Military Connected Mental Health Resources

Cohen Veterans Network

www.cohenveteransnetwork.org

833-CVN-VETS Jacksonville, NC (910)388-5232

• Mental Health Services for veterans, active duty, and military family members (parents, siblings, spouses, partners, children, caretakers).

<u>Give an Hour</u>

<u>www.Giveanhour.org</u>

 offers barrier free (virtual, in person or telephonic) access to mental health care for Active duty, National Guard, Reserve and Veterans as well as family members to those who served our country regardless of insurance status.

Veterans Services of the Carolinas

www.abccm-vsc.org

 Employment & training to enter or re-enter, remain or advance in workforce. Service Coordination to network among private, non-profit or public organizations to identify resources and services available w/in county of residence. HOPE Outreach support for individuals w/severe mental illness who are living outside and deemed most vulnerable.

Military Kids Connect

www.militarykidsconnect.health.mil

• Military Kids Connect is an online community for military children ages 6-17 and provides access to age-appropriate resources to support children dealing with the unique psychological challenges of military life. MKC offers informative activities, helpful videos, and an online community that can build and reinforce understanding, resilience, and coping skills in military children and their peers.

Community Counseling Program

Camp Lejeune: 910.451.2864 MCAS New River: 910.449.6110

Family Advocacy Program

Camp Lejeune: 910.449.9563 MCAS New River: 910.449.6110

Military & Family Life Counselors

Camp Lejeune: 910-260-7736 | 910-260-7576 Camp Johnson: 727-359-2467 Camp Geiger: 843-799-8970 MCAS New River: 910-915-3888

FOCUS Project

Camp Lejeune: 910.450.5635 MCAS New River: 910.449.4527