

2002 Athletic Hall of Fame

John P. (Jack) Kist



The legendary Jack Kist coached four sports over the thirty-three years that he spent as a teacher and athletic administrator within the East Stroudsburg Area School District. As the ESHS Head Football Coach from 1948 through 1965, Jack's teams amassed a record of 81-wins, 80-losses, and 9-ties, winning the 1952 Lehigh-Northampton League Championship with a record of 9-wins and 1-loss. As Head Baseball Coach, his team won the 1955 District XI Baseball Championship, the only one in ESHS baseball history. Jack's Cavalier golf teams won 34 consecutive matches and a District XI title. He also coached the Cavalier swim team from 1961 to 1965. Mr. Kist became the East Stroudsburg Area School District's first Director of Athletics in 1960 and served in that capacity until his retirement in 1980. He was one of the "founding fathers" of the Varsity "E" Club, the East Stroudsburg Little League and East Stroudsburg Midget Football programs, and was inducted into the Lehigh Valley Chapter of National Football Foundation and East Stroudsburg University in Halls of Fame 1993 and 1980 respectively. Mr. Kist served in the United States Navy as a lieutenant in the Mediterranean and the Philippines during World War II, earning a "Purple Heart." Mr. Kist passed away in March of 1989.

Cindi Long



Cindi Long graduated from ESHS in 1985. She earned 10 varsity letters in ESHS athletics, 3 in both field hockey and girls' basketball, and 4 in softball. Cindi served as team captain in all three sports, and garnered All-Centennial League honors in field hockey and softball during both her junior and senior years, and in girls' basketball during her senior year of 1985. She was named the ESHS field hockey Most Valuable Athlete Award winner in 1984 and the Best All-Around Female Athlete in 1985. After graduation from ESHS, Cindi played 4 years of intercollegiate field hockey and lacrosse at East Stroudsburg University, earning 8 varsity letters. She served as team captain and was named First-Team All-Pennsylvania Conference in both sports at ESU during the 1989-90 season. Cindi was ESU's lacrosse MVP in 1990. She earned a Bachelor of Science degree and Masters degree in Sports Management from East Stroudsburg University in 1990 and 1996 respectively.

Frank P. Maguire



Frank Maguire was the Head Basketball and Head Baseball Coach at ESHS from 1919 to 1931. His basketball teams won 199 games, with a winning percentage of .730, making Coach Maguire the winningest single athletic team coach in ESHS history. Mr. Maguire's basketball teams won 4 league and 2 district championships and reached the Pennsylvania State Semi-Finals in 1921. Mr. Maguire was a 1913 graduate of Holy Cross College and taught mathematics at the East Stroudsburg Normal School from 1913 through 1936. He held the position of Dean of Men at East Stroudsburg Normal School from 1919 to 1936. During his professional career, Mr. Maguire was President of the Eastern P.I.A.A. Football Officials, a member of the National Football Rules Committee, Chairman of the Pennsylvania Department of Education Health and Physical Education and the Director of the Pennsylvania Public Works Administration. Mr. Maguire was a candidate for the Presidency of East Stroudsburg State Teachers College in 1956.

Suzanne A. Mesko



Suzanne Mesko, a 1984 graduate of ESHS, earned 11 varsity letters during her high school athletic career, 4-each in girls' tennis and girls' basketball and 3 in track & field. She was named ESHS Most Valuable Athlete in girls' basketball and girls' tennis during each of her sophomore, junior and senior years. Suzanne scored 1,559 points and grabbed 1363 rebounds in her stellar ESHS basketball career and was named Female Basketball Player of the Year by the Easton Express newspaper in 1984. She capped her senior season by scoring a "Quadruple-Double"--45 points, 29 rebounds, 11 assists, 10 steals--vs. Stroudsburg. She led both Pocono and Lehigh Valley regions in scoring in 1983 and 1984, averaging 20.1 and 22.7 points per game respectively. She also averaged 14.0 and 15.5 rebounds per game respectively, during her junior and senior years. During her senior year, Suzanne was elected to the National Honor Society and was presented the ESHS Female Scholar-Athlete Award. Her high school athletic career culminated with her being awarded a full athletic scholarship to Seton Hall University, the only such Division I college athletic scholarship in ESHS girls' basketball history.

Harold Myers



A 1962 ESHS graduate, Harold Myers earned 3 varsity letters each in football, baseball & golf. He set the ESHS football scoring record, amassing 111 points in 10 games during 1961. During his junior and senior seasons, he averaged 1,700 rushing yards per season. Harold was named to the Pennsylvania High School All-State Football Team in both 1960 and 1961 and played in the Pennsylvania Big 33 football game in the summer of 1962. He received high school All-American football honors in 1960 and 1961, and played in the high school North-South football all-star game in the Cotton Bowl in 1962. After graduation from ESHS, Harold went on to achieve stardom in Division I college football at Wichita State University, where he was a starting offensive and defensive player for three years (1963, 1964 and 1965). He achieved All Missouri Valley Conference honors at halfback in 1964 and 1965. Harold received a Bachelors degree from Wichita State University in 1966 and a Masters degree from Farleigh Dickinson University in 1979, both in education, and retired in 1999 after 32 years in education & coaching.

Frank T. Nicoletti



Frank Nicoletti, the long-time contributor to, and supporter of Cavalier athletics, co-founded East Stroudsburg Youth Association (ESYA) in 1973. Frank received the Pennsylvania Youth Education Association Public Education Promoter Award, presented by East Stroudsburg Education Association, for "service to youth and the education profession" in 1983. He was named the Pocono Mountains Chamber of Commerce Humanitarian of the Year Award recipient in 1989. Frank was the Exchange Club of the Pocono Mountains Book of Golden Deeds Award winner in 1993 and was presented the Greater Pocono Basketball Tournament Outstanding Service to Youth Award in 2000. The East Stroudsburg Youth Association (ESYA) Clubhouse Building was dedicated in Frank's honor, renamed the Frank T. Nicoletti Clubhouse in 2001. Frank was instrumental in the fundraising and construction efforts for the new athletic fields at Minisink Park, and Smithfield Township in recognition of those efforts, dedicated those fields in Frank's honor in 2001, naming them the Frank T. Nicoletti Ball Fields.

William G. (Bill) Pensyl



Bill Pensyl graduated from ESHS in 1955, earning 3 varsity letters in basketball and 3 varsity letters in baseball. He was a starter on Coach Jack Kist's 1955 District Baseball Championship team, the only one in ESHS baseball history. While at ESHS, Bill scored 848 career points in varsity basketball and he went on receive "Little All-American" recognition in basketball at Elizabethtown College. Upon graduation from Elizabethtown, Bill became a teacher, Head Basketball Coach, Head Baseball Coach and ultimately, the Director of Athletics at Bangor High School. He coached basketball at Bangor for 38 years, winning more than 450 games and the 1988 District XI AAA Championship, and coached baseball for 23 years, with his Slater baseball squad advancing to the 1983 P.I.A.A. Baseball State Championship game. Coach Pensyl has already been inducted into the Halls of Fame of Bangor High School, Elizabethtown College, the Blue Mountain Baseball League, Lehigh Valley Basketball and the National High School Sports Federation (NFHS).

Arthur Perryman III



Arthur Perryman graduated from ESHS in 1994. He earned 4 varsity letters, and started all 105 varsity games played by the Cavaliers during his 4-year varsity basketball career. He is the leading scorer in ESHS basketball history with 1,735 points and was named Most Valuable Athlete in boys' basketball during his sophomore, junior and senior years, 1992, 1993 and 1994. Arthur was named First Team All-Monroe County in 1992, 1993 and 1994, First Team All-Centennial League in 1993 and 1994 and was named to the First Team All-Regional Team by the Allentown Morning Call newspaper in 1994. During his outstanding senior season, Arthur led the Cavaliers to their first District XI AAAA Basketball Championship, and averaged 28.3 points per game in the 1994 P.I.A.A. State Basketball Tournament, scoring 30 points vs. Reading, 33 vs. Coatesville and 22 vs. eventual State Champion Chester. Sportswriters and coaches statewide rewarded him, with his being named to the Third Team "Big School" All-State Team in 1994. Arthur passed away after a heroic year-long battle with cancer on April 21, 1995 at the age of 19.

Felicia Perryman



A 1989 graduate of ESHS, Felicia Perryman earned 12 varsity letters during her standout athletic career, four-each in field hockey, basketball and track & field. Felicia was presented six Most Valuable Athlete Awards, three in basketball (1987-88-89), two in track and field (1987 and 1989) and one (1989) in field hockey, and was the ESHS Best All-Around Athlete during her senior year (1989). Although Felicia participated on six Centennial League Championship teams (1985-86-87 in field hockey and 1986-88-89 in basketball) and two District XI medallist teams (GOLD: 1987 field hockey and SILVER: 1989 basketball), basketball was the sport in which she seemed to excel most. She scored 1480 points in her 4-year varsity basketball career at ESHS, and is the leading scorer in Muhlenberg College women's' basketball history with more than 1600 points. A 1993 graduate of Muhlenberg, Felicia has also been inducted into the Muhlenberg College Athletic Hall of Fame.

Stacy Perryman



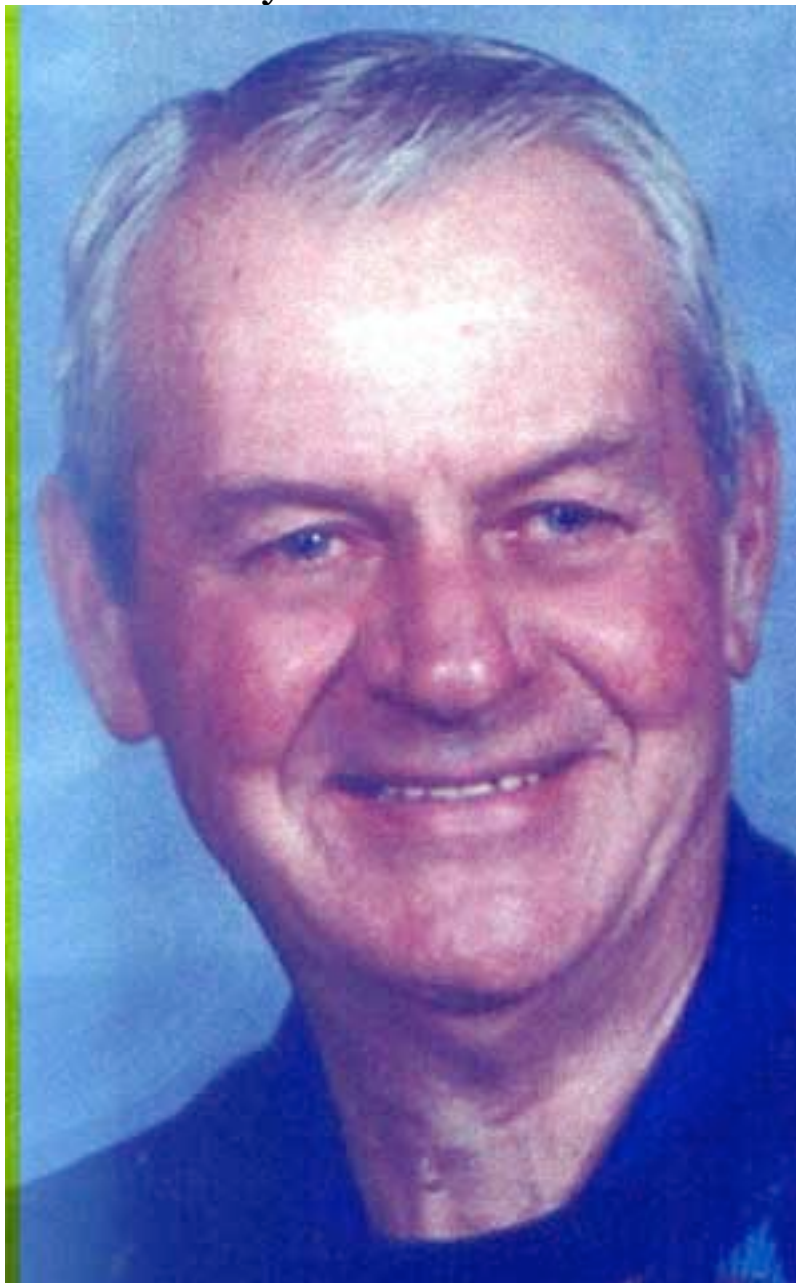
Stacy Perryman graduated from ESHS in 1992. She earned 12 varsity letters in ESHS athletics (4-each in field hockey, girls' basketball and softball). She earned 4 Most Valuable Athlete Awards during her ESHS athletic career, 2 in girls' basketball (1990 and 1992) and one each in field hockey and softball (1992). Stacy's was indeed a very versatile athlete, as her 1992 ESHS Best All-Around Female Athlete Award will attest, however, she did receive her most notoriety within the sport of basketball. Stacy scored 1,692 points in her ESHS basketball career, currently ranking her as the #1 female scorer in ESHS history, and #2 overall, second only to her brother Arthur. She played 4 years of intercollegiate basketball from 1992 to 1996 at East Stroudsburg University, scoring 1695 points, and established ESU records for assists (career: 607, senior year: 170). Stacy was named PSAC Player of the Year and received NCAA Division II Honorable Mention All-American in 1995. She also received NCAA Division II All-Regional First Team honors during the 1995 season.

Jill S. Schaller



Jill Schaller graduated from ESHS in 1982. She earned 12 varsity letters, 4-each in field hockey, basketball and softball, during her ESHS athletic career. Her all-around versatility is emphasized in the fact that she earned ESHS Most Valuable Athlete Awards in three different sports, girls' basketball and field hockey in 1982 and softball in 1980. During her senior year of 1982 she was named ESHS Best All-Around Female Athlete. Jill was named First Team All-Centennial League in softball 4 times (1979-80-81-82) and field hockey twice (1980 & 1981) while The Pocono Record named her First Team All-Pocono in basketball in 1982 as well. Jill is proud of the fact that she was a member of the first two girls' sports championship teams in East Stroudsburg Area High School history, starting on the Centennial League Girls' Basketball Championship team, and on the Centennial League Softball Championship team, both in 1982. She was inducted into the ESHS National Honor Society in 1981 and is a graduate of the University of Delaware.

Raymond A. Steele



Ray Steele graduated from ESHS in 1952. He averaged 21 points per game and set the ESHS basketball scoring record (at the time) of 33 points, and was named First Team All-Lehigh-Northampton League and Honorable Mention All-State in basketball in his senior year. While Mr. Steele experienced great success in basketball, the sport for which Ray achieved legendary status was baseball. He pitched a "no-hitter" vs. Fountain Hill, striking out 21 and going 5-for-5 at the plate and pitched 2 "one-hitters," striking out 21 (vs. Parkland) and 19 (vs. Wilson) during his senior year. Ray was offered 17 full college baseball scholarships, and signed professional baseball contract with the Philadelphia Athletics in 1952. He played professional baseball through 1958. Ray was also instrumental in the formation of the Little League baseball program in his hometown of Bushkill, in conjunction with the East Stroudsburg Little League.

Jerome C. (Jerry) Werkheiser



Jerry Werkheiser is a 1977 ESHS graduate. He owns the distinction of having been the very first athlete in East Stroudsburg history to earn a P.I.A.A. State Championship, having earned the gold medal in the triple jump at the 1977 P.I.A.A. State Track and Field Championships, with a (then) state record-setting leap of 47-feet, 11 ³/₄-inches. During Jerry's junior year, he set league and ESHS records in winning the Centennial League and District XI Long Jump and Triple Jump Championships. As a junior, Jerry placed 5th in the Triple Jump at the 1976 P.I.A.A. State Track and Field Championships, and was named ESHS Track & Field Most Valuable Athlete. In 1977 as a senior, Jerry leaped to a sweep of the triple jump and long jump championships at the Emery Relays and the Centennial League, while garnering a gold medal in the triple jump and a silver medal in the long jump in District XI Championship competition. He then followed up his state championship by also repeating being named ESHS Track & Field Most Valuable Athlete for the second time. Jerry graduated Cum Laude from East Stroudsburg University in 1989.

Deborah Williamson (Alvino)



Debbie graduated from ESHS in 1991, earning 11 varsity letters during her ESHS athletic career (3 in field hockey and 4 each in swimming and softball). She earned 2nd Team All-Centennial League honors in field hockey in 1989 and 1990, and 1st Team All-Centennial League recognition in softball in 1991. As a junior, Debbie was named ESHS Most Valuable Athlete in field hockey, while she swept the ESHS Most Valuable Athlete Awards in swimming for each of her four years of high school, and was named ESHS Best All-Around Female Athlete in 1991. Upon graduation, Debbie held 6 individual & 3 relay ESHS swimming records, and she participated in 4 years of intercollegiate swimming at Ursinus College from 1991 to 1995. As a senior, she was elected captain of the Ursinus swim team. Debbie earned a Bachelors degree from Ursinus College in 1995, and a Masters degree from East Stroudsburg University in 2000.