

Welcome to Newport High School!



Athletics and Activities Showcase 2022

ASB and Athletic Leadership

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- Judy Sceats – ASB Accountant / Bookkeeper
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 - Window is located in the commons, open before / after school, and during lunches
- Hannah Santos – Athletic Trainer
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 - Available to all student-athletes after school hours

2022 WIAA SCHOLASTIC CUP CHAMPIONS!

- Scholastic cup is a competition between schools where points are earned by teams placing at state tournaments, team academic awards, and are deducted for ejections.

1	Newport (Bellevue) HS	2,140	Details
2	Olympia HS	1,280	Details
3	Camas HS	1,105	Details
4	Gonzaga Prep	1,040	Details
5	Woodinville HS	900	Details

WIAA Academic State Champions 21-22

Activities

- Band
- Choir
- Orchestra
- Dance and Drill
- Speech and Debate
- Drama

Athletics

- Football
- Girls Soccer
- Boys Golf
- Girls Tennis
- Wrestling
- Girls Swimming

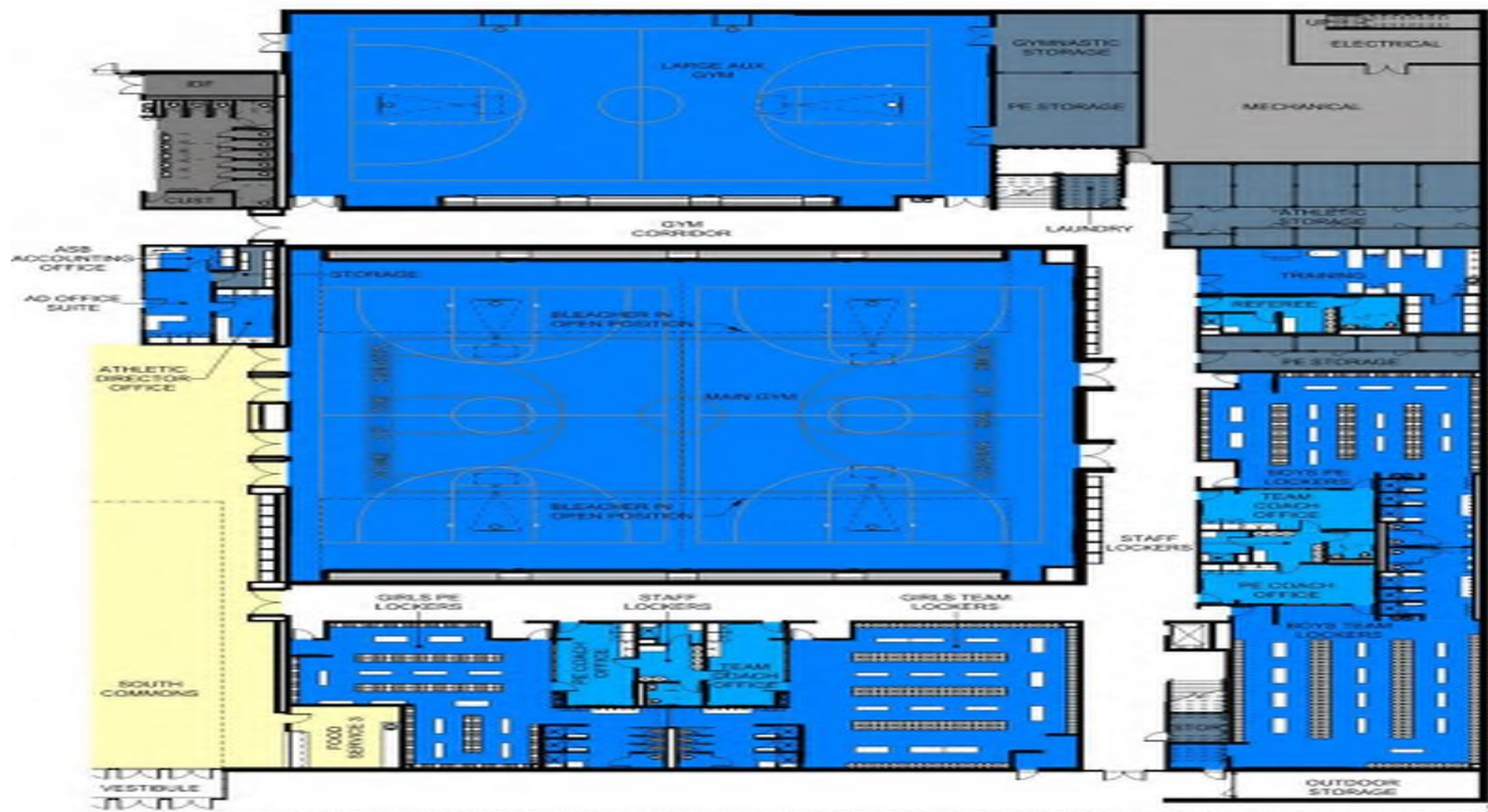
Construction at NHS

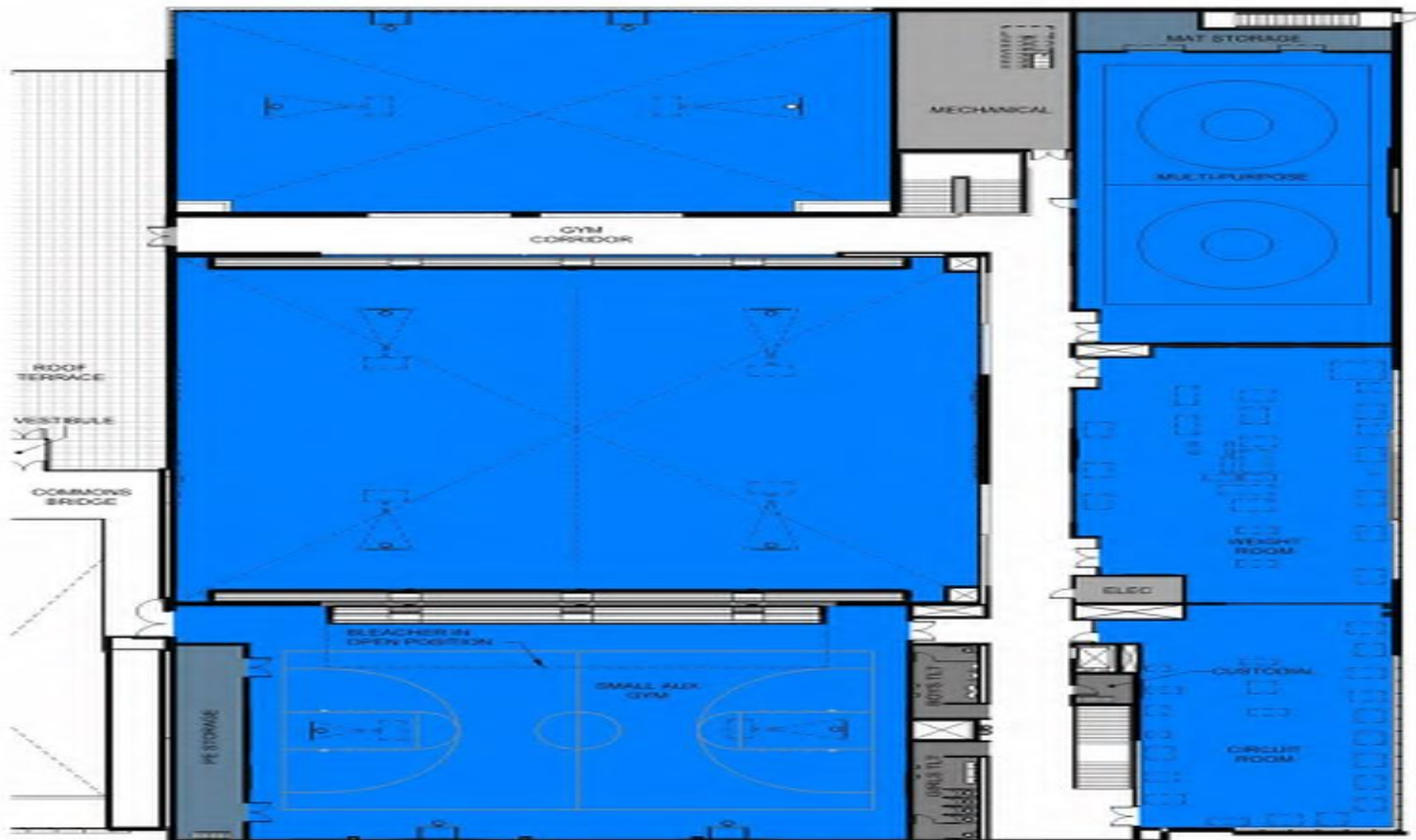
- No access to our campus this summer, potential disruptions in the fall and beyond
- Current timeline for new gym facility in Fall of 2023 with some limitations
- Remodel will take up to 6 years to complete, but school is expected to continue with some disruptions during that time











Clubs and Activities

- Club Website - <https://bsd405.org/nhs/knights/activities-clubs/>
- 64 Active Student Clubs
 - Student Interest Clubs
 - Competitive Club Activities
 - Fine Arts and Music
 - Career and Technical ED Clubs (CTE)

Fine Arts Programs



Requirements to Participate in Clubs / Activities

ASB Membership (75\$)

Registration (Final Forms)

Club Fees – if applicable

Newport Athletics – Overview

The background of the slide is a photograph of a swimmer in a pool. The swimmer is wearing a red buoy with a large yellow letter 'N' on it. The water is blue and there are some splashes around the swimmer. In the background, there are some red and yellow buoys.

- 4A Classification (based on student enrollment)
- WIAA Member School since 1964
- Member of the Kingco Conference
 - Issaquah, Lake Washington, Northshore, Mercer Island, Snoqualmie Valley, Renton, Highline, Tukwila, and Bellevue School Districts
- Member of Seaking District 2
 - Combine with District 1 and Wesco Conference for Post-Season Tournaments and Competitions
- No school in the state has won more Scholastic Cups or State Championships

Requirements to Participate in Athletics

- ASB Membership (\$75)
- Registration (Final Forms)
- Current Physical on File (every 2 years)
- Sports Participation Fee (\$150)
- Transportation Fee (\$100)
- Impact Test (some sports, 2 years)

NEWPORT

Supports to Students in Athletics

- Academic Requirements
 - Maintain 2.0 Career GPA
 - Passing 6 / 7 classes
 - Grade checked roughly every 6 weeks in season
 - Academic probation / ineligibility
- Attendance Requirements – must be in full attendance to participate in games or practices
- Student Athlete Code of Conduct – consequences for substance abuse, school discipline, and other related issues

Summer Activities

- Many programs will offer training and practices over the summer
- To participate, students must register through final forms for the 22-23 school year and have a valid physical on file
- After school ends, practices will be at multiple different sites
- Contact coaches for schedule details



Fall Sports – First Day is August 22nd

BOYS SPORTS

- Cross Country
- Football*
- Golf
- Tennis
- Water Polo

GIRLS SPORTS


- Cross Country
- Soccer
- Swim and Dive
- Volleyball

*Starts August 17, girls can and do participate in football

Fall sports start before school?

- If a sport has a tryout and makes cuts, you are not able to try out for the team after that date
- If a sport is a no-cut sport, you can join at anytime during the first half of a season
- Students are required to have 10 practices before competing (12 for football) so missing the pre-season practices will also mean missed contests.



A faded background image of a Newport High School basketball team. The team consists of 14 players and two coaches. The players are arranged in two rows: seven standing in the back and seven sitting on a bench in the front. They are wearing white jerseys with "NEWPORT" and their numbers in red. The coaches are standing on the far left and far right, wearing red polo shirts. The setting appears to be a gymnasium with a wooden floor and bleachers in the background.

Winter Sports – First Day is Nov 14

BOYS SPORTS

- Basketball
- Swim and Dive
- Wrestling

GIRLS SPORTS

- Basketball
- Gymnastics
- Wrestling

Spring Sports – 1st Day is February 27th

BOYS SPORTS

- Baseball
- Lacrosse
- Soccer
- Track and Field

GIRLS SPORTS

- Badminton
- Golf
- Lacrosse
- Softball
- Tennis
- Track and Field
- Water Polo

Year Round Programs

Dance and Drill Cheerleading

The teams had tryouts this spring and are already practicing together.

There will be an opportunity for students that missed the tryout in the fall

For both programs there can be a competition component that takes place in the winter season

Club Sports

- We offer opportunities to participate in the following non-WIAA sanctioned sports

Water Polo (Boys/Girls)

Lacrosse (Boys / Girls)

Badminton (Girls)

- Club sports, by school board policy, must be self-funded and have a different structure than WIAA sponsored activities as a result.
- All requirements of our WIAA sports apply to these programs

Some important WIAA rules.....

- *WIAA Rule 18.23.1 – Schools cannot grant special treatment to enable participation in a team that is outside of the school*
- *WIAA Rule 18.23.3 – Participation in a non-school team cannot be a requirement of participation in a school team*
- *17.11.4 – Resumption of participation after medical care, must provide physician note to return to athletics*
- *17.11.5 – Return to play protocol following a concussion*

Get the most out of the opportunity

- Encourage your kids to do a few things well, volume doesn't impress college entrance boards, but quality achievements do.
- Make a commitment! Be sure you know what you are getting into and that you can honor the full experience of being a part of a program
- Single sport specialization comes with an increased risk of injury, higher rate of burnout, and limits a student's opportunity to have a wide range of experiences. We encourage kids to participate in multiple athletic experiences
- Attending events and being a part of the extra-curricular student life at NHS can make the high school experience very positive for kids

Websites and Links for More Info:

- NHS Clubs and Athletics Information: <https://bsd405.org/nhs/knights/>
- Schedules, scores, and standings: www.kingcoathletics.com or www.arbiterlive.com
- BSD Athletics and Activities Policies: <https://bsd405.org/departments/athletics-activities/>

