

FRIDAY KNIGHT NEWS



FRANKFORT-SCHUYLER
Pride



COMMUNITY AND COLLABORATION

Family Consumer Science has teamed up with Leah Grace McCaskey, a nutritionist with Cornell Cooperative Extension of Oneida/Herkimer County to provide “Cooking Matters for Teens.” This program is a series of 7 sessions that teaches teens how to make healthy food choices, and to prepare meals and snacks for themselves, their families and friends. With our After School Exploratory Enrichment Program at the elementary school we have a few 8th grade student champions helping!



STUDENT ACHIEVEMENT

On Wednesday October 27th, our Youth Summit Team attended the annual conference which focused on Mindfulness and Wellness. Our team members engaged in a variety of activities related to each of these areas, created a school action plan and gained knowledge on Mental Health Awareness. Our team members include: Jordyn Graziadei, Breslin Clark, Julia Parrotta, Jack McMurray, Tyler Grates, Isabella Nitti and Colin Bick. Our HS SS class worked on a creative cake project on Cooperative Federalism. Cooperative Federalism is when there is an overlap of functions and powers between state and national governments to work together to solve problems. The vanilla batter represents state government, the chocolate represents the national government. You then mix or marble them together, which represents the mixing or overlapping of the functions of the government.





FISCAL RESPONSIBILITY



The Colonel Marinus Willett-Mohawk Valley Chapter, NSDAR (National Society Daughters of the American Revolution) of Frankfort sponsors the DAR Good Citizens Scholarship each year to one of our senior students. Nominations are based on specific qualities and participation in an essay contest. The qualities that represent a Good Citizen are:

Dependability Service Patriotism Leadership
This year's DAR Good Citizen's Scholarship Recipient is Julia Caiola. Congratulations to Julia and thank you to our community partner!



PEOPLE & CULTURE

We remain dedicated to the safety and well-being of our students, staff and community. Our shared responsibility will continue our efforts in maintaining the safest environment possible during this unsettling pandemic. Please remember the FISH philosophy and the four principles of: Choose Your Attitude, PLAY, Be There, and Make Their Day. We will continue to follow those concepts as it coordinates perfectly with our operational practices in our district of: **SERVING OUR STUDENTS | SUPPORTING EACH OTHER | PARTNERING WITH PARENTS**. We are proud we have almost completed the first marking period of school, together with our students and staff. Your support is greatly appreciated and adds to our success. Please be on the lookout for information regarding elementary Parent/Teacher conferences.

CHARACTER



Frankfort-Schuyler Central School District is built on the foundational values of: Pride, Respect, Responsibility, Trust and Citizenship. Our Hi-5 Friends have been selected and trained. They will begin visiting and mentoring our younger students soon. We have delivered “Champ” to all staff, with the help of student champions. Now Champ is spreading kindness with a positive game of SMILE tag throughout the district. FSCSD is truly a special place for every member of our school community. Please remember reopen@frankfort-schuyler.org is available if you have any questions or need any assistance from our team.