



SUU OFFERS NEW SHORT COURSES FOR EXPLORING A MEANINGFUL CAREER

Behavioral Health

Southern Utah University's (SUU) Community & Workforce Development (CWD) is excited to offer a new certificate program in behavioral health designed for those interested in making a positive impact on those facing mental health challenges. Three online short courses make up the Behavioral Health Foundations Certificate and include Introduction to Behavioral Health Careers, Personal Preparation for a Behavioral Health Career and Virtual Job Shadowing. The micro-credential courses have been designed for busy adults by SUU faculty and informed by industry professionals due to the high demand for entry-level workers in this meaningful field. Each course results in a digital badge.

Any treatment facility, medical clinic or other mental health services organization may be interested in using the short courses as useful training for new staff, especially

"I want to work in this field so that I can make a positive impact on the people around me," said Eponine. "I feel fulfilled when I can help people build strong connections to the community."



those new to working in this critical industry. Coursework will include essential skills to help students become more empathetic, boundaried, ethical and successful in addressing clients' behavioral, emotional and social concerns.

Each year, millions of individuals seek help and support for their mental health. Employment opportunities in mental health-related occupations continue to be on the rise, and according to the Bureau of Labor Statistics, the job outlook for behavioral health technicians and aids is growing much faster than average occupations.

GET STARTED

1. The four-week Introduction to Behavioral Health Careers micro-credential course begins on March 4, 2024, and dives into the world of mental health professions, exploring roles, functions and responsibilities in various mental health professions. This course will introduce you to common mental health issues, emphasizing the vital importance of mental health awareness. You'll also gain essential skills and strategies to support individuals facing mental health challenges, ensuring you're well-equipped for success.

2. The next available micro-credential, Personal Preparation for a Behavioral Health Career, starts on April 1 and takes six weeks to complete. You'll learn the skills and self-awareness necessary to begin a rewarding career in behavioral health and social sciences. This course focuses on self-assessment, goal setting, cognitive and behavioral strategies for academic success, whole health integration, resilience-building, professional networking and career preparedness.

3. The pathway culminates with the Virtual Job Shadowing micro-credential starting on May 13. This immersive experience into the mental/behavioral health field will allow you to further explore career options, practice developmental skills and build career readiness through virtual exposure to industry experts. This course is your bridge from education to a dynamic and fulfilling career.

By completing the three courses, you will earn digital credentials that can be added to your LinkedIn profile, resume, or a graduate school application. You may also consider transferring some of the courses into degree programs at SUU.

SUU is pleased to offer additional ways for you to continue learning and work toward educational and career goals.

Those looking to prepare for the Certified Electronic Health Records Specialist exam from the National Healthcareer Association or the American Association of Psychiatric Technicians Level 1 certificate exam, may be interested in additional coursework offered through the CWD department in partnership with CareerStep. This course is all online and available to start anytime to prepare you for these industry-recognized certifications.

For more information on ways to get started in behavioral health at SUU, visit suu.edu/prodev/bh or call (435) 856-8259.



The Behavioral Health Foundations Certificate serves as a starting point for entry-level staff and those new to the field.

Behavioral Health Foundations Certificate

Finish in 16 Weeks for Under \$800

Complete 3 behavioral health micro-credential courses and earn an SUU certificate

1. Introduction to Behavioral Health

Online

\$233

3/4-31

SUU

This course dives into the world of mental health professions, exploring roles, functions and responsibilities in various mental health professions.

2. Personal Preparation for a Behavioral Health Career

Online

\$466

4/1-5/10

SUU

Learn the skills and self-awareness necessary to begin a rewarding career in behavioral health and social sciences.

3. Behavioral Health Virtual Job Shadowing

Online

\$99

5/13-6/23

SUU

This immersive experience into the mental/behavioral health field will allow you to further explore career options, practice developmental skills and build career readiness through virtual exposure to industry experts.

You May Also be Interested in Nursing Career Explorations

Online

\$699

3/4-4/21

SUU

This course offers a comprehensive exploration of nursing careers, allowing students to identify their future career interests within various nursing roles. Results in an SUU Institutional Certificate and credits that apply toward an SUU bachelor's degree.

YOUR CAREER PATHWAY



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suu.edu/prodev/bh

Email prodev@suu.edu for tuition assistance info

SUU SOUTHERN
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