

Woodburn Elementary Schools

Breakfast & Lunch Menu

March – June 2024

OTHER DAILY SELECTIONS

BREAKFAST

Cereal or Breakfast Bar

Fat free or 1% white milk

All Students must take ½ cup fruit with breakfast.

LUNCH

Low fat or fat free white and chocolate milk. The variety bars provides fresh and canned fruits and vegetables.

All Students must take at least ½ cup fruit &/or veggies with lunch

Items marked with an asterisk* may contain pork.

This menu is subject to change without notice.

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Mini Cinnis Beef Teriyaki Dippers & Brown Rice Corn Dog	Cheese Stix Pizza* Ham & Cheese Sandwich	Long John Chicken Nuggets & WW Roll PB&J	Oatmeal Crunch Bar Butter Chicken & Brown Rice Yogurt, String Cheese & Bagel	French Toast Sticks Brunch For Lunch Pepperoni Pocket
2	Breakfast on a Stick Chicken Teriyaki & Yakisoba Grilled Cheese Sandwich	Cinnamon Bun Pepperoni* Pizza Chicken Salad Sandwich	Waffles Chicken Patty Sandwich PB&J	Mini Pancakes Spaghetti & Meat Sauce Hummus, Veggies, & Flatbread	Yogurt & Granola Cheeseburger Vegan Nuggets
3	Breakfast Burrito Beef Tacos & Refried Beans Corn Dog	Yogurt & Muffin Pizza Chicken Ranch Wrap	Chilaquiles with Eggs Meatball Sub PB&J	Breakfast Quesadilla Nachos Hummus, Veggies, & Flatbread	Cold Cereal & Strawberries Oven Fried Chicken w/Mac Salad & WW Roll Vegan Burrito
4	Homemade Breakfast Sandwich Chinese Takeout Grilled Cheese Sandwich	Banana Bread Pepperoni* Pizza Deli Sub	Frudel Cheeseburger PB&J	Mini Filled Bagels Turkey Gravy, Mashed Potatoes & WW Roll Bean Dip & Tortilla Chips	Quinoa Surprise Pizza Rippers Vegan Calzone

NUTRITION BITES: Water consumption for a healthy body

- Its recommended you drink 8 glasses of water everyday
- Choose water instead of sugar-sweetened beverages
- Add a wedge of lime or lemon to your water. This can help improve the taste and help you drink more water.

Mar-24							Apr-24							May-24							Jun-24						
S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S
					1	2		1	2	3	4	5	6				1	2	3	4							1
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25							
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31								

This Institution is an equal opportunity provider.