



Newport High School Registration for 2023-2024 12th Grade (Current 11<sup>th</sup> graders)

#### **NHS Counseling Team**

#### Ms. Edwards (A-Cho)



Ms. Schulz (Pe-Th)



Ms. Erickson (Chu-Hu)



Ms. Bosone (Ti-Z)



Ms. Suh (Hi-Le)



Ms. Huynh Counseling Secretary



Ms. Maxfield (Li-Pa)



Mr. Rios (College & Career Advisor)



# Topics Covered

- Balance Time and Priorities
- Graduation Requirements
- Academic Courses
- College Considerations
- Online Course Selection
- Resources

NHS Cover Letter w/ Due Dates

Balancing your day

### Packet

12<sup>th</sup> grade Course Selection form

Elective offerings at Newport

Course Catalog – on-line at <u>BSD</u> 2023-24 Course Catalog Name

Anticipated Career Pathway \_\_\_\_

#### **Balancing Your Day**

Wellness is important - We need balance to be healthy - Use this tool to plan for a balanced course load next year

(Note: plan for your hardest semester/day of the week)

Activity	Amount of Time Required	Time Remaining
Hours in a day		24 hours
School, including Tutorial (8:00 – 3:30)	7.5 hours	16.5 hours
Sleep (American Pediatric Guideline is 9 hours a night for teenagers)		
Extracurriculars (sports, music, clubs, church, volunteering, work)		
College Planning for 11 <sup>th</sup> & 12 <sup>th</sup> gr (applications, SAT/ACT prep, etc.)		
Personal & Social time: (family, friends, recreation, computer use)		
Meals (not including at school)		
Other (Travel time, getting ready, etc.)		
	How much time is left??	5×

Homework Note: every student is different. (Guideline: 2 hours per day plus incremental 30 minutes per AP class)

In choosing which classes to take, consider what subjects you enjoy the most and have a passion for studying. Keep in mind that the majority of college freshman take three college classes per quarter. This is equal to three AP classes here (in addition to the other classes you will take).

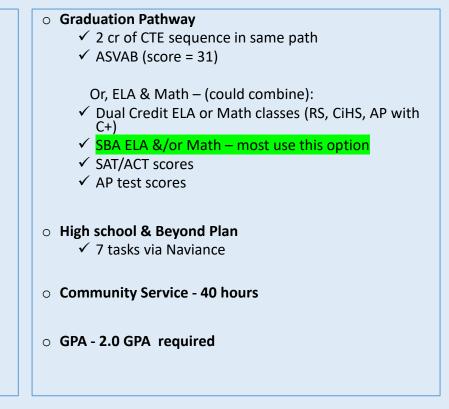
Subject Area	Course Name	Difficulty (easy, medium, hard)	Homework time (average daily amt)
English			
Math			
Social Studies			
World Language			
Science			
Electives			
Electives			
	Total Average	Daily Homework	

### Minimum Graduation Requirements

#### Credit Requirements:

#### Additional Requirements:

Credits	Semesters
4	8
3.5	7
3	6
3	6
1.5	3
2	4
1	2
.5	1
3.5	7
2	4
24	48
	3.5 3 1.5 2 1 .5 3.5



### Transcript

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24403 CH_501	Chinese 2	Α	0.500 0.500 B	Grd		Cred	Cred	GPA	GPA	GPA	
	MO/YR: 1/2022	GRD	LEV: 09	Lev	Mo/Yr	Earn	Attp	Earn	Attp	Pts	GPA
04004 SSA403	AP Human Geog	Α	0.500 0.500 A	07	01/2020	0.500	0.500	0.500	0.500	1.500	3.000
03051 SC_401	Biology	Α	0.500 0.500 BS	07	06/2020*	0.500	0.500	0.500	0.500	2.000	4.000
24403 CH_501	Chinese 2	Α	0.500 0.500 B	08	01/2021	1.000	1.000	1.000	1.000	3.500	3.500
08001 PE_401	Foundations Of Fitness	Α	0.500 0.500	08	06/2021	1.000	1.000	1.000	1.000	4.000	4.000
02072 MA_401	Geometry	Α	0.500 0.500 B	09	01/2022	3,500	3,500	3,500	3.500	13.000	3.714
01001 EN_401	Hon Frosh Comp	Α	0.500 0.500 H	09	06/2022	3.500	3.500	3.500	3.500	14.000	4.000
12151 CT_409	Introduction To Marketing	С	0.500 0.500 CT								
	MO/YR: 6/2022	GRD	LEV: 09	09	08/2022	1.500	1.500		0.000	0.000	0.000
04004 SSA403	AP Human Geog	Α	0.500 0.500 A	10	01/2023	4.000	4.000	4.000	4.000	14.500	3.625
03051 SC_401	Biology	Α	0.500 0.500 BS	Cum	ulative	15.500	15.500	14.000	14.000	52.500	3.750
24403 CH_501	Chinese 2	Α	0.500 0.500 B	***	****	ADDITION	NAL STA	ATE RE	QUIREM	ENTS ***	*****
08001 PE_401	Foundations Of Fitness	Α	0.500 0.500	HIGH	SCHOOL	& BEYON	D PLAN				NOT MET
02072 MA_401	Geometry	Α	0.500 0.500 B	WASH	INGTON	STATE HIS	STORY				MET
01001 EN_401	Honors Freshmen Comp	Α	0.500 0.500 H	ىلە بىلە بىلە			. بل بل بل بل بل بل				
12151 CT_409	Introduction To Marketing	Α	0.500 0.500 CT	GRAF		PATHWAY					NOT MET
	MO/YR: 8/2022	GRD	LEV: 09								7
22999 TRANS_	Algebra 2 S1/S2	CR	1.000 1.000			DITIONA	L DIST	RICT	REQUIR	EMENTS *	
22999 TRANS_	Language Arts 10 S1	CR	0.500 0.500	MINIM	IUM GPA						MET
				SERV	ICE LEAR	NING					NOT MET

# Request for Removal of Credit and/or Grade

Students who completed high school courses in middle school - those grades & credits automatically came onto your NHS transcript.

It is strongly recommended this request be made prior to the end of a student's junior year.

Once the grades are recorded on the high school transcript, the grade cannot be removed and are included in the calculation of the student's grade point average.

Procedure 2410P Exhibit J

# English

### Senior English (college credit available)

### AP Literature & Composition (college credit available)

# English options for special programs

- Advanced Studies in English (if you're currently in AP Lit or Senior English)
- English Language Learners
- Individual Education Plan (Learning Disability Support)

US

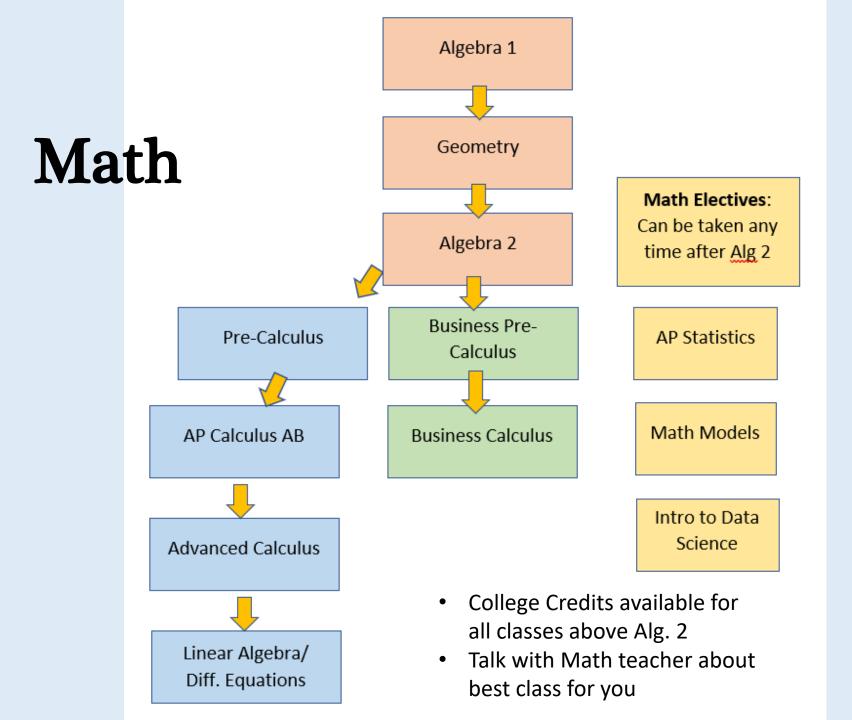
**Civics/Contemporary** World Problems

# Social Studies

AP US Government & Politics

Students select level based on:

Interest in subjectBalance of overall course loadStrength of reading writing ability



### Science

#### $Biology \rightarrow Chemistry \rightarrow Physics$

Additional Course Options (pre-reqs)

- AP Biology (Biology, Chemistry)
- AP Chemistry (Chemistry, concurrent PreCalc recommended)
- AP Physics 1 (Algebra II)
- AP Physics 2 (AP Phys 1)
- AP Physics C (Concurrent AP Calc)
- AP Environmental Science (Chemistry)
- Marine Science (Chemistry)
- Anatomy and Physiology (Chemistry)
- Biotechnology (Biology, Chemistry)\*
- Brain & Addiction 1 semester (Biology, Chemistry)
- \* CTE credit option Some CTE courses grant Science Credit

# World Language

2 credits required for graduation

#### **College Pathway**:

- Two years of same world language required, 3-4 recommended
- Some colleges prefer three years (check college websites)

#### **Personal Pathway option:**

• Students can use a Personal Pathway for up to 2 WL credits

Spanish Immersion: Honors Spanish Academy

#### World Language Competency Test:

- Receive up to four World Language credits
- Check specific college recommendations (find out if they prefer actual HS course or would they accept WL Competency Credits)
- Register online and pay the school accountant
- More details on BSD website: <u>https://bsd405.org/departments/curriculum/world-language/competency-credits/</u>

## Physical Education

Several PE electives to choose from – see course catalog

#### If using Sport for PE Credit:

- 1) Hours of school sport or communitybased sport need to be logged weekly
- 2) Must register for and pass a written exam (same year as sport)
- 3) <u>https://bsd405.org/departments/athl</u> <u>etics-activities/earn-pe-credit/</u>

1.5 credits required for graduation

NCAA: Contact the Athletic and Activities Director, Mr. Snyder at <u>snyderje@bsd405.org</u> for more information

### Electives

#### **Course Descriptions:**

https://bsd405.org/wpcontent/pdf/coursecatalog/bsd-course-catalog-2023-2024.pdf

#### **New Electives:**

- Exploring Mindfulness
- Global Health (prereq = BSD Health)

#### **Application Courses:**

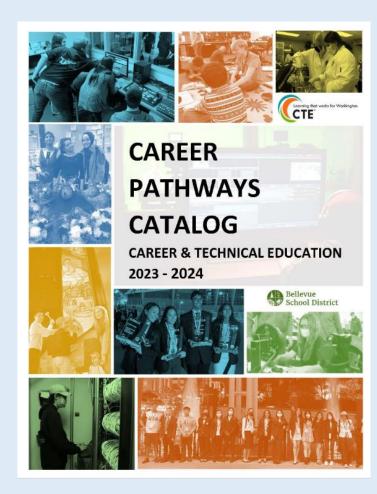
- Link Crew see Mr. Nonis or Ms. Knudsen
- Yearbook see Ms. Driscoll
- Knightlife see Mr. Glowacki
- Theatre Production see Mr. Nonis
- Jr./Sr. AVID College Apps and academic support see Mr. Valaas
- ASPEN see Ms. Feder (prereq = BSD Health)
- Leadership Required class for ASB Officers

#### **Elective Fair:**

Fri. 3/10 - 1<sup>st</sup> period in class assembly & 5 elective rotations

Elective Flipgrid Presentations by Teachers

### Career & Technical Education CTE Career Pathways Catalog



# Music Classes





CHOIR **Concert Choir Chorale Choir Chamber Choir** Vocal Jazz Ensemble

\*For beginners

#### BAND

Intro to Band **Concert Band** 

Symphonic Band Wind Ensemble



ORCHESTRA Intro to Orchestra **Concert Orchestra** Sinfonia **Chamber Orchestra** 



Semester long music/fine art electives – no music experience required! Guitar 1 & 2 Piano 1 & 2 Composing Music with Technology 2







# Running Start

High School and College Credit (Dual Enrollment)

- Full-time or part-time
- Possibility of earning an Associate's Degree in two years
- Assessment test required for English (unless have 3.0 GPA or higher or Smarter Balanced ELA Exam of 3 or 4)
   Assessment test is also required for math, depending on

what courses you have already completed in high school

Find more information on Running Start on the college websites:

Bellevue College

Lake Washington Tech

**Renton Tech** 

\*\*You may attend any Washington State Running Start program

# **College** Considerations

Colleges want to see **Rigor** and **Balance** 

4 Years Math and Science (ideal)

World Language (2-3 years of same language)

Try something new or pursue a passion

fit Get involved and build leadership skills

University of California:
 1.0 credit Fine Art class in same discipline
 No "D" grades

College & Career Counselor – Fabian Rios (<u>Riosf@bsd405.org</u>)

Many courses offer optional college credit (dual credit)

	January	Counselor Junior Lesson
	February	BSD College Conference
Â	May	Counselor Presentation on College Application Process
	August	College App Workshop
***	September	Senior Blitz and Parent Night

Post High School Planning Events Online Course Selections

- Submit online in StudentVue by MARCH
   26<sup>th</sup>
- Meet with Counselor starting March 27<sup>th</sup> in History class
- StudentVue Course Request tab
- Complete directions on NHS website
- Parents and students should discuss courses
- Counselors will be able to correct selections when meeting with students
- If you make a mistake, no need to panic, counselors will fix problems ☺

### **REMINDERS!**

**Choose carefully**! You are committing to take the courses you choose

Alternates are considered requests when your first selection is not available

If **retaking a failed class,** consult with your Counselor for options

Aim for balance & choose what is *best for you* – resist "peer pressure"

Consult with current teachers about which courses to take (i.e. AP, Math, Science, etc.)

Teacher Flipgrids have been posted

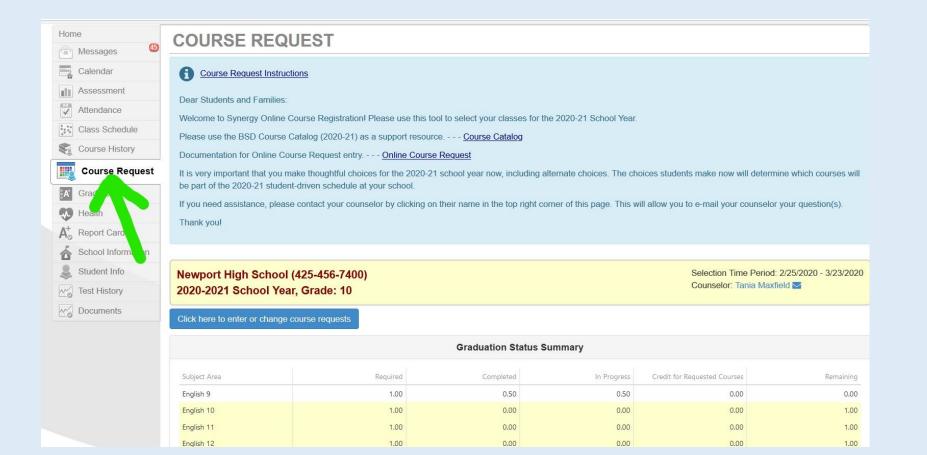
Summer School information on the BSD website coming soon

**Outside district online options** – get permission form from Counseling & Wellness Ctr

**Counselors will** provide guidance and answer questions during registration week of March 27<sup>th</sup>

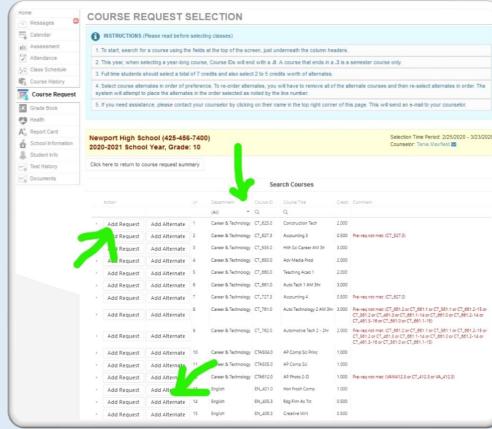
Turn in paper Course Registration forms to counselor, week of March 27th

### **Online Course Selection**



# **Choosing Your Classes**

- Search for courses by department
- Click on course ID arrow to access course description
- 3. Choose request or alternate
- Check comments column for year-long message



(.3 = semester-only class)

### Review your selections

Course Request	7 5 If v	ou need assistand	e pleas	e contact your counselor by o	clicking on their name in t	he top right corner of this	nage Th	is will send an e-mail to y	our counselor
Grade Book	0.119	00 11000 0001010111	in product	o contact your ocontoolor by t	slowing on their name in t	no top right corner of the	page. m	o trin oond an o mairto y	
🦻 Health									
+ Report Card	Newn	ort High Sch	001 (45	25-456-7400)				Selection Time Pe	riod: 2/25/2020 - 3/23/202
School Information	0.000000000000	Newport High School (425-456-7400) 2020-2021 School Year, Grade: 10							Maxfield 🌄
Student Info									
Test History	Click he	re to return to cou	rse requ	est summary					
Documents	0						-	and the second se	
					Selected Cour	se Requests	-		
		Action	Ln	Department	Course ID	Course Title	Credit	Term Override	Comment
	100	Remove	1	Career & Technology	CT_403.3	Computer Tech	0.500		
		Remove	2	Career & Technology	CT_512.3	Photography 2	0.500		
		Remove	3	English	EN_501.0	Hon Soph Comp	1.000		
		Remove	4	Math	MA_501.0	Algebra 2	1.000		
	783	Remove	5	Music	MU_503.0	Chorale Choir	1.000		
		Remove	6	Science	SC_501.0	Chemistry	1.000		
		Remove	7	Social Studies	SSA505.0	AP Modern World Hist	1.000		
		Remove	8	World Language	FR_501.0	French 2	1.000		
						-		<b>`</b>	
						Total	7.000		
					Selected Alternate	Course Requests			
		Action	In	Department	Course ID	Course Title	Credit	Term Override	Comment
	7.83	Remove	1	Career & Technology	CT_480.3	Coding In Python 1	0.500		
		Remove	2	Career & Technology	CT_622.3	Indep Living	0.500		
		Remove	3	PE & Health	PE_412.3	Yoga For Fitness	0.500		
		Remove	4	PE & Health	PE_408.3	Net And Wall Sports	0.500		

- Make sure you have enough credits
- □ 7.0 credits Regular
- 2.0 credits Alternate (minimum)
- Alternate requests are prioritized

### Resources

- Where to go to register:
  - <u>Registration website: On-line course selection detailed</u> <u>instructions</u>
  - oYouTube step by step directions for registration
- Additional course info:

   Teacher Flipgrids
   Elective Fair March 10<sup>th</sup>
   BSD Course Catalog

# **Additional Online Resources**

#### **Additional Course information**

**BSD Course Catalog** 

#### Where to go to register:

Registration website: On-line course selection detailed instructions

#### **Sports for PE Credit**

https://bsd405.org/departments/athletics-activities/earn-pe-credit/

#### **Advanced Placement**

https://bsd405.org/departments/curriculum/advanced-level-courses/

#### **Running Start**

https://www.bellevuecollege.edu/runningstart/

https://www.lwtech.edu/academics/high-school/running-start/running-startinformation-sessions/

https://bsd405.org/nhs/counseling/running-start/

#### World Language Competency Program

https://bsd405.org/departments/curriculum/world-language/competency-credits/

