



Cyberbullying

Cyberbullying is when someone uses **TECHNOLOGY** (like the Internet, e-mail, a cell phone or any WIFI device) or **CYBER** places (like social media, instant messaging or online games) to send out videos, pictures or unkind words to hurt or harm someone else.

- Do not open, forward or read messages sent by cyberbullies.
- If you wouldn't say it to someone's face, you shouldn't say it online or in a text.
- Always tell a trusted adult if you ever experience cyberbullying or any other uncomfortable or harassing problems on the computer, phone, online game or tablet.
- Never share your personal information online.
- If bullied through chat or instant messaging, the "bully" can often be blocked.
- If you are threatened with harm or with inappropriate images or other content, tell a trusted adult. They may need to contact police.

Words, photos and just about anything you post online can be seen by EVERYONE even if it's deleted. Nothing is completely private.

Be kind!

- Don't leave others out.
- Reach out to those that seem alone or afraid.
- Be friendly.
- Be respectful and a good listener.

If you experience or witness bullying or harassment:

- When people are willing to speak up about something that they think is wrong, they can make a HUGE difference!
- If you are comfortable doing so, tell the harasser "STOP!" or "NO!" and walk away.
- Report issues when they happen.
- Ask an adult you trust (a teacher, your principal, nurse, counselor, your parents, or some other trusted adult in school) for help and keep telling until an adult takes action.
- Don't be a bystander—Show that you are a caring and responsible person.
- Never keep things a secret—Speak Up!

For questions regarding bullying & crimes, please contact:
Safety Services, 316-973-2260

For questions regarding sexual harassment, please contact:
Human Resources—Title IX Office, 316-973-4616



The Wichita Public Schools is committed to ensuring an environment that is free of discrimination, and to fostering a climate in which all employees and students may participate, contribute and grow to their fullest potential. Harassment and disparate treatment will not be permitted or condoned in Wichita Public Schools. The Wichita Public Schools does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, sexual orientation, disability, age, veteran status or other legally protected classifications in its programs and activities.

All Wichita Public Schools employees have the responsibility to support this statement.

The following persons have been designated to handle inquiries regarding the non-discrimination statement:

Section 504 Coordinator for Adults and Title IX Coordinator for Adults and Students
903 South Edgemoor, Wichita, KS 67218,
(316) 973-4420

Section 504 Coordinator for Students
903 South Edgemoor, Wichita, KS 67218,
(316) 973-4475



BULLYING, HARASSMENT and SEXUAL HARASSMENT

Information for Elementary Students

What is BULLYING?

- Bullying is hurtful behavior that is intended to harm another person.
- The behavior is repeated or persistent or has the potential to be repeated.
- Bullying occurs in a relationship where there is an imbalance of power. For example, physical strength, access to embarrassing information or popularity. And that power is used to control or harm others.
- Bullying can be written, verbal, electronic, physical or a threat to do harm.
- Bullying includes making fun of others on social media or sending mean or hurtful text messages.

What bullying looks like:

- Hitting, kicking, shoving, spitting.
- Taunting, teasing, name-calling, racial slurs.
- Threats and intimidation.
- Deliberately excluding someone from a group or activity.
- Spreading rumors.
- Convincing another person to bully someone for you.

What is NOT bullying:

- Horseplay or friends playing around.
- Students just not getting along or not liking each other.

Bullying is never okay.

What is SEXUAL HARASSMENT?

Sexual harassment is unwanted or unwelcomed words or actions of a sexual nature that can make you feel uncomfortable or bad.

Just like bullying, sexual harassment can happen anywhere and it can happen to anyone.

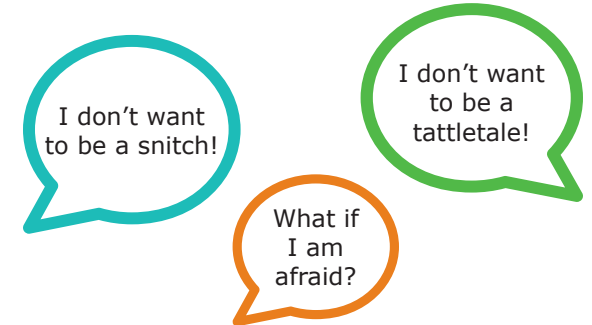
Never keep harassment a secret. Tell a trusted adult right away!

What sexual harassment may look like:

- Peeking under or pulling on someone else's clothes.
- Touching, pinching or grabbing someone else's body parts.
- Making sexual gestures, looks, jokes, comments or noises.
- Purposely bumping against someone in a sexual way.
- Kissing someone or being kissed when you don't want to.
- Touching yourself inappropriately in front of others.
- Sending or delivering unwanted, unwelcomed messages, e-mails, text messages, notes or pictures with sexual content.

Be kind.

TATTLING or TELLING?



TATTLING is only to get someone into trouble. You are not tattling if you tell an adult about bullying, harassment or abuse.

TELLING is to get somebody help.

It protects you and others. It is not always easy and sometimes you just have to be brave... but you have to speak up and tell the facts to someone who can help.

To submit an **anonymous** tip, download the "p3 tips" app or visit usd259.org/speakup

The complex block features a green header with the "SPEAK UP" logo, which includes a blue megaphone icon. Below this is a blue section with white text providing instructions on how to submit an anonymous tip. At the bottom of the blue section is the "SEE SOMETHING SAY SOMETHING" logo, which includes an eye icon and a megaphone icon.

Respect one another.