

BMS Football Procedures and Guidelines 2023-24

Player Responsibilities

1. Always be on time or early
2. Give maximum effort in classroom and on the field
3. Help keep our facilities and equipment clean (locker room, field house, busses)
4. Accept responsibilities for your actions
5. Be committed to your teammates, coaches, and team

Travel Procedures

All athletes will depart and return on school approved transportation.

Exceptions:

1. If the athlete makes the coach aware that he is riding home with the PARENT before the game and the parent makes contact with the coach before leaving the game. Emails should be received by noon on gameday.
2. Emergency situation (accident or injury)

Practice Attendance

1. Excused Absence: an excused absence is one where the player has given prior notification to their coach that he will not be able to attend practice. The player must make up the previous day's conditioning upon his return. Excused absences that become habitual will cause a loss in playing opportunities.
2. Unexcused Absence: an unexcused absence is one where a player misses practice and has NOT given notification concerning the missed workout. Unexcused absences will result in the player doing conditioning drills in addition to any makeup conditioning. Unexcused absences that become habitual will initiate a parent contact and possible dismissal from the team.

Injured/Sick players

Injured players will be required to attend all practices and games while undergoing rehabilitation treatment. If a player sees a doctor, a doctor's clearance note must be given to Coach Hammack or our middle school trainer before resuming play. All players who experience sickness or pain must report it to a coach immediately. If a player must stay at home due to sickness, he should contact his coach so that we can inform trainers and coaches. Any prescription medicines need to be checked in with the school nurse.

Game Uniforms

All equipment will be furnished by Benold Middle School. Players will not be allowed to wear any personal equipment unless approved by Coach Hammack or the head coach of that team. No tinted visor will be allowed to be worn, this is a UIL rule.

Lockers

All players will be issued a locker with a lock. Players are encouraged to lock up their valuables every day. The athletic department is not responsible for the loss of valuables. Horse play or hazing will not be tolerated in locker rooms (see player conduct below). Each player is restricted to his own locker room.

Training Rules

The possession or use of alcohol, illegal drugs and drug paraphernalia is a serious offense. Any occurrence of this nature will be handled in accordance with the student handbook/GISD Student Code of Conduct and/or GISD policy FO (LOCAL).

Player Conduct

Athletes need to conduct themselves in a manner that will bring pride and honor to Benold Middle School, the Georgetown community, and the athletic program. No athlete involved in the football program has the right to do or say anything that might hurt, embarrass, or degrade himself, his teammates, or his coaches in public, school, or social media. Conduct that does not reflect the values of the Benold community will be handled with the appropriate disciplinary action.

Penalties for Inappropriate Player Conduct

- Player contract
- Physical conditioning
- Game(s) suspension
- Dismissal from team

Conflicts with Policy or Personnel

This section is included for the conflict resolution purposes between PLAYER and COACH or PARENT and COACH. Any conflict with football policy or football personnel should be handled in accordance to the following protocol:

1. Meet with that coach directly at a mutually appointed time (not after game or practice)
2. Meet with the head coach at a mutually appointed time.
3. Meet with the campus athletic coordinator at a mutually appointed time.