



FOR IMMEDIATE RELEASE
MEDIA ALERT – Monday, October 2, 2023
Fargo Public School District #1

STUDENTS GETTING ACTIVE ON WALK, BIKE & ROLL TO SCHOOL DAY

With autumn upon us and winter around the corner, elementary schoolers are taking every opportunity to be outside and active as they trade in their seat on the school bus for a bicycle or a pair of sneakers.

WHAT: Walk, Bike & Roll to School Day
WHEN: **Wednesday, October 4** from 7:15 to 8:15 a.m.
WHERE: Longfellow Elementary School, 20 29th Avenue North, Fargo
CONTACT: **Eric Henrickson**, Longfellow principal, at henrice@fargo.k12.nd.us or 701.446.5004 for more information.

Students from Longfellow Elementary School have been encouraged to eschew engine power in favor of leg power for National Walk, Bike & Roll to School Day on October 4. The elementary students will walk, bike, or employ any other human-powered transportation such as scooter, skateboard, or roller blades to get to school.

Longfellow will have activities for students in conjunction with Walk, Bike & Roll to School Day including hula hooping and free play time on the playground.

National Walk, Bike, & Roll to School Day is sponsored by the National Center for Safe Routes to School. Through the events held nationwide, it hopes to encourage students to get active and form important habits for a healthy lifestyle.

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