

School-Based Mental Health Services



CHRIS 180 provides school-based counseling services to K-12 students. Counseling sessions take place on-site throughout the school day to provide accessible mental health care.

When to seek support:

- Student is unable to focus or concentrate
- Student has difficulty overcoming a death or loss
- Student has experienced a traumatic event
- Student is surrounded by sadness
- Student has an overwhelming family life
- Student has difficulty managing feelings of anger
- Student has frequent peer conflict

CHRIS 180 can:

- Provide helpful information and resources to support students and caregivers
- Be a listening ear
- Give encouragement and empowerment
- Provide empathy and understanding
- Help to improve overall mood
- Help develop healthy ways of coping
- Provide crisis support

We are currently accepting referrals for the 2022-2023 academic school year!

For more information, contact your school counselor or email SchoolBasedServices@CHRIS180.org.