

Dunfee Digest

November 2023

This Month:

Exercise Study!



Important Dates

Wednesday, December 6th:
Early Dismissal

Friday, December 22nd:
Early Dismissal

School Closed:
December 23- January 2

Stay Connected



LMDS Preschool



LMDS_preschool



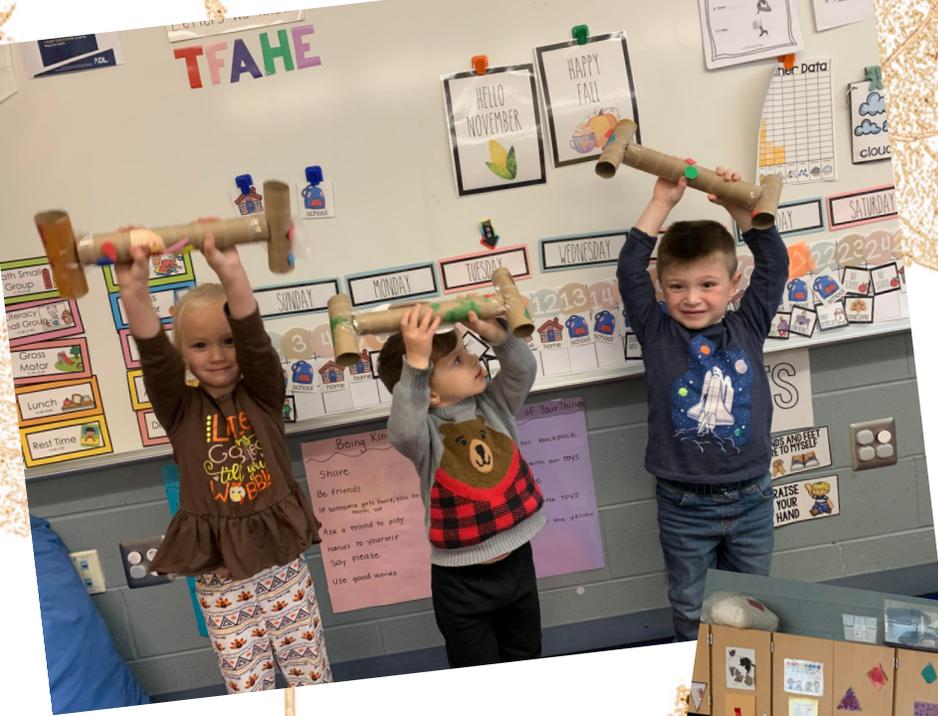
@LMDS_preschool





Ms. Grabowski's Class had a karate lesson from Rising Sun Karate School and explored new veggies and fruits during their science station.





Ms. Pyron's class made dumbbells out of paper towels rolls!

Students participated in a yoga class during their gross motor time!



Mrs. Campos' class wrapped up the exercise study with a yogurt parfait bar. The kids got cups of vanilla yogurt and layered strawberries, blueberries, bananas, and granola on top! They said eating healthy is really yummy!!!





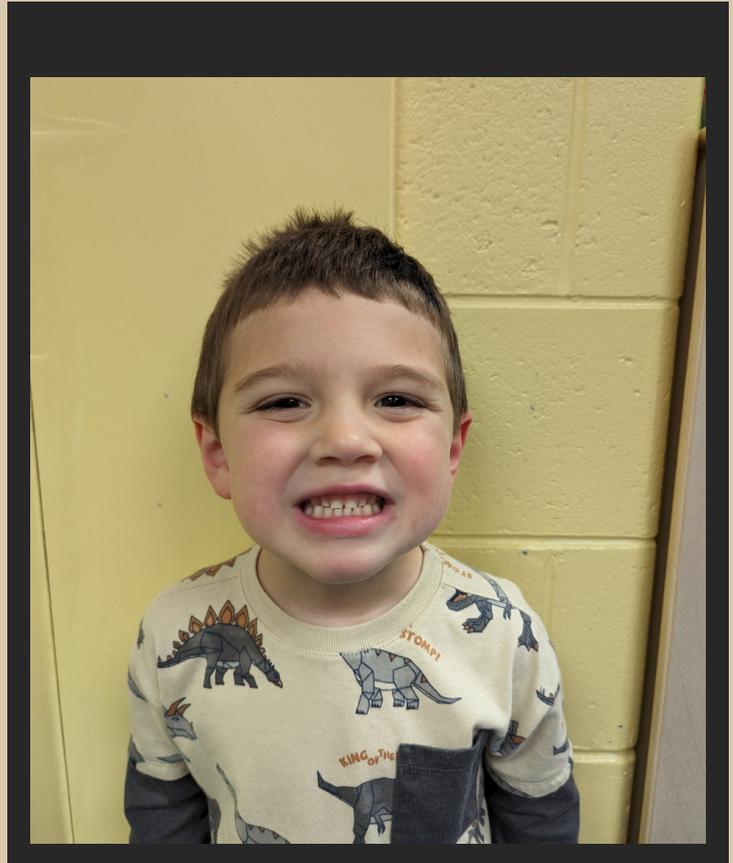
Mrs. Croft and Ms. Mattner's class visiting with Coconut, the therapy dog!

UPSTANDER OF THE MONTH

November

**Trait of the Month:
Nurturing**

**Salvatore
Roma**



Sal consistently goes out of his way to help his friends. Whether it's unpacking, cleaning up, or getting ready for dismissal. Sal's friends know they can ask him for help. Sal shows kindness by including all of his peers in fun choice time activities, or playing outside during gross motor. His positivity radiates to anyone he meets!
Mrs. Campos

Upstander Qualifying Criteria:

Outstanding citizenship, indicated by:
1 or more acts of advocating for their fellow student(s); and/or
1 or more acts of kindness, and/or
1 or more acts of facilitating community/teamwork, and/or
1 or more acts of leading a group positively