



TOWN	PRACTICE	NAME	ADDRESS(ES)	HOURS	CONTACT INFORMATION	SERVICES OFFERED, SPECIALIZATION, AGES SEEN	INSURANCE ACCEPTED	FEES/RATE	SLIDING SCALE?	IN PERSON SERVICES?	TELEHEALTH SERVICES?	ACCEPTING NEW CLIENTS?
Baldwinsville	Inner Strength Counseling Services	Jennifer M. Hawkins, LMHC	43 Oswego Street Baldwinsville, NY 13027	As needed	(315) 776-2580 jhawkins.innerstrengthcs@gmail.com	Adults and Adolescents age 13+	Most major insurances accepted	\$120 or insurance rate	NO	YES	YES	YES
Clifton Springs	Clifton Springs Behavioral Clinic	Matthew D. Guilfoil, LCSW	2 Coulter Road Clifton Springs, NY 14432	8:30am – 4:30pm	(315) 462-1050	Mental Health and Chemical Dependency	Contact for coverage	Contact for fees	NO	YES	NO	YES
East Rochester	MindFit Mental Health	Julienne R. Cenzi, LMHC	Mindfit Mental Health Counseling, PLLC 349 W. Commercial St. Suite 2195 East Rochester, NY 14445	By appointment, Monday-Saturday	(585) 203-1869 mindfitmentalhealth@gmail.com	Children Services, groups, technology assisted services	N/A	Dependent on Services	NO	YES	NO	YES
East Rochester	MindFit Mental Health	Daniel J. DeClerck, LMHC	349 W Commercial St STE 2195, East Rochester, NY 14445 East Rochester, NY 14445	By appointment	(585) 203-1869 mindfitmentalhealth@gmail.com	Individual therapy, groups, assessments, technology assisted therapy	Major Insurances	Contact for Fees	NO	YES	NO	YES
Fairport	Brian F. Chaffee, LCSW	Brian F. Chaffee, LCSW	6 North Main Street Suite 150 Fairport, NY 14450	By Appointment	(585) 682-2860	Individuals, Couples	Aetna Beacon Health Options I Carelton BlueCross and BlueShield HealthNow Monroe Plan MVP Health Care	Contact	YES	YES	NO	YES
Fairport	Carol B. Carlson, LMHC	Carol B. Carlson, LMHC	490 Cross Keys Office Park Fairport, NY 14450 (585) 257-0719	By appointment	(585) 257-0719	Children, Teens, Young Adults	Most Major Insurances Accepted	\$140	NO	YES	YES	YES



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Fairport	Fairport Psychiatric Associates	Khalid M. Hubeishy, MD	1381 Fairport Road Fairport, NY 14450	Mon-Wed 8:30am-4pm	(585) 388-8020	Individual, Couples, Family	Excelsus BC/BS, MVP, Aetna, Univera, Medicare	Contact for fees	NO	YES	YES	YES
Fairport	Linda J. Casira, LMHC	Linda J. Casira, LMHC	Casira Mental Health Counseling, PLLC 1387 Fairport Road, Building 600, Suite 630 Fairport, NY 14450	By appointment	(585) 440-5543	Relationship Issues, Behavioral Issues, Coping Skills	Most Major Insurances Accepted	\$120	NO	YES	YES	YES
Fairport	Pamela A. Walter, LCSW	Pamela A. Walter, LCSW	768 Cross Keys Office Park Fairport, NY 14450	Contact for hours	(585) 425-4750	Social Work	Aetna, Cigna, MVP, Excelsus BCBS	Contact for fees	NO	YES	NO	YES
Fairport	Payal Shah, PSYD	Payal Shah, PSYD	7700 Pittsford Palmyra Road Fairport, NY 14450	by appointment	(585) 304-1893	Adults, Elders, LGBTQ	Aetna, Out of Network	\$160	NO	YES	NO	YES
Fairport	Sarah Farney	Sarah K. Farney, PHD	305 Packett's Landing Fairport, NY 14450	By appointment	(585) 678-4449	Individuals	N/A	Contact for fees	NO	YES	NO	YES
Fairport	Steve Michener Counseling	Stephan P. Michener, LCSW	100 CrossKeys Office Park Fairport, NY 14450	Mon-Thurs 9am-4pm	(585) 383-4478	Individual Counseling	Most major insurances accepted	\$110 per session or insurance rate	NO	YES	NO	YES
Macedon	Adult Child and Codependency Center	Allison D. Paul, LCSW	73 Main Street Macedon, NY 14502	By appointment	(315) 277-6872 ext. 2	Individual ages 6+	Aetna, Cigna, BC/BS, Oscar, Oxford, UHC	Varies	YES	YES	YES	YES
Macedon	Beacon Mental Health Counseling Services, PLLC	Annette P. Lee, LMHC	19 West Main Street, Suite 130 Macedon, NY 14502	Days and evenings	(585) 245-0129 beaconcounselingsvcs@gmail.com	Anxiety, Depression, and sex therapy	Aetna Cigna and Evernorth Excelsus BlueCross BlueShield	\$74 self pay	YES	YES	YES	YES



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Newark	Finger Lakes Community Health	Stephanie M. Achilles, MD	513 W Union St. Newark, NY 14513	Monday: CLOSED Tuesday: 8am-4:30pm Wednesday: 9am-8pm (Dec-Apr) 9am-9pm (May-Nov) Thursday: 8am-4:30pm Friday: 8am-5pm	(315) 573-7577	Mental Health	Major Insurances	Dependent on services	YES	YES	YES	YES
Newark	Finger Lakes Community Health	Amanda Falice, MS, LMHC	513 W Union St. Newark, NY 14513	Monday: 8am-4:30pm Tuesday: 8am-7pm (Dec-May) 8am-9pm (June-Nov) Wednesday: 8am-4pm Thursday: 8am-8pm (Dec-May) 8am-9pm (June-Nov) Friday: 8am-4pm	(315) 531-9102	Mental Health Services	Accepts most insurance, including medicaid	contact for specific fees	NO	YES	YES	YES
Penfield	Amy Corwin	Amy B. Corwin, LCSW	401 Penbrooke Drive Building 2 Suite K Penfield New York 14526	By appointment	(585) 594-4574	Child and Adolescent Psychology, Families	N/A	Contact for fees	NO	YES	YES	YES
Penfield	Douglas E. Hurlbut, LCSW	Douglas E. Hurlbut, LCSW	1794 Penfield Road Penfield, NY 14526	Mon-Fri 8am-4pm	(585) 598-9711	Individual age 12+, couples	Excellus BC/BS, Aetna, Medicare, Oscar, Oxford, United Healthcare	\$100	NO	YES	NO	YES



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Penfield	Kim T. Nghiem, PSYD	Kim T. Nghiem, PSYD	1790 Penfield Road, 2nd Floor, Suite 1 Penfield, NY 14526	Monday-Friday 9am-4pm	(585) 398-8835	Trauma, PTSD, Foster Children, Military families, Refugees	Excellus	\$250 per session	NO	YES	YES	YES
Penfield	Renew Hope and Healing	Vickie McVay, LCSW	441 Penbrooke Dr, Suite 1 Penfield, NY 14526	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Teens, Young Adults, Adults	Excellus, United/Optum	\$130	NO	YES	YES	YES
Penfield	Renew Hope and Healing	Jody Mykins, LMHC	441 Penbrooke Drive, Suite 1 Penfield, NY 14526	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Families, Children, teens, Young adults	Excellus	\$110	NO	YES	YES	YES
Penfield	Renew Hope and Healing	Michelle Nageldinger, P-MHC	441 Penbrooke Drive, Suite 1 Penfield, NY 14526	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Children, teens, young adults	N/A	\$110 individual \$140 Couples	NO	YES	YES	YES
Penfield	Renew Hope and Healing	Joe Panzarella, LMSW	441 Penbrooke Drive, Suite 1 Penfield, NY 14526	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, children, teens, adults, seniors	Excellus	\$130 individual \$135 couples	NO	YES	YES	YES
Penfield	Renew Hope and Healing	Leanne Perez-Dunham, LMHC	441 Penbrooke Drive, Suite 1 Penfield, NY 14526	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Anxiety, Christian Counseling, Depression, LGBTQAI+ Issues, Mood Disorder, OCD, Substance Abuse	Excellus	\$130	NO	YES	YES	YES



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Penfield	Tree of Hope Counseling	Jay M. Nittoli, LCSW	421 Penbrooke Drive, Suite 2 Penfield, NY 14526	Mon - Fri 9am-4pm	(585) 510-2233 jay.nittoli@gmail.com	Individual	Excellus	\$165	NO	YES	NO	YES
Perinton	Mary Olsen-Lanzafame	Mary E. Olsen-Lanzafame, PHD	121 Sullys Trail, Suite 5 Perinton, NY 14534	Varies	(585) 732-5310	Children and Families	Most major insurances accepted	Based on insurance	NO	YES	NO	YES
Pittsford	Renew Hope and Healing	Suzanne Bamonto, PHD	1160F Pittsford Victor Road Pittsford, NY 14534	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Children, teens, young adults	Excellus	\$150	NO	YES	YES	YES
Pittsford	Renew Hope and Healing	Stephanie Dubina, PSYD	1160F Pittsford Victor Road Pittsford, NY 14534	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Anxiety, Behavioral Issues, Mood Disorder, Trauma	Excellus	\$145	NO	YES	YES	YES
Pittsford	Renew Hope and Healing	Kasey Gatley, LMSW	1160F Pittsford Victor Road Pittsford, NY 14534	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Anxiety, Depression, Mood Disorder, OCD, Postpartum, & Trauma	Excellus	\$105	YES	YES	YES	YES
Pittsford	Renew Hope and Healing	Katherine Park, LMSW	1160F Pittsford Victor Road Pittsford, NY 14534	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	ADHD, Anxiety, Depression, Domestic Abuse, Intellectual Disability, OCD, Trauma	Excellus	\$130 individual	NO	YES	YES	YES
Pittsford	Rory P. Houghtalen	Rory P. Houghtalen, MD	135 Sullys Trail, Suite 11 Pittsford, NY 14534	Mon-Fri 9am-5pm or as needed	(585) 381-1558 rory@rory-houghtalenmd.com	Individual, Couples, Forensics. Prefers telehealth appointments.	Most major insurances accepted	Contact for fees	NO	YES	YES	YES

WAYNE COUNTY RURAL HEALTH NETWORK

6692 Middle Road, Suite 2200, Sodus, NY 14551 | Ph: (315) 483-3200 | Email: ruralhealthnetwork@rochesterregional.org | Visit us online at waynecountyruralhealth.com

Edited March 14, 2023



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Pittsford	Tyler Fleming, D.O.	Tyler Fleming, DO	179 Sully's Trail, Suite 200 Pittsford, NY 14534	by appointment, Monday-Friday 8am-4:30pm	(585) 275-7301	Psychiatry & Neurology	Accepts most major insurance	contact	NO	YES	YES	YES
Rochester	Alice Hoagland	Alice Hoagland, PHD	10 Hagen Drive Rochester, NY 14624	Mon-Fri 8am-4pm	(585) 442-4141	Individual, Sleep Specialist	Most major insurances accepted	Based on insurance	NO	YES	NO	YES
Rochester	CF Pollack Psychology	Christopher F. Pollack, PHD	2511 Browncroft Blvd, Suite 103 Rochester, NY 14625	By appointment	(585) 586-9420 cfpollack@rochester.rr.com	Child, Adolescent, and Families	Most major insurances accepted	\$150-\$200	NO	YES	NO	YES
Rochester	Coughlin Counseling	Nancy Coughlin, LCSW	2480 Browncroft Blvd, Suite 252 Rochester, NY 14625	By Appointment	(585) 315-6674 nancy@coughlincounseling.com	Women	Most Major Insurances	\$150	NO	YES	NO	YES
Rochester	Douglas Raynor	Douglas A. Raynor, PHD	919 Winton Road South, Suite 106 Rochester, NY 14618	By appointment	(585) 257-0366 www.brighton-psychologicals-services.com	Anxiety, Depression	Aetna, Excellus	contact for fees	NO	YES	YES	YES
Rochester	Ellie Mental Health	Victoria C. Henderson, LCSW	3019 Monroe Ave, Suite 200R Rochester NY 14618	Mon-Fri 8am-8pm Sat 8am-2pm	(585) 572-7017	Individual, Couples, Family, Play, Grief, Trauma	Most major insurance accepted	Based on insurance	NO	YES	YES	YES
Rochester	Groundwork Counseling	Priscilla Cortes, LMHC	100 Linden Oaks Dr, STE 101 Rochester, NY, 14625	By Appointment	(585) 204-7790 https://www.groundwork-mentalhealth.com/contact	Therapist for adults First Responder Support Specialist	Excellus	Individual: \$60-\$110 Couples: \$120-\$160 Child Parent Psychotherapy and Infant Mental Health: \$80-\$110	YES	YES	YES	YES



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Rochester	Groundwork Counseling	Rachael Ross, LMHC	100 Linden Oaks Dr. Suite 101 Rochester, NY 14625	By Appointment	(585) 204-7790 https://www.groundwork-mentalhealth.com/contact	Therapist for children ages 6 and up, teens, and adults.	N/A	Individual: \$60-\$110 Couples: \$120-\$160 Child Parent Psychotherapy and Infant Mental Health: \$80-\$110	YES	YES	YES	YES
Rochester	Groundwork Counseling	Michelle Summers, LMHC	100 Linden Oaks, Suite 101 Rochester, NY 14625	By Appointment	(585) 204-7790 https://www.groundwork-mentalhealth.com/contact	Therapist for adults, children 0 and up, parent/child sessions	MVP	Individual: \$60-\$110 Couples: \$120-\$160 Child Parent Psychotherapy and Infant Mental Health: \$80-\$110	YES	YES	YES	YES
Rochester	Groundwork Counseling	Jacob C. Vecchio, LMHC	100 Linden Oaks Dr. Suite 101 Rochester, NY 14625	By Appointment	(585) 204-7790 https://www.groundwork-mentalhealth.com/contact	Therapist for couples, adults, and teens ages 16 and up. First Responder Support Specialist	Excellus, MVP	Individual: \$60-\$110 Couples: \$120-\$160 Child Parent Psychotherapy and Infant Mental Health: \$80-\$110	YES	YES	YES	YES
Rochester	John Brewer, LMHC	John Brewer, LMHC	95 Allens Creek Road Building 1 Suite 107B Rochester, NY 14618	By appointment	(585) 283-2013	Adults, Seniors	Excellus	\$130	NO	YES	YES	YES



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Rochester	Linden Oaks Therapy Offices	Marina Aleksandrowicz, NPP	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	Pedro Ceteno, PHD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	Roger D. Di Pietro, PSYD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES



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Rochester	Linden Oaks Therapy Offices	Marguerite Harris, LCSW-R, MFT	100 Linden Oaks Drive, Suite 200 Rochester, NY 14625	Mon - Fri 9am-4pm	(585) 586-1600	Individual, Couples, Family and Child & Adolescent therapies.	Most major health care insurances are accepted by individual practitioners.	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	NO	YES
Rochester	Linden Oaks Therapy Offices	Michael B. Klein, PSYD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	James A. Meyer, PHD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES



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Rochester	Linden Oaks Therapy Offices	Thomas H. Neilans, PHD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	Emmanuel Petraccia, LCSW	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	Pauline N. Stahlbrodt, PHD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES



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Rochester	Linden Oaks Therapy Offices	Marilyn Sullivan, RN, NPP	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	Gerhardt S. Wagner, MD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	Most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Linden Oaks Therapy Offices	Chelsey Wilkes, PHD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Mental Health Treatment	most major insurances accepted	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES



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Rochester	Marj Smith, LCSW	Marj Smith, LCSW	2300 East Ave Rochester, NY 14610	By Appointment	(585) 484-0188	Grief, Anxiety, End of Life, Depression, Trauma, Life Transitions	Aetna, Anthem, Cigna, Excellus BCBS, Oxford, United Health-care	\$150 per session	NO	YES	YES	YES
Rochester	Megan Keller	Megan R. Keller, LCSW	100 Groton Pkwy Rochester, NY 14623	By appointment	(585) 359-3710	Adult, Teens, Women	Aetna, Excellus BC/BS, Cigna, Oscar, Oxford, UHC	\$110 or insurance rate	NO	YES	YES	YES
Rochester	Nicole L. Cromer, PHD	Nicole L. Cromer, PHD	70 Linden Oaks Rochester, NY 14625	By appointments	(646) 759-1430	Relationship Issues, Self-esteem, Teens and Adults	Excellus, Cigna, Evernorth	\$200	YES	YES	YES	YES
Rochester	Renew Hope and Healing	Joan Chandler, LCSW-R	755 Jefferson Road Suite 4A Rochester NY 14623	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Families, Children, Teens, Young Adults	Excellus	\$130 Individual \$135 Couples	NO	YES	YES	YES
Rochester	Renew Hope and Healing	Stephanie Scaccia, LMSW	755 Jefferson Rd, Suite 4A Rochester, NY 14623	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Anxiety, Christian Counseling, Depression, OCD, Relationship Issues, Trauma	Excellus	\$105 individual \$135 Couples	NO	YES	YES	YES
Rochester	RGH - Inpatient Psychiatric Unit	Aurelian N. Niculescu, MD	1425 Portland Ave, Unit G1 Rochester, NY 14621	Mon - Fri 8am-4pm	(585) 922-4395	Geriatric	Most major insurances accepted	Based on insurance	NO	YES	NO	YES
Rochester	Rochester Center for Sexual Wellness	William A. Kelly, LCSW	625 Panorama Trail, Bldg 3, Suite 200 Rochester, NY 14620	Mon-Thurs 8am-7pm, Fri 8am-5pm, Sat 8am-12pm	(585) 865-3584 online request form: https://forms.myupdox.com/#/form/90980	Individual, Couples, Adults/Young Adults	Insurance not accepted.	\$80-\$350	NO	YES	YES	YES



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Rochester	Rochester Psychological Assessment and Testing	Brian S. Amos, PHD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Psychological testing ages 5 and older	Insurance Not Accepted. Super Bill will be provided upon service completion for potential to submit to insurance for reimbursement	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Rochester Psychological Assessment and Testing	Liam Cerveny, PSYD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Psychological testing ages 5 and older	Insurance Not Accepted. Super Bill will be provided upon service completion for potential to submit to insurance for reimbursement	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Rochester Psychological Assessment and Testing	Nicole Gibson, PHD, NCSP	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Psychological testing ages 5 and older	Insurance Not Accepted. Super Bill will be provided upon service completion for potential to submit to insurance for reimbursement	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES



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Rochester	Rochester Psychological Assessment and Testing	Kristy Kelley, MSW, PSYD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Psychological testing ages 5 and older	Insurance Not Accepted. Super Bill will be provided upon service completion for potential to submit to insurance for reimbursement	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Rochester Psychological Assessment and Testing	Jacob Swartwout, PSYD	100 Linden Oaks, Suite 200 Rochester, NY 14625	Office Hours: Monday – Friday 9:00 am to 4:00 pm Day and evening hours are available, as well as Saturday hours, dependent on clinician	(585) 586-1600	Psychological testing ages 5 and older	Insurance Not Accepted. Super Bill will be provided upon service completion for potential to submit to insurance for reimbursement	Fees will vary depending on the independent practitioner and insurance coverage.	NO	YES	YES	YES
Rochester	Rochester Therapy with Dr. Scott	Scott A. Kaplan, PHD	1577 South Ave Rochester NY 14620	By appointment	(312) 882-3344	Individual, Couples or Groups ages 18+	Aetna, Excellus BC/BS	\$100-\$240 based on length of session	YES	YES	NO	YES
Rochester	Tree of Hope Counseling	Jalise N. Munoz, LMHC	2300 East Avenue Rochester, NY 14610	Mon-Fri 9am-5pm or as needed	(585) 500-9420 treeofhope-counselingrochester@gmail.com	High Risk Young People and their Families	Most major insurances accepted	\$100-\$150 per session	NO	YES	NO	YES



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Sodus	Finger Lakes Community Health	Stephanie M. Achilles, MD	6341 Ridge Road, Sodus, NY 14551	Sodus: Monday: 8am-4:30pm Tuesday: 8am-7pm (Dec-May) 8am-9pm (June-Nov) Wednesday: 8am-4pm Thursday: 8am-8pm (Dec-May) 8am-9pm (June-Nov) Friday: 8am-4pm	(315) 483-1199	Mental Health	Major Insurances	Dependent on services	YES	YES	YES	YES
Sodus	Finger Lakes Community Health	Amanda Falice, MS, LMHC	6341 Ridge Road Sodus, NY 14551	Monday: 8am-4:30pm Tuesday: 8am-7pm (Dec-May) 8am-9pm (June-Nov) Wednesday: 8am-4pm Thursday: 8am-8pm (Dec-May) 8am-9pm (June-Nov) Friday: 8am-4pm	(315) 531-9102	Mental Health Services	Accepts most insurance, including medicaid	contact for specific fees	NO	YES	YES	YES
Sodus	Vikki O'Connor	Vikki L. O'Connor, LCSW	Sodus, NY	As needed around teaching (professor) schedule	(315) 730-3391	Individual, Couples, Families	Most major insurances accepted	\$135 for individual, \$150 for couples/families	YES	YES	YES	YES



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Victor	Renew Hope and Healing	Robert Adams, LMHC	6539 Anthony Drive Suite A Victor NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Teens, Young Adults, Adults	Excell	\$130	NO	YES	YES	YES
Victor	Renew Hope and Healing	Suzanne Bamonto, PHD	6539 Anthony Drive Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Children, teens, young adults	Excellus	\$150	NO	YES	YES	YES
Victor	Renew Hope and Healing	Marlies Brandt, LCSW	6539 Anthony Drive Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Young Adults, Adults, Seniors	N/A	\$140	NO	YES	YES	YES
Victor	Renew Hope and Healing	Mary Burr, LCSW	6539 ANTHONY DR STE A VICTOR, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Families, Children	Excellus	\$130	NO	YES	YES	YES
Victor	Renew Hope and Healing	JoAnne Castrechino, LCSW	6539 Anthony Drive, Suite A Victor NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Teens, Young Adults LGBTQIA+	Excellus, MVP	\$130 Individual \$175 Couples	NO	YES	YES	YES
Victor	Renew Hope and Healing	Kaitlyn Coon, LCSW	6539 Anthony Drive, Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Families, Teens, Young Adults, Seniors	Excellus	\$130 Individual \$140 Couples	NO	YES	YES	YES



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Victor	Renew Hope and Healing	Lisa Coupares, LCSW	6539 Anthony Drive, Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Teens, Young Adults, Adults	Excellus, United/Optum	\$130	NO	YES	YES	YES
Victor	Renew Hope and Healing	Kristen DeBenedetto, LMHC	6539 Anthony Drive, Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Families, Children, Teens, Young Adults, Adults	Excellus	\$130 Individuals \$140 Couples	NO	YES	YES	YES
Victor	Renew Hope and Healing	Heather Morrow, LMSW	6539 Anthony Drive, Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Domestic Abuse, LGBTQAI+ Issues, Trauma, Women's Issues	Excellus	\$105	NO	YES	YES	YES
Victor	Renew Hope and Healing	Inga Rojas, LCSW-R	6539 Anthony Drive, Suite A Victor, NY 14564	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	ADHD, Anxiety, Depression, Life Transitions	Excellus	\$130 individual \$135 couples	NO	YES	YES	YES
Webster	Live Well Webster	Jessica M. Gifford, LMHC	807 Ridge Rd, Suite 203 Webster, NY 14580	By Appointment	jessica@webstermentalhealth.com (315) 888-1070	Mental Health Services (13+)	MVP, BCBS	\$95 per 55 minute session	NO	YES	YES	YES
Webster	Maureen H. Barnes, LCSW	Maureen H. Barnes, LCSW	98 North Ave, Webster, NY 14580	By appointment	(585) 258-4842	Marriage, Family, Couples	N/A	Contact for fees	NO	YES	NO	YES



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Williamson	Inspiration Outreach Therapy	Dawn L. Weidner, LCSW	6162 Route 21 Williamson, NY 14589	8am-6pm Monday through Thursday	(585) 880-9785 InspirationOutreach@yahoo.com	mental health services	Most major insurances: BlueCross and BlueShield Excellus Medicare MVP Health-care United Health-care	Self Pay: \$100 - \$250 Hardship/ Low Income: \$50 - \$100	YES	NO	NO	YES
Williamson	Lalone Counseling Services	Brigitta Lalone, LCSW	3800 Railroad Ave. P. O. Box 538 Williamson, NY 14589	By Appointment	(315) 945-8530	Anxiety, depression and mood disorders	Aetna Beacon Health Options I Carelon Blue Cross Blue Shield BlueCross and BlueShield BlueShield of Northeastern New York Cigna and Evernorth ComPsych EBS-RMSCO Empire BlueCross BlueShield Excellus BlueCross BlueShield Fidelis Highmark BCBS of Western New York Lifetime Benefit Solutions MVP Health Care	Contact for fees	YES	YES	YES	YES
Wolcott	Port Bay Counseling and Wellness	Christina Keim, LMHC	7663 E Port Bay Road Wolcott, NY 14590	Mon-Thurs 8am-6pm	(315) 398-4681 info@portbay-counseling.com	Individual, Couples, Family, Teens	Most major insurances accepted	Contact for fees	NO	YES	YES	YES



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TELEHEALTH												
Telehealth	Jennifer L. Smithling, LMHC	Jennifer L. Smithling, LMHC	Fairport, NY 14450	by appointment	(585) 294-0268	Depression, Anxiety, Relationship Issues, Addiction, Etc.	Aetna Cigna and Evernorth GEHA Oscar Health Oxford UnitedHealthcare UHC UBH	\$120 Couples and Individuals	NO	NO	YES	YES
Telehealth	Jessica J. Cary, LMHC	Jessica J. Cary, LMHC	Telehealth Only	By appointment	(585) 312-6995	Children, Teens, Young Adults	Most Major Insurances Accepted	\$75	NO	NO	YES	YES
Telehealth	Kelly C. Belmontes, ABD, LMHC, NCC, CASAC-T	Kelly C. Belmontes, ABD, LMHC, NCC, CASAC-T	Lyons, NY 14489	mornings 8:30-2	(315) 961-9769 kellybelmontes@kbwell.net	Adults	Blue cross Blue Shiled, magna care, cigna, united healthcare, oscar health, oxford, aetna, massachusetts bc/bs	100 Individual, 150 Couples	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	Gayle H. Alesi, LCSW	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	Office Hours: 8am-4pm By appointment	(585) 388-6000 info@penfield-psych.com	Mental Health Treatment	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	Elise Condor, PMHNP-BC	481 Penbrooke Drive Suite 6 Penfield, NY 14526	Office Hours: 8am-4pm By appointment	(585) 388-6000 info@penfield-psych.com	Psychiatric evaluations and ongoing medication management ages 18 and up	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	Matthew Hoderlein, PA-C	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	Office Hours: 8am-4pm By appointment	(585) 388-6000 info@penfield-psych.com	mental health treatment	Most major insurances accepted	Contact for fees	NO	NO	YES	YES



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Telehealth	Penfield Psychiatry	Daniel Horn, MSN, PMHNP-BC	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	By appointment, evening hours available	(585) 388-6000 info@penfield-psych.com	Adults 18 and over	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	John Purificato, PA	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	Office Hours: 8am-4pm By appointment	(585) 388-6000 info@penfield-psych.com	mental health treatment	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	Brittney Selim, PMHNP-BC	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	Office Hours: 8am-4pm By appointment	(585) 388-6000 info@penfield-psych.com	Children and Adults: ADHD, Mood Disorders, Anxiety	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	Sabrina Smith, LMHC-P	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	Evenings available	(585) 388-6000 info@penfield-psych.com	Solution focused mental health treatment	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Penfield Psychiatry	Yokarla Veras, MD, MSc	481 Penbrooke Drive, Suite 6 Penfield, NY 14526	Evenings 5pm-8pm. Weekends	(585) 388-6000 info@penfield-psych.com	Specializes in women's health issues throughout reproductive life cycle	Most major insurances accepted	Contact for fees	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Kenneth Alcorn, LCSW-R	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Families, Young Adults, Adults	Excellus, Martin's Point, Tricare, United/Optum	\$130 individual \$140 Couples	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Sudha Brightman, LCSW	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Families, Young Adults, Adults, Seniors	Excellus	\$130	NO	NO	YES	YES



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Telehealth	Renew Hope and Healing	Katherine H. Clark, PSYD	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Young Adults, Adults	Aetna, Excellus	\$150	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Jeanette Connolly, LCSW	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Young Adults, Adults	Excellus	\$130	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Heather L. Day, LMHC	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Families, Teens, Young Adults, Adults	Excellus	\$130	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Tammie Delforte-Pappas, LCSW	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, Teens, Young Adults, Adults	Excellus	\$130 Individuals \$135 couples	NO	YES	YES	YES
Telehealth	Renew Hope and Healing	Jessica Heuston, LCSW	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Individual, Couples, Family	Excullus/Blue Shield, Cigna, Aetna, United Health	Based on insurance	NO	YES	NO	YES



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Telehealth	Renew Hope and Healing	Tricia Og. LMSW	Telehealth Only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Children, teens, young adults, adults	Excellus	\$115	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Hillary A. Robson, PHD	Telehealth only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Anxiety, Depression, Grief, Relationship Issues	Excellus	\$150	NO	NO	YES	YES
Telehealth	Renew Hope and Healing	Nanette Ryan, LCSW	Telehealth only	Monday - Friday: 8:00 AM - 5:00 PM Saturday - Sunday: Closed	(585) 398-8835 hello@renewhopeandhealing.com	Couples, teens, young adults, adults, relationship issues	Beacon, excellus	\$130 individual \$135 couples	NO	NO	YES	YES