

**Bettis Preparatory Leadership Academy
Comprehensive Health Education Program**

The Comprehensive Health Education Act was enacted in 1988 to ensure that South Carolina students receive an age-appropriate, comprehensive, education program developed with community control in compliance with the provisions of the law. Comprehensive health education encompasses all aspects of a young person's life. Included are, among other things: skills, attitudes, and practices of children and youth that are conducive to their good health and that promote wellness, health maintenance, and disease prevention. The State Board of Education approved the South Carolina Academic Standards for Health and Safety Education on July 8, 2009. These Standards provide the scope and sequence for age-appropriate comprehensive health education.

The Comprehensive Health Education Act was amended in 2014 to include Erin's Law and the State Board of Education approved grade level instructional units for the 2014 legislation, Erin's Law (Act 293). These materials are offered as optional resources that schools and districts may choose to use. The 2014 amendment to the Comprehensive Health Education Act requires that all schools provide instruction in sexual abuse and sexual assault prevention during the academic calendar year to students in grades PreK-12th grade. The law can be accessed at: [SC Comprehensive Health Ed.](#)

Health Education Materials

Elementary:

State-adopted textbook, Heather & Fitness (Publisher: Harcourt)

Middle School:

State-adopted textbooks, Teen Health Course 1, Course 2, and Course 3(Publisher: Glencoe/McGraw-Hill Companies)

South Carolina Grade Level Health and Safety Education Curriculum Guidelines

The South Carolina Grade Level Health and Safety Education Curriculum Guidelines are aligned to the 2017 Standards document. The guide contains essential questions, teaching activities, and assessment strategies that address performance indicators within the standards.

South Carolina Academic Standards for Health and Safety

<http://ed.sc.gov/instruction/standards-learning/health-education/standards/>

South Carolina Academic Standards for Physical Education Grades Kindergarten-12th <https://ed.sc.gov/instruction/standards/physical-education/standards/>

Coordinated School Health Framework

Below are links to tools and resources to assist district and school staff, faculty, parents, and students to assess, plan, and implement effective school health programs using a coordinated school health framework.

<https://ed.sc.gov/instruction/standards/health-education/instructional-resources/#:~:text=The%20Student%20Health%20and%20Fitness,of%20a%20district%20wellness%20policy.>

South Carolina Comprehensive Development: Guidance and Counseling Program Model

<https://ed.sc.gov/instruction/career-and-technical-education/programs-and-courses/career-education/programs/personal-pathways-to-success/counselors/sc-comprehensive-developmental-guidance-counseling-program-model1/#:~:text=for%20optimum%20development.-,The%20South%20Carolina%20Comprehensive%20Developmental%20Guidance%20and%20Counseling%20Program%20Model,%2C%20social%2C%20educational%2C%20and%20career>

Erin's Law Instructional Resources

The 2014 "Erin's Law" amendment to the Comprehensive Health Act requires grades K-12 instruction in the prevention of child sexual abuse. The instructional resources below have suggested teaching activities that are aligned with health education standards.

<https://ed.sc.gov/instruction/standards/health-education/instructional-resources/#:~:text=The%20Student%20Health%20and%20Fitness,of%20a%20district%20wellness%20policy.>

Resource to Support Mandatory Reporting–

<https://ed.sc.gov/instruction/standards/health-education/instructional-resources/#:~:text=The%20Student%20Health%20and%20Fitness,of%20a%20district%20wellness%20policy.>

Comprehensive Health Act of 1988

<https://www.scstatehouse.gov/code/t59c032.php>