

Week-At-A-Glance

Date: Jan.29– Feb. 2 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Standard/Objective	8.L.5.2 Explain the relationship among healthy diet, exercise, and the general health of the body	8.L.5.2 Explain the relationship among healthy diet, exercise, and the general health of the body	8.L.5.2 Explain the relationship among healthy diet, exercise, and the general health of the body	8.5.L.1 Summarize how food provides the energy and the molecules required for building materials, growth and survival of all organisms.	8.5.L.1 Summarize how food provides the energy and the molecules required for building materials, growth and survival of all organisms.
Learning Target	I can describe the relationship between a healthy diet, exercise, and the general health of the body.	I can describe the relationship between a healthy diet, exercise, and the general health of the body.	I can describe the relationship between a healthy diet, exercise, and the general health of the body.	I can explain the importance of cellular respiration and photosynthesis in regards to sustaining life.	I can explain the importance of cellular respiration and photosynthesis in regards to sustaining life.
Assignments/Activities	Bell ringer Cornell Notes	Bell ringer MyPlate Activities	Bell ringer MyPlate Activities BMR poster	Bell ringer Photosynthesis and Cellular	Bell ringer Photosynthesis and cellular respiration worksheets

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				Respiration Critical Read	
Graded Assessments and/or projects	Evidence Sheets from the Science Benchmark			Critical Read	
Homework	Complete Assignments If Absent	Complete Assignments If Absent	Complete Assignments If Absent	Complete Assignments If Absent	Complete Assignments If Absent