

# Delphos City Preschool Post

## DEAR FAMILIES

This newsletter will discuss important March and end of the year dates. We will be celebrating St. Patrick's Day in each class on Wednesday, March 13<sup>th</sup> & Thursday, March 14<sup>th</sup> with a dress up day. Dress up days for March are listed below for each group. The students are not required to participate; however, we wanted to offer some fun ways to celebrate.

### *Dress Up Days*

*Monday, March 11<sup>th</sup> - Preschool t-shirt Day*  
*Tuesday, March 12<sup>th</sup> - Preschool t-shirt Day*  
*Wednesday, March 13<sup>th</sup> - St. Patrick's Day - green*  
*Thursday, March 14<sup>th</sup> - St. Patrick's Day - green*

### Latchkey

Reminder to sign in and/or sign out your child.  
 Morning latchkey doors open at 7:30 am.  
 Afternoon latchkey ends at 3:30 pm. Please be prompt in picking up your child from afternoon latchkey. Thanks for your help!

### Morning Doors

Reminder doors open in the morning at 8:30 am.  
 If a preschooler arrives before 8:30 am a latchkey fee of \$3.75 for the morning will be charged.

### Literacy & Math Night

The preschool will be holding a Literacy & Math Night on Tuesday, March 26<sup>th</sup> from 5:30 pm - 6:30 pm in the cafeteria. The purpose of the event is to provide information to the parents/guardians about how they can help their children develop early literacy and math skills at home. The parents/guardians will also have the opportunity to participate in early literacy and math activities with their preschooler. Each preschooler will receive a book to share with their family. An additional letter is also being sent home with information and for you to RSVP for this evening.

## ACADEMICS

The teachers have been sharing activities in each child's folder weekly. ***These activities are not mandatory***, but are being given so you can see what the students are learning each week in class. If your child would like to complete the worksheets or part of the worksheets, please return them in your child's folder the following week. Again, these activities are not mandatory!

### Attached Information

Attached to the newsletter is a one-page document from the CDC explaining developmental milestones for children age 3 - 5.

## Upcoming Dates

**Thurs., Mar. 7<sup>th</sup>** - 2 hour delay - district teacher inservice - latchkey will start at 9:30 am and doors will open at 10:30 am

**Fri., Mar. 8<sup>th</sup>** - Mon/Wed Day

**Mon., Mar. 11<sup>th</sup>** - Preschool t-shirt Day

**Tues., Mar. 12<sup>th</sup>** - Preschool t-shirt Day

**Wed., Mar. 13<sup>th</sup>** - St. Patrick's Day - wear green

**Thurs., Mar. 14<sup>th</sup>** - St. Patrick's Day - wear green

**Fri., Mar. 15<sup>th</sup>** - Tues/Thurs Day

**Fri., Mar. 22<sup>nd</sup>** - Mon/Wed Day

**Tues., Mar. 26<sup>th</sup>** - Literacy & Math Night 5:30 - 6:30 pm

**Wed., Mar. 27<sup>th</sup>** - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - Easter break

**Thurs., Mar. 28<sup>th</sup> through Mon., Apr. 1<sup>st</sup>** - No School for Easter break

**Fri., Apr. 5<sup>th</sup>** - Tues/Thurs Day

**Mon., Apr. 8<sup>th</sup>** - NO SCHOOL - Solar Eclipse day

**Fri., Apr. 12<sup>th</sup>** - Mon/Wed Day

**Fri., Apr. 19<sup>th</sup>** - Tues/Thurs Day

**Fri., Apr. 26<sup>th</sup>** - Mon/Wed Day

**Fri., May 3<sup>rd</sup>** - Tues/Thurs Day

**Fri., May 10<sup>th</sup>** - Mon/Wed Day

**Fri., May 17<sup>th</sup>** - Tues/Thurs Day

**Wed., May 22<sup>nd</sup>** - 12:30 dismissal for preschool - 1:30 dismissal for district - latchkey will end at 1:30 - Summer break



## Delphos City Schools Preschool Positive Behavior Expectations



Below are great examples of the students being safe and using materials safely while working on their fine motor skills along with the students being kind while taking turns.



## Preschool Activities

The preschoolers enjoyed various Valentine's activities on Wed., Feb. 13<sup>th</sup> and Thurs., Feb. 14<sup>th</sup> including bringing in Valentine's boxes and passing out Valentine's to their classmates.





Dr. Mohr came in to visit with the preschoolers as part of the National Children's Dental Health Month in February. Dr. Mohr talked to the preschoolers about the importance of keeping their teeth healthy. They learned about brushing their teeth 2 times a day for 2 minutes, visiting the dentist 2 times a year, and only drinking water after they have brushed their teeth at night.







# Grow Up Healthy!

56"

55"

54"

53"

52"

51"

50"

49"

4feet

47"

46"

45"

44"

It is recommended that children go to their own health care provider for their well-child visits at the milestone ages listed. These well-child visits provide important services like tracking your child's growth and development; vaccinations; and the opportunity to ask questions and/or share concerns about your child's physical, mental, and social health.

## 4-5 years

### Vaccines Needed

Diphtheria, Tetanus,  
and Pertussis (DTaP)

Measles, Mumps,  
Rubella (MMR)

Polio (IPV)

Varicella (Chickenpox)

Influenza (Flu)  
Yearly

## 5 years

Follows rules or takes turns when  
playing games with other children

Writes some letters in their name

Counts to 10

Uses or recognizes simple  
rhymes (bat-cat, ball-tall)

## 4 years

Likes to be a "helper"

Pretends to be something  
else during play  
(teacher, superhero, dog)

Talks about at least one thing  
that happened during their day,  
like "I played soccer."

Unbuttons some buttons

## 2-3 years

### Vaccines Needed

Influenza (Flu)  
Yearly

## 3 years

Notifies other children and  
joins them to play

Talks well enough for others  
to understand, most of the time

Draws a circle, when you show  
them how

Puts on some clothes by themselves,  
like loose pants or a jacket

For additional ages and  
information go to

[www.cdc.gov/growthcharts](http://www.cdc.gov/growthcharts)



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



Download CDC's free  
Milestone Tracker app



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FAMILY PHYSICIANS  
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American Academy  
of Pediatrics



vaccines: [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)

milestones: [www.cdc.gov/milestones](http://www.cdc.gov/milestones)

growth charts: [www.cdc.gov/growthcharts](http://www.cdc.gov/growthcharts)

Last updated January 2012  
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# ¡Crece sano!

56"

55"

54"

53"

52"

50"

49"

4pies

47"

46"

45"

## 4-5 años

### Vacunas necesarias

La difteria, el tétanos y la tosferina (DTaP)

La poliomielitis (IPV)

Influenza o gripe anual

El sarampión, las paperas y la rubéola (MMR)

La varicela (Var)

## 2-3 años

### Vacunas necesarias

Influenza o gripe anual

## 5 años

Sigue las reglas o se turna cuando juega algún juego con otros niños

Escribe algunas de las letras de su nombre

Cuenta hasta 10

Usa o reconoce rimas simples (gato-pato, casa-taza)

## 4 años

Le gusta ser un "ayudante"

Imagina ser otra persona o cosa cuando está jugando (maestro, superhéroe, perro)

Habla de al menos una cosa que haya sucedido durante su día

Desabotona algunos botones

## 3 años

Nota a los otros niños y se une a ellos para jugar

Habla lo suficientemente bien como para que otros lo entiendan, la mayor parte del tiempo

Dibuja un círculo cuando le muestra cómo hacerlo



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention



Descarga la aplicación gratuita de los CDC. Sigue el desarrollo.



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STRONG MEDICINE FOR AMERICA

American Academy of Pediatrics



vacunas: [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)

Indicadores del desarrollo: [www.cdc.gov/indicadores](http://www.cdc.gov/indicadores)

tablas de crecimiento: [www.cdc.gov/growthcharts](http://www.cdc.gov/growthcharts)

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