

## ES Weekly Menu



Counter 柜台	Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
			PIZZA DAY		BURGER DAY
week 27	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
<b>ES Western Set Meal 西式套餐</b>	肉酱弯管面/黄油面包片 Pasta Bolognese/Butter Bread Chips 	墨西哥风味鸡肉/香料拌饭 Mexican Flavored Stewed Chicken/Spiced Rice 	萨拉米披萨 Salami Pizza 	匈牙利炖牛肉/土豆泥 Hungarian Stewed Beef/Mashed Potato 	
	花椰菜&西兰花/健康蔬菜 Cauliflower & Broccoli/Vegetable 	菠菜胡萝卜/健康蔬菜 Spinach & Carrot/Vegetable 	青豆&菌菇/健康蔬菜 Green Peas & Mushroom/Vegetable 	西兰花胡萝卜/健康蔬菜 Broccoli & Carrot/Vegetable 	
	番茄蔬菜汤 Tomato & Vegetable Soup 	玉米浓汤 Corn Soup 	罗宋汤 Borscht Soup 	奶油培根土豆浓汤 Cream Bacon Potato Soup 	
	香蕉 Banana	西瓜 Watermelon	哈密瓜 Honey Melon	橙子 Orange	
	Milk/Yogurt/Juice/Soy Milk 牛奶/酸奶/果汁/豆奶				
<b>ES Asian Set Meal 亚式套餐</b>	油豆腐烧肉 Braised Pork with Oil Tofu In Brown Sauce 	咖喱牛肉 Curry Beef 	葱油鸡 Scallion Oil Chicken 	蒜香蒸鱼 Steamed Sole Fish in Garlic Sauce 	
	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	白米饭 Steamed Rice	
	卷心菜/健康蔬菜 Cabbage/Vegetable 	菠菜胡萝卜/健康蔬菜 Spinach & Carrot/Vegetable 	香菇菜心/健康蔬菜 Sauted Baby Greens with Mushroom/Vegetable 	西兰花胡萝卜/健康蔬菜 Broccoli & Carrot/Vegetable 	
	番茄蔬菜汤 Tomato & Vegetable Soup 	玉米浓汤 Corn Soup 	罗宋汤 Borscht Soup 	奶油培根土豆浓汤 Cream Bacon Potato Soup 	
	香蕉 Banana	西瓜 Watermelon	哈密瓜 Honey Melon	橙子 Orange	
Milk/Yogurt/Juice/Soy Milk 牛奶/酸奶/果汁/豆奶					

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