Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed ECE (HOT)BREAKFAST

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	Portion Size	Cals	Carb	T-Fat
Fri - 03/01/2024	Size	(kcal)	(g)	(g)
ECE (HOT)BREAKFAST BOILED EGG W/CORN MUFFIN FRUIT, FRESH VARIETY MILK, WHITE 1%	Total SERVING SVG (1/2 CUP) 1 CARTON	327 40 130	45.0 10.41 16.0	12.4 *0.04 2.5
Mon - 03/04/2024				
ECE (HOT)BREAKFAST CEREAL, VARIETY (ECE ) APPLESAUCE CUP ,IW MILK, WHITE 1%	Total BOWLS 1 EACH 1 CARTON	90 60 130	19.0 14.0 16.0	0.5 0.0 2.5
T 00/05/0004				
Tue - 03/05/2024  ECE (HOT)BREAKFAST  CHORIZO CHEESE PIZZA  CEREAL, VARIETY (ECE )  PEACHES,CANNED  MILK, WHITE 1%	Total 1 EACH BOWLS 1/2 CUP 1 CARTON	181 90 60 130	20.92 19.0 14.0 16.0	6.0 0.5 0.0 2.5
Wed - 03/06/2024				
ECE (HOT)BREAKFAST BOILED EGG W/CORN MUFFIN FRUIT, FRESH VARIETY MILK, WHITE 1%	Total SERVING SVG (1/2 CUP) 1 CARTON	327 40 130	45.0 10.41 16.0	12.4 *0.04 2.5
Thu - 03/07/2024				
ECE (HOT)BREAKFAST CHKN ON WAFFLE CEREAL, VARIETY (ECE ) FRUIT, FRESH VARIETY MILK, WHITE 1%	Total PKG BOWLS SVG (1/2 CUP) 1 CARTON	210 90 40 130	22.0 19.0 10.41 16.0	10.0 0.5 *0.04 2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 2 ECE (HOT)BREAKFAST

	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 03/08/2024	T-4-I			
ECE (HOT)BREAKFAST	Total	400	20.0	<b>5</b> 0
WAFFLES,MINI MAPLE	PACKAGE	190	36.0 10.41	5.0 *0.04
FRUIT, FRESH VARIETY MILK, WHITE 1%	SVG (1/2 CUP) 1 CARTON	40 130	16.0	2.5
WILK, WHITE 170	TOAKTON	130	10.0	2.5
Mon - 03/11/2024				
ECE (HOT)BREAKFAST	Total			
CEREAL, VARIETY (ECE )	BOWLS	90	19.0	0.5
APPLESAUCE CUP ,IW	1 EACH	60	14.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Tue - 03/12/2024	T			
ECE (HOT)BREAKFAST	Total	440	40.5	2.25
MUFFIN VARIETY (SM) FRUIT, FRESH VARIETY	1 EACH SVG (1/2 CUP)	118	19.5 10.41	3.25 *0.04
MILK, WHITE 1%	1 CARTON	40 130	16.0	2.5
WILLY, WITH E 170	TOMETON	130	10.0	2.0
Wed - 03/13/2024				
ECE (HOT)BREAKFAST	Total			
WAFFLES,MINI MAPLE	PACKAGE	190	36.0	5.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Thu - 03/14/2024				
ECE (HOT)BREAKFAST	Total			
YOGURT, STRAW / BANANA	1 CARTON	70	12.0	0.0
PEARS,CANNED	1/2 CUP	60	16.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 3 ECE (HOT)BREAKFAST

	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 03/15/2024  ECE (HOT)BREAKFAST  BOILED EGG W/CORN MUFFIN  FRUIT, FRESH VARIETY  MILK, WHITE 1%	Total SERVING SVG (1/2 CUP) 1 CARTON	327 40 130	45.0 10.41 16.0	12.4 *0.04 2.5
Mon - 03/18/2024				
ECE (HOT)BREAKFAST MUFFIN VARIETY (SM) FRUIT, FRESH VARIETY MILK, WHITE 1%	Total 1 EACH SVG (1/2 CUP) 1 CARTON	118 40 130	19.5 10.41 16.0	3.25 *0.04 2.5
T., 00/40/0004	1			
Tue - 03/19/2024  ECE (HOT)BREAKFAST  CEREAL, VARIETY (ECE )  APPLESAUCE CUP ,IW  MILK, WHITE 1%	Total BOWLS 1 EACH 1 CARTON	90 60 130	19.0 14.0 16.0	0.5 0.0 2.5
Wed - 03/20/2024 ECE (HOT)BREAKFAST	Total			
YOGURT, STRAW / BANANA FRUIT, FRESH VARIETY MILK, WHITE 1%	1 CARTON SVG (1/2 CUP) 1 CARTON	70 40 130	12.0 10.41 16.0	0.0 *0.04 2.5
Thu - 03/21/2024 ECE (HOT)BREAKFAST WAFFLES,MINI MAPLE CEREAL, VARIETY (ECE ) PEARS,CANNED MILK, WHITE 1%	Total PACKAGE BOWLS 1/2 CUP 1 CARTON	190 90 60 130	36.0 19.0 16.0 16.0	5.0 0.5 0.0 2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 4 ECE (HOT)BREAKFAST

Fri - 03/22/2024	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
ECE (HOT)BREAKFAST	Total			
BOILED EGG W/CORN MUFFIN	SERVING	327	45.0	12.4
FRUIT. FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
= 7 =	1 CARTON	- 1	16.0	2.5
MILK, WHITE 1%	TCARTON	130	16.0	2.5
Mon - 03/25/2024				
ECE (HOT)BREAKFAST	Total			
CEREAL, VARIETY (ECE )	BOWLS	90	19.0	0.5
APPLESAUCE CUP ,IW	1 EACH	60	14.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Tue - 03/26/2024				
ECE (HOT)BREAKFAST	Total	Π		
CHORIZO CHEESE PIZZA	1 EACH	181	20.92	6.0
CEREAL, VARIETY (ECE )	BOWLS	90	19.0	0.5
PEACHES,CANNED	1/2 CUP	60	14.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Wed - 03/27/2024				
ECE (HOT)BREAKFAST	Total			
BOILED EGG W/CORN MUFFIN	SERVING	327	45.0	12.4
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Thu - 03/28/2024				
ECE (HOT)BREAKFAST	Total			
CHKN ON WAFFLE	PKG	210	22.0	10.0
CEREAL, VARIETY (ECE )	BOWLS	90	19.0	0.5
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 5 ECE (HOT)BREAKFAST

				Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)		
Fri - 03/29/2024					(1100)	\ <b>3</b> /	\3/	7	
ECE (HOT)BREAKFA WAFFLES,MINI MAP FRUIT, FRESH VARII MILK, WHITE 1%	LE		Total PACK SVG ( 1 CAF	1/2 CUP)	190 40 130	36.0 10.41 16.0	5.0 *0.04 2.5		
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