Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 1 **ECE COLD BREAKFAST**

F-: 00/04/0004	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 03/01/2024 ECE COLD BREAKFAST BOILED EGG W/CORN MUFFIN FRUIT, FRESH VARIETY MILK, WHITE 1%	Total SERVING SVG (1/2 CUP) 1 CARTON	327 40 130	45.0 10.41 16.0	12.4 *0.04 2.5
Mon - 03/04/2024				
ECE COLD BREAKFAST CEREAL, VARIETY (ECE) APPLESAUCE CUP ,IW MILK, WHITE 1%	Total BOWLS 1 EACH 1 CARTON	90 60 130	19.0 14.0 16.0	0.5 0.0 2.5
Tue - 03/05/2024				
ECE COLD BREAKFAST YOGURT, STRAW / BANANA PEACHES,CANNED MILK, WHITE 1%	Total 1 CARTON 1/2 CUP 1 CARTON	70 60 130	12.0 14.0 16.0	0.0 0.0 2.5
WILLY, WITH LIVE	TOMICTOR	100	10.0	2.0
Wed - 03/06/2024				
ECE COLD BREAKFAST BOILED EGG W/CORN MUFFIN FRUIT, FRESH VARIETY MILK, WHITE 1%	Total SERVING SVG (1/2 CUP) 1 CARTON	327 40 130	45.0 10.41 16.0	12.4 *0.04 2.5
Thu - 03/07/2024 ECE COLD BREAKFAST	Total			
MUFFIN VARIETY (SM) FRUIT, FRESH VARIETY MILK, WHITE 1%	1 EACH SVG (1/2 CUP) 1 CARTON	118 40 130	19.5 10.41 16.0	3.25 *0.04 2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 2 **ECE COLD BREAKFAST**

	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 03/08/2024				
ECE COLD BREAKFAST	Total			
WAFFLES,MINI MAPLE	PACKAGE	190	36.0	5.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
	1 CARTON			2.5
MILK, WHITE 1%	TCARTON	130	16.0	2.5
Mon - 03/11/2024 ECE COLD BREAKFAST	Total			
		00	40.0	0.5
CEREAL, VARIETY (ECE)	BOWLS	90	19.0	0.5
APPLESAUCE CUP ,IW	1 EACH	60	14.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Tue - 03/12/2024				
ECE COLD BREAKFAST	Total			
MUFFIN VARIETY (SM)	1 EACH	118	19.5	3.25
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Wed - 03/13/2024				
ECE COLD BREAKFAST	Total			
WAFFLES,MINI MAPLE	PACKAGE	190	36.0	5.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
WILLY, VVI II I E 170	TOAKTON	130	10.0	2.0
Thu - 03/14/2024				
ECE COLD BREAKFAST	Total			
		70	40.0	0.0
YOGURT, STRAW / BANANA	1 CARTON	70	12.0	0.0
PEARS,CANNED	1/2 CUP	60	16.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 3 **ECE COLD BREAKFAST**

	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 03/15/2024				
ECE COLD BREAKFAST BOILED EGG W/CORN MUFFIN FRUIT, FRESH VARIETY MILK, WHITE 1%	Total SERVING SVG (1/2 CUP) 1 CARTON	327 40 130	45.0 10.41 16.0	12.4 *0.04 2.5
Mon - 03/18/2024				
ECE COLD BREAKFAST MUFFIN VARIETY (SM) FRUIT, FRESH VARIETY MILK, WHITE 1%	Total 1 EACH SVG (1/2 CUP) 1 CARTON	118 40 130	19.5 10.41 16.0	3.25 *0.04 2.5
Tue - 03/19/2024				
ECE COLD BREAKFAST CEREAL, VARIETY (ECE) APPLESAUCE CUP ,IW	Total BOWLS 1 EACH	90 60	19.0 14.0	0.5 0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Wed - 03/20/2024				
ECE COLD BREAKFAST YOGURT, STRAW / BANANA FRUIT, FRESH VARIETY MILK, WHITE 1%	Total 1 CARTON SVG (1/2 CUP) 1 CARTON	70 40 130	12.0 10.41 16.0	0.0 *0.04 2.5
Th., 00/04/0004			'	
Thu - 03/21/2024 ECE COLD BREAKFAST WAFFLES,MINI MAPLE PEARS,CANNED MILK, WHITE 1%	Total PACKAGE 1/2 CUP 1 CARTON	190 60 130	36.0 16.0 16.0	5.0 0.0 2.5

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 4 **ECE COLD BREAKFAST**

	Portion Size	Cals (kcal)	Carb (g)	T-Fat (g)
Fri - 03/22/2024				
ECE COLD BREAKFAST	Total			
BOILED EGG W/CORN MUFFIN	SERVING	327	45.0	12.4
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
IVIILN, VVIII E 170	1 CARTON	130	10.0	2.5
Mon - 03/25/2024				
ECE COLD BREAKFAST	Total			
CEREAL, VARIETY (ECE)	BOWLS	90	19.0	0.5
APPLESAUCE CUP ,IW	1 EACH	60	14.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
men, while 170	1 0, 411011	133	10.0	2.0
Tue - 03/26/2024				
ECE COLD BREAKFAST	Total			
YOGURT, STRAW / BANANA	1 CARTON	70	12.0	0.0
PEACHES, CANNED	1/2 CUP	60	14.0	0.0
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
[W. J. 00/07/000/				
Wed - 03/27/2024				
ECE COLD BREAKFAST	Total			
BOILED EGG W/CORN MUFFIN	SERVING	327	45.0	12.4
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
Thu - 03/28/2024				
ECE COLD BREAKFAST	Total			
	Total	,,,	40.5	0.05
MUFFIN VARIETY (SM)	1 EACH	118	19.5	3.25
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	40	10.41	*0.04
MILK, WHITE 1%	1 CARTON	130	16.0	2.5
	*		,	

Mar 1, 2024 thru Mar 29, 2024

Base Menu Spreadsheet Portion Values - Detailed Page 5 ECE COLD BREAKFAST

			Portion Size	Cals (kcal)	Carb (g)	T-Fat		
Fri - 03/29/2024			Size	(KCai)	<u>(g)</u>	(g)]	
ECE COLD BREAKF, WAFFLES,MINI MAPL FRUIT, FRESH VARIE MILK, WHITE 1%	.E	P. S	otal ACKAGE VG (1/2 CUP) CARTON	190 40 130	36.0 10.41 16.0	5.0 *0.04 2.5		
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