



G.W. Hewlett High School

PPS/Counseling Newsletter

October 2023

Dates to Remember:

October 2nd

Preparing for the PSAT
Period 9

October 3rd

College Expo at
Adelphi University

October 6th

Progress Reports
Posted on Portal

October 9th

Columbus Day
Schools Closed

October 14th

PSAT @ WMS
for Sophomores and Juniors
Woodmere Middle School
8:00 a.m.

October 23rd

Parent University
7:00 p.m.
Hewlett High School

[Extra Help Schedule](#)

[Co-curricular Clubs](#)

Digital PSAT

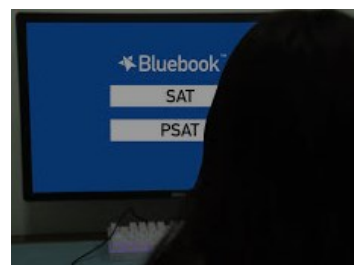
Saturday, October 14th
@ Woodmere Middle School
8:00 a.m.

Starting this year, the PSAT will be given in a digital format. The Bluebook App, the platform for the exam, has been downloaded to all students' Chromebooks. On **October 2nd, during period 9**, all test takers will report to an assembly to become familiar with this new technology. Students must bring their computers to the assembly.

On test day, students are asked to report to **Woodmere Middle School** no later than 7:45 a.m. and enter through the front doors. Students must bring their fully-charged Chromebook, an [approved calculator](#), and photo ID.

No food or drinks are allowed in testing room. Snacks and water can be packed in clear zip-lock bags with student name clearly labeled. Students will be asked to place their snack bag and cell phone on a table in the testing room

NMSQT: The PSAT is also the qualifying exam for the National Merit Scholarship Competition. Juniors who score in a nationally superior range (typically the top 0.5% of scores) may be invited to participate in this program. Qualified students will be notified in late spring of junior year. Semi-finalists for this prestigious competition are notified in mid-September of senior year. [Click here](#) to learn more.





[Click to
REGISTER](#)

OCTOBER 23, 2023

Session 1: 7:00 pm – 8:10 pm

The Financial Aid Process:

Filling out the FAFSA can be a difficult task for parents and/or students. There is an overwhelming amount of information that needs to be submitted in order to qualify for the best financial aid package available. Not to mention, the FAFSA form is long and has branching sections depending on your financial situation. At the Financial Aid Night, an expert will go over everything you need to know about filing the FAFSA (Free Application for Student Aid).

When Love Turns Into Abuse:

Caryn Krucher delivers a riveting firsthand account of her horrifying experience of what it was like to be trapped in a relationship that turned abusive and violent. She recaps the warning signs she missed that eventually led to a tumultuous breakup. The play-by-play of her 911 call, kidnapping, and survival of attempted murder, captures the hearts and minds of those in her audience. Caryn's survivor story, and description of the ordeal she faced, brings the discussion of dating violence to the forefront.

Igniting the Spark: Strategies for Motiving the Unmotivated

This workshop explores the topic of motivation, offering insights and practical strategies to empower parents to ignite the latent potential within their children. Three fundamental components of motivation will be reviewed: Competency, goal-directed persistence, and addressing fears of failure and anxiety.

Session II: 8:15 pm – 9:25 pm

ACT or SAT? Which is right to me?

An expert on both the SAT and ACT will share the differences between the two exams and share which student strengths apply to each. Having a solid understanding of these is very important prior to registering for exams. Also starting in March 2024, the SAT exam will be digital. Attendees of this workshop will gain a solid understanding of the differences between the current SAT and the Digital SAT and how it affects the preparation.

Improve Communication, Connection, and Cooperation with Your Child/Teen

This workshop will focus on our personal growth and well-being, as parents, in order to show up fully for our kids. It allows us to be more present and available, more attuned to their needs while creating mutual respect and deeper connection in our relationship and family. This approach encourages honest communication as we support our kids in developing their own intuition, self awareness, emotional intelligence, passions and purpose.

Stress, Avoidance, and Problem Solving

Stress is a common factor resulting from the demands associated with daily life tasks. Persistent levels of stress tend to negatively affect a one's ability to thrive and be successful. Stress can lead to avoidant behaviors, which in turn, can result in poor academic, career, and general life outcomes. Stress can be triggered by a lack of skills in areas such as executive functioning, self-advocacy, and active problem solving. Learning to "lean into" and navigate problems is an approach that can assist in the development of grit and resilience. It is important to identify such triggers in individuals so that coping strategies can be developed to encourage success.

College Expo @ Adelphi University

October 3rd

5:00 p.m. – 8:00 p.m.

[Click here](#) to register and view the many colleges that will be participating. HHS is offering a **FREE BUS** to the event, leaving the high school at 5:00 p.m. Juniors and Seniors are welcomed! [Click here](#) to download the permission slip and return to PPS no later than October 2nd by period 4.



College Scholarships and Financial Aid:

Once the college applications have been submitted, students and parents should immediately turn their attention to researching scholarships. There is a great deal of scholarship money [available](#) for students, but it does require research! Popular scholarship websites are [collegeboard.org](#), [ScholarshipOwl](#); [NICHE](#); [UNIGO](#); [Bold.org](#); [Peterson's Scholly.com](#) and [Scholarship.com](#).

Also view **Back-to-School Scholarships** by [clicking here!](#)

Types of Scholarships:

- ♦ **Need Based Scholarships:** Money awarded based on financial need; as demonstrated on the FAFSA. Packages are mailed home in early spring of senior year after electronic submission of FAFSA form.
- ♦ **Merit Scholarships:** Money awarded based upon academic achievement during high school and standardized test scores. Generally, no additional work is required and notification comes with (or shortly after) admissions offer.
- ♦ **New York State Excelsior Scholarship:** Full tuition, based on lottery, for SUNY and CUNY colleges. [Click here](#) to learn more.
- ♦ **College-Based Scholarships:** Money awarded by a specific college. Many competitive colleges award money based on additional requirements that are fulfilled on separate scholarship application.
- ♦ **General College Scholarships:** Many organizations offer scholarship money based upon a variety of factors. Each scholarship will require a separate application with varying degrees of additional work.

[CSS Profile](#): Many private schools require this financial document above and beyond the FAFSA form. The [CSS Profile](#) also has an early deadline. [Click here](#) to see if your applied college(s) require this form.

Important Things to Know about...The Common Application!

- Each application is a separate submission and application fee.
- Once ALL fields have been completed, click on the 'preview and submission' link under the college.
- After previewing the application, the pay screen will appear, however you have **NOT submitted once you have paid the application fee.**
- After paying fee, continue to **Signature Page**. Once you have agreed to the terms and electronically signed, you have officially submitted your application.
- The dashboard on your common app will show that the application was submitted once these steps have been completed.

MOST IMPORTANT: Once you have submitted your application, you will be directed to open accounts at each applied college in order to track your application status. This is a very important step, as this will be the portal where your admissions decisions will be posted!

Self-Reporting Transcripts

An additional step is required by the schools listed below. Seniors must retype their courses and final grades on this platform. Applications will be incomplete without finishing this task. [Click here](#) for more information on SRAR/SSAR. The **Common App** also has requirements for the colleges listed below:

SRAR/SSAR		Common Application	
Baylor University	University of Oregon	Amherst College	Southern Illinois University Edwardsville
Binghamton University	University of Pittsburgh	Arizona State University	St. John's College (MD)
Clemson University	University of Rhode Island	Baker College	St. John's College (NM)
Duquesne University	University of South Florida	Colby-Sawyer College	Stanford University
Florida A & M University	University of Tennessee	Edinburgh Napier University	Swansea University
Florida Atlantic University	University of Texas at Arlington	Fort Lewis College	Talladega College
Florida Polytechnic University	University of Texas at San Antonio	Gannon University	The American University of Rome
Florida State University	University of West Florida	Gardner-Webb University	The College of Saint Rose
Kean University	Virginia Tech	Hampton University	The University of Arizona
Louisiana State University		Loyola Marymount University	University of Charleston
Montclair State University		Manor College	University of Dundee
New College of Florida		McKendree University	University of Maryland
New York University (NYU)		Methodist University	University of Minnesota Twin Cities
Northeastern University		Milligan University	University of Missouri-Kansas City
Pennsylvania State University		Mississippi State University	University of Oregon
Rutgers University		Montreat College	University of Southern California
Texas A&M University		Morehouse College	University of Wisconsin-Madison
United State Air Force Academy		Newberry College	University of Wisconsin-Stout
University of Connecticut		North American University	University of Worcester (UK)
University of Buffalo		Notre Dame of Maryland University	Warner Pacific University
University of Delaware		Oregon Tech	West Virginia University
University of Florida		Prescott College	University of Louisiana
University of Minnesota		Purdue University	
University of North Florida		Saint Vincent College	
		South Carolina State University	

College App Reminders:

eDocs: Students must match their common app account to their Naviance account and make certain all applied colleges are listed on their Naviance account. [Click here](#) to view video on matching.

PPS Procedures: When students have a firm list of colleges that they are applying to, they should fill out the **PINK Transcript Request Form**, given in their college folder at College Night, and make an appointment to hand form (or scan) to their school counselor.

Teacher Recommendation Letters: Teachers will be submitting their recommendation letters online. Students must invite teachers through their Naviance account and should connect with them to inquire if additional information is needed. Teacher Rec. questions are located on students' Naviance account.

Counselors' Letter of Recommendation: To allow your counselor to write the most in-depth, accurate, and supportive recommendation letter possible, be sure to have completed the Parent and Student Brag Sheets.



Mark your
calendar!

On-Site College Admissions

Senior students at Hewlett High School have a wonderful opportunity to meet with local college representatives and have an instant admissions decision made at our on-site program. There are many benefits to participating.

Among them are:

- 1) Immediate admissions decision;
- 2) Less stress during the waiting game;
- 3) No application fee for most colleges.

Click [here](#) to view the individual college's eligibility for participating. If you qualify, please make an appointment with Mrs. Bavaro for an interview and to obtain further guidelines for your selected college. It is important to view these guidelines as each college has different requirements.

While we may have your SAT or ACT scores, teacher letters, and transcript on file, you must electronically submit your application, print it, and hand a copy into PPS by material due date.

College	On-Site Date	Materials Due to PPS:
Hofstra University	November 9	November 2
Molloy University	November 27	November 20
SUNY Farmingdale	November 28	November 21
New York Institute of Tech.	December 6	November 29
St. John's University	December 14	December 7
Nassau Community	December 19	December 12

APPROVED
COLLEGE
APPLICATION

What To Expect

Junior Year

October 2023

- ♦ Attend the College Expo at Adelphi University on October 3rd @ 5:00 p.m. – 8:00 p.m.
- ♦ Begin developing positive relationship with your junior-year teachers as they may be your recommender to college and/employment
- ♦ Take the **Digital PSAT** given on Saturday, October 14th (Alt date: October 25th)
Practice using the Bluebook App for PSAT
All SATs will be digital starting in March 2024
- ♦ Start researching ways to prepare for spring SAT and/or ACT
ACT/SAT prep on Castle Learning, Khan Academy, etc.
- ♦ Attend Financial Aid Night on October 23rd for an early introduction to the process

November 2023

- ♦ Register for **Practice ACT** given on Saturday, December 2nd (Alt date: December 3rd)
- ♦ Continue building electronic resume in **Naviance**
- ♦ Develop a standardized testing schedule

December 2023

- ♦ Review results from both PSAT and PACT
- ♦ Start researching admissions requirements for colleges of interest; build a spreadsheet

January/February 2024

- ♦ Plan your senior courses – be certain to enroll in courses that are appropriately challenging
- ♦ Be sure to value your teachers' course recommendations
- ♦ Attend **College Night** on February 6th
- ♦ Make appointment with school counselor to begin college planning
- ♦ Begin to identify which teacher(s) to ask to write your college recommendation letters

March/April 2024

- ♦ Attend **Spring College Fair** at Hofstra University in April
- ♦ Begin visiting colleges of interest
- ♦ Create a college log book (marble notebook) and write all pertinent info

May 2024

- ♦ Start finalizing your list of colleges and summer plans to include college visitations, if possible
- ♦ Ask teacher(s) in person to write college recommendation letter
- ♦ Attend Essay Workshop in English class

June 2024

- ♦ Attend Commonapp workshop through English classes with college representatives

July/August 2024

- ♦ Continue working on the online applications
- ♦ Attend **College Essay Review Workshop** in late August with college representatives

September/October 2024

- ♦ Attend **all college related programs** offered at Hewlett HS
- ♦ Meet with your school counselor to share updates and review completed work
- ♦ Apply for financial aid through **fafsa.org**, which opens December 1st
- ♦ Be aware of the CSS Profile, which is required by many private colleges

November 2024

- ♦ Participate in **onsite admissions programs** through the PPS Office
- ♦ Early admissions applications are due

December 2024/January 2025

- ♦ All applications are due; process is winding down
- ♦ Start/continue researching scholarship options

College Admissions Testing

View [Fairtest.org](https://fairtest.org) for college's policies on Test Optional Admissions

ACT

Register at [ACT.org](https://act.org)

ACT Test Date	ACT Registration Deadline
October 28, 2023*	September 22, 2023
December 9, 2023	November 3, 2023
February 10, 2024*	January 5, 2024
April 13, 2024*	March 8, 2024
June 8, 2024*	May 3, 2024
July 13, 2024	June 7, 2024

SAT

Register at [Collegeboard.org](https://collegeboard.org)

SAT Test Date	SAT Registration Deadline
October 7, 2023*	September 8, 2023
November 4, 2023*	October 6, 2023
December 2, 2023	November 3, 2023
March 9, 2024 (Starts Digital format)	February 23, 2024
May 4, 2024*	April 19, 2024
June 1, 2024*	May 17, 2024

* Test given in District at Woodmere Middle School.