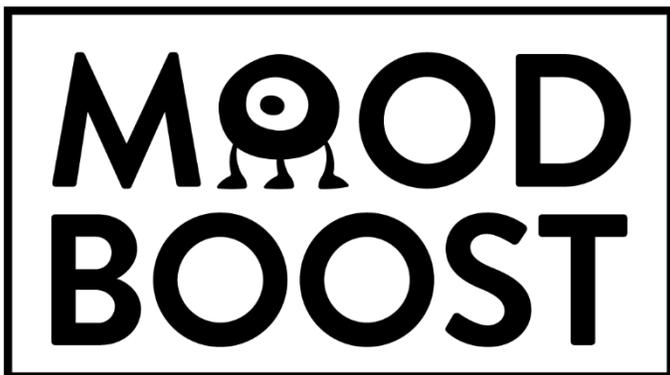
Staff Highlight

Allison Hou

Discovery Kitchen



This month's theme is The Great American Roadtrip. We will try a twist on our Pepperoni Pizza by putting it on Flatbread and serving it "Brooklyn Style"!



We are providing different options to our Elementary Students to have with their vegetables from the Salad Bar. We have celery with sunbutter available on Mondays and Hummus, made In House, available on various days throughout the week. We are hopeful to see Carrots from our School Garden returning at the end of January.

Zero Waste

I was able to meet with Derek and Joan with Repurpose Whidbey. We brainstormed ideas on how South Whidbey can do more in our kitchens and cafeterias to move towards zero waste. We will continue to compost in our kitchen but hope to work with the Environmental Studies Class to compost in the cafeteria as well. We will also look at better ways to offer silverware, cups and lids.

Staff Highlight

Allison Hou

Allison has been with us for 2 years and has already grown so much! She works at our Elementary School as the other half of our dynamic duo! Allison is responsible for breakfasts and the salad bar. She is friendly and truly a team player!



Allison is originally from China where she worked as an accountant. She moved here 6 years ago. We were lucky to have her on staff for many reason, but most recently she was able to translate for a new student a the K5 campus when he and his family moved here from China. They apparently used to live in the same town!

Allison spends time in her garden when she is not at work and she and her husband are the proud grandparents of a 2 year old granddaughter in Michigan.
--Rachael Mathews