## Menu



## Mayfield Girls School

Week 3	Monday 04/03	Tuesday 05/03	Wednesday 06/03	Thursday 07/03	Friday 08/03	Saturday 09/03	Sunday 10/03
Cooked Breakfast	Fried egg, hash brown, plum tomatoes & baked beans	Bacon, poached eggs & mushrooms	French toast, Greek Yoghurt, Berry compote & Maple syrup	Sausage, beans & parmentier potatoes	Scrambled egg & spinach, Grilled tomatoes, beans & bloomer	Bacon, mushrooms, fried egg & baked beans	Waffles (in houses)
Lunch Main Meal	Vegetable paella	Live simply day Tomato pasta Pesto pasta with spinach and cream Soup of the day Jacket potatoes	"Nod to the Gods" Greek chicken tray bake	Beef Bourguignon	Breaded scampi with tartare sauce	BBQ chicken breast	Roast turkey with a red wine sauce
Lunch Vegetarian	Spanish potato tortilla		Southern style vegetable chilli with "Immortal Cornbread"	Lentil and vegetable pie	Broccoli & cheddar quiche	Garlic breaded mushroom	Root vegetable gratin
Lunch Side Dishes	Garlic green beans Spinach & chickpeas		Tomato Bulgur wheat "the Ancient Grain" & "Olympian" Greek salad	Mashed potato & panache of vegetables	Chips & peas	Sweet potato fries & Tenderstem broccoli	Braised red cabbage, dauphinoise & peas
Salad Bar Specials	Halloumi crouton super salad		"Mermaids" Seaweed Feast	Parmesan chicken salad	Potato with capers, parsley & shallot	Salad of the Day	
	Second daily salad will be a sustainable salad						
Jacket Potato &	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Topping		Tuna & Sweetcorn		Prawn Marie rose			
Lunch Dessert	Warm ginger pudding with cream	Fruit basket	"Memory Berries" Mayfield Mess	Apple crumble with custard	Hot chocolate sponge with chocolate sauce	Dessert of the Day	Dessert of the Day
Supper Main Meal	Beef burgers	Taco Bar - Beef or black bean chilli, tomato rice, spicy peppers and onion, pico de gallo, sour cream and guacamole	Turkey escalope with a caper & tomato sauce	Breaded chicken with garlic butter	Pad Thai with vegetable gyoza & prawn crackers	Sausage, pepper & red onion casserole	Pizza night
Supper Vegetarian	Bean burgers		Breaded brie with chilli jam	Loaded courgette boats		Mixed bean casserole	
Supper Side Dishes	Brioche buns, cabbage slaw, relish, and skinny fries	Corn on the cob	Crushed new potatoes	Potato wedges & peas		Roast new potatoes & steamed courgettes	Sweet corn
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes	Jacket Potatoes With Beans Served Daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week						
Dietary Requirements	All our food is made fresh on site every day.  We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.  Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						