Thank you for joining us! We will begin shortly.

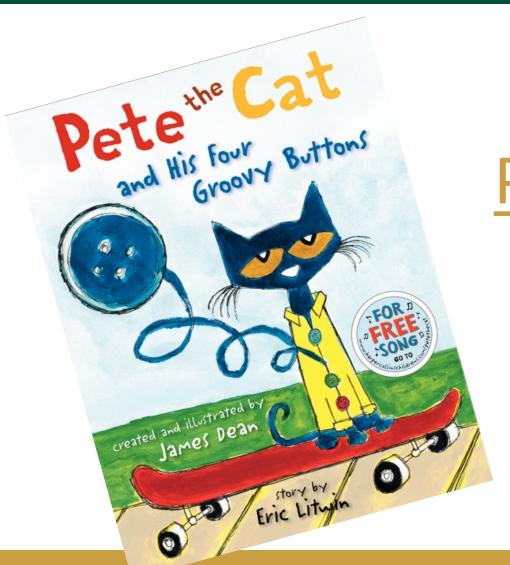




Session 2: Developmental Milestones July 15, 2020



Complete the Form to enter the Raffle



Pre-K Raffle Link





Session 2: Developmental Milestones July 15, 2020



GROUP NORMS

To improve the overall broadcast and recording experience today please:

- MUTE your \checkmark
- TURN OFF your **Q**
- If you have a, enter it in the chat box or raise your





AGENDA

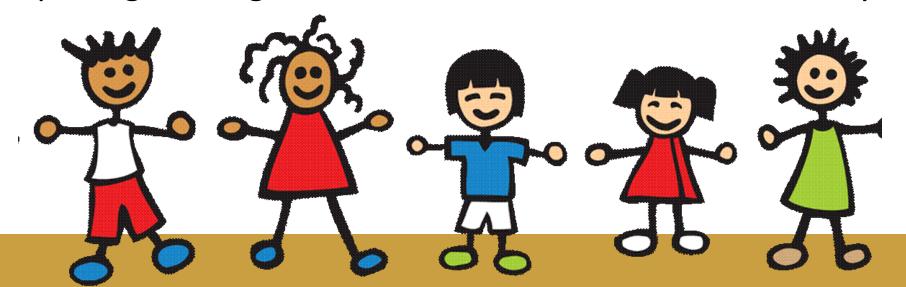
- Introduction
- Purpose of today's Pre-K Round Up
- Presenters





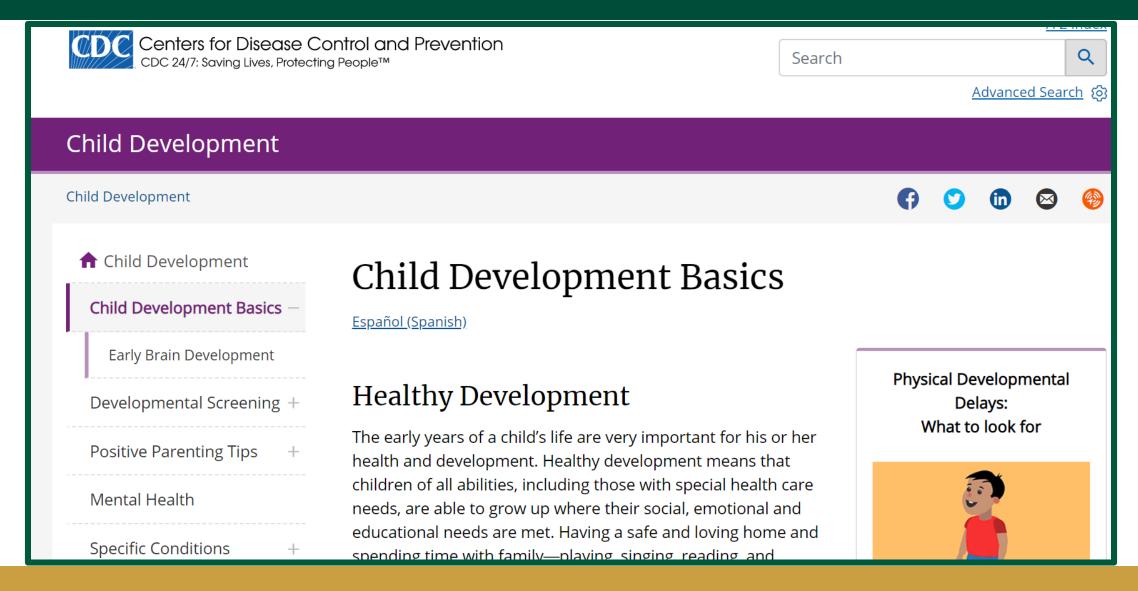
PRE-K ROUND UP MODULES

- Free Learning Resources to Prepare for Pre-K July 8 (click for the recording)
- Pre-K Learning Resources
- Developmental Milestones July 15
- Preparing for the First Day of School July 22
- Completing Fall Registration & the Enrollment Process July 29





Child Development Basics





What are Developmental Milestones?

- Developmental Milestones offer important clues about a child's developmental health.
- Reaching milestones at the typical ages shows a child is developing as expected.
- Reaching milestones much earlier means a child may be advanced compared with his or her peers of the same age.
- Not reaching milestones or reaching them much later than children the same age can be the earliest indication that a child may have a developmental delay.





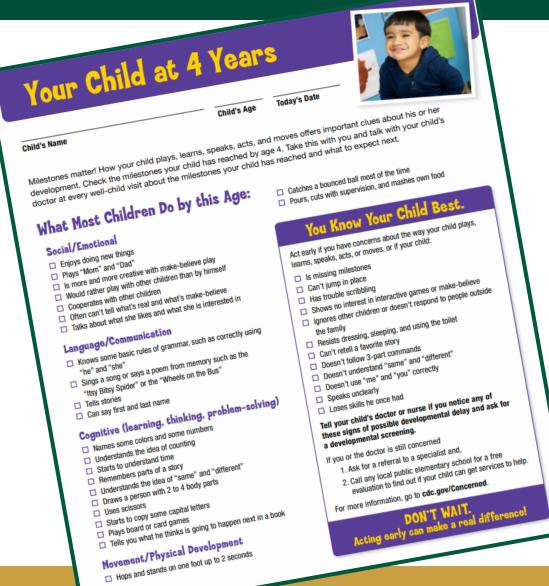
Why are Developmental Milestones Important?



- The most important reason for monitoring your child's development is to find out if your child's development is on track.
- It is important to act early if there are signs of potential development delays because early intervention is so important for improving a child's skills and abilities.



What areas do we track?



- Cognitive Development (learning, thinking, problem-solving)
- Physical Development & Movement
- Language & Communication Development
- Behavior, Social & Emotional Development
- Safety
- Milestones Checklists (ages 2 months to 5 years)



What areas do we track?

Help Your Child Learn and Grow

You can help your child learn and grow. Talk, read, sing, and play together every day. Below are some activities to enjoy with your 3-year-old child today.



What You Can Do for Your 3-Year-Old:

- Go to play groups with your child or other places where there are other children, to encourage getting along with others.
- Work with your child to solve the problem when he is upset.
- □ Talk about your child's emotions. For example, say, "I can tell you feel mad because you threw the puzzle piece." Encourage your child to identify feelings in books.
- Set rules and limits for your child, and stick to them. If your child breaks a rule, give him a time out for 30 seconds to 1 minute in a chair or in his room. Praise your child for following the rules.
- ☐ Give your child instructions with 2 or 3 steps.

 For example, "Go to your room and get your shoes and coat"
- Read to your child every day. Ask your child to point to things in the pictures and repeat words after you.

- Give your child an "activity box" with paper, crayons, and coloring books. Color and draw lines and shapes with your child.
- Play matching games. Ask your child to find objects in books or around the house that are the same.
- Play counting games. Count body parts, stairs, and other things you use or see every day.
- Hold your child's hand going up and down stairs. When she can go up and down easily, encourage her to use the railing.
- Play outside with your child. Go to the park or hiking trail. Allow your child to play freely and without structured activities.

- Cognitive Development (learning, thinking, problem-solving)
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- Milestones Checklists (ages 2 months to 5 years)



Mental Health Resources





Learn what is CDC doing to improve access to mental health care for children.

More

Treatment of Behavior Problems



Learn what works best.

More

Anxiety and Depression in Children



Get the facts! Learn about anxiety and depression in children.

More

Video: A Journey for Parents and Children



CDC Milestones Tracker App

Features:

- Add a Child –or multiple children
- Milestone Tracker track your child's developmental progress
- Milestone Photos and Videos know what each milestone looks like so that you can better identify them in your own child
- Tips and Activities every age
- When to Act Early know when it's time to "act early"
- Appointments keep track of your child's doctors' appointments
- Milestone Summary get a summary of your child's milestones to view

Milestones In Action : By Four Years

Español (Spanish)

Milestones Photo and Video Library

Social/Emotional

Language/Communication

Cognitive

Movement/Physica



Enjoys doing new things

Description

The children in this video want to play a new game. Enjoying doing new things is a 4-year social/emotional milestone.

Download CDC's FREE
Milestone Tracker App

Right click here and select "Save Target As..." to download the video ©

Low Resolution Video



Plays "Mom" and "Dad"

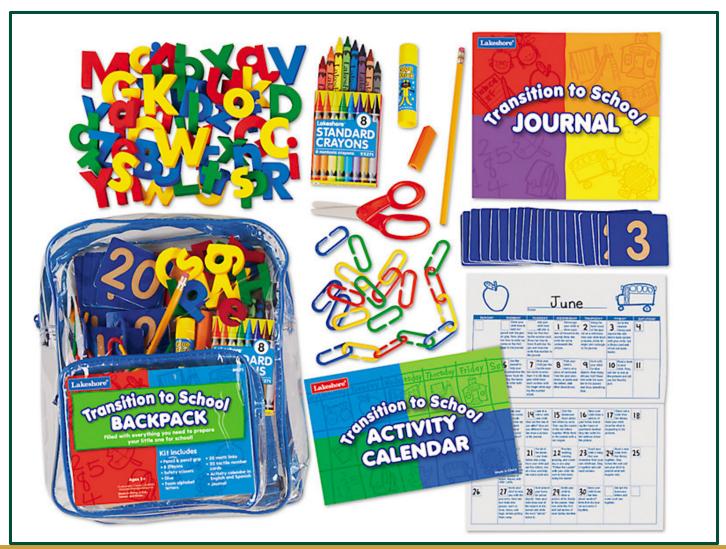
Description

The little girl in this picture is changing her doll's diaper – pretending to be the "baby's" mom. Playing "mom" and "dad" is a 4-year social/emotional milestone.

Right click here and select "Save Target As..." for hi-resolution image (10.16 MB)



Giveaway #1 – Transition to School Backpack





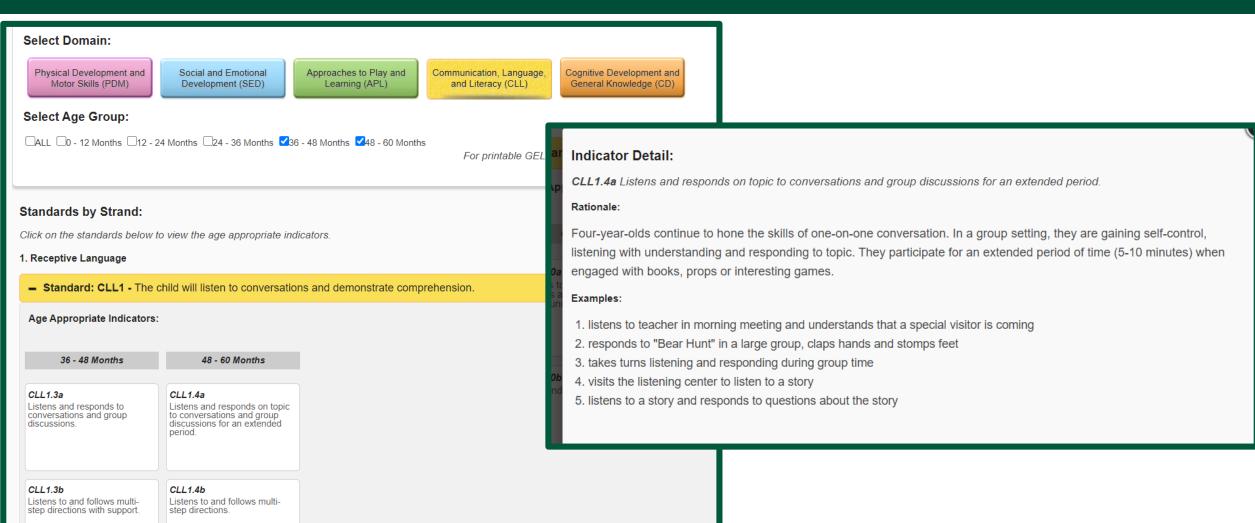


Georgia Early Learning & Development Standards





Select the Domain & Age Group





GELDS Resources

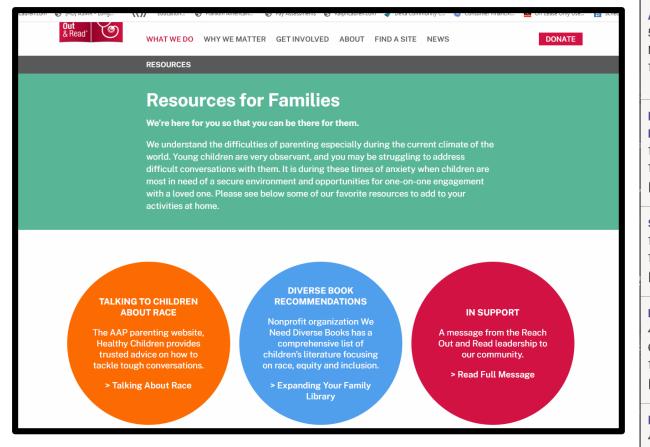
- Resources to Support Home Learning
- COVID-19 Resources in Spanish
- Informational Webinars
- Printable GELDS Documents
- (DIY) Summer School for Families
- Other Helpful Links





Reach Out and Read

- Reach Out and Read Georgia
- Serves 116,000 children annually
- 135 program sites
- 161,000 books distributed annually
- Does your child's Pediatrician do this?



Absolute Care Pediatrics

5635 Peachtree Parkway, Suite 140 Norcross, GA 30092

12.36 miles

Kirkwood Family Medicine / formerly **Dekalb Grady Health Center**

1863 Memorial Dr. SE Atlanta, GA 30317 12.55 miles



SOUTHSIDE MEDICAL CENTER

1046 RIDGE AVE SW ATLANTA, GA 30315 12.63 miles





Decatur Pediatric Group

4112 E. Ponce De Leon Avenue Clarkston. GA 30021

12.71 miles



Kids' Doc on Wheels

4112 East Ponce de Leon, Suite 2

Clarkston, GA 30021

12.71 miles



Resources for Families from ROR

- Milestones of Early Literacy Development (English and Spanish)
- E-books
- Virtual reading, entertainment and adventures
- Caring for the Care-Giver resources



MILESTONES OF EARLY LITERACY DEVELOPMENT

NEWBORN TO 6 MONTHS

TALK, READ, SING, PLAY Right from birth, babies are listening, looking, and learning. So find, and enjoy, those everyday moments when you can talk, read, sing, and play together with your bab



6 TO 12 MONTHS

drops, throws book

COMMUNICATION AND COGNITION

child is saying and learning

ANTICIPATORY

What parents

for your child to answer

Read and speak in your first language

WHAT TO READ

holds head steady sits in lap without support grasps book, puts in mouth

smiles, habbles, coos likes and wants your voice likes pictures of baby faces begins to say "ma", "ba", "da'

responds to own name pats picture to show interest simple stories

talk back and forth with your baby; make eye contact cuddle, sing, talk, play, read

point at and name things: nose, ball, baby, dog ..

follow baby's cues for "more" or "stop"

play games such as "peek-aboo" or "pat-a-cake"

nursery rhymes

board and cloth books: books with baby faces; no longer puts book in mouth right away

turns board book pages

12 TO 24 MONTHS

holds and walks with book

says single words, then 2- to 4-word phrases

gives book to adult to read points at pictures

turns book right-side up names pictures, follows

smile and answer when your child speaks or points

let your child help turn the pages; keep naming things use books in family routines:

naptime, playtime, bedtime; on the potty; in the car, bus

use books to calm or distract your child while waiting

board books; rhyming books; picture books; books that name things

learns to turn paper pages, 2 to 3 pages at a time starts to scribble

2 TO 3 YEARS

adds 2-4 new words per day

names familiar objects likes the same book again and again

completes sentences and rhymes in familiar stories

ask "Where's the dog?" or "What is that?"

be willing to read the same book again and again

as you read, talk about the

keep using books in daily

rhyming books: picture

books that tell stories:

search and find books

3 TO 4 YEARS turns pages one at a time,

and from left to right sits still for longer stories scribbles and draws

recites whole phrases

moves toward letter recognition

begins to detect rhyme pretends to read to dolls and stuffed animals

ask "What happens next?" in familiar stories

point out letters, numbers point out words and pictures that begin with the same sound

together, make up stories about the pictures

starts to copy letters and numbers

4 TO 5 YEARS

sits still for even longer

can listen longer

recognizes numbers, letters can retell familiar stories

can make rhymes

learning letter names and sounds

relate the story to your child's own experiences

let your child see you read ask your child to tell the story

encourage writing, drawing

point out the letters in your child's name

LET YOUR CHILD CHOOSE WHICH BOOK TO READ. FIND STORIES ABOUT THINGS YOUR CHILD LIKES.

picture books that tell

longer stories; counting

and alphabet books

fairy tales and legends: books with longer stories, fewer pictures

www.reachoutandread.org

reachoutandread [] 5

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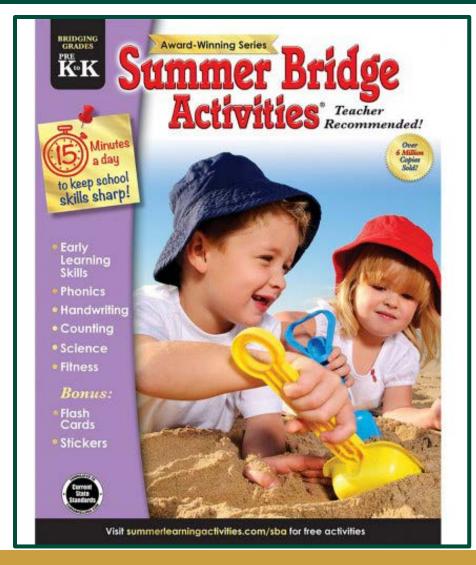
Where can you go for help?

- Babies Can't Wait
- Fulton County Schools
 Special Needs (Assistance Package in English & Spanish)
- Pediatrician
- Therapist or Psychologist



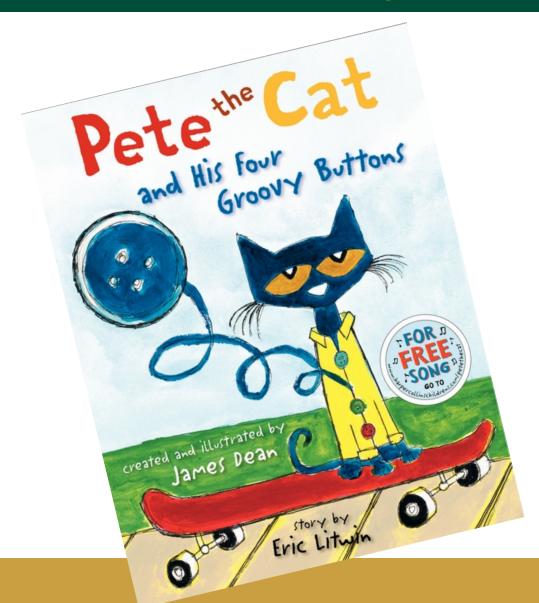


Giveaway #2 – Summer Bridge Activities





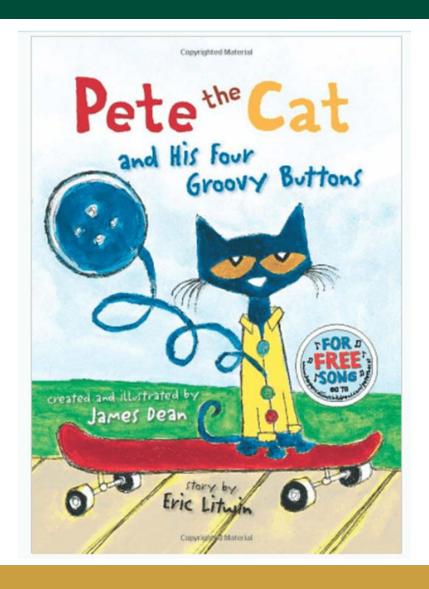
Complete the Form to enter the Raffle



Pre-K Raffle Link



It's Storytime



 Pete the Cat and His Four Groovy Buttons



Please join us!

VIRTUAL FILM SCREENING AND CONVERSATION

GEEARS invites families and caregivers of young children located in Fulton County to attend a virtual screening of the documentary film "No Small Matter."

Following the screening, we'll host a panel discussion featuring local experts about how families and communities can work together to support the healthy development of Fulton County's youngest children.

Friday, July 24, 2020 11AM-1PM

RSVP: NSMfulton.Eventbrite.com



PANELISTS

Kathy Bragg, MSW, LCSW, MAC
Project Director of New Generation Infant
Early Childhood Mental Health
CHRIS 180





Elizabeth Puckett Adult Outreach Librarian Fulton County Library System

Fanthnecia (Nisey) Dunbar Program Manager Fulton County Babies Can't Wait Program









Thank you for participating!

Montreal Bell

Coordinator

Early Childhood Programs

Fulton County Schools

bellmg@fultonschools.org

470-254-4574

