

# High School Lunch Menu @ LWSD March 4th - 8th



# DAILY SPECIALS

Cheese Stuffed WG Breadsticks w/Spaghetti Sauce(v) | Pepperoni WG Pizza | Cheese WG Pizza(v)

- M: BBQ Chicken WG Pizza
- **I:** Buffalo Chicken WG Pizza
- W: Chicken Bacon Ranch WG
- TH: Pizza Beef Taco WG Pizza
  - F: NO SCHOOL



#### DAILY SPECIALS

**Veggie Burger**(v), Crispy or Spicy WG Chicken Burgers, Hamburger, Cheeseburger

**M:** Jersey Shore Grilled Cheese(v)

- **T:** Chicken Parmesan Burger
- W: Big City Bites- Philly Style Cheesesteak Sub
- TH: Pizza Burger
- F: NO SCHOOL



# DAILY SPECIALS

In a Hurry? Grab a Fast Takes Box- But Don't Forget to Stop By the Extras Bar for Fruits & Veggies!

- M: Fiesta Dip Box(v) | Chef Salad | Turkey & Cheese Sub | Crispy WG Chicken Wrap
- **I:** Blueberry Patch Parfait(v) | Hearty Garden Veg Salad(v) | American Sub | Chicken Caesar Wrap
- W: Hummus & Flatbread Box(v) | Crispy WG Chicken Salad | Italian Sub | Buffalo WG Chicken Wrap
- TH: Protein PowerUp Box | Caesar Salad- Regular(v) or Chicken | Turkey & Cheese Sub | Crispy WG Chicken Wrap
- F: NO SCHOOL



### DAILY SPECIALS

Rainbow Vegetarian Chili(v) from Scratch!

- M: Indian Cuisine- Butter Chicken or Butter Tofu(v) with WG Brown Rice & Roasted Cauliflower
- Twirls- WG Garlic Breadsticks w/Choice of Dip: Bruschetti Alfredo(v), Spinach(v), or Spicy Italian Sausage
- W: Indian Cuisine- Chicken Tikka Masala or Chana Masala(v) with WG Brown Rice & Roasted Cauliflower
- TH: Indian Cuisine- Tandoori Chicken or Lentil Dal(v) with WG Brown Rice & Roasted Cauliflower
- F: NO SCHOOL



### DAILY SPECIALS

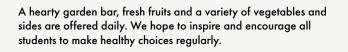
Featuring a Daily House Made Salsa with a Variety Of Mexican Cuisines

- M:
   NACHOS: WG Tortilla Chips Topped with Choice of Meat or Whole Pinto Beans(v) and Toppings
   CORN SALSA

   T:
   TAQUERIA: WG Tortilla & Cilantro Brown Rice, Choice of Meat Protein, Sides, & Toppings
   ROASTED PINEAPPLE SALSA

   W:
   BURRITOS: Built with Choice of Meat or Whole Pinto Beans(v) and Your Choice of Fillings & Toppings
   FIRE ROASTED SALSA
- TH: NACHOS: WG Tortilla Chips Topped with Choice of Meat or Whole Pinto Beans(v) and Toppings

F: NO SCHOOL





This institution is an equal opportunity provider. Additional nutrition information available upon request.

SALSA ROJA

HONEY LIME PEACH SALSA