



FOR IMMEDIATE RELEASE
MEDIA ALERT – Tuesday, January 23, 2024
Fargo Public School District #1

LINCOLN STUDENTS PARTICIPATING IN 13th PHY ED ON ICE UNIT

Lincoln Elementary School students are hitting the ice to carry on the school's tradition of getting outside and skating during physical education class.

WHAT: Phy Ed on Ice
WHEN: **Thursday, January 25 and Friday, January 26** (and possibly more in February)
WHERE: Lincoln Ice Rink, Lincoln Elementary School, 2120 South 9th Street, Fargo
CONTACT: **Johanna Haerter**, physical education teacher, 701.446.4937 or haertej@fargo.k12.nd.us; or **Kayla Taralson**, physical education teacher, 701.446.4936 or taralsk@fargo.k12.nd.us for more information.

Lincoln Elementary students are trading in their shoes for skates and boots as they are set to participate in an icebound tradition that now stretches back more than a decade. Lincoln physical education teachers Johanna Haerter and Kayla Taralson are conducting the school's 13th Phy Ed on Ice unit beginning this Thursday and Friday. They hope to be on the ice again next Thursday and Friday, February 1-2 as well, but it will depend on how the ice holds up with above-freezing temperatures in the forecast.

Each year, the students skate or boot skate on the Lincoln Ice Rink to help them get more comfortable on the ice. The students learn balance, agility, and sportsmanship throughout the unit.

All grade levels will participate in the skating unit during their normal physical education time. Kindergarteners and first graders must wear boots for the activity. Second-through-fifth graders may choose to either wear skates or boots, depending on their comfort level on the ice and the availability of skates in their size.

The school's Parent Teacher Association helped to purchase skates that are much easier to tie or strap up than traditional lace-up skates. Students are allowed to bring their own skates if they have them.

This event is weather dependent. Media representatives should contact the school office to ensure the outdoor activity is occurring prior to arrival.

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