



FOR IMMEDIATE RELEASE

MEDIA ALERT – Wednesday, November 22, 2023

Fargo Public School District #1

SOUTH HIGH CELEBRATES BRUIN SPIRIT AT SPIRITACULAR FEATURING GUEST SPEAKER GAELIN ELMORE

The students and staff at South High School will put their Bruins spirit on display at the biennial Spiritacular on Monday.

WHAT: South High School Spiritacular
WHEN: **Tuesday, November 28, 2023 at 9:15 a.m.**
WHERE: South High School, 1840 South 15th Avenue, Fargo
CONTACT: **Greta Evenson**, South assistant principal, 701.446.2005 or evensog@fargo.k12.nd.us for more information.

South High School will celebrate the accomplishments of current students and staff while remembering the legacies of past members of the Bruin community during the Spiritacular.

The Spiritacular will include a “Parade of Banners” representing the activities at South, an AFJROTC color presentation, a performance of the “Star Spangled Banner” by South’s Belle Orso Voci choir group, a student video and song, and a presentation by guest speaker Gaelin Elmore.

The theme of Elmore’s presentation will be “Belonging a Champion,” addressing the fact that belonging is a fundamental and innate need for everyone to grow, develop, learn and thrive – mentally, socially, and emotionally. In his presentation, Elmore will discuss and explore the science, both neurological and psychological, behind belonging, how it impacts development and potential, and why connection and belonging are our greatest protective mitigating factors against the loneliness epidemic.

Elmore is a former collegiate and NFL football player for the University of Minnesota and the Cincinnati Bengals. He spent more than a decade in the foster care system as a child before being invited to live with his high school football coach and receiving college scholarship offers. After one season with the Bengals, he left the NFL and devoted himself to working with youth with similar backgrounds to himself to help them find a place to belong.

In addition to his Spiritacular presentation, Elmore will give a presentation open to all middle school and high school parents at 7 p.m. Monday, November 27 in the South High School theater.

South Parent Teacher Association members will hand out Bruin Pride t-shirts to all students and

staff before the assembly. South has been holding Spiritacular celebrations since the 1980's and is typically held once every two years.

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