The Frederick Gunn School (FGS) has built a strong lacrosse tradition in which our players strive for both academic and athletic excellence. Our program honors our founder, Mr. Gunn, by concentrating on the four cornerstones of character: scholarship, integrity, respect, and responsibility.

We offer many things only possible in a school of 325 students: the chance to know and be known by every fellow student; the individualized care for students only possible when every faculty member knows every student by name; multiple early opportunities for leadership and discovery. We believe that all of our students are encouraged and expected to contribute, in the classroom, in the community, and on the playing fields.

We ensure that we are developing all of our players in games and practices. Our goal is to develop young men of character who will become leaders in our community, outstanding students, and exceptional lacrosse players. We stress player development, personal excellence, respect, and sportsmanship, and we look to develop these traits within the structure of the team. Each year we begin our season with a spring break training program organized by the coaching staff. The trip is an excellent opportunity to come together as a team and hone our skills before returning to campus for tryouts. During this time, we compete against teams from around the country in preparation for our regular season schedule.

We play in one of the premier leagues in New England, the Western New England Secondary School Lacrosse Association (WNESSLA).

In speaking to college coaches, they consistently remark about how our players are developed and ready to play in college. We attribute this to the premium we put on developing each player on a daily basis and the quality of competition in our league. Simply put, there are no days off in our league. Our players play at a high pace day in and day out in practice and face every game situation imaginable through the course of our season in games.

I hope this information has helped to answer some of your questions. If you would like more information, please contact me at marichm@frederickgunn.org or 860-350-0175.

GoGunn!
Coach Marich
OUR PROGRAM

The Frederick Gunn School has built a strong lacrosse tradition in which our players strive for both academic and athletic excellence. Our goal is to develop young men of character who will become leaders in our community, outstanding students, and exceptional lacrosse players. Playing in one of the premier leagues in New England, the Western New England Secondary School Lacrosse Association (WNESLSA), we put a premium on developing each player on and off the field to ensure that they are ready for college.

Our goal is to develop young men of character who will become leaders in our community, outstanding students, and exceptional lacrosse players.

HEAD COACH MIKE MARICH

A Long Island, New York native, Mike played lacrosse and basketball in high school and played four years of Division I Lacrosse at Hofstra for John Danowski, where he received a BBA.

At Gunn, Mike is the Director of Athletics and was named the Head Boys’ Varsity Lacrosse Coach in 2016. In his time here at Gunn, Mike has coached four US Lacrosse All-Americans, an Offensive Player of the Year, a Defensive Player of the Year, 30+ First-Team All-WNESSLA selections, and countless players who have gone on to play at some of the most selective and competitive college programs in the country. In the off-season, Mike has coached for 3d Lacrosse, the CONNY New Balance All-America Highlight Team, and PLL Junior Championships.

In 2016 the team won the WNESLSA League Championship and Colonial Cup Tournament and the Colonial Cup Tournament in 2022. Mike has also won the WNESLSA Coach of the Year Award in 2016 & 2019. He lives on campus with his wife, Kiersten, his son, Will, and his daughter, Caroline.

ASSISTANT COACH BLAKE HOLLINGER

Coach Hollinger was a multi-sport athlete in high school in football, wrestling, and lacrosse. After graduating from Salisbury School, he went on to play football and lacrosse at Hamilton College, where he received a bachelor's degree in communications and was captain of the men's lacrosse team his senior year.

Prior to joining the Gunn community, Coach Hollinger and his family lived for over a decade in the Washington D.C./Maryland area, where he was a coach for the 2019 Madlax National Team (ranked #1 at their age group) and a Defense/Goalie Coach at Landon School. In addition to coaching, Coach Hollinger is the Associate Director of Admissions & Financial Aid at Gunn and a house parent. During the 2022-23 season, Coach Hollinger received the Beven Dupre Assistant Coach of the Year Award in WNESLSA.

ASSISTANT COACH CONNOR MOONEY

Coach Mooney graduated from Avon Old Farms School, earning U.S. Lacrosse All-American honors in his senior year. He went on to play four years of Division I Lacrosse at The University of Massachusetts-Amherst, where he was a captain of the men's lacrosse team his senior year and earned a place in the USILA North-South All-Star Game, and was awarded USILA Scholar All-America honors.

Prior to joining the Gunn community, Coach Mooney coached at Western New England University, the Williston Northampton School, and 3d New England South Lacrosse.
In speaking to college coaches, they consistently remark about how players on our team are developed and ready to play in college. –We attribute this to the premium we put on developing each player on a daily basis and the quality of competition in our league.

Simply put, there are no days off in our league. Our players play at a high pace day in and day out in practice and face every game situation imaginable through the course of our season.

RECENT HIGHLANDER PLAYERS IN COLLEGE

Jared Rainville ’19.............Connecticut College
Cody Sipher ’19.............St. Lawrence University
Dylan Donnery ’20...........Quinnipiac University
Ryan Donnery ’20...........Quinnipiac University
Henry Hoyt ’20.............St. Lawrence University
Patrick Thomas ’20...........Rollins College
Riley Edwards ’21...........Adrian University
Bobby Wells’21.............St. Lawrence University
Blake Maracle ’22...........Limestone University
Eddie Rayhill ’22.............Cornell University
Allan Szydlowski ’22........Washington College
Théo Weidinger ’22........The College of Wooster
Jay ......................Sewanee: The University Of The South
Will Marich ’23.............Kenyon College
Seamus Story ’23...........Oberlin College
OUR FACILITIES

UNDERHILL & BARNES FIELDS

The Field House is home to the Boys Lacrosse Locker Room. The team plays and practices on both Underhill Field and Barnes Field. The natural grass and synthetic turf fields offer our athletes the opportunity to practice on a variety of surfaces to hone their skills.

EMERSON FITNESS CENTER

The center offers cardio and strength-training equipment, deadlift platforms, indoor turf, Peloton bikes, treadmills, exercise bikes, elliptical machines, a climbing rope, pull-up bar and pegboard.

Work out before class or during your free block. The center is open from 6 a.m. to 8 p.m. No matter the time, Emerson is open to our community, all day.
In 1850 Frederick Gunn established a school based on the belief that strength of character was the goal of education. Today, The Frederick Gunn School rests on the four cornerstones of character: scholarship, integrity, respect and responsibility. Character is forged in a cohesive, diverse community informed by a challenging college preparatory curriculum, a broad range of athletic, artistic and social activities and a faculty of scholars and committed educators dedicated to the intellectual and ethical development of every student. A Frederick Gunn School graduate is a broadly educated, socially responsible citizen with tested beliefs, strength of character and the courage to act on convictions. Start your journey at gogunn.org.

The Frederick Gunn School campus is located 90 miles from New York and 140 from Boston and is within walking distance of Washington’s idyllic green, white-steepled meeting house, and historic homes, as well as boutique shops, outstanding restaurants, a seasonal outdoor farmer’s market, independent bookstore, art galleries, and a community gathering and event space known as The Judy Black Memorial Park & Gardens. The town and our school are also steeped in nature, surrounded by the scenic hills, woods, lakes, and rivers that so inspired our founder and have been preserved for generations to enjoy.
BY THE NUMBERS

OUR STUDENTS HAIL FROM:

- 25 COUNTRIES
- &
- 22 STATES

325
STUDENT BODY

220
ACRE CAMPUS

35
AP & HONORS COURSES

120
Academic Courses

90 MILES
FROM NEW YORK CITY

35
SPORTS TEAMS

$5
MILLION
AWARDED IN
FINANCIAL AID

Founded by
Frederick Gunn
in 1850

The Frederick Gunn
School