



George Wagner Middle School Athletic Handbook



A Wolf perseveres through adversity, puts the team before themselves and leads the pack with their strength of character.

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Wolfpack RESPONSIBILITIES

- Follow all rules outlined below and in the district GISD Athletic Handbook.
- Follow all Wagner rules, as well as, the student Code of Conduct.
- Represent your family, your team and yourself with appropriate behaviors and actions.
- Set high academic standards for yourself.

Athletic Expectations

The purpose of athletics is to help students work towards their goals of making sports teams. Athletics will provide your student the opportunity to strengthen their skills and athletic development. Athletics is not intended to be used as a workout class only, therefore, all students within athletics must participate in at least one team to maintain eligibility and at least try out for a second sport. Cross country, powerlifting, track, and tennis are no cut sports. Volleyball, basketball, and soccer will hold tryouts and make cuts as necessary.

Dressing Out/Uniforms

Athletes are required to purchase a practice uniform that they will wear each day during the class period. If a new uniform is need throughout the year, you can talk with a coach or pick onoe up at CenTex Shirt & Embroidery. Athletes also have the option of purchasing sweats. If they do not purchase sweats then they will be issued a set. We cannot guarantee that they get the correct size. Practice uniforms will be worn with shirts tucked in and no more than two rolls of shorts during the athletic period and all practices. Sweats must be worn during outside workouts in the winter months. Athletic shoes will also be worn each day. Hair must be pulled back away from the face and all jewelry must be removed during the athletic period, practices, and games. Failure to have either part of your uniform will result in minor consequences. If an athlete is issued a set of sweats they may only be worn during athletic events. Cost of replacing lost sweats is \$20 per piece.

Game uniforms and warm-up tops will be issued to athletes the day of the game. Athletes will turn in their game uniform to their coach before they are able to leave after a game. An athlete will not be allowed to sign out with a parent if they have not handed in their uniform. We will wash uniforms at the school and return to players. Parents will be held financially responsible for any lost or damaged uniforms. Athletes may only wear neutral colored undergarments and headbands during all competitions.

Piercings

We advise that your athlete does not get anything pierced during the school year. All jewelry must be removed for athletics, practices, and games. **Covering a piercing with a bandaid is not acceptable.** Failure to remove jewelry will result in minor consequences.

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Locker room

All athletes will be issued a locker and combination lock. Locker room must be kept clean and picked up at all times. Do not take food into the locker rooms unless it is closed within a lunch box or bag. Water will be allowed. Keep all personal belongings locked up with an issued lock at all times. Coaches will not be held responsible for any lost or stolen items that are not locked up. Absolutely NO cell phone use is permitted in the locker room. Get in and get out, it is not a place to hangout. If the issued lock is broken or lost, the cost of replacement is \$7.

Cell Phone/Personal Device Policy

- Devices can be used on the bus to and from games to listen to music or communicate with parents.
- Devices are not to be used at competitions other than to communicate with parents.
- Devices should be secured in the Athlete's locker during the Athletic period and during practices.
- **IT IS NEVER OK TO USE CELL PHONES/PERSONAL DEVICES IN THE LOCKER ROOM**

Social Media

Student-athletes are high-profile representatives of the Georgetown Independent School District and their behavior is subject to scrutiny by their peers, the campus, community, and the media. The actions of a single student-athlete can reflect positively or negatively not only on the individual student-athlete, but also on his or her team and coaches, the Athletics Department and the entire school campus. Therefore, student-athletes are expected to represent themselves and GISD with honor, dignity and integrity at all times – including interaction on social networking websites and other online environments. The popularity of social networking websites (e.g., Facebook, Twitter, Vine, YouTube, Instagram, Blogspot, etc.) has grown tremendously during the last few years. These websites can serve as valuable communication tools when used appropriately. The use of social media, however, has the potential to cause problems for both the student-athlete and the school environment. Almost anything a student-athlete posts on a social networking site may be viewed by others, and both the media and the general public are more likely to view the profiles of student-athletes than the profiles of other students.

GISD Rules Regarding Social Networking Sites

Participation in GISD Athletics is a privilege and not a right. As a condition of being a student-athlete in GISD, student-athletes must abide by the following rules related to the use of the internet and social networking sites:

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- A. Any postings or communications via social networking websites which disrupt either the educational or athletic environments or which advocate the violation of any school or team policy would be unacceptable.
- B. Student-athletes may not post any content online that is unsportsmanlike, derogatory, demeaning or threatening toward any other individual, teammate, coach, faculty member, or entity (examples: derogatory comments regarding another school; taunting comments aimed at a student-athlete, coach or team at another school). No posts should depict or encourage unacceptable or illegal activities (examples: hazing, sexual harassment/assault, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, and illegal drug use).
- C. Student-athletes may not post any content online that would constitute a violation of the GISD Student Code of Conduct.
- D. Student-athletes may not post any information that is sensitive or personal in nature or is proprietary to the Athletic Department or the school which is not public information (examples: tentative or future team schedules, student-athlete injuries and eligibility status, travel plans/itineraries or information).
- E. Student-athletes are required to abide by all laws related to the use of the internet (including state and federal privacy laws such as FERPA and HIPAA), and student athletes are personally liable for any violations of those laws

Consequences for failure to adhere to any of the above rules are as follows:

- 1st Offense – Warning and parent meeting with the head coach. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.
- 2nd Offense – Parent meeting with the head coach and the campus Athletic Coordinator. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.
- 3rd Offense – Parent meeting with the head coach, campus Athletic Coordinator, and the district Athletic Director. Consequences will be determined based on the severity of the infraction and may include suspension or dismissal from the team or athletic activities.

Grades

In order to be eligible for participation in extracurricular activities a student's grades must not be below 70 in any class. **Students can lose eligibility for the first six weeks mark and at all four nine weeks marks.** Any student who has a grade below 70 in a class will be suspended from participation in extracurricular contests for a three week period. The athlete will still attend all practices, but will not be able to travel or compete with the team. If at the end of the three week period the student's grades are all above 70 then they will be eligible to participate in

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contests again, if not, they will be suspended for an additional three weeks. Students who have grades below 70 are still expected to dress out and attend all practices.

Tutorials

It is important that our student athletes stay eligible and on top of their grades. Any student athlete who has a grade below 70 in any class on a grade check needs to attend tutorials. Athletes should schedule tutorial time around practices and games as athletes will not be allowed to miss an athletic period or out of school practice for tutorials.

Fundraising/Concessions

Athletes will be expected to participate in all fundraisers. This will help us to raise money for our program.

Parents will be needed as concession stand workers throughout the season. Concessions are a huge source of income for our program. You will not be asked to work during your child's competition. At the beginning of each sport season, parents will be assigned games to work in the concession stand. If you are unable to work your assigned spot, you are responsible for finding coverage.

ISS/OSS/GAP

Students placed in ISS are required to practice with their team before and/or after school, but are not allowed to participate in contests until after they have completed their ISS assignment. **If an athlete serves ISS on a game day they will not be allowed to attend or participate in any athletic events that evening.** The athlete will complete extra conditioning for each day in ISS. Students assigned OSS will not practice with their team until they return to school and will not compete with their team until they have made up the same number of days missed. Makeups will be scheduled at the coach's discretion. Students assigned GAP will not practice or play until reinstated on their campus. After being reinstated the student must complete 30 hours of community service and practice for three weeks before being eligible to participate in contests.

Practice/Games/Tournaments

Being in athletics and on a team is a commitment and a responsibility not only to yourself but your teammates and coaches. You are expected to show up on time or early to all events. We require every team member to be present at all practices, games, and team activities. We are aware that there may be extenuating circumstances that might cause a player to miss, if this were to happen a parent would need to email the grade level coach ASAP to let us know. Please schedule appointments around athletics, practice and games. All missed practices must be made up according to the guidelines put forth by the coach of that sport.

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Tryouts for teams are highly competitive. With this in mind, team members should understand that the Wagner teams should take priority over any club team affiliation. Wagner players should never miss a practice or a game due to a club team obligation.

While we allow students to leave out-of-town games immediately following their game, students are required to stay to watch both teams at all home events in order to support the program as a whole.

Wagner Middle School Athletic Make Up Policy

A student-athlete may not participate in the next competition until all missed practices are made up. They must complete a predetermined make-up workout that includes conditioning, as well as independent sport-specific drills at a time agreed upon by a coach.

Make-up practices will be held game day mornings starting at 7:30. If you have conflicts on game day mornings due to other school activities, then you need to schedule another make-up time with your coach prior to missing a game.

Missed games will result in an athlete sitting out of the next game, unless they have notified a coach in writing five days prior to missing. The athlete will still be expected to make up all missed practices/games before being eligible to participate in the next game.

Any absences related to an athlete having to quarantine, will not result in makeup or having to sit out of a game.

Injury & Illness

If your child is injured during practice or a game we highly encourage you to go see the EVHS trainers. The trainers are a free resource provided by our district. **If you go to the doctor and they give you a doctor's note it needs to have specific exercises that you can do, as well as a return date.** A doctor's note is required for any injury or illness that limits participation in Athletics, which also includes follow up visits. Head injuries must be reported to the EVHS Athletic Trainers or coaches promptly. The training room at EVHS will be available to Wagner athletes every morning.

If injured you are still required to dress out and attend all practices and games.

If your athlete needs to miss a workout due to sickness they will need to provide a parent note stating the reason. We will be able to take a parent note for two days, after that we will need a

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doctor's note. All notes will be placed in your student's file. The athlete will still need to dress out and complete an alternate assignment.

Quitting

Before considering quitting a team, the athlete should have a conversation with the coach to discuss any issues. If the athlete and coach cannot come to a solution then the coach will reach out to the athlete's parents. If no solution can be found then the athlete will be required to do additional makeup workouts for any competitions they miss due to quitting. All makeups must be done outside of the class period and completed before the athlete is eligible to try out/participate in another sport.

Travel

Transportation will be provided to and from athletic contests outside of Georgetown. Athletes are encouraged to ride home with a parent after games if possible. Parents are required to sign out their athlete with a coach before leaving. Athletes will NOT be permitted to ride home with anyone other than their parents. If the game is at any of the Georgetown schools (Forbes, Benold, Tippit, EVHS or GHS Annex) then there will not be a bus back to Wagner. All athletes will need to be picked up at the place where we are competing.

Wolfpack Student-Athlete Conduct Statement

Members of the Wagner Wolfpack athletic program need to conduct themselves in a manner that will bring pride and honor to Wagner Middle School, the Georgetown community, and the athletic program. No athlete, involved in the athletic program, has the right to do or say anything that might hurt, embarrass, or degrade themselves, their teammates or their coaches. Conduct that does not reflect the values of the Georgetown community will be handled with the appropriate disciplinary action.

Athletes should conduct themselves properly in their classes and on all GISD campuses. Failure to do so **will result** in "Character Builders"

Penalties for inappropriate athlete conduct are as follows: Physical conditioning, game suspension, player contract, or dismissal from the team.

Communication

All communication about your athlete in reference to athletics, injury, or illness should go to Coach LeCompte at lecomptec@georgetownisd.org. Any communication that is team-specific should go to the coach of that team.

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We will use SportsYou this year for sending out quick information. Please be sure to sign up. You can find the codes and coaches contact information [HERE](#).

Conflict Resolution

We like to teach our athletes to advocate for themselves. Below you will find the district chain of command. If there is ever a problem please follow the procedures listed below.

1. Player meets with the coach and assistant coach to discuss the problem.
2. If the problem is unresolved then a scheduled meeting between Parent, Player, and Coach of sport will be held.
3. If the problem is still unresolved a scheduled meeting between Player, Parent, Coach, and Campus Athletic Coordinator will be held.
4. If the problem is still unresolved a scheduled meeting between Player, Parent, Coach, Campus Athletic Coordinator, and Assistant Principal will be held.
5. If the problem is still unresolved a scheduled meeting between Player, Parent, Coach, Campus Athletic Coordinator, and High School Athletic Coordinator will be held.
6. If the problem is still not resolved a scheduled meeting between, Player, Parent, Coaches, Coordinator, and Athletic Director will be held.

Coaches should never be approached immediately after a contest to discuss concerns.

***Keep this packet for your records. You will need to sign the following Wolfpack Athlete Info sheet acknowledging that you have read and understand the policy and guidelines above.**

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Student Name: _____

Grade: _____

Parent Info:

Name: _____ Name: _____

Email: _____ Email: _____

Phone: _____ Phone: _____

Medical Information:

(Please fill out relevant information you would like coaches to be made aware of)

Does your child require an inhaler during physical activities? Yes or No

Are there any known allergies we should be aware of? Yes or No

If yes, please explain:

Are there any known medical conditions we should be aware of? Yes or No

If yes, please explain:

Any other information you would like to share:

I have read and understand that I must follow the Wagner Girls Athletic policies and procedures as stated in the digital handbook, as well as, all rules within the district athletic handbook and that failure to do so may result in removal from the athletic program. If you would like a paper copy of the handbook, please ask.

Print Athlete Name: _____

Athlete Signature: _____

Date: _____

Parent Signature: _____

Date: _____