

High School Lunch Menu @ LWSD 3 March 11th - 15th



DAILY SPECIALS

Cheese Stuffed WG Breadsticks w/Spaghetti Sauce(v) | Pepperoni WG Pizza | Cheese WG Pizza(v)

Sausage WG Pizza

Buffalo Chicken WG Pizza

Supreme WG Pizza

Hawaiian WG Pizza

Meatlovers WG Pizza

DAILY SPECIALS

Veggie Burger(v), Crispy or Spicy WG Chicken Burgers, Hamburger, Cheeseburger

M: Grilled Cheese Sandwich(v)

Turkey Hot Dog

BBQ Pulled Pork Sandwich

Roasted Mushroom Swiss Burger

WG Fishstick Po' Boy Sub



DAILY SPECIALS

In a Hurry? Grab a Fast Takes Box- But Don't Forget to Stop By the Extras Bar for Fruits & Veggies!

M: Fiesta Dip Box(v) | Chef Salad | Turkey & Cheese Sub | Crispy WG Chicken Wrap

T: Blueberry Patch Parfait(v) | Hearty Garden Veg Salad(v) | American Sub | Chicken Caesar Wrap

W: Hummus & Flatbread Box(v) | Crispy WG Chicken Salad | Italian Sub | Buffalo WG Chicken Wrap

TH: Protein PowerUp Box | Caesar Salad- Regular(v) or Chicken | Turkey & Cheese Sub | Crispy WG Chicken Wrap

F: Deli Bento Box | Garden Fiesta Salad(v) | (Turkey) Ham & Cheese Sandwich | Chicken Caesar Wrap

ADVENTURE

DAILY SPECIALS

Rainbow Vegetarian Chili(v) from Scratch!



- M: Strutters- Breaded Chicken Tenders or Chicken Strips with Fries and Garlic Knot (Choice of Sauce)
- Spice House- Choose Meat Protein or Tofu(v) with Sauce, Noodles or Rice, Sesame Carrots or Roasted Broccoli
- W: Strutters- Breaded Chicken Tenders or Chicken Strips with Fries and Garlic Knot (Choice of Sauce) Cuisine
- TH: Spice House- Choose Meat Protein or Tofu(v) with Sauce, Noodles or Rice, Sesame Carrots or Roasted Broccoli
- F: Strutters- Breaded Chicken Tenders or Chicken Strips with Fries and Garlic Knot (Choice of Sauce)



DAILY SPECIALS

Featuring a Daily House Made Salsa with a Variety Of Mexican Cuisines



TAQUERIA: WG Tortilla & Cilantro Brown Rice, Choice of Meat Protein, Sides, & Toppings ROASTED PINEAPPLE SALSA

BURRITOS: Built with Choice of Meat or Whole Pinto Beans(v) and Your Choice of Fillings & Toppings FIRE ROASTED SALSA

NACHOS: WG Tortilla Chips Topped with Choice of Meat or Whole Pinto Beans(v) and Toppings TAQUERIA: WG Tortilla & Cilantro Brown Rice, Choice of Meat Protein, Sides, & Toppings

HONEY LIME PEACH SALSA

CORN SALSA

SALSA ROJA



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



This institution is an equal opportunity provider. Additional nutrition information available upon request.