

March 2024

March March 1 Swing Dance 6pm March 1-15 School **Scholarship Drive** March 4-22 NHS Food Drive March 14 Conferences 4-6:30 pm March 19 Conferences 4-6:30 pm March 21 MSHSL Jazz Concert 7am - 2pm March 21 Spring Choral Concert 7pm March 25-29 Spring Break **Upcoming Dates** April 5 No School - Teacher Workshop

April 9 ACT & ASVAB Testing April 19 Fashion Show April 25 Evening of the Arts 5pm

It's good to be an Elk!

Follow us on: Twitter @Elk_River_Elks Facebook @elkriverhighschool



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www.isd728.org/erhs





2024 ERHS Local Scholarship Drive! March 1st -15th

The Elk River High School Scholarship Program awards scholarships each year to ERHS seniors planning to pursue a post-secondary education. Funding for these scholarships is provided by donations from community organizations, businesses, schools and individuals. Scholarships vary in selection criteria, such as academic success, leadership skills, potential for success or the major field of study.

Apply for scholarships on the ERHS Website

11th Grade Parent and Student College Planning Information Night - March 14th from 5:30-6:15 pm (during spring conferences) in the Zabee Theater.

11th grade parents and students are invited to attend an informational meeting to discuss the college planning process. Information will include a suggested timeline for researching and applying to colleges (technical, vocational, community, and 4 year schools) and what students should be doing now and what they should be prepared to do next year as a senior to plan for their future.



National Honor Society



Hey Elks, Starting March 4 and ending March 22, we will be having a food drive. All of the food will be donated to the CAER food shelf here in Elk **River.** During the morning and at lunch we will have 4 big boxes for each grade by the main entrance. Some food items to bring in can include peanut butter, any canned items, pasta, body wash, and toothpaste. The grade that brings in the most donations will be voting on a teacher and that teacher will get a gift card to their favorite coffee shop. I hope you all participate. Thank you and have a great day!



So far this school year, Ek River National Honor Society has contributed to helping friends, the community, and our school. Together, NHS has volunteered over 2,250 hours, completed several group projects, and many students have already lettered! NHS uses the four pillars (character, leadership, scholarship, and service), to better the world around them. So far this year, several group projects have been led, some as simple as helping at the Blood Drive, and others as extravagant as completely refreshing the NHS window, providing volunteer ideas for new members, and showcasing what NHS has done in the past through pictures. Overall, National Honor Society is excited to see what will come in the future!



Multiple groups set up food or clothing drives, gather donations and then send them into the community.





<u>Two ERHS Students Place at 2024</u> <u>State YAM Flag Design Contest</u>

Congratulations to Elk River High School students freshman Evelyn Johnston and junior Grace Irene Burda for earning the highest recognition in the 2024 Minnesota Youth Art Month Flag Design contest.

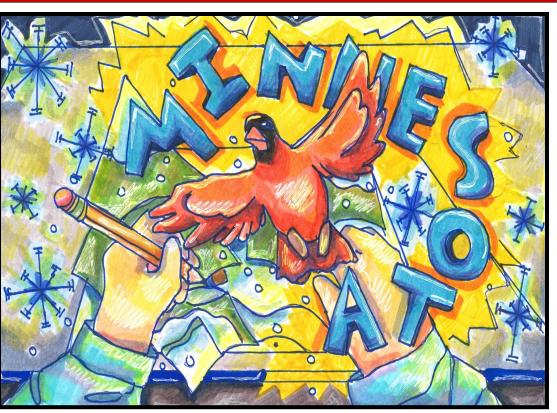
March is Youth Art Month. As a celebration of the visual arts, the state-level design program recognizes skills developed through visual arts experiences including: problem solving, creativity, observation and communication. The theme for this year's event is "Dream in Art."

EveyIn's design earned First Place in the High School Division. She will receive a full size flag of her design. Grace Irene's design earned Third Place in the High School Division. Evelyn and Grace Irene will each receive a gift card for art supplies as well as a recognition certificate.

The following ERHS students also created amazing designs and they were selected for submission into the contest: seniors Addi Brandt, Ella Flynn, Audrey Kempel, Juliana Tenboer, juniors Charlize Dusosky, April Levens, Olivia Smith, sophomores Adrianna Hiltz, Sydney Keckeisen, Kiaya Mikrut, Nikki Williams, freshmen Audrey Haas, Robert Hora, Cara Wallace and Lauren Zachner. K-12 students with winning flag designs will be honored at the Youth Art Month Student Exhibition held at Paradise Art Center in Faribault, Saturday, March 2. The exhibit runs until Friday, April 5, 2024.



ERHS Freshman Evelyn Johnston



Evelyn Johnston's First Place - 2024 YAM High School Flag Design "Dream in Art"





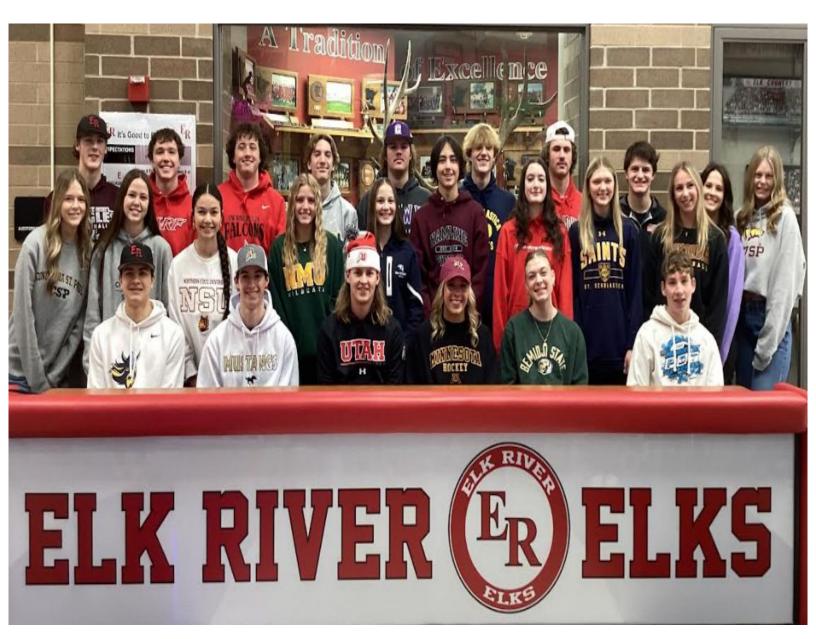


ERHS Junior Grace Irene Burda

Grace Irene Burda's Third Place - 2024 YAM High School Flag Design "Dream in Art"



NATIONAL SIGNING DAY





ELK RIVER (ER) ELKS

Front Row - Left to Right: Madison Kucera, Katelyn Wozney, Sam Stockman,Carly Humphrey, Lauren Kammann, McKenna Rother Back Row - Left to Right: Maliyah Ritthirak, Andrew Palm, Dani Henrichsen





Left to Right: Sawyer Rueckert, Myles Hanson, Brett Groebner, Gabby Odegard



ELK RIVER ELKS

Left to right: Madalyn Anderson, Hannah Holm, Olivia Seward, Leila Bakri, Gavin Braley





Left to right: Tristan Caouette, Nick Shade, Logan Bunker, Casey Bentley, Carter Bloom, TJ Reilly, Tim Johnson



Spring Sports Registration Began February 5th

Registration Link

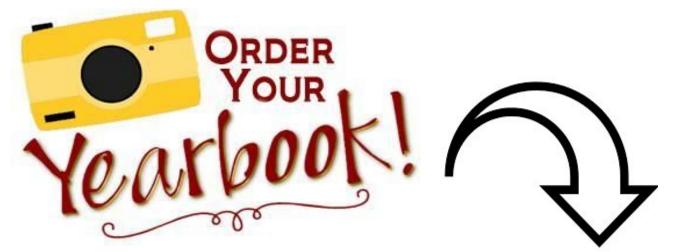
MSHSL Sports Clearance Form - all athletes must have a current physical on file before they can participate.

Season Start Dates

February 26th Adapted Bowling March 11th Softball Track and Field March 18th Baseball Boys Golf Girls Golf Trap March 25th Boys Tennis **April 1st** Boys Lacrosse Girls Lacrosse

<u>March is National Athletic Training Month!</u> Karina Brass is our Elk River High School athletic trainer employed through NovaCare Rehabilitation. She works with the high school student athletes in preventative services, emergency care, clinical examination and diagnosis, therapeutic interventions, and rehabilitation of injuries and medical conditions. She is blessed to work within this community and collaborates with the medical team in returning athletes to the sports they love.

LAST CHANCE TO BUY YEARBOOKS!



Use the Link Below:

https://www.jostens.com/apps/store/customer/1062734/Elk-River-High-School/



Parking Permits

Parking permits are required in all students vehicles if they have classes on campus and are driving to school. Please visit the transportation page on our website for more information regarding the online application.

ERHS Counselors

Mrs. Ashley Cloutier, last names A-E ashley.cloutier@isd728.org

Ms. Trista Rudstrom, last names F-K

trista.rudstrom@isd728.org

Mrs. Erin Shermak, last names L-Ri erin.shermak@isd728.org

Mr. Jase Meyer, last names Rj-Z

jase.meyer@isd728.org

Mrs. Michelle Reimer, Intervention and Prevention Counselor michelle.reimer@isd728.org

Mrs. Kim Davison, College/Career Counselor, AVID Coordinator kimberly.davison@isd728.org

MILITARY VISITS

March 2 Air Force ReserveMarch 7 Air ForceMarch 15 National GuardMarch 28 Navy

COLLEGE VISITS

March 19 St. Cloud StateUniversityMarch 20 University ofMinnesota-Duluth

Career Center

Stop in the Career Center on Tuesday and Thursday mornings from 7:00 to 7:25 to meet with Mrs. Davison about career and college planning. You can grab some planning materials or ask questions about life after high school..

ERHS College Admission and Military Visit Did you know around 50 college admission representatives and all branches of the military visit ERHS each year? This is a convenient way to learn more about admission, programs, degrees, and financial aid by talking with an expert from that particular college or military branch. College admission visits will be held in the Career Center. Please visit this form for a list of upcoming events and sign up to attend. <u>Military visits</u> will be during lunch in the Commons and students do not need to sign up to attend. Additions are added often, so be sure to check back. periodically.

Career and College Planning with Minnesota Career Information System (MCIS)

MCIS is an online career and college tool ISD 728 is using to help students build their Personal Learning Plan. Students will work on their MCIS Grade Level Checklists throughout the year during Advisory, but planning doesn't need to stop there! Students are encouraged to continue utilizing MCIS throughout their year and even at home! This is a valuable online tool that learners can use for standardized test preparation, researching undergraduate and graduate programs, finding tuition assistance, personal budgeting, college savings information, and inventories to help students plan their next steps. Additionally, users will find advice on resumes, cover letters, interviewing, networking, and more!

Especially exciting for students who are planning to take an ACT or SAT is the *FREE on-demand test prep!* Intuitive practice tests let students retake tests, track progress over time, view grade averages, and create task lists. The result? They are better equipped to turn their dreams into reality! Students can access MCIS through their school account with Rapid Identity.







Dear Families,

Ensuring the safety of our students and staff is our highest priority. We are pleased to announce a collaborative effort between the Sherburne County Sheriff's Office, the Wright County Sheriff's Office, Rogers Police Department, Elk River Police Department, and Elk River Public Schools to share a crucial message regarding proper gun storage and safety.

Last year, 156 children in the U.S. gained access to a firearm and experienced unintentional shootings. In Minnesota alone, an average of 41 children and teens lose their lives to gun-related incidents each year, with 58% of these tragic events being suicides. The importance of proper gun storage cannot be overstated, as improper handling may lead to devastating consequences—ranging from accidental injuries to intentional harm.

Preventing children from accessing unsecured firearms is required under Minnesota Statute Section 609.666: "A person is guilty of a gross misdemeanor who negligently stores or leaves a loaded firearm in a location where the person knows, or reasonably should know, that a child is likely to gain access, unless reasonable action is taken to secure the firearm against access by the child."

We ask that you consider following the **Be SMART** message in your home. It emphasizes the importance of secure gun storage. Consider secure gun storage as an important step you can take to help protect your family, school and community. **Be SMART** stands for:

Secure all guns in your homes and vehicles. Model responsible behavior around guns. Ask about unsecured guns in other homes. Recognize the role of guns in suicide. Tell your peers to Be SMART.

In addition to following the Be SMART message, you can take action by visiting the besmartforkids.org website to watch and share the Be SMART educational video and access Be SMART printable resources.

Thank you for reading this important safety message and for being a partner with us in helping to keep our kids, schools and communities safe.

Sincerely,

Sheriff Joel Brott, Sherburne County

Joel Brott

Sheriff Sean Deringer, Wright County

Sean Deringer

Chief Ron Nierenhausen, City of Elk River Ron Nierenhausen Chief Dan Wills, City of Rogers

Dan Wills

Superintendent Dan Bittman, Elk River Schools

Dan Bittman

From the Health Office.....

All students going home ill during the school day MUST be seen in Health Services in order for their absence to be excused:

If your student is reaching out to you requesting to go home, please have them go to the Health Office with a pass from their teacher. If it is passing time, please ensure they check in with the teacher of their next class. Health Services staff will need to speak to a parent prior to the student being checked out from school.

l have a fever	I am vomiting	l have diarrhea	l have a rash	I have an infection requiring antibiotics	I have been in the hospital
E			00		
Temperature of 100° or higher.	Within the past 24 hours.	Within the past 24 hours.	Body rash with itching or fever.	A persistent fever or chills, severe headache or neck stiffness, eye redness and crusting (pus) persistent ear pain or wetness (discharge) persistent facial pain and runny nose, difficulty breathing, a persistent cough, or coughing up blood or pus.	Hospital stay and/or emergency room visit.
am ready to go I	ack to school wh	en I am	7.5	05	40°:
Fever free without the assistance of medication for 24 hours (i.e. Tylenol, Motrin, Advil).	Free from vomiting for 24 hours.	Free from diarrhea for 24 hours.	Free from rash, itching, or fever. I have been evaluated by my doctor if needed.	12 hours after the first antibiotic dose, symptoms have resolved and/or as directed by your healthcare provider.	Released by my medical provider to return to school.

Communicable Disease & Infections:

Influenza season is just around the corner and as we know, illnesses are prevalent in our schools. Health Services offices are structured to keep students in school as much as possible so they can meet their educational goals. Unfortunately, there are times when students *need* to stay home to get well in order to prevent exposure and the spread of illness to others. If your child has been diagnosed with a communicable disease, such as influenza, strep throat, COVID-19, please report these confirmations to the Health Services Personnel in your child's school building. Reporting forms are no longer available on the district website for COVID-19.

Resources:

- Influenza Information from Minnesota Department of Health
- <u>COVID-19 Information from Minnesota Department of Health</u>
- <u>Communicable Diseases & Infections from Minnesota Department of Health</u>

Hearing & Vision Screenings for Students:

ISD 728 is no longer scheduling mass vision and hearing screenings. However, if you have a vision and/or hearing concern regarding your child, a request for screening can be made by completing <u>this online</u> <u>reqhttps://docs.google.com/forms/d/e/1FAIpQLScmis97AI2ZrZRK9M</u> <u>vz2AhRaz6B98GCR6ODqJGUC8qN7mLCog/viewformuest form</u>. Screenings will be performed by request only.

Resources

ERHS Main Office	763.241.3434	erhs.office@isd728.org
ERHS Attendance Office	763.241.3555	
ERHS Activities/Athletics Office	763.241.3427	erhs.activities@isd728.org
ERHS Counseling Office	763.241.3424	erhs.counseling@isd728.org
ERHS Health Office	763.241.3423	

Elk River High School Main Office Will Be Closed March 25-29.



Please Note: Class of 2024 Graduation is Thurs. June 6th @ 7 pm

Elk River High School Website



WHAT IS....<u>ELK TIME</u>

Click the link above for more information. Or visit the ERHS website under the Academics tab.