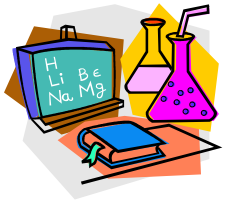
Struggling with low homework grades and/or low assessment scores?
Try these strategies …



In the classroom

- ☐ Turn in homework (use a study buddy to remind each other)
- ☐ In every class, take notes to stay focused on what is being covered in class. Maintain eye contact with the teacher. If you don't understand something, write down your questions and get back to the teacher during tutorial.
- ☐ Be actively engaged during group work and on task during individual work
- ☐ Ask clarifying questions (or write down questions to ask in tutorial)
- ☐ Take out planner and write down homework for the night + dates for upcoming projects or assessments

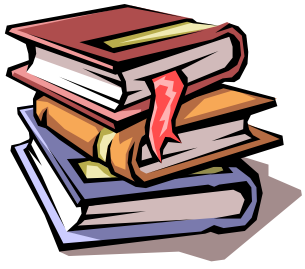
At the end of the school day

- ☐ Set a phone reminder at 3:35 pm to check that all daily homework has been turned in. Open your planner and check that all homework "spaces" have been filled in. Go back to your classrooms and write down assignments if needed.
- ☐ Go to tutorial(s) to ask questions or start your homework. Review low quiz/test scores with the teacher to improve your understanding
- ☐ Do you have questions on material covered in class? Make a plan to go to tutorial and ask questions.
- ☐ Did you get a low quiz or test score? Go to tutorial and find out why
- ☐ Do you want to get help after tutorial or want a quiet place to do homework? Go to the library on Mondays, Tuesdays and Thursdays during extended tutorial (3:30 pm to 4:30 pm) to get help/study.
- ☐ Do you want to work with an academic coach/tutor during extended tutorial? Talk to Leslie Blumenstein (office in the library) and she will set you up with an academic coach.

At home

- ☐ Find a quiet place to study, without the computer, cell phone, TV or music
- ☐ Do homework and study for upcoming quizzes/tests at least 2-3 hours a night, in 20 minute chunks of time with 5 minute breaks in between
- ☐ Prioritize assignments, completing the hardest material first. Take notes on everything that you read so it sticks in your brain!
- ☐ File finished homework in your binder(s) with bright stickee notes to remind you to turn in the homework

Turn over for more tips …



Students – at home (continued)

- ☐ Start studying for tests at least 3-4 days prior to the test/quiz
- ☐ Use active studying techniques to help remember concepts/details: flashcards, self-quiz, redo problems, teach mom and dad, use mnemonics, etc
- ☐ Check the PIV every night for missing work. Complete missing work to turn in the next day.
- ☐ Use the Bellevue Public Library Study Zone for free tutoring T/W 3:00 – 7:00 pm and M/TH 4:00 – 8:00 pm.
- ☐ Use online resources such as the Online Study Zone with the King County Library (www.kcls.org)
- ☐ And finally, reflect on your day and "think about your thinking": what did I not understand in class today? What concepts am I struggling with? How can I improve on my studying for the next quiz/test? What do I want to accomplish in tutorial tomorrow? Write that down in your planner!

What can parents do to help?

- ☐ Ensure student attends tutorials by requiring teacher signatures in the planner
- ☐ Ask to see the student's planner rather than asking whether or not they have homework. If the student reports that there is no homework, require that they sit at a table or desk for one hour and read so as to encourage a study "habit".
- ☐ Arrange a quiet, non-distracting place where the student can work.
- ☐ Provide supplies such as paper, pencils, book bag, calendar, timer, or clock.
- ☐ Be available to support or help the student solve problems.
- ☐ Assist in understanding directions.
- ☐ Help the student develop a homework plan.
- ☐ Encourage a realistic study schedule. Make sure that each night's homework session includes time for reviewing class work.
- ☐ Check on the student occasionally.
- ☐ Check that completed homework is in backpack with bright stickie notes or in homework turn in folder
- ☐ At least once midweek, check the PIV for missing work with your student

Finally … how much and when should you review for quizzes and tests? The research shows that short reviews every day help you retain the content more effectively and result in less cramming the night before the exam ☺ check out this chart ➡

