



MINUTES

SCOTTSDALE UNIFIED SCHOOL DISTRICT WELLNESS COMMITTEE

MONDAY, MARCH 27, 2023

4:00-5:30 PM

Committee Members

Patti Bilbrey, Director Nutritional Services
Shannon Cronn, Director Support Services
Renee Tosto, Lead Nurse
Will Graham, School Nurse
Kat Hughes, Principal
Susan Leonard, Teacher
Julie Reeve, Reading Specialist
Sheri Bieberle, Parent
Lisa Kanarish, Parent
Laura Weeshoff, Parent
Jan Dubauskas, Parent

Absent

Kat Hughes, Principal
Julie Reeve, Reading Specialist
Lisa Kanarish, Parent
Kim Davis, Benefits Specialist -moving forward will not be apart of the committee

Purpose: The purpose of the Wellness Committee is to review and update district-level wellness guidelines and to help promote physical, social, and mental health initiatives and support for our students and staff as well as provide updates and recommend changes to the district Governing Board.

Objectives: This will be accomplished by engaging a Wellness Committee composed of parents and caregivers, students, the school nutrition staff, school curriculum specialist, physical education teachers, school nurses, mental health and social services staff, school administrators and health professionals.

Agenda

- **Welcome by Patty Bilbry and Shannon Cronn**
- **Approve Draft Minutes from February 27, 2023**
 - Draft Minutes from February 27, 2023 will be reviewed at the next meeting on April 24, 2023.
- **Nutrition Services Overview**
 - PowerPoint review on SUSD Nutrition Services Facts by Patti Bilbry
 - Handouts- 5 Day Meal Patterns for NSLP & SBP, Foods Sold or Served on Campus, A Guide to Smart Snacks in School.

- **SUSD Fundamentals Review**

- Handout reviewed
 - Policy can not be changed.
 - Guidelines can be adjusted.
 - Food can not be withheld from a student as a punishment-Federal Law.
 - Add HP to fundamentals reflect the change.
 - Fundamentals should be reviewed.

- **Review Meeting Dates & Future Topics**

- Date change from April 17 to April 24, 2023.

- **Future agenda items**

- Food as a reward
- Preschool snacks
- Recess consistency
- Safe transport-to and from school
- Social Emotional Climate-define

- **Motion**

A motion to update Fundamentals- Passed 8-0

Location/Meeting Dates

Mohave District Annex 4:00-5:30 PM

1. February 27, 2023
2. March 27, 2023
3. April 24 ~~April 17, 2023~~
4. May 8, 2023
5. May 22, 2023
6. June 5, 2023