



MARCH 2024

FAIRLESS LOCAL IS AN EQUAL OPPORTUNITY PROVIDER

LUNCH CHOICES ARE: TOASTED CHEESE SAND.

FAIRLESS MIDDLE SCHOOL

ALL MEALS COME WITH CHOICE OF MILK

OR UNCRUSTABLE, OR P.CORN CHX. SALAD OR HAM AND CHEESE SANDWICH

Monday



Tuesday

Wednesday

Thursday

Friday

PANCAKE

4

CHICKEN PATTY OR SPICY ON A W/G BUN
BAKED BEANS
FRUIT/FRESH FRUIT
MILK

WARM CINNAMON ROLL

5

CHEESE BURGER
FRENCH FRIES
FRESH CARROTS
FRUIT/FRESH FRUIT
COOKIE, MILK

FALCON MUFFIN

6

TACO
MEAT, CHEESE, LETTUCE
FIESTA RICE, ROMAINE SALAD
FRUIT/FRESH FRUIT
MILK

BREAKFAST PIZZA

7

STUFFED CRUST PIZZA
CORN.
FRUIT/FRESH FRUIT
MILK

CEREAL W/ CRACKER

1

MACARONI & CHEESE
GREEN BEANS
FRUIT/FRESH FRUIT
ROLL
MILK

CEREAL W/ CRACKER

8

PANCAKES OR WAFFLE
HASH BROWN, FRESH CARROTS
YOGURT SMASH CUP OR
SAUSAGE, FRESH CARROTS
JUICE, MILK

FRENCH TOAST

11

MINI CORNDOGS
BAKED BEANS
TATOR TOTS
FRUIT/FRESH FRUIT
MILK

CINNI MINI

12

CHEESEBURGER ON W/G BUN
FRIES
FRESH CARROTS AND DIP
FRUIT/FRESH FRUIT

FALCON MUFFIN

13

MINI TACO WEDGES
LETTUCE, CHEESE,
SOUR CREAM, SALSA
JUICE, MILK

BIRTHDAY SMOOTHIE

14

POPCORN CHICKEN BOWL
MASHED POTATOES
ROLL, CORN,
FRUIT/FRESH FRUIT
MILK

CEREAL W/ CRACKER

15

PIZZA CRUNCHERS
MARINARA SAUCE
GREEN BEANS
JELLO W/ FRUIT
MILK

PANCAKE

18

SWEET N SOUR CHICKEN
FRIED RICE
PEAS AND CARROTS
PINEAPPLE, FORTUNE COOKIE
MILK

CINNAMON ROLL HADLEY FARM

19

LOADED NACHO'S
MEAT, CHEESE, SOUR CREAM
SALSA, REFRIED BEANS
SOUR RAISINS, MILK

FALCON MUFFIN

20

PANCAKES OR GLAZED FR. TST.
SAUSAGE,
HASH BROWN
FRESH CARROTS
JUICE, MILK

BREAKFAST PIZZA

21

HOT HAM AND CHEESE SAND.
FRENCH FRIES
BROCCOLI SALAD
FRUIT/FRESH FRUIT
MILK

CEREAL W/ CRACKER

22

STUFFED CRUST CHEESE PIZZA
GREEN BEANS
FRUIT/FRESH FRUIT
COOKIE, MILK

NO

25

SCHOOL

NO

26

SCHOOL

NO

27

SCHOOL

NO

28

SCHOOL

NO

29

SCHOOL

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

BREAKFAST INCLUDES FRUIT & OR 100% FRUIT JUICE

BREAKFAST \$2.00 OR FREE FOR REDUCED STUDENTS

W/G=WHOLE GRAIN

LUNCH IS \$3.25 OR FREE FOR REDUCED STUDENTS