



# South Whidbey School District

## Food Service Newsletter

February 2024



## Waste Audit

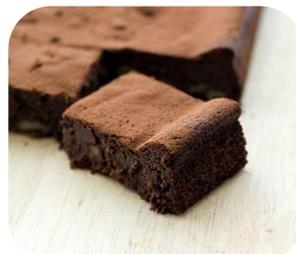


I was fortunate to partner with the environmental science class last month to do a waste audit at the Middle School cafeteria as well as the High School cafeteria. The student volunteers set up buckets to separate the food from the other garbage. Then the class went through the garbage to determine how much food was wasted rather than composted, what garbage could have been recycled and how this waste contributed to methane gas production. The class also came up with ideas on how to reduce waste. We will be implementing these ideas during the month of February.

## Coming This Month

We were thrilled to offer a Grilled Cheese Sandwich made with Tillamook cheddar cheese on Feb. 5<sup>th</sup>. It was a hit!

We look forward to featuring Potatoes on Feb. 8, A Pizza Bake and Brownies on Feb. 9, Raspberries the week of Feb. 12<sup>th</sup> to Feb. 16<sup>th</sup> and Sweet Potatoes on Feb. 22.



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## Discovery Kitchen



This month's theme is Smart Snacking. We will offer a Sunbutter Energy Granola on Feb. 9 with our Strawberry Parfait during breakfast.



# MOOD BOOST

YELLOW SQUASH is back! We will be offering Roasted Yellow Squash paired with Roasted Broccoli on Feb. 13 to celebrate Mardi Gras.



## Farm Produce



The farm is producing again! We have had our first batch of carrots delivered and served on January 31. We should have carrots served at all schools weekly throughout the rest of the school year! We look forward to lettuce, bok choy, kale, etc coming over the next couple months.

We have started posting a bi-monthly sheet on peachjar and parent square with what veggies you can expect to see on our salad bar.



### Welcome to our new Substitutes

We are so grateful to have hired 3 new substitutes for our Food Service Team.

We have Rob, Kaitlin and Danielle training this month with us. They are all hard workers with great attitudes and will be fantastic additions to our team.



Any questions or suggestions, please contact:

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