



**FOR IMMEDIATE RELEASE**  
**MEDIA ALERT** – Tuesday, January 17, 2023  
**Fargo Public School District #1**

## **LINCOLN STUDENTS PARTICIPATING IN 12<sup>th</sup> PHY ED ON ICE UNIT**

Lincoln Elementary School students are hitting the ice to carry on the school's tradition of getting outside and skating during physical education class.

**WHAT:** Phy Ed on Ice  
**WHEN:** **Thursdays and Fridays through February 24**  
**WHERE:** Lincoln Ice Rink, Lincoln Elementary School, 2120 South 9<sup>th</sup> Street, Fargo  
**CONTACT:** **Johanna Haerter**, physical education teacher, 701.446.4937 or [haertej@fargo.k12.nd.us](mailto:haertej@fargo.k12.nd.us); or **Kayla Taralson**, physical education teacher, 701.446.4936 or [taralsk@fargo.k12.nd.us](mailto:taralsk@fargo.k12.nd.us) for more information.

Lincoln Elementary students are trading in their shoes for skates and boots as they are set to participate in an icebound tradition that now stretches back more than a decade. Lincoln physical education teachers Johanna Haerter and Kayla Taralson are conducting the schools 12<sup>th</sup> Phy Ed on Ice unit each Thursday and Friday from January 19 through February 24.

Each year, the students skate or boot skate on the Lincoln Ice Rink to help them get more comfortable on the ice. The students learn balance, agility, and sportsmanship throughout the unit.

Kindergarteners and first graders must wear boots for the activity. Second-through-fifth graders may choose to either wear skates or boots, depending on their comfort level on the ice and the availability of skates in their size. The school's Parent Teacher Association helped to purchase skates that are much easier to tie or strap up than traditional lace-up skates. Students are allowed to bring their own skates if they have them.

The Lincoln physical education classes will be on the ice January 19, 20, 26, 27 and February 2, 3, 9, 10, 16, 23, 24.

*This event is weather dependent. Media representatives should contact the school office to ensure the outdoor activity is occurring prior to arrival.*

[END]