



Newport High School Registration for 2024-2025 11th Grade (Current 10<sup>th</sup> graders/Class of 2026)

#### NHS COUNSELING TEAM

Ms. Suh (Hog-Li)

Mrs. Edwards (A-Cho) Mrs. Erickson (Chu-Hof)



Ms. Schulz (Pe-To)





Ms. Bosone (Tr-Z)



Ms. Maxfield (Lia-Pa)



Ms. Huynh (Counseling Secretary)





- Balance Time and Priorities
- Graduation Requirements
- Academic Courses
- College Considerations
- Online Course Selection
- Resources

# Packet

NHS Cover Letter w/ Due Dates

- $\circ~$  Balancing your day
- $\circ$  11<sup>th</sup> grade Course Selection form
- $\circ~$  Elective offerings at Newport

Course Catalog – on-line at BSD
 Course Catalog: <u>website</u>

Name

Anticipated Career Pathway \_\_\_\_\_

#### **Balancing Your Day**

Wellness is important - We need balance to be healthy - Use this tool to plan for a balanced course load next year

(Note: plan for your hardest semester/day of the week)

Activity	Amount of Time Required	Time Remaining
Hours in a day		24 hours
School, including Tutorial (8:00 – 3:30)	7.5 hours	16.5 hours
Sleep (American Pediatric Guideline is 9 hours a night for teenagers)		
Extracurriculars (sports, music, clubs, church, volunteering, work)		
College Planning for 11 <sup>th</sup> & 12 <sup>th</sup> gr (applications, SAT/ACT prep, etc.)		
Personal & Social time: (family, friends, recreation, computer use)		
Meals (not including at school)		
Other (Travel time, getting ready, etc.)		~
	How much time is left??	

Homework Note: every student is different. (Guideline: 2 hours per day plus incremental 30 minutes per AP class)

In choosing which classes to take, consider what subjects you enjoy the most and have a passion for studying. Keep in mind that the majority of college freshman take three college classes per quarter. This is equal to three AP classes here (in addition to the other classes you will take).

Subject Area	Course Name	Difficulty (easy, medium, hard)	Homework time (average daily amt)
English			
Math			
Social Studies			
World Language			
Science			
Electives			
Electives			
	Total Average	Daily Homework	

# Minimum Graduation Requirements

0

#### **Credit Requirements:**

Subject	Credits	Semesters
English	4	8
Social Studies	3.5	7
Math	3	6
Science	3	6
Physical Education	1.5	3
Fine Arts	2	4
Career and Tech.	1	2
Health	.5	1
Electives	3.5	7
World Language	2	4
Total Credits/Sem	24	48

#### Additional Requirements:

# Graduation Pathway ✓ 2 credits of CTE sequence in same path ✓ ASVAB (score = 31) Or, ELA & Math – (could combine): ✓ Dual Credit ELA or Math classes (RS,

- CiHS, AP with C+)
- ✓ SBA ELA &/or Math most use this option
- ✓ SAT/ACT scores
- ✓ AP test scores
- High School & Beyond Plan
  - ✓ 7 tasks via Naviance
- Community Service 40 hours
- GPA 2.0 GPA required

# Transcript

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24403 CH_501	Chinese 2	В	0.500 0.500 B	02121	MA_601	Pre-Calc	ulus		В	1.000 1.0	00 BC
	MO/YR: 6/2021	GRD	LEV: 08	08005	PE_406	Weight T	raining 8	Cond	Α	0.500 0.5	500
02052 MA_400	Algebra 1	Α	0.500 0.500 B	****	*** REP(	ORT PERI	OD AND	CUMU	LATIVE	SUMMARY	*******
24403 CH_501	Chinese 2	Α	0.500 0.500 B	Grd		Cred	Cred	GPA	GPA	GPA	
	MO/YR: 1/2022	GRD	LEV: 09	Lev	Mo/Yr	Earn	Attp	Earn	Attp	Pts	GPA
04004 SSA403	AP Human Geog	Α	0.500 0.500 A	07	01/2020	0.500	0.500	0.500	0.500	1.500	3.000
03051 SC_401	Biology	Α	0.500 0.500 BS	07	06/2020*	0.500	0.500	0.500	0.500	2.000	4.000
24403 CH_501	Chinese 2	Α	0.500 0.500 B	08	01/2021	1.000	1.000	1.000	1.000	3.500	3.500
08001 PE_401	Foundations Of Fitness	Α	0.500 0.500	08	06/2021	1.000	1.000	1.000	1.000	4.000	4.000
02072 MA_401	Geometry	Α	0.500 0.500 в	09	01/2022	3,500	3.500	3.500	3,500	13.000	3.714
01001 EN_401	Hon Frosh Comp	Α	0.500 0.500 H	09	06/2022	3.500		3.500		14.000	4.000
12151 CT_409	Introduction To Marketing	С	0.500 0.500 CT								
	MO/YR: 6/2022	GRD	LEV: 09	09	08/2022	1.500	1.500	0.000	0.000	0.000	0.000
04004 SSA403	AP Human Geog	Α	0.500 0.500 A	10	01/2023	4.000	4.000	4.000	4.000	14.500	3.625
03051 SC_401	Biology	Α	0.500 0.500 BS	Cum	ulative	15.500	15.500	14.000	14.000	52.500	3.750
24403 CH_501	Chinese 2	Α	0.500 0.500 B	de de de s	****	ADDITIO	NAL STA	ATE RE	QUIREM	ENTS **	****
08001 PE_401	Foundations Of Fitness	Α	0.500 0.500	HIGH	SCHOOL	& BEYON	D PLAN				NOT MET
02072 MA_401	Geometry	Α	0.500 0.500 B	WASH	INGTON S	STATE HI	STORY				MET
01001 EN_401	Honors Freshmen Comp	Α	0.500 0.500 H					****		a de ale de ale de ale de ale	
12151 CT_409	Introduction To Marketing	Α	0.500 0.500 CT	CRAD	UATION F		,				NOT MET
	MO/YR: 8/2022	GRD	LEV: 09								
22999 TRANS	Algebra 2 S1/S2	CR	1.000 1.000	****	TTTT AI	DDITIONA	L DIST	RICT	REQUIR	EMENTS *	*******
_	Language Arts 10 S1		0.500 0.500	MINIM	IUM GPA						MET
_				SERV	ICE LEAR	NING					NOT MET

# Unofficial Transcript in Document Section of Synergy

			_	
Graduation Requireme	nts - (	Credit S	Summa	ry
Subject Area	Req'd	Comp	WIP	Need
English 9	1.00	1.00		
) English 10	1.00	0.50	0.50	
) English 11	1.00	0.00		1.00
) English 12	1.00	0.00		1.00
Mathematics	3.00	2.50	0.50	
) Science	3.00	1.50	0.50	1.00
Career and Tech Ed	1.00	1.00		
) Fine Arts	2.00	1.00		1.00
Physical Education	1.50	1.00		0.50
	Con	tinued o	n next co	lumn

 Can use Personal Pathway form for 1.0 Art Credit

	Graduation Requirements - Credit Summary						
	Subject Area	Req'd	Comp	WIP	Need		
	Health	0.50	0.00	0.50			
	Social Studies	1.50	1.50				
	US History	1.00	0.00		1.00		
	Civics/Contemporary World	1.00	0.00		1.00		
Personal Pathway form will	World Language	2.00	2.00				
and the state and slift if the state of the state	Elective	3.50	1.50	1.50	0.50		
	Personal Pathway	0.00	0.00				
Art or World Language.	TOTALS	24.00	13.50	3.50	7.00		

# Request for Removal of Credit and/or Grade

Students who completed high school courses in middle school - those grades & credits automatically came onto your NHS transcript. Go to document tab in Synergy to view transcript.

REQUEST FOR REMOVAL OF CREDIT and/or GRADE; the form (2410P link below) must be submitted by the end of a student's junior year.

Once the grades are recorded on the high school transcript, the grade cannot be removed and are included in the calculation of the student's grade point average.

Procedure 2410P Exhibit J



- American Literature & Composition
- AP Language & Composition
- Senior English or AP Literature (Accelerated Students)

Special Programs – students will be placed in correct class based on level

English Language Learners

Individual Education Plan (Learning Disability Support)

# Junior Social Studies

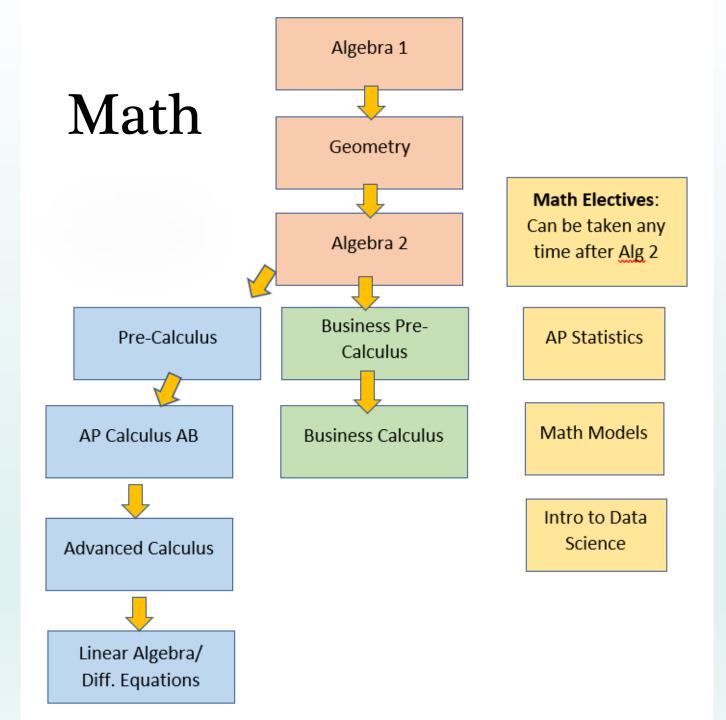
#### Options:

- United States History
- AP United States History
- Accelerated students choose AP Government

#### Students select level based on:

- Interest in subject
- Balance of overall course load
- ✓ Strength of reading writing ability

Washington State History completed?



# Science

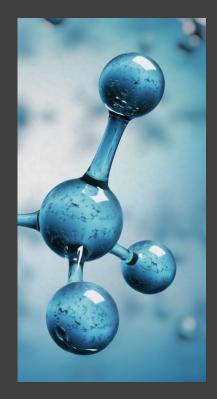
#### $Biology \rightarrow Chemistry \rightarrow Physics$

#### Additional Course Options (with pre-requisites):

- AP Biology (Biology, Chemistry)
- AP Chemistry (Chemistry, concurrent Pre-Calculus rec.)
- AP Physics 1 (Algebra 2)
- AP Physics 2 (AP Phys 1)
- AP Physics C Mech. (concurrent AP Calculus)
- AP Environmental Science (Chemistry)
- Marine Science (Chemistry)
- Anatomy and Physiology (Chemistry)
- Brain & Addiction 1 sem. (Biology, Chemistry)

#### \*CTE credit option:

- Biotechnology (Biology, Chemistry)\*
- Health Science Careers\*
- Automotive Technology\*
- Building Industry Technologies\*
- Nursery & Greenhouse Operations\*



# World Language

2 credits required for graduation

#### College Pathway:

- Two years of same world language required, 3-4 recommended
- Some colleges prefer three years (check college websites)

#### **Personal Pathway option:**

• Students can use a Personal Pathway for up to 2 WL credits

#### **Spanish Immersion: AP Spanish Literature**

#### World Language Competency Test:

- Receive up to four World Language credits
- Check specific college recommendations (find out if they prefer actual HS course or would they accept WL Competency Credits)
- Register online and pay the school accountant
- More details on BSD website: <u>https://bsd405.org/departments/curriculum/world-language/competency-credits/</u>

## Physical Education

1.5 credits required for graduation

Several PE electives to choose from – see course catalog

#### If using Sport for PE Credit:

- 1) Hours of school sport or community-based sport need to be logged weekly
- 2) Must register for and pass a written exam (same year as sport)
- 3) <u>https://bsd405.org/departments/ath</u> <u>letics-activities/earn-pe-credit/</u>

NCAA: Contact the Athletic and Activities Director, Mr. Snyder at <u>snyderje@bsd405.org</u> for more information

#### Electives

Course Descriptions:

<u>website</u>

#### **New Courses:**

- Exploring Mindfulness
- Arabic (online only)
- AP African Studies (SS elective)
- Baking and Pastry 2
- Yearbook 1
- Broadcast/podcast
- SAT/ACT College Prep AVID 11

#### **Application Courses:**

- Link Crew see Mr. Nonis or Ms. Knudsen
- Knightlife see Mr. Glowacki
- Theatre Production see Mr. Nonis or Kaskes
- ASPEN see Ms. Feder (prereq = BSD Health)
- Leadership Required class for ASB Officers

#### **Elective Fair:**

Fri. 3/4 - 1<sup>st</sup> period in class assembly & 4 elective rotations

Elective Flipgrid Presentations by Teachers

### Career & Technical Education <u>CTE Career Pathways Catalog</u>



#### CAREER PATHWAYS CATALOG

CAREER & TECHNICAL EDUCATION 2023 - 2024







# Running Start

High School and College Credit (Dual Enrollment)

- Full-time or part-time
- Possibility of earning an Associate's Degree in two years
- Assessment test required for English (unless have 3.0 GPA or higher or Smarter Balanced ELA Exam of 3 or 4)
- Assessment test is also required for math, depending on what courses you have already completed in high school

Find more information on Running Start on the college websites: <u>Bellevue College</u> <u>Lake Washington Tech</u> <u>Renton Tech</u>

\*\*You may attend any Washington State Running Start program

# **College Considerations**

- Colleges want to see **Rigor** <u>and</u> **Balance** 
  - 4 Years Math and Science (ideal)
- World Language (2-3 years of same language)
- Try something new or pursue a passion
- Get involved and build leadership skills
- University of California:

1.0 credit **Fine Art** class in same discipline **No "D"** grades

- College & Career Counselor Fabian Rios (<u>Riosf@bsd405.org</u>)
- Many NHS courses offer optional college credit (dual credit)

## Online Course Selections

- Submit online in StudentVue by the time you meet with your counselor.
- Meet with Counselor starting week of March 19<sup>th</sup> in History class
- StudentVue Course Request tab
- Complete directions on NHS website
- Parents and students should discuss courses
- Counselors will be able to correct selections when meeting with students
- If you make a mistake, no need to panic, counselors will fix problems ☺

#### **REMINDERS!**

**Choose carefully**! You are committing to take the courses you choose

Alternates are considered requests when your first selection is not available

If **retaking a failed class,** consult with your Counselor for options

Aim for balance & choose what is *best for you* – resist "peer pressure"

Consult with current teachers about which courses to take (i.e. AP, Math, Science, etc.)

**Teacher Flipgrids** have been posted

Summer School – Registration begins March 1<sup>st</sup>

**Outside district online options** – get permission form from Counseling & Wellness Ctr

**Counselors will** provide guidance and answer questions during registration week of March 19<sup>th</sup>

Turn in paper Course Registration forms to counselor, week of March 19-22

# Resources

Where to go to register:

- <u>Registration website: On-line course selection</u> detailed instructions
- YouTube step by step directions for registration

Additional course info:

- Teacher Flipgrids
- Elective Fair March 4th
- <u>Course Catalog Bellevue School District</u> (bsd405.org)
- Parent info night-Wed., March 6 at 6:30 pm at NHS

# **Online Course Selection**

Home	COURSE REQU	JEST										
Messages 4												
Calendar	Course Request Instruction	ons										
Assessment	Dear Students and Families:											
Attendance		Welcome to Synergy Online Course Registration! Please use this tool to select your classes for the 2020-21 School Year. Please use the BSD Course Catalog (2020-21) as a support resource Course Catalog										
Class Schedule												
Course History		Prease use the BSD Course Catalog (2020-21) as a support resource <u>Course Catalog</u> Documentation for Online Course Request entry Online Course Request										
Course Request	It is very important that you make thoughtful choices for the 2020-21 school year now, including alternate choices. The choices students make now will determine which courses will be part of the 2020-21 student-driven schedule at your school. If you need assistance, please contact your counselor by clicking on their name in the top right corner of this page. This will allow you to e-mail your counselor your question(s).											
A <sup>+</sup> Report Card	Thank you!											
School Inform												
Student Info	Newport High School (	425-456-7400)			Selection Time Per	iod: 2/25/2020 - 3/23/2020						
Test History	2020-2021 School Year	-			Counselor: Tania M	1axfield 🗹						
Documents	Click here to enter or change co	ourse requests										
	Graduation Status Summary											
	Subject Area	Required	Completed	In Progress	Credit for Requested Courses	Remaining						
	English 9	1.00	0.50	0.50	0.00	0.00						

0.00

0.00

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1.00

1.00

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1.00

1.00

1.00

English 10

English 11

English 12

# **Choosing Your Classes**

- 1. Search for courses by department
- 2. Click on course ID arrow to access course description
- 3. Choose request or alternate
- Check comments column for year-long message

(.5	= semester-only	class)
\. <u> </u>		

Home Messages	COURSE R	EQUESTS	EL	ECTION							
Calendar		(Please read before	select	ing classes)							
Assessment	•										
Attendance		1. To start, search for a course using the fields at the top of the screen, just underneath the column headers. 2. This year, when selecting a year-long course, Course IDs will end with a .0. A course that ends in a .3 is a semester course only.									
Class Schedule							.3 is a	semester course only.			
Course History						dits worth of alternates.					
Course Request				e order selected as			t the al	ternate courses and then re-select alternates in order. The			
Grade Book	5. If you need assis	ance, please contac	ct your	counselor by clickin	g on their na	ame in the top right corne	er of th	is page. This will send an e-mail to your counselor.			
9 Health											
Report Card											
School Information	Newport High S 2020-2021 Scho			0)				Selection Time Period: 2/25/2020 - 3/23/20 Counselor: Tania Maxfield M			
Student Info	2020-2021 30110	or real, Grade									
Test History	Click here to return to	course request sum	mary								
Documents											
					Sea	arch Courses					
	Action		Ln	Department	Course (D	Course Title	Credit	Comment			
				(All) *	Q	Q					
	Add Request	Add Alternate	1	Career & Technology	CT_625.0	Construction Tech	2.000				
	d Request	Add Alternate	2	Career & Technology	CT_627.3	Accounting 3	0.500	Pre-reg not met: (CT_527.3)			
	l Request	Add Alternate	3	Career & Technology	CT_635.0	Hith Sci Career AM 3h	3.000				
	Aud Request	Add Alternate	4	Career & Technology	CT_650.0	Adv Media Prod	2.000				
	Add Request	Add Alternate	5	Career & Technology	CT_660.0	Teaching Acad 1	2.000				
	> Add Request	Add Alternate	6	Career & Technology	CT_661.0	Auto Tech 1 AM 3hr	3.000				
	Add Request	Add Alternate	7	Career & Technology	CT_727.3	Accounting 4	0.500	Pre-reg not met: (CT_627.3)			
	Add Request	Add Alternate	8	Career & Technology	CT_761.0	Auto Technology 2 AM 3hr	3.000	Pre-req not met: (CT_661.2 or CT_661.1 or CT_561.1 or CT_661.2-15 or CT_561.2 or CT_461.3 or CT_661.1-14 or CT_661.0 or CT_661.2-14 or CT_461.3-16 or CT_561.0 or CT_661.1-15)			
	> Add Request	Add Alternate	9	Career & Technology	CT_762.0	Automotive Tech 2 - 2hr	2.000	Pre-req not met: (CT_661.2 or CT_661.1 or CT_561.1 or CT_661.2-15 o CT_561.2 or CT_461.3 or CT_661.1-14 or CT_661.0 or CT_661.2-14 or CT_461.3-16 or CT_561.0 or CT_661.1-15)			
	Add Request	Add Alternate	10	Career & Technology	CTA504.0	AP Comp Sci Princ	1.000				
	Add Request	Add Alternate	11	eer & Technology	CTA505.0	AP Comp Sci	1.000				
	> Add Request	Add Altern		Career & Technology	CTA612.0	AP Photo 2-D	1.000	Pre-reg not met: (VAM412.3 or CT_412.3 or VA_412.3)			
	Add Request	Add Alte		English	EN_401.0	Hon Frosh Comp	1.000				
	Add Request	Add Alternate	14	English	EN_405.3	Rdg Film As Txt	0.500				
	Add Request	Add Alternate	15	English	EN_406.3	Creative Writ	0.500				
	Auginequest	And Alternate									

# **Review your selections**

Course Request	<b>F</b> 1 <b>F</b>	10 State	14	1. 1	10.10 Million (10.10)				197
A Grade Book	5. IT y	ou need assistant	ce, pieasi	e contact your counselor by	clicking on their name in t	ne top right corner of this	page. In	is will send an e-mail to y	our counselor.
🦻 Health									
🔓 Report Card	Marian	ant I links Cale		- 450 7400				Selection Time Be	riod: 2/25/2020 - 3/23/20
School Information		ort High Sch 2021 School						Counselor: Tania	
Student Info									
Test History	Click her	re to return to cou	rse requ	est summary					
🖉 Documents									
					Selected Cour	se Requests	-		
		Action	Ln	Department	Course ID	Course Title	Credit	Term Override	Comment
		Remove	1	Career & Technology	CT_403.3	Computer Tech	0.500		
		Remove	2	Career & Technology	CT_512.3	Photography 2	0.500		
		Remove	з	English	EN_501.0	Hon Soph Comp	1.000		
		Remove	4	Math	MA_501.0	Algebra 2	1.000		
	1.0	Remove	5	Music	MU_503.0	Chorale Choir	1.000		
	1.0	Remove	6	Science	SC_501.0	Chemistry	1.000		
	14.1	Remove	7	Social Studies	SSA505.0	AP Modern World Hist	1.000		
		Remove	8	World Language	FR_501.0	French 2	1.000		
								<b>N</b>	
						Total	7.000		
					Selected Alternate	Course Requests			
		Action	Ln	Department	Course ID	Course Title	Credit	Term Override	Comment
	120	Remove	1	Career & Technology	CT_480.3	Coding In Python 1	0.500		
		Remove	2	Career & Technology	CT_622.3	Indep Living	0.500		
	2.63	Remove	3	PE & Health	PE_412.3	Yoga For Fitness	0.500		
		Remove	4	PE & Health	PE_408.3	Net And Wall Sports	0.500		

- Make sure you have enough credits
- 7.0 credits Regular
- □ 2.0 credits Alternate (minimum)
- Alternate requests are prioritized

# **Additional Online Resources**

Additional Course information	<u>BSD Course Catalog</u>
Where to go to register:	<u>Registration website: On-line course selection</u> <u>detailed instructions</u>
Sports for PE Credit	https://bsd405.org/departments/athletics-activities/earn- pe-credit/
Advanced Placement	<ul> <li><u>https://bsd405.org/departments/curriculum/advanced-level-courses/</u></li> </ul>
Running Start	<ul> <li><u>https://www.bellevuecollege.edu/runningstart/</u></li> <li><u>https://www.lwtech.edu/academics/high-school/running-start/running-start-information-sessions/</u></li> <li><u>https://bsd405.org/nhs/counseling/running-start/</u></li> </ul>
World Language Competency Program	<ul> <li><u>https://bsd405.org/departments/curriculum/world-language/competency-credits/</u></li> </ul>

# 1, Questions