### PERSONAL & PROFESSIONAL DEVELOPMENT PROGRAM

### Information & Referral Resources

910-450-0645 or 910-451-1056

Information & Referral Resources Branch provides everything you need to know when arriving or departing Lejeune-New River.

- · Welcome Aboard Briefs and Checkouts
- · Information and Referral
- · Relocation Assistance
- Loan Locker

### **Transition Readiness**

910-451-3212 • 910-449-4914 (NR)

This program provides military personnel and their family members with guidance, counseling, and assistance in exploring their options for civilian employment.

- · Career Resource Management
- Employment-Ready Workshops
- Career Expos
- Family Member Employment Assistance Program (FMEAP) 910-450-1676/78 or 910-449-4902 (NR)
- Transition Readiness Seminar (TRS)
   910-451-3781 or 910-451-3754 910-449-4914 (NR)

The Transition Readiness Seminar is designed to give Marines and their families ownership of their transition from the military to the civilian sector. Spouses are highly encouraged to attend TRS and can be enrolled through the Unit Transition Counselor or Career Planner.

### **Personal Readiness Seminar (PRS)**

PRS is offered to military personnel assigned to their first permanent duty station. Visit www.mccslejeune-newriver.com/trs to register

### **Transition Readiness Tracks**

- · Accessing Higher Education
- Boots 2 Business
- · Career Technical Training







### Libraries

Harriotte B. Smith Library 910-451-3026 Camp Johnson Library 910-450-0844 MCAS New River Library 910-449-6715 Research Library – John A. Lejeune Education Center 910-450-9845

- · Book Clubs & Summer Reading Programs for All Ages
- Indoor and Outdoor Meeting Areas
- Story Times
- Teen Advisory Group
- · DVDs, eReaders, CDs, and Video Games

### **Education Assistance**

MCB Camp Lejeune, Bldg 825 910-451-3091 MCAS New River, Bldg AS-212 910-449-6233

Education Assistance Branch provides educational resources and guidance to our military and civilian communities and assists them with determining and achieving their goals for personal and professional development.

- · Military Tuition Assistance
- Joint Services Transcripts (JST) and Corrections
- · Apprenticeship Program
- Education Workshops
- · Military and Civilian Testing
- · On Base College/University Classes
- Online Education Opportunities
- · Financial Management and Education

### The following colleges/universities are available:

- · American Military University
- · Boston University
- Campbell University
- Coastal Carolina Community College
- Southern Illinois University Carbondale
- The University of North Carolina (16 Universities)
- University of North Carolina Wilmington
- · Webster University



Leadership Scholar Program (LSP)

mccslejeune-newriver.com/edu





# WELCOME TO MCB CAMP LEJEUNE AND MCAS NEW RIVER

# MARINE & FAMILY PROGRAMS DIVISION MARINE CORPS COMMUNITY SERVICES LEJEUNE-NEW RIVER

Russell Marine & Family Programs Center Administrative Office Bldg 40 • 910-451-9381 • Fax 910-449-9721

The Marine and Family Programs Division of MCCS, Lejeune-New River provides four major programs that offer a wide variety of services designed to strengthen our military community. Programs are designed first and foremost to enhance mission readiness, individual/family readiness, resilience, and retention. We provide assistance that supports the diverse interest and needs of all we serve.

Our vision is a military community, prepared for success in all aspects of mission readiness with improved retention and resilience through individual, unit, and family enrichment and empowerment.

### FOUR BRANCHES TO SERVE YOU!

- Behavioral Health Program
- Family Readiness Program
- Family Care Program
- Personal & Professional Development Program

# CARE. CONNECT. MAKE A DIFFERENCE







### BEHAVIORAL HEALTH PROGRAM

### **Substance Abuse Program**

910-451-2865 • 910-449-5249 (NR)

- · PRIME For Life: Alcohol & Substance Abuse Prevention and Early Intervention
- · Drug Demand Reduction Program
- Substance Abuse Assessment and Treatment

### **New Parent Support Program**

910-449-9501

- · Home Visits
- · Baby Boot Camp Classes
- · Single Parent Resources

### **Community Counseling Center**

910-451-2864 • 910-449-6110 (NR) Confidential Counseling Services for all age groups to help

- · Improve Relationships
- · Strengthen Families
- Manage Stress
- · Enhance Coping Skills

### Family Advocacy Program

Camp Lejeune: 910-449-9563 • 910-449-6110 (NR) Camp Lejeune Domestic Violence Helpline: 910-376-5675 New River Domestic Violence Helpline: 910-376-2155

Support, Information, and Referrals for Victims of Domestic Violence and Child Abuse, focusing on rebuilding families and mission readiness.

- · Crisis Intervention
- · Individual/Marital/Family/Group Counseling
- · Case Management
- · Prevention & Education
- · Command Briefs
- Victim Advocacy

## Military & Family Life Counselor Program

910-358-8840/8841 • 910-918-4382 (NR)

- Completely Anonymous
- Change and Wellness Relationship Workshops
- · Problem Solving Counseling





# NATIONAL

# 1-800-273-TALK (8255)

# suicidepreventionlifeline.org

# **FOCUS Project**

**Families Overcoming Under Stress** 910-450-5635 • 910-330-6823 (NR)

Resiliency Training for Families and Couples

### **Sexual Assault Prevention & Response**

Camp Leieune: 910-451-5973 • 910-449-5243 (NR) Camp Lejeune 24/7 Sexual Assault Support Line: 910-750-5852 New River 24/7 Sexual Assault Support Line: 910-238-6384 Support, Information, and Referrals for Victims of Sexual Assault

- · Prevention through Education and Training
- · Support for Victims
- · Accessibility to Victim Services

### **FAMILY READINESS PROGRAM**

Marine Corps Family Team Building (MCFTB)

910-451-0176

### Unit, Personal, and Family Readiness Program & Support

- · Command Team Training
- · Family Readiness Officer Training
- · eMarine Training and Support
- Volunteer Training

### **Readiness and Deployment Support**

· Pre-, Mid-, and Post-Deployment Briefs and Workshops

### LifeSkills Training

- · Before I Do and PREP Workshops
- · Effective Communication, Basic Stress and Anger Management
- · 4 Lenses Personality Insights

### **Volunteer Coordination Program**

- · Provides Volunteer Opportunities that Enhance our Military Community
- · Training for Volunteer Management

### Lifestyle Insights Networking Knowledge Skills (L.I.N.K.S.)

910-450-1465

· Workshops for Marines, Spouses, Couples, School-Aged Children and Teens

### **Chaplains Religious Education Development Operations** (C.R.E.D.O.)

910-449-8292

Personal Growth and Marriage Enrichment Retreats

### CARE. CONNECT. MAKE A DIFFERENCE.



### **Child & Youth Programs (CYP)**

910-450-0553/0554/0555

All families must register with CYP in order to participate.

- · Child Development Centers
- · Full-Time Childcare for Children Age 6 Weeks to Start of Kindergarten
- · Hourly Care
- · Part-Day Programs for Toddler and Preschool Play Groups
- · Family Childcare Providers -In Home, On Base Childcare
- · Emergency Childcare
- · Before/After School Care
- · Summer Camps for School Age Children



### **Exceptional Family Member Program**

910-451-4394 • 910-449-5251 (NR)

- · Educational Support
- Respite Care Coordination
- · Resources and Referrals
- · Community Support
- Transition Assistance

# K-12 School Liaison Officer Program

910-449-9915 or 910-449-9749

- School Transition Support
- · Resources for Parents

(NR) = MCAS NEW RIVER

Need Help? - Call and Talk to a Live Person!



**DSTRESSLINE.COM Win Your Personal Battles** 877.476.7734

**COMPLETELY ANONYMOUS | 24/7** 

