

Lawrence Public Schools USD 497

Allergen List - By Allergen

Artificial Colors/Dyes -

Ingredient #	Ingredient Description
903359	Cereal, Cup, 2 oz, WG, Lucky Charms (gf)
902216	fruit cocktail, in light-syrup canned
903196	Juice, Frozen Slushy Cup - Blue Rasp Lem
990432	Juice, Frozen Slushy Cup - Kiwi Straw

Egg -

Ingredient #	Ingredient Description
903344	Banana Bread, WG, Super Bakery
990476	Chicken Fillet, WG Spicy
990434	Chicken, Boneless Chicken Breast Chunk
990479	Chicken, Sweet & Sour w/ Sauce
990477	Cinnamon Roll, WGR
990436	Cookie Dough, Chocolate Chip
903301	Corn Dog, Mini 2023
990392	Corn Dog, WG, Chicken
990473	Cornbread Poppers
990452	Dressing, Jalapeno Ranch
602138	DRESSING,RANCH,SINGLE SERVE PKT
900426	Egg Patty
903333	Egg, Hard Boiled whole peeled
903207	French Toast Sticks-WG
990399	French Toast, Mini Cinnamon Rush
903154	Gravy, Pepper Low Na+
990439	Hushpuppy
990426	Muffin Mix WG
903331	Muffin, Blueberry, WG 2 oz (1g/b)
990470	Pancakes, Mini, WG
990418	Penne Pasta
990469	Pizza Bagel
990401	Potato, Stuffed Hashbrown (Early Riser)
903316	Pretzel Bun, WW
900605	Ranch Dressing Kraft Light Done Right
990433	Roll, WG (2.5 oz)
990400	SAUSAGE & PANCAKE WRP WHLGR CN

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Egg -

Ingredient #	Ingredient Description
990471	Scone, WGR Cinnamon Chip
990472	Scone, WGR Mixed Berry
990416	Spaghetti
903349	Waffle, Mini, WG Ind.
902210	Waffle, WG

Fish -

Ingredient #	Ingredient Description
990451	Dressing, Caesar

Milk -

Ingredient #	Ingredient Description
990403	Apple Strudel Stick
990391	Bagel, Mini Straw Cream Cheese
903350	Bagels, Mini Cinnamon Cream Cheese
903344	Banana Bread, WG, Super Bakery
902983	Biscuit Dough WG Frozen
903284	BOSCO STICK, WG
903320	Breadstick, Garlic
990420	Cheese Cheddar Cubes
900006	Cheese, American Shred
990430	Cheese, Cottage 2%
51560	Cheese, Mozzarella, Low Moisture Part Skim, S
900372	Cheese, Sliced, American Yellow Style
900016	Cheese, string 1 oz 2023
1017	CHEESE, CREAM
903237	CHEEZ-IT WHOLE GRAIN CRACKER
990476	Chicken Fillet, WG Spicy
990434	Chicken, Boneless Chicken Breast Chunk
990480	Chicken, Buffalo Bites
990461	Chip, Sunchip, Harvest Cheddar
990427	Chocolate Chips, Mini, Semi Sweet
990436	Cookie Dough, Chocolate Chip
990473	Cornbread Poppers

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Milk -

Ingredient #	Ingredient Description
900261	Cracker, Goldfish, Ind Bags WG
990408	Cracker, Pretzel, WG, Ind
903302	Croissant
990451	Dressing, Caesar
990452	Dressing, Jalapeno Ranch
602138	DRESSING,RANCH,SINGLE SERVE PKT
900426	Egg Patty
903206	Flatbread, WG 2023
903207	French Toast Sticks-WG
990399	French Toast, Mini Cinnamon Rush
903154	Gravy, Pepper Low Na+
990446	Gravy, Poultry Mix Low Sodium
990439	Hushpuppy
900381	Margarine Solid
601590	Meatball
902949	Milk 1% Lowfat
903273	Milk Choc 1%
900405	Milk, Instant Dry Non-Fat
900491	Milk-Skim White 1/2 PT
990426	Muffin Mix WG
990470	Pancakes, Mini, WG
990469	Pizza Bagel
900028	PIZZA, CHEESE TONY'S SMART
990463	Pizza, Dominos, Beef
990413	Pizza, Dominos, Cheese
990412	Pizza, Dominos, Pepperoni
990414	Pizza, Dominos, Sausage
990462	Pizza, Dominos, Veggie
900026	Pizza, Pepperoni (Pork) Tony's 4x6 WG
990015	Pizza-Brkfst Sausage
990437	Potato, Mashed
990401	Potato, Stuffed Hashbrown (Early Riser)
903316	Pretzel Bun, WW
990428	Quesadilla, Chicken

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Milk -

Ingredient #	Ingredient Description
900605	Ranch Dressing Kraft Light Done Right
990441	ROLL HOAGIE WG
990433	Roll, WG (2.5 oz)
903338	Sauce, Alfredo, CN
990409	Sauce, Cheese, Yellow Pouch
990400	SAUSAGE & PANCAKE WRP WHLGR CN
990471	Scone, WGR Cinnamon Chip
990472	Scone, WGR Mixed Berry
990402	Snack Bar, Cinnamon Toast
903349	Waffle, Mini, WG Ind.
902210	Waffle, WG
990486	White Cheese Sauce
900612	Yogurt for parfaits (lowfat vanilla)
990424	Yogurt, Cherry
990425	Yogurt, Raspberry
903272	Yogurt, Strawberry & Banana
990465	Yogurt, Strawberry (for parfaits)
990389	Yogurt, Vanilla Parfait Pouch

No Allergens Listed -

Ingredient #	Ingredient Description
990394	Apple, Local Variety
900475	Apples, Red Delicious
900648	APPLESAUCE, UNSWTND
901587	ASIAN VEGETABLES
990447	Avocado, IW
990466	BANANA FRESH TIP GREEN
902980	bean vegetarian
801	BEANS GARBANZO ,CANNED
990165	BEANS,KIDNEY,RED,MATURE,CND,DRND
902970	Black Beans, Fancy Canned
990464	BLUEBERRY IQF
900442	BROCCOLI FLORETS
990459	Broth, Vegetable

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Ingredient #	Ingredient Description
990395	Cantaloupe, Fresh, Local
900446	Carrots - Baby
900448	Cauliflower Florets
903160	Cereal Cheerios WG Bowl
903357	Cereal, Cup, 2 oz, WG, Cinnamon Chex (gf)
903356	Cereal, Cup, 2 oz, WGR, Cocoa Puffs
903358	Cereal, Cup, 2 oz, WGR, Honey Cheerios (gf)
990460	Cereal, Rice Chex (1 oz)
990445	Chicken Wings, Fully Cooked, Oven Roasted Glazed
51520	Chicken, Diced, Cooked, Frozen
990438	Chicken, Drumstick Glazed Cooked
903125	Chili Powder
903133	Cinnamon Spice
990492	Coffee Cold Brew Concentrate
900151	CORN FROZEN
990474	Corn on the Cob, Petite
900451	Cucumber
901196	CUMIN,GROUND
990449	Dressing, Balsamic Vinaigrette
901298	GRAPES,CONCORD,RAW
902176	Green Beans, canned, cut
900464	Green Bell Pepper
900429	Ground Beef 81/19
902213	hot dog, All Beef 8:1
990467	Juice, Pineapple (bulk)
990440	LETTUCE FRESH ARCADN BLEND
901501	LIME JUICE
990407	Local - Beef, Ground 81/19
990421	LOCAL- CUCUMBER
990411	LOCAL- PEPPER, GREEN BELL
990404	LOCAL- PEPPER, RED BELL
990410	LOCAL- TOMATO, CHERRY
990396	LOCAL- WATERMELON
900039	MANDARIN ORANGES

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Ingredient #	Ingredient Description
903105	mango frozen chunks
88	MUSTARD ,DRY
990346	ONION POWDER
903106	onion, red jumbo, fresh
990453	Onion, Yellow Jumbo
903126	Paprika
902191	Peach, Sliced in Light-Syrup Canned Yellow
990397	PEACHES, Local, Fresh
902936	Pear sliced in juice
990398	PEAR, Local, Fresh
902937	Pear, raw fresh
990429	Peas & Carrots
903122	Pepper, black ground
900040	PINEAPPLE TIDBIT in juice
990481	pork, pulled with sauce
990454	Potato, Crinkle Cut Fries
990455	Potato, Hash Brown Rounds
990456	Potato, Seasoned Spirals
903346	Potato, Smiles
902971	Red Pepper, Fresh
900023	Refried Bean, Vegetarian
990458	Rice, Par Boiled Brown Whole Grain
990415	Romaine, Whole Head
900359	Salt 25#
990489	Sauce BBQ Smokey
990484	Sauce Picante Mild
990417	Sauce, Marinara
990387	Sausage, Chicken Patty
990487	Spice Garlic Powder
990491	Spice Oregano
903107	spinach flat leaf
902950	Strawberry frozen
900195	Sugar Granulated
990483	Sugar, Powdered

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Ingredient #	Ingredient Description
990485	Sunflower Seeds
900199	Syrup PC, Maple
990495	Syrup Vanilla Sugar Free
903300	tator tots
900471	Tomatoes 5x6 Layer
900012	Tomatoes, Cherry
903288	tortilla chips 2 oz package
900009	Turkey, Breast Extra Lean Roasted, Sliced
900014	Vegetables, California Blend
990431	Vegetables, Italian Blend
902214	Watermelon, raw
900367	Yeast Instant Dry

Peanut -

Ingredient #	Ingredient Description
990471	Scone, WGR Cinnamon Chip
990472	Scone, WGR Mixed Berry
903328	Uncrustable, 2.6 oz, WG (1/1)

Pork -

Ingredient #	Ingredient Description
900431	Ham, sliced, smoked
900026	Pizza, Pepperoni (Pork) Tony's 4x6 WG

Soy -

Ingredient #	Ingredient Description
903344	Banana Bread, WG, Super Bakery
990388	Beef Patty Charbroiled
903156	Bread, White Whole Grain
990478	Breaded Beef Fingers
903166	bun hot dog bun WG
903353	Cereal, Bar, 2 oz, WG, Cinnamon Toast Crunch
903354	Cereal, Bar, 2 oz, WG, Lucky Charms
903352	Cereal, Bar, 2 oz, WG, Peach Cheerios

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Soy -

Ingredient #	Ingredient Description
903355	Cereal, Cup, 2 oz WGR, Cinn Toast Crunch
900372	Cheese, Sliced, American Yellow Style
903237	CHEEZ-IT WHOLE GRAIN CRACKER
990476	Chicken Fillet, WG Spicy
903271	Chicken Nugget WG
903204	chicken patty breaded whole grain
990434	Chicken, Boneless Chicken Breast Chunk
990480	Chicken, Buffalo Bites
990457	Chicken, Drumstick Gochujang Glazed
990422	Chicken, Fry Stix
990442	Chicken, Patty Unbreaded Grilled
990479	Chicken, Sweet & Sour w/ Sauce
990427	Chocolate Chips, Mini, Semi Sweet
990436	Cookie Dough, Chocolate Chip
990468	Cookie, Oreo crumbs
903301	Corn Dog, Mini 2023
990392	Corn Dog, WG, Chicken
990473	Cornbread Poppers
990419	Cracker Ritz Original Bulk
990423	Cracker, Graham, Tiger Bites
903302	Croissant
990450	Dressing, Asian Sesame
990452	Dressing, Jalapeno Ranch
990443	Dumpling, Chicken & Vegetable, WGR
903179	Edamame / Soybeans
903206	Flatbread, WG 2023
903207	French Toast Sticks-WG
990399	French Toast, Mini Cinnamon Rush
903364	Granola Bar, Oats 'n Honey (1.5 oz)
990390	Granola, Bulk
903154	Gravy, Pepper Low Na+
903265	Hummus cup-Sabra brand
990439	Hushpuppy
900381	Margarine Solid

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Soy -

Ingredient #	Ingredient Description
902938	Margarine, Liquid
601590	Meatball
990405	MILK SOY VAN CREAMY PEARL
990406	Milk, Soy, Organic Pearl
903331	Muffin, Blueberry, WG 2 oz (1g/b)
990470	Pancakes, Mini, WG
990469	Pizza Bagel
900028	PIZZA, CHEESE TONY'S SMART
990463	Pizza, Dominos, Beef
990413	Pizza, Dominos, Cheese
990412	Pizza, Dominos, Pepperoni
990414	Pizza, Dominos, Sausage
990462	Pizza, Dominos, Veggie
900026	Pizza, Pepperoni (Pork) Tony's 4x6 WG
990015	Pizza-Brkfst Sausage
903316	Pretzel Bun, WW
990428	Quesadilla, Chicken
990441	ROLL HOAGIE WG
990433	Roll, WG (2.5 oz)
990444	Sauce, Teriyaki Glaze
990400	SAUSAGE & PANCAKE WRP WHLGR CN
990471	Scone, WGR Cinnamon Chip
990472	Scone, WGR Mixed Berry
902131	VEGETABLE OIL
903349	Waffle, Mini, WG Ind.
902210	Waffle, WG

TreeNut -

Ingredient #	Ingredient Description
990471	Scone, WGR Cinnamon Chip
990472	Scone, WGR Mixed Berry

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Wheat -

Ingredient #	Ingredient Description
990403	Apple Strudel Stick
990391	Bagel, Mini Straw Cream Cheese
900203	Bagel, Sliced WG
903350	Bagels, Mini Cinnamon Cream Cheese
903344	Banana Bread, WG, Super Bakery
902983	Biscuit Dough WG Frozen
903284	BOSCO STICK, WG
903156	Bread, White Whole Grain
990478	Breaded Beef Fingers
903320	Breadstick, Garlic
903166	bun hot dog bun WG
903155	Bun, Hamburger
903124	Cereal mini wheats frosted bowl
903353	Cereal, Bar, 2 oz, WG, Cinnamon Toast Crunch
903354	Cereal, Bar, 2 oz, WG, Lucky Charms
903352	Cereal, Bar, 2 oz, WG, Peach Cheerios
903355	Cereal, Cup, 2 oz WGR, Cinn Toast Crunch
903237	CHEEZ-IT WHOLE GRAIN CRACKER
990476	Chicken Fillet, WG Spicy
903271	Chicken Nugget WG
903204	chicken patty breaded whole grain
903203	chicken tender (strip) WG
990434	Chicken, Boneless Chicken Breast Chunk
990480	Chicken, Buffalo Bites
990457	Chicken, Drumstick Gochujang Glazed
990422	Chicken, Fry Stix
990479	Chicken, Sweet & Sour w/ Sauce
990461	Chip, Sunchip, Harvest Cheddar
990477	Cinnamon Roll, WGR
990436	Cookie Dough, Chocolate Chip
990468	Cookie, Oreo crumbs
903301	Corn Dog, Mini 2023
990392	Corn Dog, WG, Chicken
990473	Cornbread Poppers

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Wheat -

Ingredient #	Ingredient Description
990419	Cracker Ritz Original Bulk
900261	Cracker, Goldfish, Ind Bags WG
990423	Cracker, Graham, Tiger Bites
990408	Cracker, Pretzel, WG, Ind
900423	Crispito, Chicken Chili
903302	Croissant
903282	dough, pizza 16"
990450	Dressing, Asian Sesame
990443	Dumpling, Chicken & Vegetable, WGR
903206	Flatbread, WG 2023
990494	Flour, All Purpose
990493	Flour, White Whole Wheat
903207	French Toast Sticks-WG
990399	French Toast, Mini Cinnamon Rush
990390	Granola, Bulk
903154	Gravy, Pepper Low Na+
990446	Gravy, Poultry Mix Low Sodium
990439	Hushpuppy
601590	Meatball
990426	Muffin Mix WG
903331	Muffin, Blueberry, WG 2 oz (1g/b)
990470	Pancakes, Mini, WG
903269	Pasta Elbow Macaron- NonWG
990475	Pasta, Cavatappi
990418	Penne Pasta
990469	Pizza Bagel
900028	PIZZA, CHEESE TONY'S SMART
990463	Pizza, Dominos, Beef
990413	Pizza, Dominos, Cheese
990412	Pizza, Dominos, Pepperoni
990414	Pizza, Dominos, Sausage
990462	Pizza, Dominos, Veggie
900026	Pizza, Pepperoni (Pork) Tony's 4x6 WG
990015	Pizza-Brkfst Sausage

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Wheat -

Ingredient #	Ingredient Description
990401	Potato, Stuffed Hashbrown (Early Riser)
903316	Pretzel Bun, WW
903327	Pretzel, Twist Hartzels (ind. bags)
990428	Quesadilla, Chicken
990441	ROLL HOAGIE WG
990433	Roll, WG (2.5 oz)
990444	Sauce, Teriyaki Glaze
990400	SAUSAGE & PANCAKE WRP WHLGR CN
990471	Scone, WGR Cinnamon Chip
990472	Scone, WGR Mixed Berry
990402	Snack Bar, Cinnamon Toast
990416	Spaghetti
990435	Tortilla, Flour, 6 inch
903328	Uncrustable, 2.6 oz, WG (1/1)
903349	Waffle, Mini, WG Ind.
902210	Waffle, WG
990448	Wonton Strips

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