



## **School Health Advisory Council (SHAC) 2018-19 Annual Report**

### **Authority and Purpose**

As required by Title 2, Chapter 28.004 of the Texas Education Code, each Texas school district must create and maintain a School Health Advisory Committee. The purpose of the SHAC is to assist RISD in ensuring that local community values are reflected in the district's health education instruction.

### **Membership**

The SHAC is comprised of parents, community members, teachers, a school board member, and district administrators.

### **Accomplishments and Activities for the 2018-19 school year**

#### **Meetings Scheduled and Held**

- October 17, 2018 (held)
- January 16, 2019 (held)
- March 20, 2019 (held)
- May 8, 2019 (held)
- May 22, 2019 (not held)

#### **Presentations and Accomplishments**

- Parkland Community Health Plan - Jose Santander, Community Development Coordinator
- Children's Health School-based Telehealth – Karen Kaighan, Director of School Health Programs, Virtual Health and Innovation
- Review of physical activity and fitness planning
- Review of Local Wellness Plan
- Review of Safety, Security and Civility in RISD

#### **Recommendations for Consideration**

- Approval of Local Wellness Plan
- Approval of School-based Telehealth (pilot program)
- Approval of Electronic Cigarette Awareness in grades K-12