



FOR IMMEDIATE RELEASE
MEDIA ALERT – Monday, December 19, 2022
Fargo Public School District #1

HUNTER PINKE TO PRESENT AT NORTH HIGH SCHOOL

Students at North High School will learn how to have “No Bad Days” during an all-school assembly on Wednesday, December 21.

WHAT: Hunter Pinke Presentation
WHEN: **Wednesday, December 21 from 9-10 a.m.**
WHERE: North High School, 801 17TH Avenue North, Fargo
CONTACT: **Travis Christensen**, North High School principal, christt@fargo.k12.nd.us or 701.446.2404 for more information.

Former University of North Dakota football player Hunter Pinke, who became a chest-down paraplegic after a skiing accident in 2019, will present his message of positivity and having “No Bad Days” to the students at North High School during an all-school assembly on Wednesday.

While recovering from his skiing accident, health professionals told Pinke that he would have good days and bad days. He rejected that assessment and decided to have no bad days. During his speech to the high schoolers, he will explain his philosophy of “stacking good days upon good days to live a life of gratefulness and joy.”

He will share the story of his life and his recovery, explain where he thinks joy truly comes from, teach how small gestures of kindness can impact the world, and show the healing that comes from helping others.

Pinke was a tight end and team captain for the University of North Dakota football team. He suffered a spinal cord injury and broken back in 2019 when he collided into another skier and was sent crashing into a tree. He graduated from UND with a degree in mechanical engineering and is now pursuing a graduate degree in architecture at the University of Arizona. He has continued his athletic career on the University of Arizona wheelchair basketball and handcycling teams.

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