

## Health Science: Mental Health Pathway

### OVERVIEW

This course will focus on **emotional, mental, and behavioral health and wellness**. While learning about diverse mental health needs, students will gain knowledge about techniques used in recognizing, preventing, supporting, and treating various behavioral and mental health disorders.



### WHY MENTAL HEALTH?

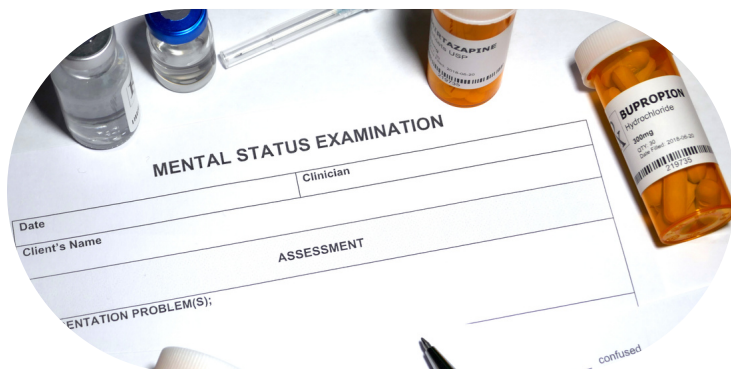
will be discussed and explored to provide career options that could pertain to mental health and social work services. **Students spend time researching and understanding the value of mental health for individuals, families, and communities.**

### MENTAL HEALTH DIVISIONS

The core areas of mental health include :

- 1) cognitive health
- 2) emotional health
- 3) behavioral health

Each of these components interacts with and influences the others, and they are all imperative to overall well-being.



### PRE REQS

Intro to Healthcare & Essentials of Healthcare

### WANT MORE INFO?

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