



Onslow County Schools Board of Education
200 Broadhurst Road
Jacksonville, NC 28540
(910)455-2211
www.onslow.k12.nc.us

To: Parents of Health Education Students

On _____, the teachers of Health Education students will begin a unit on Family
(Date)

Life Education in accordance with the objectives, guidelines, and materials directed by the Onslow County Board of Education.

Family Life Education centers upon the family as the key unit and irreplaceable foundation of society. The Family Education policy of the Onslow County School System is to clearly articulate, through qualified teachers and appropriate personnel, using directive teaching methods, a curriculum that is abstinence-based, family-centered, and age-appropriate. In addition, the curriculum will include information regarding reproductive anatomy, physiology, fetal development, and sexually transmitted diseases, including HIV / AIDS.

Our children benefit the most when parents are involved and able to help students navigate factual information, critical thinking, skill development, and the motivation to make healthy, responsible choices. As required by law and beginning in seventh grade, reproductive health and safety education will include age-appropriate instruction on sexual abstinence until marriage, STDs, the human reproductive system, effective contraceptive methods for preventing pregnancy and awareness of sexual assault and sexual abuse, and sex trafficking prevention and awareness. The curriculum will promote sexual abstinence until marriage and monogamy within marriage.

Instructional materials for this unit are available for review in the school or through a digital link that can be shared by your child's Health & Physical Education teacher.

Parents/guardians who **do not** want their child to participate in the Family Life unit must complete the attached opt out form and return it to the child's teacher by _____. Students who do not submit an opt out form will participate in the Family Life unit of instruction.

Any student who opts out of Family Life Education will receive alternative assignments and be fully responsible for completing them.

Sincerely,

Health & PE teacher



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OPT OUT FORM

I understand that the teaching of Family Life Education is part of the NC Department of Public Instruction's statewide curriculum as approved by the State Board of Education. Furthermore, I understand that the Onslow County Board of Education has approved the materials that will be used in the teaching of this curriculum.

In order for my child to **not** participate in the Family Life Unit, I understand that I must return this opt out form to my child's school prior to _____, the date indicated on the previous page. If I do not return the opt out form, my child will receive approved instruction in Family Life Education.

I do **not** want my child, (printed Student Name) _____ to receive instruction in Family Life Education as prescribed by the State of North Carolina and the Onslow County Board of Education.

Printed Parent/Guardian Name _____

Signature or Parent/Guardian _____ Date _____