



Parent & Family Newsletter

Welcome and welcome back to your journey at Colby-Sawyer! This newsletter includes updates from the Offices for Student Development which include: Residential Education, Student Success & Retention, Citizenship Education, Baird Health and Counseling, Campus Safety, Athletics, Student Activities, and the Vice President for Student Development and Dean of Students. Jen Schad (studentdev@colby-sawyer.edu) is the Program Manager for Student Development, located in Ware Student Center 102, upstairs from the Dining Hall, and if you or your student are unable to find answers to your questions, she will point you in the right direction.

Student Development is an umbrella term that describes student growth as a result of various experiences during higher education. Throughout this journey several questions will arise, and the Colby-Sawyer website is an excellent place to begin finding answers. Under **Student Life** there is a long drop-down menu of resources for students, parents, or family members. In this list there is a link to **Parents & Family** where you can find the **Parent & Family Resource Guide** pdf to the right of the **Parents & Family** tab or heading. Here is a link to the guide as well: [Parent & Family Resources](#). This is an excellent place for a bookmark on your computer.

Everything you need to know for Student Life can be found in this **Parent & Family Resource Guide** from important dates to mark on your calendar to what to do if your student breaks their leg and can't climb stairs easily up to their room. (See Access Resources Department in drop-down menu of the website and reach out to Katie Vedova, Director of Access Resources.)

Contact Jen Schad at studentdev@colby-sawyer.edu if you are unable to find an answer to your question on the [Colby-Sawyer Website](#).

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Special points of interest

- [Link to Parent Resources](#)
- [Link to Orientation Schedule](#)

Student Success and Making Connections

As a student starts college they are faced with making many transitions at once. There is quite a mix of joy, exploration, and anxiety in these initial weeks, and this is to be expected! Families and friends can offer support and information to help students start strong.

This month, the top 5 things you can do to help your student succeed are: **1.** Encourage them to make social connections at orientation and in their residence halls. **2.** Encourage them to attend the Activities Fair to join student organizations. **3.** Remind them that it is normal if they feel anxiety! College is hard even though social media filters may make it look like high school friends at other colleges are having an easy time of it. **4.** Encourage them to stay on campus for at least the first four weeks with-

out coming home. This helps students start to find people and places on campus that are comforting, instead of leaving when they are stressed. **5.** Remind them to check their Moodle course sites and Colby-Sawyer email daily, so they catch all the important deadlines and communication.

For more information, click the link: <https://colby-sawyer.edu/student-success> or email ewebb@colby-sawyer.edu

Erica Webb, Director of Student Success

Something to think about this year: “ Who is your student’s mentor? Who on campus is looking out for your student? What is something really meaningful or purposeful that your student does at least once a week? “

Transportation Help

Have your student reach out to Jen Schad, Student Development Program Manager, located in Ware 102, if help is needed with transportation before or after school breaks. See more information on website under **Parents & Family**, then scroll down to **Location Information** and **Student Transportation**.

studentdev@colby-sawyer.edu

Check the CSC Website under **TRIPS** for scheduled rides. Requests for rides are welcome with advance notice. Students should email Jen Schad with questions or requests. Advance notification to schedule a certified student driver is required. Transportation assistance isn’t guaranteed. Please plan ahead.

Sundays at Sunapee ski trips and other complimentary transportation available upon request to Student Development





New Area Coordinator, Anna Masters '20, will help you find your way!

Navigating Residential Life On Campus

Welcome to Colby-Sawyer campus! The Res Ed staff strive to make campus feel like a home for your student and to foster a comfortable environment and community to learn and grow.

Have your student check out the recommended packing list under Student Life at: <https://colby-sawyer.edu/parents> if your student needs help packing. This link will lead you to a list of different resources and information and is a good link to bookmark on your computer. Both students and parents will find this resource page helpful. Be sure to click on the [Parent & Family Resource Guide](#) as well.

It is a wise idea to purchase Renter's Insurance when living in a residential hall. New England winters can cause pipes to freeze and burst, so it's best to be prepared and covered in case of damage to students' belongings.

For more information about Residential Life on campus click:

<https://colby-sawyer.edu/residential-life>

Encourage your student to reach out to residential@colby-sawyer.edu if they are unable to find answers to questions. Dave Zamansky, Director of Residential Education; Karin Berthiaume, Assistant Residential Education Director; Haley Besaw or Anna Masters, our helpful Area Coordinators, will get back to you as soon as possible.



Please reach out to Amy O'Brien, General Manager, Colby-Sawyer Dining Services at amy.obrien@colby-sawyer.edu or call 603.526.3989 with questions or dietary concerns. Amy is always available to meet with students about their dietary needs and requests.

For more information:

<https://colbysawyerdining.catertrax.com/>

Important CSC dates are located on the **Academic Calendar** located under Academic Resources, drop-down menu Academic Calendar—or click: <https://colby-sawyer.edu/academics/schedules>

Campus Safety

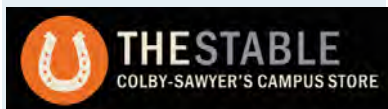
Campus Safety provides public safety service 24 hours a day, 365 days a year. The Campus Safety office is located in James House and is open Monday - Friday 8:00 AM through 5:00 PM for administrative services (which includes ID's, vehicle registration, and room keys.)

To contact the Campus Safety Officer on duty call:

603.526.3300

Click below for more information:

<https://colby-sawyer.edu/campus-safety>



<https://shop.colby-sawyer.edu/>

The Colby-Sawyer Store called *The Stable* is located in Ware Campus Center .

Student Activities Office

Be sure to check out all of the ways to make connections on campus this year!

<https://colby-sawyer.edu/student-activities>

Contact Amanda Moak '12, Director of Student Activities and Orientation, or Sarah Fields '16 , Program Manager, Student Activities and Orientation, with questions at: activities@colby-sawyer.edu

The Student Activities Office (SAO) and the Campus Activities Board (CAB) are kicking off Fall 2023 with action-packed weekends filled with game shows, blockbusters, and live entertainment. Event flyers are emailed to students and posted on video monitors and bulletin boards around campus. Follow us on Instagram @CSCSAO for the latest activities and reach out to activities@colby-sawyer.edu with questions or suggestions.

ORIENTATION schedule: <https://colby-sawyer.edu/student-activities/orientation>

When is Mountain Day? No one knows except for President Stuebner. Mountain Day is a fun community-shared experience and cherished tradition!

<https://colby-sawyer.edu/student-activities/mountain-day>



See you at the peak of Mount Kearsarge on Mountain Day 2023!

Baird Health & Counseling Center

Make an Appointment

Students can call the Baird Health & Counseling Center at 603-526-3621 to make an appointment Monday - Friday when classes are in session.

Pharmacy Services

Students are encouraged to establish an account at a local pharmacy. Colonial Pharmacy (603-526-2233) and Robert Scarlett Pharmacy (603-526-4716) will deliver directly to Baird Health & Counseling Center for pick up at the student's convenience during normal hours of operation provided that the student has made arrangements for payment. <https://colby-sawyer.edu/baird-health>

Contacting Your Student

PHONE

In the event that you are unable to contact your student, call Campus Safety at 603.526.3675, or in an emergency at 603.526.3300.

MAIL: <https://colby-sawyer.edu/mailroom>

Your student has an individual mailbox in Ware Student Center.

Student's Name

CSC xxxx (x= box number)

541 Main Street

New London, NH 03257

***Be sure to write CSC or mail can be misplaced in the New London Post Office.**



EXPLORE. CONNECT. MAKE A DIFFERENCE.

Citizenship Education and Community

A very warm welcome to you from Citizenship Education! Citizenship Education's role is to work with students who, for one reason or another, have been referred to our office due to alleged student conduct concerns. The student conduct process and policies are designed to be educational in nature. We encourage personal development responsibility, while also helping ensure a culture of accountability on campus by overseeing the formal conduct process as well as hosting various programming initiatives. We also organize and supervise our student-led hearing board, the Community Council. Students with a taste for a leadership opportunity are always welcome at the table! Navigating

life on campus can sometimes be confusing, especially for students who may not be as familiar with the Code of Community Responsibility. While on average relatively few students are ever referred to our office, there are times that it does happen. We encourage you to reach out at any time to speak to us about any questions or concerns you might have!

For more information click:

<https://colby-sawyer.edu/citizenship-education>

Or email :

citizenship@colby-sawyer.edu



A Message From the Dean of Students

Dear Parents and Family Members,

I hope this newsletter finds you well and enjoying the beauty of late summer. It was wonderful to see so many new students at our Summer Picnic in July, and I look forward to seeing you making connections around campus through athletics, club events, activities in residential halls and weekend opportunities hosted by CAB (Campus Activities Board) this fall! Soon things will start to feel like they are moving quickly for your student as it relates to classes and coursework. Please help to remind your student that we are here to help them with academic skills and stress relief. The *Parent & Family Guide* on our website is a great place to start seeking out resources.

We are also pleased to provide students with ***Uwill Student Mental Health & Wellness*** counseling service (<https://uwill.com/>) with access to a mental health professional 24 hours, 365 days a year. There will be more information sent to students directly about this opportunity.

Kindest regards,



Robin B. Davis, J.D.

Vice President for Student Development & Dean of Students

Colby-Sawyer College

Student Development

Student development is the growth of individuals through different experiences at college that build upon one another. CSC serves as a transitional stage for students to succeed and to grow through academic and non-academic experiences and connections. CSC is committed to providing a safe environment using proactive partnerships with Athletics, Campus Safety, Baird Health, Citizenship Education, Residential Education, Student Activities, Student Success & Retention to support our students.

Colby-Sawyer College

Student Development

541 Main Street
Ware Student Center
Room Ware 102
New London, NH 03257

Phone: 603-526-3758

E-mail:

studentdev@colby-sawyer.edu



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