

Saratoga Elementary School



After School Enrichment Spring 2024 Session 3

Please register early! Classes may be cancelled one week prior to scheduled start date if enrollment is low. For class status or registration information, please call (408) 354-8700.

** Please note classes are not held on school holidays, conference weeks or special minimum days. **

Monday	Tuesday	Wednesday	Thursday	Friday
Movin' and	Basketball	Soccer	Chess Wizards	Tennis/Pickleball
Groovin' 4/1-5/20	4/2-5/21 3:10pm-4:10pm	4/3-5/22 12:50pm-1:50pm	4/4-5/23 3:10pm-4:10pm	4/5-5/24 3:10pm-4:10pm
3:10pm-4:10pm Room 5	Blacktop	Field	Room 5	Blacktop
		Multi-Sport 4/3-5/22	Movement & Yoga 4/4-5/23	
		12:50pm-1:50pm Blacktop	3:10PM-4:10PM Field	
		Robotics and Coding 4/3-5/22		
		12:50-1:50 Room 5		

NO CLASSES ON 4/8, 4/9, 4/10, 4/11, 4/12

Questions, concerns, or have an idea for future enrichment classes? Contact Melody Cheng for Sports at <u>mcheng@lgsrecreation.org</u> Contact Dominic Broadhead for Enrichment at <u>dbroadhead@lgsrecreation.org</u>

For immediate assistance please contact LGS Recreation at (408) 354-8700. Register online at www.lgsrecreation.org, mail in, or walk in registration today

Descriptions:

Movin' and Groovin' Science: Grades K-5

Room 5

Catapult into Newton's three laws of motion as you yank the tablecloth from under the dishes! Learn about potential and kinetic energy using toys that pop, jump and flip! Discover renewable and non-renewable resources for power generation, and build your own optical fiber model as we talk about telecommunications!

Basketball: Grades K-5

Blacktop

Develop passing, dribbling, shooting, and defense with Allera Sports. Participants will engage in drills and games to learn, improve, and develop their basketball skills.

Soccer: Grades K-5

Field

Futsal Soccer is a fun, fast-paced five per side soccer game played indoors and outdoors within the lines of a basketball court or lined field (no walls) using a small, size three ball with low-bounce. Play fun, educational games that focus on increasing balance, coordination and fundamental futsal skills. Creative activities are used to foster cooperation in a group setting and build self-esteem in a fun, low-pressure environment.

Multi-Sport: Grades K-5

Blacktop

Young athletes have fun participating in a variety of sports and physical activities. Multi sports includes playing and learning sports that focus on sportsmanship, teamwork, building friendships, and of course, FUN! Basketball, Volleyball, Soccer, and many other popular games are included!

Movement & Yoga: Grades K-5

Field

Moving & shaking, doing stretches, or enjoying Kids Yoga games - in the classes we combine physical movement, yoga, music and fun. Each class focuses on fundamental movement and motor skills. Through movement, children will work on coordination, balance, flexibility and strength. The program also helps children discover their creativity, uniqueness, strengths, mental and physical health, and connect their mind and body.

Chess Wizards: Grades K-5

Room 5

We separate students based on skill levels and teach different lessons best suited to their individual needs. All lessons have an activity and homework to accompany them and we have well over 80 different lessons to keep challenging our little wizards! Chess has been taught for thousands of years because of its emphasis on logic, tactics and sportsmanship. Let us coach your kids to a higher level of education!

Afterschool Pickleball/Tennis: Grades 1-5

Blacktop

Students will learn to play pickeball on portable nets set up on blacktops. Engaging games and activities are incorporated to enhance their skills and make the learning process fun! It's important to note that many of the students in these classes have had very limited exposure to pickleball.