

Dear Family Member,

NC Multi-Tiered Systems of Support (MTSS) is a school improvement framework encompassing academic, behavioral, social, and emotional instruction and support. It employs a systems approach using data-driven problem-solving to maximize growth for all.

In continuing our efforts to support the well-being of our students, the MTSS Team utilizes various data, including the number of office discipline referrals or staff recommendations, to identify students who may need additional social, emotional, and behavioral learning support.

We would like your student to complete a brief assessment of their social, emotional & behavioral health called mySAEBRS. An evidence-based assessment, such as mySAEBRS, allows us to assess students' social, academic, and emotional behavior well-being. It uses the Never, Sometimes, Often, and Almost Always rating scale to determine the frequency of student behaviors in the previous month. A brief description of each domain and examples of the statements students assess themselves on are listed in the table below.

Social	Academic	Emotional
The statements in the social domain ask about the frequency of arguing, temper outbursts, and disruptive behavior.  <u>Examples</u> I lose my temper. I get along with my peers.	The academic domain statements ask about the frequency of academic engagement, production of acceptable work, and preparedness.  <u>Examples</u> I like school. I have trouble working alone.	The emotional domain statements ask about the frequency of sadness, anxiety, withdrawal, and lack of resilience.  <u>Examples</u> I feel sad. I am happy.

Together, the data collected helps us better understand your student's needs. If additional support is needed, we will notify you of the assessment results and the plan we will put into place. If you want to know more about mySAEBRS, please contact \_\_\_\_\_.

If you give permission for your student to participate in the mySAEBRS survey, please complete and return the form at the bottom of the page.

Thank you,

\_\_\_\_\_

I understand that by signing this form, I am giving permission for my student, \_\_\_\_\_, to complete the mySAEBRS self-assessment.

\_\_\_\_\_  
Name of Parent / Guardian:

\_\_\_\_\_  
Parent / Guardian Signature:

\_\_\_\_\_  
Date: