



ORRHS Guidance Newsletter

Current Guidance Happenings

Interested in a Career In Aviation?

Seniors if you are interested in a career in aviation, complete this [Book a Tour Link](#) with the Cape Cod Community College Aviation Maintenance Tech Program. The Aviation Maintenance Tech Program located at the Plymouth Airport is truly wonderful! They train problem solvers to maintain and fix anything that flies. 50% of students come to the program without a "mechanical" background. Most attend because they are intrigued by the unique blend of science and engineering in aviation maintenance. The sky isn't the limit career-wise; GE Aerospace hires Cape Cod Community College Aviation Maintenance Tech Program students! PS. 25% of the students are women!

2024 Pre College Economics Program at Bryant University - August 5th-9th

In this program students will learn how to apply economic knowledge to affect social change. Students will have the opportunity to work closely with Bryant University faculty during an immersive, five day, in-person experience. By the end of the program, students will have learned both basic and advanced economic concepts and have the ability to analyze current policy issues. All students who complete the program will receive a Certificate of Completion from the Bryant University Economics Department. The program will run from 9:00am to 3:00pm, **August 5th through August 9th**. Students are responsible for their own transportation to and from campus each day. However, all materials and lunch will be included in the cost of tuition. The entire program costs \$475 and there is no application fee. Students can apply online at: [Bryant Summer Program](#). Contact Dr. Laura Beaudin at lbeaudin@bryant.edu for more information or with any questions.

New Paid Internship Opportunity - Sippican Historical Society

The Sippican Historical Society (SHS) in Marion is looking for a paid intern this summer. They are looking for a high school or college student interested in museum studies, history education, and/or archival skills to work 10-hours per week for 10 weeks between June and August 2024. This is a paid opportunity (\$17/hour) onsite at our museum in Marion with **applications due by March 22**. The complete description and directions to apply are posted on SHS's website: [Sippican Historical Society](#).

Attention Advanced Placement Students

AP Exam balances are due April 10, 2024. Payments can be made in the guidance office by either cash or check (made payable to ORRHS). Stop in Guidance to see Mrs. Bichsel or email heatherbichsel@oldrochester.org if you need to know the balance owed.

Savannah College of Art & Design



Representatives from SCAD are visiting ORR on **March 5th** in room 1923 for a college information session during Bulldog Block. Juniors and Seniors who are interested should sign up with their mentor.

Community Service Learning Club Book Drive

The Community Service Learning Club is collecting Children's Books for the United Way Wash & Read Program through Friday, March 15th. Donation bins can be found in the lobby of the high school. They are looking for new or gently used picture books, easy readers, and chapter books for children.

Cape Cod 5 - Relationship Banker Trainee Program



What are your Post Graduate Plans?

Cape Cod 5's Relationship Banker Trainee Program is seeking applicants from the Class of 2024 to join our team.



- Generous Sign-on Bonus
- 20 Days of Paid Time Off
- Paid College Tuition
- Paid Holidays
- Paid Volunteer Time
- ...and much more!

Apply today!

Join Our Team!
Reach out to us to learn more and apply today.



As an EOE/AA employer, The Cape Cod Five Cents Savings Bank will not discriminate in its employment practices due to an applicant's race, color, religion, national origin, sex, gender, identity, orientation, age, ancestry, sexual orientation, disability, genetics, veteran status, marital status, pregnancy-related conditions, or political beliefs.

It is that time again when Cape Cod 5 is offering the Relationship Banker Trainee Program. The program is designed to support the professional development of high school graduates by providing a career path for students who otherwise may not have the means or resources to pursue a career in financial services. This program includes financial support for college tuition, along with competitive salary and a wide range of benefits including a sign-on bonus.

Interested in learning more? Contact ORR alumna, Lindy Daley at rdaley@capecodfive.com

Visionary Pathfinders Competition



VISIONARY PATHFINDERS COMPETITION

The Visionary Pathfinders Competition seeks to inspire and recognize students who are actively connecting their current educational pursuits with their future goals.

Whether it's a class that's sparking a lifelong passion, a club that's developing essential skills, or a hobby that's setting the stage for a future career, we want to hear about it. Share with us how your AP physics class fuels your dream of becoming an astronaut or how your debate club will help you in a future legal career.

Submit a short entry (250 words limit) that showcases how your current educational journey is the seed of your future ambition.

Awards:
1st Place: \$300
2nd Place: \$200
3rd Place: \$100

Eligibility:
Open to all high school and college students. Multiple entries across various categories (courses or activities) are welcome — but just one entry per category, please!

Visit us at www.visionarypathfinders.com/competition to apply.
Deadline: April 10, 2024

Visionary Pathfinders is committed to empowering the next generation of leaders, thinkers, and innovators. They are thrilled to announce the launch of the Visionary Pathfinders Competition, an exciting opportunity designed specifically for high school and college students to explore and articulate their future aspirations.

For more information, including detailed submission guidelines and how to enter, visit www.visionarypathfinders.com/competition.

The deadline is April 10, 2024

Career of the Week

CAREER OF THE WEEK

Producers & Directors



<https://www.bls.gov/ooh/>

WHAT DO THEY DO?

- SELECT SCRIPTS OR TOPICS FOR A FILM, TELEVISION, VIDEO, STAGE, OR RADIO PRODUCTION
- AUDITION AND SELECT CAST MEMBERS AND THE FILM OR STAGE CREW
- APPROVE THE DESIGN AND FINANCIAL ASPECTS OF A PRODUCTION
- OVERSEE THE PRODUCTION PROCESS, INCLUDING SOUND, LIGHTING, AND PERFORMANCES
- OVERSEE THE POSTPRODUCTION PROCESS, INCLUDING EDITING, MUSIC SELECTION, SPECIAL EFFECTS, AND A PERFORMANCE'S OVERALL TONE
- ENSURE THAT A PROJECT STAYS ON SCHEDULE AND WITHIN BUDGET
- PROMOTE FINISHED PRODUCTIONS OR WORKS THROUGH ADVERTISEMENTS, FILM FESTIVALS, AND INTERVIEWS

HOW TO BECOME ONE

PRODUCERS AND DIRECTORS TYPICALLY NEED A **BACHELOR'S DEGREE** IN FILM OR CINEMA STUDIES OR A RELATED FIELD, SUCH AS ARTS MANAGEMENT, BUSINESS, COMMUNICATIONS TECHNOLOGY, OR THEATER. IN FILM OR CINEMA STUDIES PROGRAMS, STUDENTS LEARN ABOUT FILM HISTORY, EDITING, SCREENWRITING, CINEMATOGRAPHY, AND THE FILMMAKING PROCESS.

STAGE DIRECTORS MAY COMPLETE A DEGREE IN THEATER, AND SOME GO ON TO EARN A **MASTER OF FINE ARTS (MFA) DEGREE**. COURSES MAY INCLUDE DIRECTING, PLAYWRITING, SET DESIGN, AND ACTING.



JOB OUTLOOK & SALARY

Projected job growth is 7% between 2022-2032

Median salary \$85,320

The Family Character Dare


Character Dare

FAMILY  

Sweet Neighbors

Bake something sweet and share the goods with a neighbor or friend nearby.

If you have a special recipe, teach your student how to make it! If not, look something up together and see if you can make something delicious. If it doesn't turn out the way you want, you can always eat it yourself and try again next week!



The Family Character Dare is designed to bring family members together. This week's dare, "Sweet Neighbors" is to bake something sweet as a family and to bring it to your neighbor!

This is a fun way to learn a family recipe and spend time together while also sharing with others to build community!

SEL TIP OF THE WEEK

Stress can be a good thing if you know how to use it. Stress can be beneficial if you *acknowledge* it, take *ownership* of it, and learn to *use it* effectively. By recognizing stress as a signal that something needs attention, you can become empowered. Owning your stress allows you to take control of your response, leading to healthier coping strategies and more positive outcomes. Ultimately, using stress as a motivator can help you grow, adapt, learn, and thrive in challenging situations.