

## PERSONAL & PROFESSIONAL DEVELOPMENT PROGRAM

### Transition Readiness

Tel: 910-451-3212 • 910-449-5256 (NR)

This program provides military personnel and their family members with guidance, counseling, and assistance in exploring their options for civilian employment.

- Career Resource Management
- Employment-Ready Workshops
- Career Expos
- Family Member Employment Assistance Program (FMEAP) Tel: 910-450-1676/78 or 910-449-4902 (NR)
- Transition Readiness Seminar (TRS) Tel: 910-451-3781 or 910-451-3754 • 910-449-5256 (NR)

The Transition Readiness Seminar is designed to give Marines and their families ownership of their transition from the military to the civilian sector. Spouses are highly encouraged to attend TRS and can be enrolled through the Unit Transition Counselor or Career Planner.

### Resources

Tel: 910-450-0645 or 910-451-1056

Resources Branch provides everything you need to know when arriving or departing Lejeune-New River.

- Welcome Aboard Briefs and Checkouts
- Information and Referral
- Relocation Assistance
- Loan Locker

### The TRS process consists of two components: Core Curricula

- TRS Overview
- Individual Transition Plan
- Pre-Separation Counseling
- VA Benefits
- Reserve Opportunities and Obligations
- Marine for Life
- Personal Financial Management

### Pathway Workshop

- Employment — Facilitated by the Department of Labor and educates about successfully entering the workforce
- Career/Technical — Teaches all components of entering a two-year college and/or trade school
- College/University Education — Teaches all components of entering a four-year college, graduate school and/or professional school
- Entrepreneurship — Teaches the necessary skills to start successful business ventures



### Libraries

Harriotte B. Smith Library Tel: 910-451-3026

Camp Johnson Library Tel: 910-450-0844

MCAS New River Library Tel: 910-449-6715

Research Library at John A. Lejeune Center Tel: 910-450-9845

- Book Clubs & Summer Reading Programs for All Ages
- Indoor and Outdoor Meeting Areas
- Story Times
- Teen Advisory Group
- DVDs, eReaders, CDs, and Video Games



### Education Assistance

MCB Camp Lejeune, Bldg 825 Tel: 910-451-3091

MCAS New River, Bldg AS-212 Tel: 910-449-6623

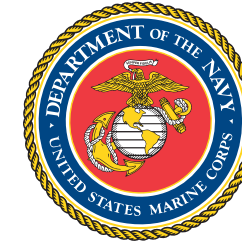
Education Assistance Branch provides educational resources and guidance to our military and civilian communities and assists them with determining and achieving their goals for personal and professional development.

- Military Tuition Assistance
- Joint Services Transcripts (JST) and Corrections
- Apprenticeship Program
- Education Workshops
- Military and Civilian Testing
- On Base College/University Classes
- Online Education Opportunities
- Financial Management and Education



### The following colleges/universities are available:

- American Military University
- Boston University
- Campbell University
- Coastal Carolina Community College
- Southern Illinois University — Carbondale
- The University of North Carolina Colleges
- University of North Carolina — Wilmington
- University of Phoenix
- Webster University



**WELCOME TO  
MCB CAMP LEJEUNE  
AND MCAS NEW RIVER**

**MARINE & FAMILY PROGRAMS DIVISION  
MARINE CORPS COMMUNITY SERVICES LEJEUNE-NEW RIVER**

**Russell Marine & Family Programs Center  
Administrative Office  
Bldg 40 • RM 121 • 910-451-9381 • Fax 910-449-9721**

The Marine and Family Programs Division of MCCS, Lejeune-New River provides four major programs that offer a wide variety of services designed to strengthen our military community. Programs are designed first and foremost to enhance mission readiness, individual/family readiness, resilience, and retention. We provide assistance that supports the diverse interest and needs of all we serve.

Our vision is a military community, prepared for success in all aspects of mission readiness with improved retention and resilience through individual, unit, and family enrichment and empowerment.

### FOUR BRANCHES TO SERVE YOU!

- Behavioral Health Program
- Family Readiness Program
- Family Care Program
- Personal & Professional Development Program

**CARE. CONNECT. MAKE A DIFFERENCE.**



## BEHAVIORAL HEALTH PROGRAM

### Substance Abuse Counseling Center

Tel: 910-451-2865 • 910-449-5249 (NR)

- Prime for Life: Alcohol & Substance Abuse Prevention
- Drug Demand Reduction Program

### New Parent Support Program

Tel: 910-449-9501

- Home Visits
- Baby Boot Camp Classes
- Parenting Classes
- Single Parent Resources

### Community Counseling Center

Tel: 910-451-2864 • 910-449-6110 (NR)

Confidential Counseling Services for all age groups to help

- Improve Relationships
- Strengthen Families
- Manage Stress
- Enhance Coping Skills
- Stress & Anger Management Workshops
- R.A.C.E. (Suicide Prevention Training)

### Family Advocacy Program

Camp Lejeune: 910-449-9563 • 910-449-6110 (NR)

Camp Lejeune Domestic Violence Helpline: 910-376-5675

New River Domestic Violence Helpline: 910-376-2155

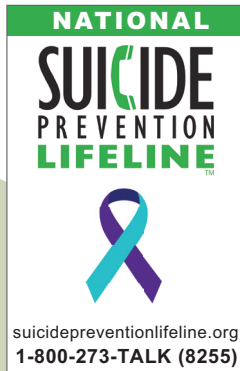
Support, Information, and Referrals for Victims of Domestic Violence and Child Abuse

- Crisis Intervention and Prevention
- Individual/Marital/Family/Group Counseling
- Case Management
- Victim Advocacy

### Military & Family Life Counselor Program

Tel: 910-358-8839/8840/8841/8842

- Completely Anonymous
- Change and Wellness – Relationship Workshops
- Problem Solving Counseling



suicidepreventionlifeline.org  
1-800-273-TALK (8255)

## FOCUS Project – Families Overcoming Under Stress

Tel: 910-450-5635 • 910-330-6823 (NR)

- Resiliency Training for Families and Couples

### Sexual Assault Prevention & Response

Camp Lejeune: 910-451-5973 • 910-449-5243 (NR)

New River 24/7 Sexual Assault Helpline: 910-238-6384

Camp Lejeune 24/7 Sexual Assault Helpline: 910-750-5852

Support, Information, and Referrals for Victims of Sexual Assault

- Prevention through Education and Training
- Support for Victims
- Accessibility to Victim Services



## FAMILY READINESS PROGRAM

### Marine Corps Family Team Building (MCFTB)

Tel: 910-451-0176

### Unit, Personal, and Family Readiness Program & Support

- Command Team Training
- Family Readiness Officer Training
- eMarine Training and Support
- Volunteer Training

### Readiness and Deployment Support

- Pre-, Mid-, and Post-Deployment Briefs and Workshops



### LifeSkills Training

- Marriage Preparation and Relationship Enrichment Workshops
- Effective Communication and Cooperative Parenting

### Volunteer Coordination Program

- Provides volunteer opportunities that enhance our Military community

### Lifestyle Insights Networking Knowledge Skills (L.I.N.K.S.)

Tel: 910-450-1465

- Workshops for Marines, Spouses, Couples, School-Aged Children and Teens

### Chaplains Religious Education Development Operations (C.R.E.D.O.)

Tel: 910-449-8292

- Personal Growth and Marriage Enrichment Retreats

## FAMILY CARE PROGRAM

### Children, Youth & Teen Programs (CYTP)

Tel: 910-450-0553/0554/0555

910-449-6712/6713 (NR)

All families must register with CYTP in order to participate.

- Child Development Centers
- D.E.F.Y. (Drug Education for Youth) Program
- Full-Time Childcare for Children Age 6 Weeks to Start of Kindergarten
- Hourly Care
- Part-Day Programs for Toddler and Preschool Play Groups
- Family Childcare Providers – In Home, on Base Childcare
- Emergency Childcare
- Before/After School Care
- Youth Pavilions (ages 5-12)
- Summer Camps for School Age Children and Teens



### Exceptional Family Member Program

Tel: 910-451-4394 • 910-449-5251 (NR)

- Educational Support
- Respite Care Coordination
- Resources and Referrals
- Community Support
- Transition Assistance

### K-12 School Liaison Officer Program

Tel: 910-449-9915 or 910-382-5639

- School Transition Support
- Resources for Parents

(NR) = MCAS NEW RIVER

Need Help? - Call and Talk to a Live Person!



**DSTRESSLINE.COM**  
Win Your Personal Battles  
**877.476.7734**

COMPLETELY ANONYMOUS | 24/7

CARE. CONNECT. MAKE A DIFFERENCE.

MCCSLEJEUNE-NEWRIVER.COM/MARINEFAMILY